



**2011-12
USA Swimming
IM Xtreme Games-SMW**

**November 19-20
NISD Natatorium
San Antonio, TX**

Official Event Information

**LSCs PARTICIPATING IN THE
SOUTHERN MID-WEST REGION MEET**

Arkansas, Border, Gulf, Louisiana, Missouri Valley, North Texas, Oklahoma, Ozark, South Texas and West Texas



2011
USA Swimming IM Xtreme Games-SMW
 November 19-20, San Antonio, TX
 Sanctioned by USA Swimming through Texas Swimming # ST-11-71

Important Facts About the Meet



- ◆ The qualifying period for this event is September 1, 2010 through the entry deadline.
- ◆ **Entry Deadline:** All entries must be received no later than Monday November 7, 2011 by 11:59 p.m. Eastern Standard Time.
- ◆ **E-Mail Entry Deadline:** Athletes achieving the qualifying time standards for the first time from Saturday November 12, through Sunday November 13, 2011 may be sent by e-mail. These entries must be received no later than 11:59 p.m. Eastern Standard Time on *Monday November 14, 2011*, and cannot be used to improve the seed time of a prior entry. Please use the official “E-Mail Entry Form”. The e-mail entry form can be requested from the Meet Director.
- ◆ All USA Swimming Registered athletes that are between the ages of 11-16 on the first day of the meet are eligible for the meet if they have achieved the minimum qualifying score in any age group during the qualifying period.
- ◆ This meet will follow IMX Challenge program guidelines.
- ◆ The qualifying standard will be a minimum IMX Challenge score of 1500 points for all locations, ages and genders. Qualifying standards are the same for SCY and LCM.
- ◆ At the discretion of the Meet Referee, the preliminary sessions may be conducted using “Flyover” starts. Details of any changes to normal meet operations protocol will be announced at the coaches meeting.
- ◆ At the discretion of the Meet Referee, two 8 lane racing courses may be used and designated by gender.
- ◆ Prior to the first session, there will be a positive check-in for all swimmers (not events) in the meet. Check-in will close at **8:00am** on Saturday, November 19th.
- ◆ Swimmers’ and Coaches’ Responsibility—It shall be the swimmers’ and coaches responsibility to acquaint themselves with all of the information contained in this meet information book and any details at the coaches

Age of the athlete will be as of the first day of the competition.

Any swimmer between the ages of 11-16 year-old is eligible for the meet if they have achieved the minimum qualifying score in any age during the qualifying period. That is, a swimmer who has achieved a minimum qualifying score as a 10-year-old and ages up to 11 prior to the start of the meet will be eligible to enter the meet. A 12-year-old who has achieved the minimum qualifying score but ages up to 13 prior to the start of the meet will be eligible to enter the meet and compete as a 13-year-old.

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2011 USA Swimming IM Xtreme Games Order of Events

<u>Women's Events</u>	<u>Session 1– Saturday November 19</u>	<u>Men's Events</u>
1	13-14 200 Backstroke	2
3	15-16 200 Backstroke	4
5	11-12 500 Freestyle	6
7	13-14 500 freestyle	8
9	15-16 500 Freestyle	10
	<u>Session 2 - Saturday November 19</u>	
11	15-16 200 Breaststroke	12
13	13-14 200 Breaststroke	14
15	11-12 100 Breaststroke	16
17	15-16 200 IM	18
19	13-14 200 IM	20
21	11-12 200 IM	22
	<u>Session 3 - Sunday November 20</u>	
23	11-12 100 Butterfly	24
25	13-14 200 Butterfly	26
27	15-16 200 Butterfly	28
29	11-12 100 Backstroke	30
31	13-14 400 IM	32
33	15-16 400 IM	34

SCHEDULE:

Saturday, November 19, 2011 AM Session

- ◆ Warm ups will start at 7:00 AM
- ◆ Competition will start at 8:30 AM

Sunday, November 20, 2011 AM Session

- ◆ Warm ups will start at 7:00 AM
- ◆ Competition will start at 8:30 AM

Saturday, November 19, 2011 PM Session

- ◆ Warm ups will not start before 3:00 PM
- ◆ Competition will start 1 hour after warm ups

General Information



Facility Address

NISD Natatorium
8400 N Loop 1604 West
San Antonio, TX 78249

Entry Chairperson

Peter Hay
8400 N Loop 1604 West
San Antonio, TX 78249
210-397-7524
coachpeteh@gaggle.net

