

U.S. Paralympics Swimming

# FREE INTRO PARA SWIM CLINIC



## FREE INTRO PARA SWIM CLINIC FOR ATHLETES, COACHES & PARENTS:

Saturday, August 17, 2019

Huntsville Aquatics Center-Legacy Pool  
2213 Drake Avenue SW, Huntsville, AL 35805

Registration 9:30 a.m. | Classroom 10am-12noon

Lunch provided 12-1pm | Pool Session 1– 3:00 p.m.

U.S. Paralympics Swimming appreciates the sponsoring of the facility and pool use by



- Learn about the classification process
- How to coach and adapt to specific sport class needs
- Pool demonstrations, including stroke, start and turn options
- Drills and skills in and out of the pool
- How to adapt training concepts to fit different sport class needs
- What opportunities exist within U.S. Paralympics Swimming

To register to attend this event, please visit:

<https://www.signupgenius.com/go/60B0948ABA929A2FA7-huntsville>

For information, resources and further information on U.S. Paralympics, please visit:

<https://www.teamusa.org/US-Paralympics/Sports/Swimming/Camps-and-Clinics>