

The University of Texas at Austin

LONGHORN AQUATICS

**2010 End of School Splash
May 21-23, 2010****Entry Deadline Monday, May 10 at Noon**

- Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our long course meet. This meet will be conducted in one indoor 50 meter course using a Daktronics Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.
- Facility:** The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is 9 feet deep and is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. For the April 2010 meet, the length of the long course competition pool will NOT be certified before the start of the meet. However, in accordance with the 2010 USA Swimming Rules (Article 104), if a US or World record is broken at this meet, we will have the course measured and certified by a qualified, licensed professional immediately following the session during which the time was achieved. There have been many US and/or World records broken at the Texas Swim Center and the measured length of the course has never been an issue.
- Location:** The Swim Center is located on the University of Texas Campus, 1900 Robert Redman Drive, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.
- Liability:** USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- Sanctions:** This meet is sanctioned by South Texas Swimming and 2010 rules apply. **All swimmers must be registered for 2010 with USA swimming by the entry deadline.** Athletes that register with USA Swimming after the entry deadline may still enter the meet only if they can present their 2010 USA membership card. Currently registered members of FINA from Mexico and Canada are also eligible to enter as well.

Schedule: Friday night's schedule is for all ages. Saturday and Sunday the meet will be split into morning and afternoon sessions based on age. The morning sessions each day are for swimmers 12 and under and the afternoon sessions are for swimmers 13 and over. Depending on how the entries come in, we reserve the right to split the sessions differently and/or combine sessions.

Friday PM	All Ages	Warm-up	5:15
		Start	6:15
PM			
Saturday	Session 1 - 12 & Under	Warm-up Start	9 AM 10 AM
	Session 2 - 13 & Over	Warm-up	*****
		Start	*****
Sunday AM	Session 3 - 12 & Under	Warm-up	8:00
		Start	9:00
AM			
	Session 4 - 13 & Over	Warm-up	*****
		Start	*****

***** The warm-up for the afternoon session will begin immediately following the morning session. The approximate start times for the afternoon sessions will be posted on the Longhorn Aquatics website on **Tues, May 18th** after entries are received. The diving well will be available for warm-up before the end of the morning session.

Swimwear

- Restrictions:**
- Only one suit is permitted during competition
 - The suits must:
 - Be of one piece
 - Be constructed of woven / knit material
 - Be 100% permeable to air and water
 - Not aid buoyancy
 - Not have fastening system other than waist ties, casings, ribbing or elastic (no zippers)
 - Not extend below the knee and not cover the neck or shoulders for women
 - Not extend above the navel or below the knee for men
 - Swimmers found in violation of these restrictions will be banned from further competition until the violation has been remedied

Cell Phones: The presence and/or use of cell phones, and any other equipment capable of producing photographic or video images, in the locker rooms is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet and disbarment from the facility.

Qualifying Times: There are qualifying times for events of 200 meters and over. Refer to the order of events for the specific qualifying times. Athletes that do not finish an event within the LCM qualifying time as listed will be required to prove their entry time. The entry time must be in the USA Swimming database. **Swimmers that cannot prove an entry time will be fined \$25** payable to the University of Texas. These swimmers will be barred from competition (at this or subsequent meets at the Swim Center) until the fines are paid. **No "No Time" (NT) entries will be taken.**

Meet Format: All events are timed finals, swum in one long course meter pool, seeded only by time and gender. Age groups will be combined. All events will swim fastest to slowest. Depending on the number of swimmers, chase starts and/or over/under starts may be used. If there are enough swimmers to run both ends of the pool, then even events shall finish at the American Flag end and Odd events shall finish at the Texas Flag end.

The 400 meter Free, 400 meter IM, 800 meter Free and 1500 meter Free require positive check-in. Swimmers in these four events must provide their own timers. Swimmers in the 800 meter free and 1500 meter free must provide their own counters. The 400 Free, 400 IM, 800 Free and the 1500 Free will be swum fastest to slowest and will alternate girls and boys heats. Please be aware that boys and girls may be combined to minimize the number of heats.

In order to stay within the four hour rule, **we reserve the right to cap the number of swimmers entered in the meet or to divide the sessions differently.** Friday evening's session will be capped at 3 hours.

Swimmers will be entered in the order entries are received.

Scratches: We are asking swimmers to scratch events they will not swim the next day. **By 6 PM on Friday**, swimmers should scratch any events they will not swim on Saturday. Coaches, please help us out and scratch any athletes that will not attend the meet on Saturday.

On Saturday, before you leave your session, you will need to scratch any event you will not swim on Sunday.