Meet Director

Robert Laura
8400 N Loop 1604 West
San Antonio, TX 78249
210-397-7524
Robert.laura@nisd.net

Meet Referee

Rusty Prewitt-Campbell
143 Cardinal Way
San Antonio, TX 78253
rustypc@hotmail.com

Meeting Schedule

Saturday, November 19 7:00pm Coaches General Meeting Classroom #103

Saturday November 19 7:30am Official's Briefing Classroom #103
All subsequent officials' briefings TBA

Sunday, November 20 **Evaluation Meeting—Immediately following the Sunday AM Session**

LSCs PARTICIPATING IN THE SOUTHERN MID-WEST REGION MEET

Arkansas, Border, Gulf, Louisiana, Missouri Valley, North Texas, Oklahoma, Ozark, South Texas and West Texas

Hotels

Spring Hill Suites Medical Center/Northwest
3636 NW Loop 410
San Antonio, TX 78201
201-737-6086

San Antonio Marriott Northwest
3233 NW Loop 410
San Antonio, TX 78213
210-377-3900

Quality Inns & Suites Bandera Pointe
9522 Brimhall
(Loop 1604)
SA, TX 78254
512-826-0663
(3 blocks from pool)

Comfort Inn Fiesta Park
6755 North Loop 1604 West
SA, TX 78249
210-696-4766
(2 miles from pool)

Motel 6 San Antonio
1425 Loop 1604 N
SA, TX 78254
210-695-6616
(1 mile from pool)

La Quinta Inn and Suites
5622 Utex Blvd
San Antonio, TX 78249
210-696-0100

Officials

The Alamo Area Aquatics Association welcomes any of your USA Swimming Officials to work on deck during this meet. Officials' uniforms will be white over blue. Shorts are acceptable throughout. Please contact J. R. Rightmeyer regarding any officials interested in working, john_rightmeyer@yahoo.com



Ticket Information

All Session Pass :

Admission Free

Heat Sheets/Psyche Sheets

Heat Sheets \$5.00

Airlines

Airlines serving San Antonio, TX

United	800/521-4041
America West	800/235-9292
American	800/433-7300
America Trans Air	800/225-2995
Continental	800/523-3273
Delta	800/221-1212
Northwest	800/225-2525
Southwest	800/435-9792
US Airways	800/428-4322

Car Rental Agencies

Alamo	800/327-9633
Avis	800/230-4898
Budget Rent-A-Car	800/527-0700
Dollar	800/800-3665
Enterprise	800/736-8222
Hertz	800/654-3131
National	800/227-7368
Thrifty	800/847-4389

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.



Information/Lost & Found

An Information/Lost & Found booth will be available at the first-aid office on the northwest corner of the pool deck.

Medical Assistance

Medical assistance will be provided at the facility. Those needing medical assistance should go to the Lifeguard office on the northeast corner of the pool deck.

Parking

Parking will be free. Event parking is located in the adjacent stadium parking area.

Concessions

Concessions will be available for spectators at southwest corner of the pool.

Hospitality

Coaches' and Officials' hospitality will be available throughout the meet at the designated Hospitality Area.

Coaches' Packet

Current USA Swimming coach members who have swimmers in the meet (coach and swimmer(s) must be registered with the same team), may receive a coaches' program which includes access to hospitality

Credential Pick-Up & Registration

Coach & athlete Credentials can be picked up at the entrance to the pool starting Saturday November 20 at 7:00 a.m.

Team Banners

Banners may be attached to the bleacher railing using rope or cord. Please do not use adhesives.

Results (Live Results)

After each evening's finals at these championships, the results will be available at www.aaaa-sa.org

Facility Notes

Bleacher seating at the south end of the facility is open to spectators only. Swimmer rest areas are located in the bleacher area located at the north end of the facility or on the pool deck:

Facility Notes (continued)

The following rules will be strictly enforced:

1. Northside ISD property is designated as a smoke free zone. Smoking is not permitted anywhere in the facility or around of the facility that is school district property.
2. Due to USA Swimming Insurance requirements **only credentialed** swimmers, coaches, officials and volunteers are allowed on deck. **There are no exceptions.**

Anyone found to be abusing the facility will be asked to leave IMMEDIATELY. Teams will be billed for any damages caused by their swimmers.

Northside ISD NATATORIUM Competition Pool

The water depth at both starting ends is 7 feet. Warm-up Pool: Continuous warm-up and warm-down in north end of the pool.

