

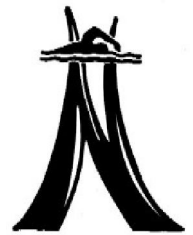


Alamo Area Aquatic Association

www.aaaa-sa.org

Meet Information

Posted 06/07/10



- Meet Name:** •2010 AAAA End of Summer Splash (SCY)
- Sanction Number:** •ST-10-58
- Meet Date(s):** •Saturday and Sunday, July 31 and August 1, 2010
- Meet Venue:** •Northside Natatorium on Loop 1604
•8400 North Loop 1604 West (Between Bandera and Hausmann on the Northbound side)
•San Antonio, TX 78249
•210-397-7522

<p>Entry deadline: 6:00 PM, Tuesday, July 20, 2010 No exceptions! Late entries to fill empty lanes only!</p>
<p>E-mail entry address: coachpeteh@gaggle.net</p>

- Psych Sheet:** •Will be posted Wednesday, July 28th
- Facility:** •Two eight-lane 25-yard racing courses, if needed
•Depth: Start end 7.0 feet / Turn end 7.0 feet
•All automatic DAKTRONICS starting and timing
•Concessions and swim shop available
•Four-lane warm-up / cool down pool between the courses
•The competition course has been certified in accordance with 104.2.2C(4)
•A copy of such certification is on file with USA Swimming.
- Liability** •In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the Northside I.S.D., and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet
- Cell phone**
- Restrictions:** •The presence and / or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times.
•There are no exceptions to this prohibition.
•Violators are subject to disqualification from the meet and disbarment from the facility.
- USA Swimming**
- Registration:** •All swimmers, coaches, and officials participating in this competition must be currently (2010) registered with USA Swimming or FINA
•All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time
•Swimmers who **1)** chose to enter time trials when offered, **2)** late enter when possible, or **3)** need to be entered because of clerical errors by the entering team or the meet host; will be required to present their USA Swimming ID Card
•National and LSC Regulations do not allow for any exceptions to these policies.
- Rules:** •The 2010 USA Swimming Rules and any relevant sections of the STSI Handbook will apply
- Meet Format:** •Timed finals
•No relays
•No time trials
•Not scored
•Awards: Ribbons places one through eight for 8 and under, 9, 10, 11, 12, 13, 14, 15 and older

- All events will be seeded by gender and time only, without regard to age
- If the number of entries warrants it, in the interest of time conservation, the Meet Host reserves the right to split the meet gender-wise, and conduct the competition in both courses
 - If that becomes necessary, the information will be posted with the Psych Sheet and warm-up lane assignments on the AAAA Web Site (www.aaaa-sa.org), by 6:00 PM, Wednesday, July 28th
- Nominal 45 seconds between races

Entry

- Restrictions:**
- This meet is open to all USA Swimming and FINA swimmers who are properly registered for 2010
 - Age as of July 31, 2010 determines age for this meet
 - Maximum of five events per day
 - The 500-yard freestyle and 400-yard individual medley will require a positive check-in, be seeded on deck and swum Fastest to Slowest
 - Check-in by 10:00 AM Saturday for the 500-yard freestyle
 - Check-in by 10:00 AM Sunday for the 400-yard individual medley

Swim suit

- Restrictions:**
- Only one suit is permitted during competition
 - The suits must:
 - Be of one piece
 - Be constructed of woven / knit material
 - Be 100% permeable to air and water
 - Not aid buoyancy
 - Not have fastening system other than waist ties, casings, ribbing or elastic (no zippers)
 - Not extend below the knee and not cover the neck or shoulders for women
 - Not extend above the navel or below the knee for men
 - Swimmers found in violation of these restrictions will be banned from further competition until the violation has been remedied

Qualifying

- Times:**
- Swimmers may enter any event for which they have not achieved or exceeded the minimum qualifying time for TAGS or Sectionals in either long or short course
 - Eight and under events are unclassified
 - The maximum time standard for each event is 0.01 second slower than the current published minimum TAGS or Sectionals Time Standard