There is not a penalty for failing to scratch an event at this meet; this is a courtesy to the other swimmers by eliminating an empty lanes and allowing the greatest number of swimmers to participate.

Check-in: Positive check-in is required for the 400 IM, 400 Freestyle, 800 Freestyle and 1500 Freestyle. Check in sheets will be available as the swimmers enter the pool for warm-ups and will close one hour before the events are swum. Exact times will be posted on the day of the event.

Swimmers that positive check-in for an event and fail to swim will be fined \$25 payable to the University of Texas. These swimmers will be barred from competition (at this or subsequent TXLA meets at the Swim Center) until the fines are paid.

Entry Dates: Entries will **OPEN on Monday, May 3rd at 9 AM for South Texas** teams and on **Tuesday, May 4th at 9 AM** for all other teams. No entries will be accepted prior to this date and time. Any entries received prior to the entry opening date and time will be deleted. Entries will close the earlier of

- a) **Monday, May 10, 2010** at noon
- b) **When a session reaches an estimated 4 hours in length.**

Entries: Swimmers may enter a **maximum of 4 individual events per day, 8 maximum individual events total for the meet.** The age of the swimmer will be his/her age on **May 21, 2010.** Enter all events with previous best times achieved. LCM times will be seeded first and then SCY. Coaches: Please be diligent in estimating entry times for events with no qualifying times.

All teams with five or more swimmers entered in this meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software.

Email entries to Christie Binkley at christie.binkley@austin.utexas.edu. When you email the entries, also attach a Word document (or pdf) of the entries (**by swimmer**) and a Word document (or pdf) of the meet entry fees report. If you don't receive an email confirmation, your entries were not received. **If you email entries, we must receive your entry fees by noon on Friday, May 21st, or your entries will be removed from the meet database.**

Teams with fewer than five swimmers should send an email including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

No paper, phone, or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Entry Fees: \$8.00 per individual event. This includes the South Texas Swimming splash fee of \$1.25 per splash. Please only send one check per team location. Refunds will not be given for any reason.

Make checks payable to: **The University of Texas at Austin.**

Mail to: Jonathan Salazar
 Longhorn Aquatics
 The University of Texas at Austin
 1 University Station D 4050
 Austin, TX 78712-0364
 512-471-7703

Deck Entries: Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes prior to the start of each session. You may deck enter for subsequent sessions after deck entries close for the current session.

The deck entry fee is \$20.00 per event. **Swimmers not previously entered in the meet must present their current USA swimming registration card at Clerk of Course to deck enter.** No exceptions.

Awards: Ribbons, first through eighth place, will be awarded according to the following age groups: boys and girls 8 & under, 9, 10, 11 and 12. No other awards will be given.

Volunteers:

All teams entering 30 or more swimmers are expected to provide one timer per session. All teams entering 60 or more swimmers are expected to provide 2 timers per session. Lanes will be assigned to these teams. The assignments will be available on our website after the entry deadline and prior to the meet.

If we still fall short of timers, please help us out by responding to a call for timers.

Meet Referee:

Rich Zbranak
512-329-8239
zbranak@yahoo.com

Meet Director & Entry Chair:

Christie Binkley
512-471-7433
christie.binkley@austin.utexas.edu

Head Coach:

Doug Rusk
206-291-5471
doug.rusk@austin.utexas.edu

1900 Robert Dedman Dr
Austin, TX 78712-0363

2009-2010 Hotel Sponsors

<p><u>AT&T Executive Education & Conference Center</u> 1900 University Avenue Austin, Texas 78705</p>	 <p>AT&T EXECUTIVE EDUCATION divya.saighal@attconf.utexas.edu</p>	<p>Contact: Divya Saighal (512) 404-3620 (877) 744-8822</p>
<p>Located directly on the UT campus! The AT&T Conference Center offers dining facilities, fitness center, pool, a shuttle. & parking.</p>		
<p><u>Radisson Hotel & Suites on Town Lake</u> 111 Cesar Chavez Austin TX 78701</p>		<p>Contact: Emily Hastings (512) 478-9611 ehastings@radissonaustin.com</p>
<p>Located in the heart of downtown Austin, minutes from the UT Swim Center, home of Starbucks and T.G.I. Fridays restaurant</p>		
<p><u>Hampton Inn & Suites Downtown</u> 200 San Jacinto Austin, Texas 78701</p>		<p>(512) 742-1500 www.austindowntown.hamptoninn.com</p>
<p>Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center</p>		
<p><u>Crowne Plaza Hotel</u> 6121 North IH 35 Austin, Texas 78752</p>		<p>Contact: Shelly Staff (512) 371-5243 sstaff@cphaustin.com</p>
<p>Located north of the Texas Swim Center, free parking, complimentary high speed internet access, and beautiful newly renovated guest rooms.</p>		
<p><u>Sheraton</u> 701 East 11th St. Austin, Texas 78701</p>		<p>Contact: Megan Holtz mholtz@sheratonaustinhotel.com (512) 404-6950</p>
<p>The beautiful Sheraton Austin is just walking distance for the TSC and offers a large 24 hr fitness area and an indoor/outdoor pool.</p>		
<p><u>DoubleTree Guest Suites</u> 303 W 15th St Austin, Texas 78701</p>	<p>Contact: Katherine Fishman (512) 478-7000 ext. 4066 katherine.fishman@hilton.com</p>	<p><u>DoubleTree University</u> 1617 I-35 North Austin, TX 78702</p> <p>Contact: Cara Englishbee cara.englishbee@hilton.com</p>
<p>Blocks from the Swim Center. Full service facility with fitness center, heated pool/spa, restaurant and warm cookies upon arrival.</p>		
<p><u>Embassy Suites</u> 5901 North I-35 Contact: Kris Paulson North - (512) 454-8004 ext. 7025 kris.paulson@hilton.com</p>  <p>www.austindowntown.embassysuites.com</p>	<p><u>Drury Hotels of Austin North</u> 6711 North I-35</p>  <p>10+ Rooms: (800) 436-1196 Individual Reservations: (800) 378-7946</p>	<p>Contact: Alissa Vala Alissa.vala@druryhotels.com</p>

ORDER OF EVENTS FRIDAY, May 21, 2010

Session 1 – All Ages

Girls Event #	13 & Over Q Times SCY	13 & Over Q Times LCM	12 & Under Q times SCY	12 & Under Q times LCM	Event	13 & Over Q Times SCY	13 & Over Q Times LCM	12 & Under Q times SCY	12 and Under Q Times LCM	Boys Event #
1	3:05.26	3:31.00	3:26.33	3:55.00	200 Breast	2:51.60	3:20.00	3:25.92	4:00.00	2
3					50 Fly					4
5					50 Back					6
7					50 Free					8
9					50 Breast					10
11	6:01.40	5:25.00	7:13.68	6:30.00	400 free*	6:00.23	5:26.00	7:10.95	6:30.00	12

***Positive check-in for the 400 Free is required; swimmers must provide their own timers.**

The 400 Free, 400 IM, 800 Free and the 1500 Free will be swum fastest to slowest and will alternate girls and boys heats.

SATURDAY AM, May 22, 2010

SESSION 2 - 12 & Under

Girls Event #	Qualifying Time SCY	Qualifying Time LCM	Event	Qualifying Time SCY	Qualifying Time LCM	Boys Event #
13	3:00.00	3:25.95	200 Free	3:00.00	3:25.95	14
15			50 Breast			16
17			100 Fly			18
19			50 Back			20
21			50 Fly			22
23	2:55.69	3:25.00	200 Back	2:58.29	3:30.00	24
25			50 Free			26
27	6:21.06	7:15.00	400 IM*	6:16.28	7:15.00	28

***Swimmers must provide their own timers. Positive Check-In is required for the 400 IM.**

SATURDAY PM, May 22, 2010

SESSION 3 - 13 & Over

Girls Event #	Qualifying time SCY	Qualifying time LCM	Event	Qualifying time SCY	Qualifying time LCM	Boys Event #
29	2:28.58	2:50.00	200 Free	2:22.73	2:45.00	30
31			50 Breast			32
33			100 Fly			34
35			100 Breast			36
37			50 Back			38
39			50 Fly			40
41	2:42.83	3:10.00	200 Back	2:37.07	3:05.00	42
43			50 Free			44
45	4:44.70	5:25.00	400 IM*	4:36.80	5:20.00	46

***Positive Check-In is required. Swimmers must provide their own timers.
The 400 IM will be swum fastest to slowest and will alternate girls and boys heats.**

SUNDAY AM, May 23, 2010

SESSION 4 - 12 & Under

Girls Event #	Qualifying time SCY	Qualifying time LCM	Event	Qualifying time SCY	Qualifying time LCM	Boys Event #
47	3:15.00	3:43.11	200 IM	3:15.00	3:43.11	48
49			50 Fly			50
51			100 Back			52
53			50 Breast			54
55			100 Breast			56
57	3:07.65	3:33.00	200 Fly	3:04.46	3:33.00	58
59			50 Free			60
61			50 Back			62
63			100 Free			64