The Northside ISD Natatorium is 50-meters with eight racing lanes. Two eight lane 25 yard courses with an additional four lanes for continuous warm-up and warm down allow for hosting long or short course events as well as water polo. The seating capacity of the Natatorium is 800 off-deck. There is also room for additional seating of 600 on deck. The depth of the pool is 7 feet at the ends and 4 feet at center of pool. Water temperature is kept at 80 degrees.

Pool Certification

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Pool Hours

Saturday, November 20 7:00 a.m. - 7:00 p.m.
 Sunday November 21 7:00 a.m. - 1 hour after finals

- ◆ Friday 11/18 Practice can be available at 8:00 pm. To arrange practice time on Friday 11/18/11, please contact Bill Thomas, Aquatics Coordinator at bill.thomas@nisd.net



NISD Natatorium

8400 N Loop 1604 West

San Antonio, TX 78249

Getting to San Antonio and the Northside ISD Natatorium is easy! San Antonio has an International Airport as well as five major interstates leading into it. This makes traveling from any of the major surrounding cities a breeze. That may be why San Antonio has become a hot spot for tourism, conventions and sporting events. With the San Antonio Riverwalk, Convention Center and world class facilities, like the soon to be completed Bexar County/NISD Aquatics Complex, it is easy to see why so many organizations choose to hold their events here.

- Interstate 35** (from the North):
- Exit on to Loop 1604 West (Anderson Loop) and head west for approximately 20 miles.
 - Exit at Bandera Rd.
 - Take the turn-around under Loop 1604 West and stay on the access road for one mile.
 - Turn right on to Bamberger Trail.
 - ♦ The first right is the parking area of the NISD Natatorium

- Interstate 35 & 37**
(From the South):
- take I-10 West for approximately to the far northwest of Bexar County and then exit Loop 1604 west.
 - Continue on Loop 1604 West for 5 miles and exit at Bandera Rd.
 - Take the turn-around under Loop 1604 West and stay on the access road for one mile.
 - Turn right on to Bamberger Trail.
 - ♦ The first right is the parking area of the NISD Natatorium.

- Interstate 10** (from the West):
- take I-10 East into Bexar County and then exit Loop 1604 west.
 - Continue on Loop 1604 West for 5 miles and exit at Bandera Rd.
 - Take the turn-around under Loop 1604 West and stay on the access road for one mile.
 - Turn right on to Bamberger Trail.
 - ♦ The first right is the parking area of the NISD Natatorium

- Interstate 10** (from the East):
- From East continue on to the far west side of Bexar County.
 - Once you pass Loop 410, take I-10 West for approximately 10 miles then exit Loop 1604 west.
 - Continue on Loop 1604 West for 5 miles and exit at Bandera Rd.
 - Take the turn-around under Loop 1604 West and stay on the access road for one mile.
 - Turn right on to Bamberger Trail.
 - ♦ The first right is the parking area of the NISD Natatorium

- San Antonio International Airport:**
- From the airport, follow signs onto Loop 410 West.
 - Continue on I-410 W. for approx. 4 miles, and take I-10 West
 - Take I-10 West for approximately 10 miles then exit Loop 1604 west.
 - Continue on Loop 1604 West for 5 miles and exit at Bandera Rd.
 - Take the turn-around under Loop 1604 West and stay on the access road for one mile.
 - Turn right on to Bamberger Trail.
 - The first right is the parking area of the NISD Natatorium.

Entering the Meet



Entry Chairperson

Peter Hay
210-397-7524
coachpeteh@gaggle.net
8400 N Loop 1604 West,
San Antonio, TX 78249

All Entry questions should be directed to:
Peter Hay-Entry Chair

Entry Process

The meet will be run using Hytek's Windows Meet Manager. Entries may be made by e-mail. (coachpeteh@gaggle.net). Entries not submitted by e-mail will be subject to a \$25 processing fee for teams with more than 3 swimmers. Telephone entries or FAX entries will not be accepted. For entries received by e-mail, an acknowledgement that your entry file has been received will be e-mailed within 24 hours of submission.

Should you not receive an acknowledgement of entry within 24 hours, please contact the Entry Chair by telephone immediately.

After you have received notification of receipt of your entries, please submit your Meet Summary Page with payment in full.

Make checks payable to **NISD Aquatics**. Mail entries and fees to Peter Hay at the address above.

- Entries will be accepted starting October 25, 2011
- Entries will close November 7, 2011

THERE WILL BE NO OME ENTRY PROCESS



E-Mail Entry Deadline: Athletes achieving the qualifying time standards for the first time from **Saturday November 12, through Sunday November 13, 2011 may be sent by e-mail. These entries must be received no later than 11:59 p.m. Eastern Standard Time on Monday November 14, 2011, and cannot be used to improve the seed time of a prior entry.**

Please use the official "E-Mail Entry Form". The e-mail entry form can be requested from the Meet Director.

Qualifying Period

The qualifying period for this event is September 1, 2010 through the entry deadline.

Proof of Entry Score

To enter the meet an athlete must have a minimum IMX Challenge qualifying score of 1500 verified by USA Swimming.

Entry Fees:

\$7.50 per athlete surcharge
\$25.00 per 11-12 athlete entry
\$30.00 per 13-14 & 15-16 athlete entry

Number of Events

A swimmer **must enter and swim all IMX Challenge events within their age group and gender** to be eligible for team scoring and awards.

Events

11 & 12-year olds: 400 Free (LC) or 500 Free (SC), 100 Back, 100 Breast, 100 Fly, 200 IM

13 & 14, 15 & 16 year olds: 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM

Scoring

Hy-Tek IMX scoring will be used exclusively. Each time will be given a point value; swimmers' scores from all events will be combined for an overall IMX point total. **Disqualifications will receive zero points. An athlete's score will still be considered for top 16 individual awards and for team scoring.** Scoring will be determined according to single-year age groupings and the swimmers' IMX totals.

No Shows

A no show in any event will remove the swimmer from the IMXtreme scoring. Swimmers will be allowed to swim all remaining events for time only. Declared false starts will not be allowed.

Individual Awards

USA Swimming IMX plaques will be awarded for the top sixteen swimmers in each single-year age bracket and gender.

Team Scoring & Awards

Plaques will be awarded for the top three teams by compiling the Hy-tek IMX Scoring for the top 16 individual scorers in each age and gender.

Waiver and Release Form

A Waiver and Release form included with this meet information book must accompany entry and payment.



Rules

USA Swimming Rules and Regulations will govern the conduct of these Games and will serve as the official guide for technical and procedural rules.

It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book.

No swimmer will be issued a credential without a coach member present. If the home club coach is not planning to attend the event, the swimmer (s) must be assigned a supervising coach (per USA Swimming rule 202.3.2). Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, the Meet Director will arrange for a coach to serve this role. Please inform the Meet Director prior to the meet if a coach must be found.

"Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."

ELIGIBILITY:

Swimmer(s) must be registered with USA Swimming and be ages of 16 or younger to be accepted in this meet. Age as of November 19, 2011 shall determine swimmer's age for the entire meet.

Membership Requirement

All coaches and officials should be prepared to show a current USA Swimming membership card. Coaches must provide proof of CPR, First Aid and Safety Training for Swimming Coaches or USA Swimming approved equivalents.

Check-In

Coaches are responsible for all business conducted at the Coaches General Meeting. If, for any reason, you cannot attend the meeting, be sure to find out what occurred.

- A. Start at the check-in table on deck level at the NISD Natatorium. At that time you must present your coach membership card. Have your coach membership card with you.
- B. After you have been cleared, you will receive your coaches packet.
- C. Present any questions to the Meet Referee or Meet Director.

Positive Check-In for Athletes

There will be a positive check-in for all swimmers (not events) in the meet prior to the first session. Check-in will close at **8:00am** on Saturday November 19th.

Warm-Up and Safety

Meet Management will provide a complete schedule of warm-up procedures to include lane usage and times, which must be adhered to by all participants. This information will be distributed with the meet information at registration, posted throughout the venue, announced on a regular basis before and during the meet, and monitored by the Meet Referee (or his/her special designees). Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike activity. Encourage your swimmers to cooperate with marshals.

Restrictions

- ◆ **USA SWIMMING RULES 103.11 AND 103.12 REGARDING TABACCO AND ALCOHOL USE WILL BE STRICTLY ENFORCED.**
- ◆ **The use of audio or visual recording devices, including cell phone cameras, is not allowed in changing areas, restrooms or locker rooms.**
- ◆ **On-deck changing is not allowed.**
- ◆ **All swimmers entered in the competition must comply with USA Swimming Rulebook section 102.8 regarding swimwear and taping.**

Special Needs:

Please notify the NISD Natatorium (210-397-7524) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.

- The NISD Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility.
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
- Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

