

Lauren Hurt
Athlete Representative
Southeastern Swimming
September 19, 2019

Athlete Report from USAS Convention

I. Year in Review

- A. Two athlete representatives were re-elected: Kallie Chelsvig and Lauren Hurt. Two new athlete representatives were elected: Jacks Mitchell and Thomas Pierce. All representatives' terms will end in the fall of 2021.
 - 1. Goals for this year: more involvement and regular communication with the athletes via webpage and social media, with all representatives contributing
 - 2. More athletes to USAS convention and SES board meetings
 - 3. Regular athlete rep meetings

II. Recommendations

- A. Athletes Committee
 - 1. One athlete representative from each club in the LSC, ages 13-18, participate in bimonthly phone calls or as needed, elected/nominated by teammates
 - 2. I can start it by emailing club coaches and asking them to hold elections or a nominating process and to reply with their athlete rep and contact information
 - 3. Already set up in SES By-laws
- B. Food Drives/Service Projects
 - 1. Having canned food drives at meets
 - 2. Service Days set up around the LSC at different locations to account for the size of the LSC
 - 3. This would create a sense of unity between SES athletes
- C. Change in Election Process
 - 1. Vote for athlete reps at LC Southeastern Championships
 - 2. Candidates must send in a nomination before the Thursday of the meet
 - 3. At Friday night finals the candidates give ~1 minute speech before the start of the session, and we open voting for the rest of the meet
 - 4. Results of election announced at the conclusion of the meet with the awards
 - 5. More participation, better representation of who the athletes want