



Brownsville Aquatics Great Whites LCM Unclassified Swim Meet June 4 – 5 , 2011



- Meet:** •Unclassified
- Dates:** •June 4 - 5, 2011
- Sanction Number:** •ST-11-53
- Venue:** •Margaret M. Clark Aquatic Center, Brownsville Independent School District
•2901 FM 802
•Brownsville, TX 78520
•956-698-0060
•**From US-77 S/US-83 S** – Take exit toward Farm to Market Rd 802/Ruben M Torres Sr. Blvd, merge onto Frontage Rd, turn Left at Coffee port Rd/Farm to Market 802/E Ruben M Torres Sr. Blvd, turn left at Seville Blvd, and Aquatic Center is corner building on left.
- Eligibility:** •This meet is open to all swimmers who are currently registered with South Texas Swimming.
- Facility:** •Margaret M. Clark Aquatic Center has an indoor 50 meters 8 lanes competition pool:
8 lanes
Depth at start end: 6'-7" feet; turn end: 4'-0"
Hy-Tek Meet Manager software and Daktronics timing system will be utilized.
The course has not been professionally surveyed and certified in accordance with 104.2.2C(4)
There will be concessions available next to main entrance to the Aquatic Center
Adaptive 20' pool will be used throughout the meet for warm-up and cool down
- Liability:** •In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), Brownsville Independent School District, Brownsville Aquatics and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet
- Cell phone Restrictions:** •The presence and / or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times.
•There are no exceptions to this prohibition.
•Violators are subject to disqualification from the meet and disbarment from the facility.
- Swimmer Photographs:**
•There may be one or more photographers on deck at this meet
•In the event photographers are on deck, parents or guardians of swimmers under the age of 18 who do not wish to have photographs of their athletes taken, are required to contact the Meet Director prior to the beginning of competition.
- Sanction:** •This meet is sanctioned by South Texas Swimming and the 2011 USA Swimming Rules apply
•All swimmers must be registered for 2011 with USA Swimming by the entry deadline
•Athletes who fail to meet this requirement will not be allowed to compete
- Format:** The meet will be a timed finals meet. We reserve the right to cap the number of swimmers entered in each session in order to stay within the four hour rule. Swimmers will be entered in the order entries are received. All events will swim fastest to slowest.
- Rules:** •The year 2011 USA Swimming Rules and Regulations and any relevant portions of the STSI Handbook will apply
- Unaccompanied Swimmers:** •Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water
•It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Qualifying

Times: •There are no qualifying times

Entry

Restrictions: •An individual swimmer may enter in a maximum of five (5) individual and one (1) relay events per day
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Time Trials: •There will be no time trials

Relay Entries: Relay team entry times may be determined by the sum of the individual team member times for like strokes/distances, or the actual time that relay team achieved in sanctioned competition. Relay cards are due 30 minutes prior to the start of each session.

Entry

Deadlines: •Monday, May 24, 2011 6:00 PM

Entry

Requirements: •All entries must contain the following information:
•The name, email address, and phone number of the person preparing the entries in case clarification is needed
•An attachment of the Hy-Tek Team Manager export file
•An attached Word Document listing the entries (by swimmer)
•An attached Word Document of the meet entry fees report
•Teams with exceptions will be e-mailed notice of same
•Teams and entrants are responsible to check the exception report when notified

General Entry

Procedures: All teams with five or more swimmers entered in the meet must submit their entries using Hy-Tek Team Manager software. We understand that sometimes it is necessary to send a corrected Hy-Tek file but this should be the exception.

Email entries to meet.entries@brownsvilleaquatics.com When you email the entries, also attach a Word document of the Hy-Tek Meet Entry Report by swimmer. If you don't receive an email confirmation, your entries were not received. The Commlink File must be renamed to clearly identify the entering team, shorter is better.

Teams with fewer than five swimmers may send an email including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

Entry fees must be received by Monday, June 4, 2011. Please include the meet entry fees re-port with your check. Do NOT send a copy of the entries you emailed earlier. Mail entry fees and entry report to:

Deborah Salais
June Unclassified Entries
1004 Vamonos Dr.
Brownsville, TX 78526

No paper, phone, or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed and refunds will not be given.

Entry Fees: \$6.00 per individual event \$12.00 late entry. Relays are \$8.00, \$16.00 late entry. (Includes \$1.25 South Texas Swimming splash fee),
Checks payable to: BAS

Heat Sheets: Heat sheets will be available for sale at a nominal cost.

Deck Entries: Deck entries will be accepted for open lanes. Additional heats may be created at the discretion of the meet director and/or meet referee. All deck entries will be entered with a NT. You may deck enter up to 8:30 AM on the day of the meet. Swimmers that are not previously entered in the meet are required to show proof of their current 2011 USA Swimming registration to the Clerk of Course in order to deck enter. Deck entry fees are double per event.

Warm-up

Procedures: •The South Texas Swimming Safety Guidelines and Warm-up Procedures on page eight will be in effect at this meet

- The 20' adaptive 4' deep pool will be available for warm-ups throughout the meet
- Warm-up times and lane assignments for each team will be posted on the www.brownsvilleaquatics.com website along with the psyche sheet
- Warm-ups MUST be under the direct supervision of a coach at all times

Scratch Rules:

There is no penalty for scratching from an event. However, in order to assist those swimmers that wish to deck enter, please report any scratches to the clerk of course as soon as possible.

