

Bay's Edge Aquatic Team (BEAT)

Is pleased to host the:

LAST CHANCE SWIM MEET

At the

CCISD Natatorium, Corpus Christi, Texas

February 6th & 7th, 2010

Sanction #ST-10-08

Entry Deadline: January 26, 2010

- Location:** Corpus Christi ISD Natatorium, 3202 Cabaniss Parkway, Corpus Christi, TX. 78415.
Pool Telephone numbers: (361) 878-2337, (361) 878-2334, or (361) 878-2337
- Directions:** From South I-37, take State Hwy 358 (SPID) toward Padre Island. Exit at the Kostoryz exit, turn right onto Kostoryz and proceed south to Saratoga Blvd. Turn right onto Saratoga, and take the first left, the pool is on your left in the Cabaniss Athletic Complex.
- From US 77 North, turn right on FM665 at Driscoll, TX. Proceed toward Corpus Christi. The road will change to FM43. Turn left onto Ayers Street (State Hwy 286). Go straight to Saratoga Blvd., turn right on Saratoga and proceed east toward the Cabaniss Field Athletic Complex. The pool will be on your right in the Cabaniss Field Athletic Complex.
- Facility:** All deep 8 lanes, 25-yard competition pool with a 6-lane 25-yard warm-up/cool-down pool. A Daktronics timing system and a Hy-tek Meet Manager Software will be utilized. Seating is available for over 975. Dressing and locker rooms are available on-site. The Natatorium is on CCISD property. No tobacco or alcohol is allowed on CCISD property including the parking lot. A Concession Stand will be provided.
- Liability:** In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Corpus Christi Independent School District (CCISD) and its employees, Bay's Edge Aquatic Team (BEAT), and all meet officials and volunteers shall be held free and harmless from any liabilities or claims for damages arising by reason(s) of injuries to anyone during the conduct of the meet.
- Rules:** The most current USA Swimming Rules and any relevant sections of the STSI Handbook will apply.
- Eligibility:** The meet is open to all **registered** 2010 USA Swimming athletes. Entries received without complete USA Swimming Registration (ID) number will not be processed. It is strongly recommended that all swimmers have **their USA Swimming registration card with them** at the meet.
- Meet Format:** All events will be timed finals, swum in one short course yard pool, seeded only by time and gender. **Check-in is required for the 500 & 1650 Freestyle.** For these deck-seeded events, positive check-in with the Clerk of Course is required. The check-in time period will be announced for each session. Age groups will be combined, alternating girls and boys heats. These events shall be swum fastest to slowest. All other events shall be swum

slowest to fastest. **We reserve the right to cap the number of swimmers entered in order to stay within the four hour rule in sessions with the 12 and under swimmers.** Swimmers will be entered in the order entries are received.

Meet

Behavior: It is expected that all persons attending the meet will respect the facilities and remember that they represent themselves and their respective clubs. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending club if attached, to be held accountable and liable for repairs. It also may result in expulsion from the meet.

Suit Rule: Only one suit is permitted during competition.

The suits must:

Be of one piece.

Be constructed of woven / knit material.

Be 100% permeable to air and water.

Not aid buoyancy.

Not have fastening system other than waist ties, casings, ribbing or

Elastic (no zippers).

Not extend below the knee and not cover the neck or shoulders for women.

Not extend above the navel or below the knee for men.

Swimmers found in violation of these restrictions will be banned from further competition until the violation has been remedied.

Swimmers with

Disabilities: **Note: So that we can properly accommodate disabled swimmers, coaches please ensure to notify the Meet Referee and/or Meet Director prior to the start of the meet on the day a swimmer competes.**

Pool

Measurement: The competition course has been certified in accordance with 104.2.2.C.(4). If a swimmer expects to, or does break a record, please inform the meet director or referee. In accordance to 104.2.2.C.(4).(c), "Where a moveable Bulkhead is used, course measurement of the lane in which the record was set must be confirmed at the conclusion of the session during which the time was achieved".

Entries: Swimmers may enter up to **5 individual events per day**. The age of the swimmer is his/her age on February 6th, 2010. **Enter with short course yard times**. Team Manager should be used to convert long and short course meter times to short course yard times for seeding purposes. In lieu of conversion, non-conforming long course and short course meter times will be accepted. These non-conforming times will be seeded last in all events.

All teams with five or more swimmers entered in the meet must submit their entries using version 4 or 5 of Hy-tek Team Manager Software. Teams with fewer than five swimmers may send an e-mail including the team name, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer

Entry Fees: \$6.00 per individual event (Includes the LSC Splash Fee of \$1.25 per event.)

Late Entries: Late/deck entry fees are \$12.00. Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter the current session beginning at the start of warm-up. Deck entries will close 45 minutes before the start of each session.

