

# RYAN HIRN MEMORIAL UNCLASSIFIED SWIM MEET HOSTED BY MCALLEN SWIM CLUB NOVEMBER 5th and 6th, 2011 SANCTION # ST-11-78

The McAllen Swim club is pleased to host this short course unclassified swim meet on November 5th and 6th, 2011 at Nikki Rowe High School in McAllen, Texas.

<u>FACILITIES</u>: The swimming pool is located on the south side of Nikki Rowe High School, 2101 North Ware Road, in McAllen. Take Ware Road exit off Highway 83, head north for approximately 2 miles.

<u>COURSE CERTIFICATION</u>: The competition course has not been certified in accordance with 104.2.2C(4). The meet will be conducted in an eight lane indoor, heated swimming pool with a 25 yard course, using a Colorado timing system. Starting platforms are located at the deep end of the pool. Parking, spectator, and restroom space is adequate. Food and beverages will be available at the concession stand. Signs will be posted.

<u>POOL MEASUREMENT</u>: The competition course has not been certified in accordance with 104.2.2C(4). The water depths of the competition course measure as follows.

Pool: Start end - 13' Turn end - 4 1/2'.

<u>LIABILITY:</u> In granting this sanction, it is understood and agreed that United States Swimming, Inc., South Texas Swimming, Inc., McAllen Swim Club, City of McAllen, McAllen ISD and employees, meet officials, and volunteers shall be free from any liability or claim for damage arising by reason of injuries to anyone during the conduct of the meet.

### CELL PHONE RESTRICTIONS:

$\Box$ The presence and $\prime$ or use of cell phones, and any other equipment capable of producing
photographic or video images, in locker rooms is strictly and specifically prohibited at all
times.
$\square$ There are no exceptions to this prohibition.
$\square$ Violators are subject to disqualification from the meet and disbarment from the facility.

### RACING START PROFICIENCY:

Swimmers entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member -coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### **SWIMMER**

### PHOTOGRAPHS:

-There <u>may</u> be one or more photographers on deck at this meet. In the event photographers are on deck, parents or guardians of swimmers under the age of 18 who do not wish to have photographs of their athletes taken, are required to contact the Meet Director <u>prior</u> to the beginning of competition.

<u>SANCTIONS & RULES:</u> This meet is sanctioned by South Texas Swimming, Inc. Current 2011 USA Swimming and FINA Rules will apply.

<u>MEET BEHAVIOR</u>: It is expected that all persons attending the meet respect the facilities and remember that they represent themselves, their respective clubs, and South Texas Swimming, Inc. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending club if attached, to be held accountable and liable for repairs. It also may result in expulsion from the meet.

<u>ELIGIBILITY:</u> All swimmers must be currently registered USA Swimming athletes for the year 2011. Entries received without completed USA Swimmer registration number <u>will not</u> be processed. Participating teams or clubs must currently be registered with United States Swimming. Swimmers will be scored in age groups based on their ages as of the day of the meet. (Nov. 5th, 2011).

### UNACCOMPANIED SWIMMERS:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water

·It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

<u>MEET ENTRIES</u>: The DEADLINE for meet entries is <u>OCT. 22, 2011</u>. Entries must be entered into HY-TEK Commlink or compatible disk and completely backed up with a hard copy. The hard copy printout will be the official document, should disputes arise at the meet.

- \* It is strongly recommended that you <u>do not</u> use the US Postal service's registered, or certified mail.
- \* If overnight express mail or its equivalent is used, please be certain the mailing date is clearly indicated and the waiver signature block is signed so the packet may be left at the entry chair's address without a signature of receipt.
- \* Entries may be submitted via e-mail, with a disk, check, and paper copy to follow in the mail. Disk, check, and paper copy need to arrive by Oct. 22, 2011.

- \* Appropriate fees **must** accompany all entries and once accepted will not be refunded if, for any reason, a swimmer should fail to compete.
- \* Entries received after the entry deadline will be treated as deck entries and accepted at two (2) times the normal entry fee.
- \* Please include a club contact person's phone number, e-mail and fax number (if available).

<u>DECK ENTRIES</u>: Deck entries will be taken on a first come first serve basis - limited to spots in existing heats. No new heats will be created and reseeding of any event for deck entries will not be allowed. SCRATCHING FROM ANY EVENT WITH THE INTENT OF ENTERING A DIFFERENT EVENT WILL NOT BE ALLOWED WITHOUT CONSENT OF THE MEET REFEREE OR HIS DESIGNEE.

