



Alamo Area Aquatic Association

www.aaaa-sa.org

Meet Information

01/22/10



- Meet** •2010 Post Regional Time Trials
- Approval Number:** •ST-10-22A
- Date:** •Sunday, February 14, 2010
- Location:** •Josh Davis Natatorium
•12002 Jones-Maltsberger Road
•San Antonio, Texas 78216
•210-491-6132
- Liability:** In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the Northside Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet.
- USA Swimming Registration:** •All USA Swimming swimmers, coaches, and officials participating in this competition must be currently registered with
•All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time
•Swimmers who **1) choose to enter time trials**, **2) late enter** when possible, or **3) need to be entered** because of clerical errors by the entering team or the meet host; will be required to present their USA Swimming ID Card or accomplish a USA Swimming Registration Form and pay the necessary fees prior to being allowed to compete
•National and LSC Regulations do not allow for any exceptions to these policies
•This is an "Approved" meet and there may be participants who are NOT members of USA Swimming
•However, the competition will be officiated by USA Swimming Officials under the USA Swimming Technical Rules
•Please refer to the Entry Deadline section below
- Cell phone restrictions:** •The presence and / or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times.
•There are no exceptions to this prohibition.
•Violators are subject to disqualification from the meet and disbarment from the facility.
- Swim Wear Restrictions:** •Swimmers shall be limited to one swimsuit, which shall be constructed of a woven / knit textile material, permeable to water and air, constructed so as not to aid in buoyancy, and shall not contain zippers or other fastening systems
•In addition, the suit shall be constructed so that the style / shape for males shall not extend above the navel or below the kneecap and for females shall not extend beyond the shoulders or below the top of the knee, and it shall not cover the neck
- Schedule:** •Warm-up 9:00 AM
•First session 10:00 AM
- Rules:** •The 2009 USA Swimming Rules and any relevant sections of the STSI Handbook will apply.
- Scoring & Awards:** •There will be no scoring or awards.
- Limits:** •Two (2) events (one per round)
- Entry Fees:** •\$ 6.00 per event via Commlink - includes the \$1.25 STSI splash fee
•\$10.00 per event on deck - includes the \$1.25 STSI splash fee
•Make checks payable to: **NEAT**

- Special Needs:**
- Please notify the Josh Davis Natatorium (210-491-6132) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
 - The NISD Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility.
 - In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
 - A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
 - Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Entry

- Deadline:**
- Entries submitted via Hy-Tek Commlink File or disk must be in the hands of the Meet Director not later than 6:00 PM, Tuesday, February 3, 2010
 - Entries will be accepted on deck until 9:30 AM
 - Swimmers entering on deck must present their 2010 USA Swimming ID Cards and be prepared to pay the entry fees

Format:

- The meet will run twice through
- First - long to short
- Second - short to long
- Swimmers are permitted to enter one (1) event each round
- Events with dissimilar strokes but like distances may be combined – lane separation will not be guaranteed
- Freestyle events longer than 500-yards may be combined and the necessary electronic splits taken at intermediate distances
- Swimmers will be seeded by time if provided, otherwise by lot
- Events may be gender mixed
- The pools will be available for warm-up beginning at 9:00 AM

Meet Management:

- | | | |
|---|---|--|
| <ul style="list-style-type: none"> •Meet Director •Larry Hough •12002 Jones-Maltsberger •San Antonio, TX 78216 •210-491-6132 •FAX: 210-491-6133 •lhough@neisd.net | <ul style="list-style-type: none"> •Entries Chair •Bill Spurgeon •12002 Jones-Maltsberger •San Antonio, TX 78216 •210-491-6132 •FAX: 210-491-6133 •wspurg@neisd.net | <ul style="list-style-type: none"> •Meet Referee •Rick Russell •12511 Jones-Maltsberger, #4301 •San Antonio, TX 78247 •210-834-7409 •windowbywindow@yahoo.com |
|---|---|--|

Timers and Lap

- Counters:**
- Competitors must provide their own backup timers and lap counters
- Officials:**
- All deck officials must be currently (2010) registered with USA Swimming and certified in South Texas
 - Please report to the Meet Referee not later than 9:30 AM

Order of Events – Distances are in yards

Round One	Round Two
500	50
400	100
200	200
100	400
50	500
Fifteen Minute Break	1000 / 1650