Swimmers not previously entered in the meet must present their USA Swimming registration card to the Clerk of Course to deck enter.

Entry

Procedures: It is strongly recommended that you DO NOT use the US Postal Service (use registered or certified mail). Entries sent by FAX will not be accepted. **Overnight express mail or its equivalent is recommended with waiver of signature signed** so that the packet may be left at the entry chair's address without a signature of receipt.

E-mail entries to Tim Byerly at timbyerly1@aol.com. When you e-mail the entries, attach a word document of the Hy-Tek Meet Entry Report **by swimmer**. A meet Entry Fee report shall accompany the e-mail entries and needs to be received by the entry deadline. The entry chair will acknowledge receipt of e-mail entries within 24 hours. If no reply, please contact the entry chair immediately. **Please be sure we receive your check prior to the start of the meet**

Make checks payable to: **Bay's Edge Aquatic Team.**
Entries must be **received** no later than Tuesday, **January 26th, 2010**

Please mail entries and fees to:

Tim Byerly
7722 Jacinto Circle
Corpus Christi, TX 78413
Email: timbyerly1@aol.com
Ph: (361) 994-9179 or (361) 548-0879

Awards: No Awards will be given.

Photographer: There will be a photographer on deck at the meet. If you have problems with pictures being taken of a swimmer, please contact the Meet Director.

Cell phone

Restrictions: The presence and / or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times.

- There are no exceptions to this prohibition.
- Violators are subject to disqualification from the meet and disbarment from the facility.

Warm-up

Procedures: South Texas Swimming Safety Guidelines and Warm-up procedures will be in effect at this meet (enclosed, see below). South Texas Swimming, Inc. warm-up procedures will be enforced. Violators shall be disqualified from their first individual event. Warm-up times and lane assignments for each team will be posted in the Natatorium. Lane assignments will be e-mailed to the coaches no later than 6:00 PM Thursday, February 4, 2010.

Warm-Up Times:

Sessions 1	9:00 a.m. - 9:45 a.m. (North 6 Lanes: South 8 Lanes)
Clear pool	9:45 a.m.
Coach's meeting	9:50 a.m.
Meet starts	10:00 a.m.
Sessions 2	8:00 am.-8:45 am (North 6 Lanes: South 8 Lanes)

Clear pool	8:45 am
Coach's meeting	8:50 am
Meet starts	9:00 am

Meet Administration:

Meet Referee: Patrick Nelson 5128 Oso Parkway Corpus Christi, TX 78413-6133 Phone: (361) 991-5687 (H) Cell: (361) 779-8295 Fax: (361) 991-5687 (Call First) E-mail: patrick.a.nelson@sbcglobal.net	Meet Director: Tim Byerly 7722 Jacinto Circle Corpus Christi, TX 78413 Phone: (361) 994-9179 Cell: (361) 548-0879 E-mail: timbyerly1@aol.com	Head Coach: Adam Scott 1027 Cupertino St Portland, TX 78374 Phone: 361-446-9801 E-mail: alscott67@gmail.com
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Officials: All currently certified and training USA Swimming officials are cordially invited to participate. If you plan to officiate contact the Meet Referee, Patrick A. Nelson, via e-mail: patrick.a.nelson@sbcglobal.net

Timers: Each team will be required to provide timers in proportion to the number of swimmers entered in the meet. **Lane assignments will be made by Club.** Athletes in the 500 and 1650 Freestyle must provide their own timers. **The host team will ensure that the timers are well taken care of with food and drink.**

Events

SATURDAY, February 6, 2010

Session One

Girls			Boys
1	11 & O	400 IM	2
3	12 & U	50 Backstroke	4
5	Open	200 Free	6
7	Open	100 Breaststroke	8
9	11 & O	200 Backstroke	10
11	Open	50 Free	12
13	Open	100 Butterfly	14
15	12 & U	100 IM	16
17	Open	500 Free**	18

SUNDAY, February, 7th 2010

Session Two

Girls			Boys
19	Open	100 Free	20
21	12 & U	50 Breaststroke	22
23	11 & O	200 Butterfly	24
25	Open	200 IM	26
27	12 & U	50 Butterfly	28
29	11 & O	200 Breast	30
31	Open	100 Backstroke	32
33	11 & O	1650 Free**	34

*** Check-In is required for the 500 & 1650 Freestyle.** For these deck seeded events, positive check-in with the Clerk of Course is required. The time period will be announced for positive check-in by the swimmers. These events shall be swum fastest to slowest. Age groups will be combined, alternating girls and boys heats. Swimmers must furnish a counter and one timer. Time Standards are not required. Please include Short Course Yards times for seeding, if available. Non-conforming 400 & 1500 meter LC/SC meter times will be accepted.

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

POOL	LANE USE		
	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals must be members of United States Swimming.
 3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 29-SEP-03