**SUBMIT ENTRIES TO:** MSC Meet Entries Chair

5111 N. 10<sup>th</sup> St. PMB 131 McAllen, TX 78504

mscentries@gmail.com ph # (956)655-3218

ENTRY FEES: \$6.00 per individual event, \$10.50 late entry. Relays are \$12.00, \$12.00 late entry fee. These fees include the \$1.25 So. Texas Splash Fee. Make checks or money orders payable to McAllen Swim Club. Late entries will be accepted up to 9:00 am on the day of the meet. No additional heats will be created.

**ENTRY LIMITATIONS:** Swimmers may compete in a maximum of five individual events per day. The maximum being 10 events.

<u>Special Needs</u>: - A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

- -Please notify (Venue) at (Phone) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
- -The (Venue) Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility.
- -In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
- -Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

<u>WARM-UP PROCEDURES:</u> The South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. Violators may be disqualified.

<u>AWARDS</u>: There will be first place high point boy and girl trophies awarded for 8 and U, 9-10, 11-12, 13-14, and 15 and older age groups. Ribbons will be awarded for places 1-8, in each event for those same age groups.

### **SCORING:**

Place	1	2	3	4	5	6	7	8
Individual	9	7	6	5	4	3	2	1

<u>TIMERS</u>: Volunteer timers will be greatly appreciated. Swimmers competing in the mile (1650 yard) must provide their own backup timers and lap counters.

### Officials:

- -All <u>currently</u> (*year*) certified and in training USA Swimming officials are cordially invited to participate.
- -All deck officials must be registered with USA Swimming and STSI Swimming for (year) and have a <u>current</u> Background Check acknowledged by USA Swimming.
- -Deck officials are required by Rule to prominently display both their USA Swimming and LSC Credentials while on deck as an official.
- -Please report to the Meet Referee at least 30 minutes prior to the scheduled start time of any session to receive your assignments
- -The wearing of name tags is strongly encouraged

WARM-UPS BEGIN: 8:30 a.m. MEET BEGINS: 9:30 a.m.

Meet Director: Rosanne Garza 2300 South 47th St. McAllen, TX 78503 (956) 578-5083

rbgarza@rgv.rr.com

Meet Referee: Miguel Gonzalez, 7025 N. 5th St. McAllen, TX 78504 (956)994-

0996/gonzalezma@panam.edu

Head Coach: Roxanne Balducci, 2117 Deborah St. Edinburg, TX 78539 (956) 380-0279

Assistant Coaches: Joel Penk, Jenny Drozdowski-Penk, Fabian Lara, Brad Altemyer, and Alex Lerma

### SOUTH TEXAS SWIMMING, Inc. Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
  - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

#### **LANE USE**

POOL PUSH/PACE DIVES/SPRINTS GENERAL WARMUF
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8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be dome under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

### III. Safety Guidelines

- a. Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
  - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2) Marshals must be members of United States Swimming.
  - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
  - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### **B. MISCELLANEOUS NOTES**

- 1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-up unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures
Revised 29SEP03

## 2010 RYAN HIRN UNCLASSIFIED SHORT COURSE SWIM MEET EVENT SCHEDULE

Warm-ups begin: 8.30 a.m. Meet begins: 9:30 a.m.

### <u>Saturday</u>

Girl Event	Age Group and Stroke	Boy Event	
1	400 IM (13 & O)	2	
3	100 IM (10 & U)	4	
5	200 Free (Open)	6	
7	100 Breast (Open)	8	
9	50 Free (Open)	10	
11	50 Fly (12 & U)	12	
13	200 Fly (11 &O)	14	
15	100 Back (Open)	16	
17	200 Free Relay (10 & U)	18	
19	400 Free Relay (11 & O)	20	
21	500 Free (11 & O)	22	

### Sunday

23	200 IM Open	24
25	50 Back (12 & U)	26
27	200 Back (11 & O)	28
29	100 Free Open	30
31	50 Breast (12 & U)	32
33	200 Breast (11 & O)	34
35	100 Fly (Open)	36
37	200 Medley Relay (10 & U)	38
39	400 Medley Relay (11 & O)	40
41	1650 Free (13 & O)	42