Special Needs:

- Please notify the Ryan Shea, Head Coach, Brownsville Aquatics, 956-204-6574, in advance of this event with the name and age of any member on your team who needs assistance to enter the building
- The host staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities
- Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judges under Article 105

Awards:

Ribbons will be given for 1st through 8th place in each event for each age group (8 and under will be a separate age group). High point trophies will be given for the overall first place girl and boy in each age group.

Scoring:

Place ⇒	1	2	3	4	5	6	7	8
Individual Points	9	7	6	5	4	3	2	1

Meet Management:

- | | | |
|---|---|--|
| <ul style="list-style-type: none"> •Meet Director •Martha Morales •2901 FM 802 •Brownsville, TX, 78526 •956-459-2580 •mimorales1@sbcglobal.net | <ul style="list-style-type: none"> •Meet Referee •Miguel Gonzalez •7025 N. 5th Street •McAllen, TX, 78504 •956-207-9573 •gonzalezma@panam.edu | <ul style="list-style-type: none"> •Entries Chair •Deborah Salais •1004 Vamonos Dr •Brownsville, TX 78526 •956-572-2755 •meet.entries@brownsvilleaquatics.com |
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Officials:

All currently certified and in-training USA Swimming officials are cordially invited to participate. USA Swimming Rules and Regulations require that officials prominently display their USA Swimming and LSC credentials while on deck as an official. The wearing of name tags is strongly encouraged. Please check-in with the Meet Referee not later than Tuesday June 21st, 2011. You WILL NOT be guaranteed an assignment if your commitment and information are not submitted or not received by the deadline. Walk ins will be assigned on an as needed basis only. Uniforms for deck officials will be as follows:

White shirts/blouses over navy blue pants, skirts, or Bermuda length shorts (NO JEANS PLEASE)
Daily

Schedule:

Warm-up begins: 8:00 AM Meet begins: 9:00 AM

Timers:

The host team will attempt to provide backup timers for this meet. Volunteers are welcome.



Order of Events

Distances are in meters

Saturday, June 4, 2011

<u>GIRLS</u>			<u>BOYS</u>
1	12 & U	200 Free Relay	2
3	13 & O	400 Free Relay	4
10 minute break			
5	OPEN	200 I.M.	6
7	OPEN	100 Free	8
9	12& U	50 Back	10
11	11 & O	200 Breast	12
13	OPEN	100 Fly	14
15	11 & O	200 Back	16
17	12 & U	50 Breast	18
19	OPEN	400 Free	20

Sunday, June 5, 2011

<u>GIRLS</u>			<u>BOYS</u>
21	12 & U	200 Medley Relay	22
23	13 & O	400 Medley Relay	24
10 minute break			
25	OPEN	200 Free	26
27	12 & U	50 Fly	28
29	OPEN	100 Back	30
31	OPEN	100 Breast	32
33	11 & O	200 Fly	34
35	OPEN	50 Free	36
37	11 & O	400 I.M.	38

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures (**Preliminaries**).

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures (**Finals**).

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace Lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
 - d. There will be no diving in the general warm-up lanes. Circle swimming only.
 - e. No kick boards, pull buoys, or hand paddles may be used.
3. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following.
 - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2) Referees have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 3) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 4) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 5) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 6) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

1. Coaches will ensure that backstrokers are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-up unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

Motels near the Margaret M. Clark Aquatic Center

Residence Inn by Marriott
3975 N. Expressway 83
Brownsville, TX 78520
(956) 350-8100

Holiday Inn
3777 N Expressway 77/83, Brownsville, TX
(956) 547-1500

Best Western Rose Garden Inn
845 N Expressway 77/83, Brownsville, TX
(956) 546-5501

La Copa Inn
1945 North Expressway 77/83, Brownsville, TX
(956) 986-0333

Local attractions

Gladys Porter Zoo, 500 Ringgold Street, Brownsville TX

31-acre zoological preserve built on an old channel of the Rio Grande River. The landscape is adorned with more than 250 species and sub-species of tropical and neo-tropical plants along the zoo's meandering paths. The Gladys Porter Zoo offers a unique zoo experience with virtually all animals living in open exhibits surrounded by natural flowing waterways. More than 1,600 animal specimens represent 464 species, 47 of which are listed as endangered. The collection includes Jentink's duikers, Galapagos tortoises, Philippine crocodiles, spectacled bears, Przewalski's horses, orangutans, chimpanzees, gorillas, African elephants, tamarins and hippos. The zoo is open 365 days a year.

South Padre Island

Just 25 miles from Brownsville is the modern beach resort of South Padre Island. This barrier reef isle offers all the contemporary conveniences including gourmet restaurants, seaside attractions, and high-rise hotels. Along with tanning, beach combing, and playing in surf, the endless white sand beaches on both the Gulf of Mexico and Laguna Madre offer plenty of outdoor activities.

Laguna Atascosa National Wildlife Refuge

Along the banks of the Laguna Madre, Laguna Atascosa National Wildlife Refuge is one of the largest remaining protected wild areas in the Lower Rio Grande Valley. Loma and coastal brush lands are accompanied by freshwater lakes and ponds, mudflats and beaches. Here, the elusive ocelot, a small cat whose numbers are estimated to be less than 100 in the United States, quietly prowls the brush lands; Aplomado falcons soar above coastal prairies; Kemp's ridley sea turtles nest on the Gulf beaches; and the incredible diversity of bird species brings wildlife watchers from around the world. Tour roads, including Lakeside Drive and the 15-mile Bayside Drive loop, hiking trails, bicycle trails, and a visitor center are open to the public year round. For more information, call the refuge at 956-748-3607.