SUNDAY PM, May 23, 2010**SESSION 5 - 13 & Over**

Girls Event #	Qualifying time SCY	Qualifyin g time LCM	Event	Qualifying time SCY	Qualifying time LCM	Boys Event #
65	2:44.73	3:10.00	200 IM	2:34.26	3:00.00	66
67			50 Fly			68
69			100 Back			70
71			50 Breast			72
73			50 Free			74
75	2:38.58	3:00.00	200 Fly	2:35.88	3:00.00	76
77			50 Back			78
79			100 Free			80
81	20:28.50	21:00.00	1500 Free*			
			800 Free*	11:41.68	10:35.00	82

*** Positive Check-in is required. Swimmers must provide their own timers and counters. The 800 Free and the 1500 Free will be swum fastest to slowest and will alternate girls and boys heats.**

Officials: Help from visiting officials is always welcome. Visiting officials are asked to indicate their availability with the team's entry forms or contact the meet referee, Rob Zbranak, directly at zbranak@yahoo.com. The Official's uniform will be white polo over navy slacks, skirt, or shorts.

Special Needs: Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

Deck Access: Only USA Swimming registered athletes who are entered in the meet, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

Please be aware that swimmers will not be allowed onto the deck until one of their team coaches has checked in and is on deck.

TSC Rules: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave the pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

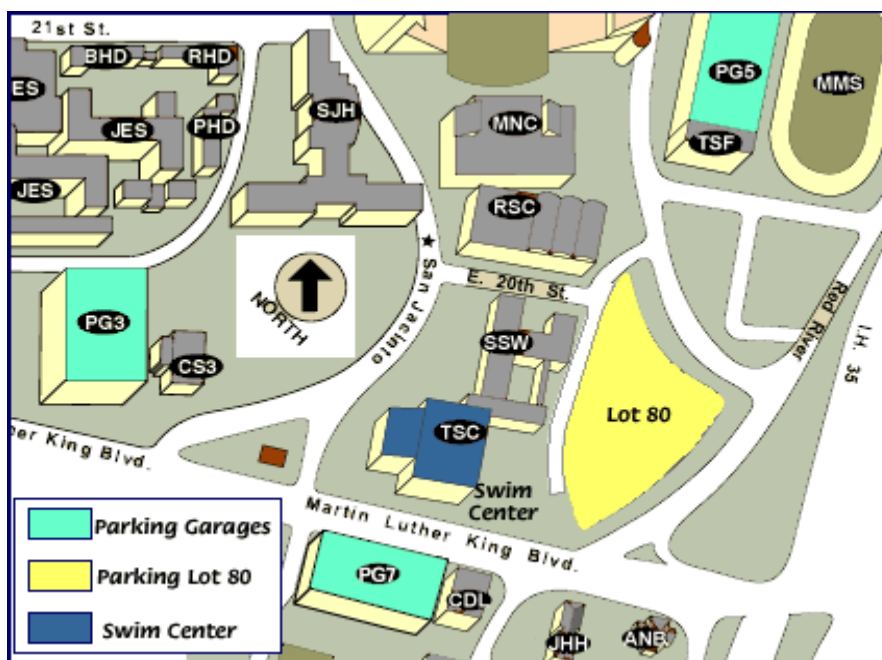
Parking: Parking Options for the TXLA End of School Splash

The University of Texas now requires that you have a UT permit to park in any C lot (including C lot 80 in front of the Swim Center) or along San Jacinto behind the Swim Center AT ALL TIMES. So only park in C lot 80 if you have a UT permit OR if there is an attendant and you can pay to park – you must display your receipt to avoid a ticket.

So here are your options – This weekend is Graduation for the University of Texas at Austin.

1. Friday night and Sunday park in the **Manor or Trinity garage** on the UT campus (they charge \$10 and there's no in/out privileges). **Saturday is UT Graduation. All of the UT garages should be free.**
2. Drop your swimmers off at the Swim Center and park for free (when the lot is available) at Disch-Falk Field just east of I-35. (Generally this is available beginning at 5:45 on Friday through the weekend as long as the lot has not been reserved)
3. Park in one of the State **Garages** (not an open lot) at the intersection of 17th St. and San Jacinto St. just south of the Swim Center for free (this is available beginning at 6 PM on Friday through the weekend). This will not be available for free on SOME weekends.

More detailed parking information will be posted on the Longhorn Aquatics website (<http://www.utexas.edu/longhornaquatics>) closer to the meet dates.



SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace Lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
 - d. There will be no diving in the general warm-up lanes. Circle swimming only.
 - e. No kick boards, pull buoys, or hand paddles may be used.
3. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following.
 - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2) Marshals must be members of United States Swimming.
 - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures