

The University of Texas at Austin and



**LONGHORN AQUATICS
2011 Fall Kickoff
October 21-23, 2011**

Welcome: Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our 2011 Fall Kickoff. This meet is open to all USA Swimming registered swimmers and will be conducted in two 25 yard courses, using Daktronics Timing System, Colorado Timing System, and Hy-Tek Meet Manager software.

Facility: The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. There are two movable, power-operated bulkheads. For the October 2011 meet the competition course *has* been certified in accordance with 104.2.2C(4).

The Swim Center is located on the University of Texas Campus, 1900 Robert Dedman Drive, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Water Depths: The Start end is 9 feet, and the turn end is 9 feet.

Liability: USA Swimming, South Texas Swimming, The University of Texas, the Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

TSC Rules: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food or drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

Sanction: This meet has been sanctioned by South Texas Swimming and 2011 rules will apply. All swimmers must be registered as athletes for 2011 or 2012 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2011 or 2012 USA card.

USA Swimming Registration: All swimmers, coaches, and officials participating in this competition must be *currently* (2011) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time. Swimmers who **1)** late enter **2)** need to be late-entered because of clerical errors by the entering team or the meet host; or **3)** are not entered in this meet and choose to enter time trials if offered; will be required to present their USA Swimming ID Card. South Texas Swimming does not permit on-deck USA Swimming Registrations

Schedule: Saturday and Sunday the meet will be split into morning and afternoon sessions based on age. The morning sessions each day are planned for swimmers 12 & under and the afternoon sessions for swimmers 13 & over. However, we reserve the right to split the sessions differently or to combine sessions based on the entries received. Warm-ups may be split if a large number of swimmers enter the meet.

Friday	All Swimmers	Warm Up:	5:15PM	Start:	6:15PM
Saturday	12 & Under	Warm Up:	9:00AM	Start:	10:10AM
	13 & Over	Warm Up:	**	Start:	**
Sunday	12 & Under	Warm Up:	8:00AM	Start:	9:10AM
	13 & Over	Warm Up:	**	Start:	**

** The warm-up for the afternoon session will begin immediately after the morning session. The exact time will be posted on the Longhorn Aquatics' website no later than October 20th.

Qualifying Times: There are no qualifying times.

Meet Format: All events are timed finals and will swim in two short course yard pools seeded only by time and gender. Age groups will be combined. Even heats will swim at the flag end of the pool, odd heats at the non-flag end of the pool. All events will swim fastest to slowest. We reserve the right to cap the number of swimmers entered in order to stay within the four hour rule. Friday evening, we will cap the meet at about 3 hours. Swimmers will be entered in the order entries are received.

Check-in: Positive check-in is required for the 500 free, 400 IM, 1000 free, and 1650 free. Positive check-in will be available as athletes enter the pool deck and will close 1 hour before the event is scheduled to swim. Exact times will be posted at Clerk of Course on the day of the event. Swimmers that check-in for an event and fail to swim will be fined \$30 payable to the University of Texas. These swimmers, and their team, will be barred from competition at subsequent TXLA meets at the Swim Center until the fines are paid. Swimmers in these events must provide their own timer (and counter for the 500, 1000, and 1650). For the 500 event, we will swim girls at the non-flag end of the pool and boys at the flag end of the pool. If we run out of boys heats, the girls will swim at both ends -- even heats at the flag end and odd heats at the non-flag end. The 1000 and 1650 events will swim simultaneously. The 1000 will swim at the flag end of the pool, alternating girl's heats and boy's heats, while the 1650 will swim at the non-flag end of the pool, alternating girl's heats and boy's heats. Swimmers are only allowed to swim one of the distance events on Sunday. The meet director and meet referee reserve the right to separate or combine entries as they see fit.

Scratch Rule: Except for Friday, each session will be seeded the evening before. BEFORE the 500 free on Friday and the 400 IM on Saturday, please scratch any event you will not swim the next day. There is not a penalty for failing to scratch a prelim event; this is a courtesy to the other swimmers by eliminating an empty lane in prelims. All deck entries for the next day's events received before the distance events will be seeded.

Racing Start Proficiency: (Unaccompanied Swimmers) Swimmers entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from in the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry Dates: Entries will open for South Texas teams at noon on Monday, October 3rd. Entries for teams outside the South Texas LSC will open at 4 PM on Monday, October 3rd. Entries will not be accepted before these times. South Texas teams will not have a priority after 4 PM. You should **not** make nonrefundable travel arrangements before you know your entries are accepted – entries will be processed in the order received. Entries will close the earlier of:

- a) Monday, October 10th, 2011 at 4 PM or
- b) When a session reaches an estimated 4 hours in length. Individual sessions may close before the entire meet closes. If we have to close a session early, this will be posted on our website (www.utexas.edu/longhornaquatics).

Entries: Swimmers may enter a maximum of 3 individual events per day. The age of the swimmer will be his/her age on October 21, 2011. Enter all events with previous best times achieved in short course yards.

All teams with five or more swimmers entered in the meet must submit their entries using Version 4 or 5 of Hy-Tek Team Manager or Team Unify software.

Email entries to Bridgette Rhoades at sunsandsurfgirl@yahoo.com . When you email the entries, also attach a report of the entries by swimmer. Entries/emails with only a zip file (i.e. without the entry report) will not be accepted. If you don't receive an email confirmation, your entries were not received.

Teams with fewer than five swimmers may send an email including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

Entry fees must be postmarked by Tuesday, October 11th. Please include the meet entry fees report with your check. Please do NOT send a copy of the entries you emailed earlier. No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will **NOT** be accepted or processed.

Entry Fees: \$8.00 per individual event. This includes the South Texas Swimming splash fee of \$1.25 per splash. Please send only one check per team location please. Refunds will not be given for any reason.

Make checks payable to: The University of Texas at Austin

Mail to: Longhorn Aquatics
2011 Fall Kick Off
The University of Texas at Austin
1 University Station D 4050
Austin, TX 78712-0364

Deck Entries: Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. You may deck enter events for later sessions after the start of the current session. Deck entries for the next day's session will be seeded if they are received before the 500 on Friday or the 400 IM on Saturday.

The deck entry fee is \$20.00 per event. **Swimmers not previously entered in the meet must present their 2011 or 2012 USA Swimming registration card** at Clerk of Course to be able to deck enter.

Awards: Ribbons, first through eighth place will be awarded according to the following age groupings: boys and girls 8 and under, 9 – 10 and 11 - 12. No other awards will be given. Coaches are responsible for picking up their teams ribbons at the end of the meet.

Meet Referee: Ron Zolno (512) 775-8113 rzolno@brsgroup.com
Head Coach: Doug Rusk (206) 291-5471 doug.rusk@austin.utexas.edu
**Meet Director
& Entry Chair:** Bridgette Rhoades (814) 602-8254 sunsandsurfgirl@yahoo.com

Special Needs: A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Texas Swimming Center at 512-471-7703 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Texas Swimming Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials: All currently certified and in training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming and STSI Swimming for 2011/2012 and have a current Background Check acknowledged by USA Swimming. Please email the Meet Referee, Ron Zolno, with your certification level and availability so he can plan accordingly. The uniform will be white polo shirts over navy blue pants, skirts or shorts. Please report to the Meet Referee at least 45 minutes prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.

Deck Access: Only currently registered coaches and officials will be allowed access beyond the front desk of the Texas Swimming Center. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck. Volunteers will be given a pass to access the deck and help for that specific purpose. Please be aware that swimmers will not be allowed on the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the meet director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

Swimmer Photographs: There may be one or more photographers on deck at this meet. In the event photographers are on deck, parents or guardians of swimmers under the age of 18 who do not wish to have photographs of their athletes taken, are required to contact the Meet Director prior to the beginning of competition

Cell phone restrictions: The presence and/or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Parking: The University of Texas requires a UT permit for parking along Trinity and San Jacinto as well as C Lot 80 in front of the Swim Center. They will be charging \$12 for parking in the Trinity garage. Please go to our website, www.utexas.edu/longhornaquatics as we get closer to the meet for more information on parking.

Order of Events

Friday PM, October 21

All Ages

Girls Event #	Event	Boys Event #
1	200 IM	2
3	50 Free (12 & Under)	4
5	50 Back (12 & Under)	6
7	50 Breast (12 & Under)	8
9	500 Free** (10 & Over)	10

*Positive check-in required.

**Swimmers must provide their own counter and timer.

Saturday, October 22

12 & Under AM

Girls Event #	Event	Boys Event #
11	200 Free	12
13	100 Breast	14
15	50 Back	16
17	200 Fly (10 & Over)	18
19	100 Back	20
21	50 Free	22
23	11-12 400 IM*	24

13 & Over PM

Girls Event #	Event	Boys Event #
25	200 Free	26
27	100 Breast	28
29	200 Fly	30
31	100 Back	32
33	50 Free	34
35	400 IM*	36

*Positive check in required. Swimmers must provide own timers.

*Positive check in required. Swimmers must provide own timers.

Sunday, October 23

12 & Under AM

Girls Event #	Event	Boys Event #
37	200 Back (10 & Over)	38
39	100 Free	40
41	50 Fly	42
43	200 Breast (10 & Over)	44
45	100 Fly	46
47	50 Breast	48
49	100 IM	50

13 & Over PM

Girls Event #	Event	Boys Event #
51	200 Back	52
53	100 Free	54
55	200 Breast	56
57	100 Fly	58
59	1000 Free**	60
61	1650 Free**	62

*Positive check-in required.

**Swimmers must provide own counter & timer.

**SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures**

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

3. Safety Guidelines

- a. Coaches are responsible for the following:

- 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
- 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
- 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

- b. The host team will be responsible for the following.

- 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
- 2) Marshals must be members of United States Swimming.
- 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
- 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
- 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
- 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
- 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- 1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-up unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics

2011-2012 Hotel Sponsors

<u>AT&T Executive Education & Conference Center</u>		Contact: Divya Saighal
1900 University Avenue		(512) 404-3620
Austin, Texas 78705		(877) 744-8822
		divya.saighal@attconf.utexas.edu
<u>Radisson Hotel & Suites on Town Lake</u>		Contact: Emily Hastings
111 Cesar Chavez		(512) 478-9611
Austin TX 78701		ehastings@radissonaustin.com
<u>Hampton Inn & Suites Downtown</u>		(512) 742-1500
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2011-2012 Hotel Sponsors

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Contact: Shelly Staff

(512) 371-5243

staff@cphaustin.com

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Austin, TX 78702



Contact: Jenny Liang

jenny.liang@ihrc.com

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Contact: Mark Alley North - 5901

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mark.alley@hilton.com

www.austindowntown.embassysuites.com

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