- Proof of Time:** •Times will be pre-proven via the SWIMS National Database

Entry

- Procedures:**
- The **only** acceptable mode of entry is via Hy-Tek Commlink Disk or File
 - Hard copy MUST accompany
 - Please format any disks before utilizing for entries
 - An "HYV" File for Team Manager is available on the USA Swimming Page of the AAAA Web Site (www.aaaa-sa.org) and on the South Texas Swimming Web Site.
 - Entries received without a seedtime will not be entered into the meet and fees will not be refunded
 - E-Mail or hand deliver entries to the Entry Chair noted below

- E-Mail Entries:**
- Entries in Commlink Format only, MUST be sent to: coachpeteh@gaggle.net
 - Payment (by check or credit card) must accompany entries
 - The Commlink File must be renamed to clearly identify the entering team, the shorter the better •Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded
 - Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail, via FAX (210-561-5280), or hand-delivered and fees are paid.
 - Under no circumstances will entries be accepted via FAX
 - ONLY Entry Reports WILL be accepted via FAX

Entry Fees: (Includes Splash Fee)

- Normal \$ 6.00 per event
- Late \$12.00 per event (Late entries limited to open lanes only - will close at 8:30 AM)
- Checks payable to: N.I.S.D.
- Payment by credit card may be made at: www.nisd.net/aquawww/payment.htm

Meet Management:

•Meet Director

- Robert Laura
- 8400 North Loop 1604 West
- San Antonio, TX 78249
- 210-397-7522
- robert.laura@nisd.net

•Meet Referee

- Mike Bertirotti
- 8603 Timber Place
- San Antonio, TX 78250
- 210-520-2050
- mbertiro@aol.com

•Entries Chair

- Peter Hay
- 8400 North Loop 1604 West
- San Antonio, TX 78249
- 210-397-7524
- coachpeteh@gaggle.net

Warm-ups:

- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page five

Schedule:

- | | |
|-----------------------------------|---------|
| •Warm-ups begin | 7:30 AM |
| •Late Entries close | 8:30 AM |
| •Clear pool | 8:45 AM |
| •Coaches' Meeting (Saturday only) | 8:45 AM |
| •Meet begins | 9:00 AM |

Special Needs:

- Please notify the Northside Natatorium (210-397-7522) in advance of this event with the name and age of any member on your team who needs assistance to enter the building
- The Aquatics Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
- Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered for judging under Article 105

Timers:

- The host team will attempt to provide one timer per lane
- Volunteers will undoubtedly be needed and greatly appreciated

Officials:

- All currently certified and in training USA Swimming officials are cordially invited to participate
- Officials must display their USA Swimming *and* SISI credentials at all times while on deck
- Please report to the Meet Referee by 8:30 AM each day to receive deck assignments
- The wearing of name tags is strongly recommended



Order of Events

Distances are in yards
Saturday, July 31st

Girls Number	Age Group	Distance & Stroke	Boy's Number
1	8 & U	25 Free	2
3	11 & Over	200 Back	4
5	Open	100 Free	6
7	9 & Over	100 Breast	8
9	12 & U	50 Back	10
11	9 & O	200 I-M	12
13	8 & U	25 Back	14
15	9 & Over	100 Fly	16
17	12 & U	50 Breast	18
19	9 & Over	500 Free*	20

Sunday, August 1st

Girls Number	Age Group	Distance & Stroke	Boy's Number
21	Open	50 Free	22
23	11 & O	200 Fly	24
25	8 & U	25 Breast	26
27	9 & Over	100 Back	28
29	12 & U	50 Fly	30
31	11 & O	200 Breast	32
33	8 & U	25 Fly	34
35	12 & U	100 IM	36
37	9 & Over	200 Free	38
39	11 & Over	400 IM*	40

* These events will require a positive check-in by 10:00 AM on the day of the event, be seeded on deck and swum *Fastest to Slowest!*



SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals must be members of United States Swimming.
 3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.