



STREAMLINE AQUATICS
2011 SASA Christmas Splash

December 16-18, 2011

Sanction Number: ST-11-81

Welcome: Streamline Aquatics invites you to join us at the Barshop Natatorium on the campus of The University of the Incarnate Word to compete in our December open unclassified short-course meet. This meet will be conducted in one 11 lane pool, with 8 lanes for competition and 3 lanes for warm up and warm down. We will use Hy-Tek Meet Manager software and Daktronics timing system. The meet hotel is the Drury Inn and Suites Airport. See information further down in this announcement for special rates.

Location: The Barshop Natatorium is located on UIW's Campus at 4301 Broadway, San Antonio, TX 78209. The pool is located on the West side of campus over the river bridge and on the right.

From 281 SOUTH – Turn Left onto Hildebrand, Turn Left at second stop light, Turn left at T. Follow road and merge left over the bridge, and Natatorium is first building on Right.

Facility: Depth at start end: 13 feet. The course has been professionally surveyed and certified in accordance with 104.2.2C(4)

Liability: USA Swimming, South Texas Swimming, The University of the Incarnate Word, Barshop Natatorium, and Streamline Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Sanctions: This meet is sanctioned by South Texas Swimming and 2011 rules apply. All swimmers must be registered for 2011 or 2012 with USA Swimming. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if the meet director is contacted by Angella Woodard, the South Texas Executive Secretary for verification of registration.

Unaccompanied Swimmers:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Cell phone

Restrictions: The presence and / or use of cell phones, or any other equipment capable of producing photographic or video images, in locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Photographers: No professional photographers will be on deck at this meet.

Qualifying

Times:

There are no qualifying times. Although athletes may enter the meet with NT, however, we would encourage you to estimate a SCY time. You may convert a LCM time. A good estimated SCY time will ensure your athlete is seeded in the proper heat -- this provides the best competition for all athletes.

Schedule:

Friday Timed Finals	Warm Up 5:00 PM	Start 6:30 PM
Saturday Prelims:	Warm Up 7:15 AM	Start 9:00 AM
Saturday Finals:	Warm Up 4:30 PM	Start 6:00 PM
Sunday Prelims:	Warm Up 7:15 AM	Start 9:00 AM
Sunday Finals	Warm Up 4:00 PM	Start 5:30 PM

*An e-mail will be sent to each team on Tuesday, December 13th, with specific warm up times should warm ups need to be split into two sessions.

Meet Format:

We reserve the right to cap the number of swimmers entered in each session in order to stay within the four hour rule. Swimmers will be entered in the order entries are received.

All events will swim fastest to slowest. Fly Over Starts will be used for Timed Finals on Friday and in Prelims on Saturday and Sunday.

If there are schedule changes, notification will be made as soon as possible after entry deadline.

Friday events will be timed finals only.

The 1000 and 1650 Freestyle will be offered as mixed timed final events. Swimmers may choose to swim either the 1000 Freestyle or the 1650 Freestyle. Depending on the number of entries, the events may be swum together with lane assignments being made with like distances seeded together in a single heat.

Saturday and Sunday relay events will be timed finals, swum in the morning session only.

Saturday and Sunday individual events will be prelim-finals. In finals, events will be separated by gender and age, and seeded by time.

Two heats (**to 16 swimmers**) in each age group, 10 and under, 11-12 and 13 and over will qualify to swim in finals for 50 and 100 yard events.

In 200 yard events and longer events, only one heat (**top 8 swimmers**) will qualify to swim in finals.

200 Free, 200 IM, 500 Free - 10 & under, 11-12, 13 and over

200 Strokes, 400 IM – 10-12, 13 and over

Scratch Rule:

Note - All scratches must be done by the coaches. The scratch table will be located in the Coaches Hospitality Area.

Prelims -- There is no penalty for failing to scratch from a pre-seeded preliminary event. Swimmers that check-in for the 1000 Free, 1650 Free, 500 Free and 400 IM and do not swim will be subject to a penalty of \$25.

Finals -- The top qualifiers in each preliminary event will be posted and announced after the final heat. All swimmers, including the top qualifiers, have 30 minutes to decide whether they will swim in finals. If they do not want to swim in finals, the coach must scratch, or declare intent to scratch, at the scratch table located in the Coaches Hospitality Area within 30 minutes following the announcement.

As top qualifiers scratch, other swimmers become eligible for finals. So if a swimmer **does NOT want to swim in finals**, the coach should scratch their name at the Scratch Table located in the Coaches Hospitality Area **no matter how far down the list their name**

appears. The athletes swimming in finals will be posted as soon as possible after the 30 minute scratch period.

On **Saturday**, any swimmer included in finals who does not swim in finals will be **barred from further competition** in the meet.

On **Sunday**, any swimmer included in finals who does not swim will be subject to a **penalty of \$25**. Swimmers will be barred from competition at the UIW Natatorium until fines are paid.

Awards: Ribbons, first through eighth place will be awarded for 10 & under, 11-12, and 13 and Over in individual events. Relay ribbons will be awarded to the top three relays in the 10 & Under, 11-12, and 13 & over categories.

Entry Deadline: Entries must be received by **Monday, December 5, 2011 at 6 PM**. Entry fees must be received by Friday, December 9, 2011.

Entries: Swimmers may enter a maximum of 5 events on Friday and a maximum of 3 individual events and two relays on Saturday and 3 individual events and two relays on Sunday. The age of the swimmer will be his/her age on December 16, 2011. Enter all events with short course yards times.

Entries must be emailed to Angella Woodard at admin@stswim.org. If you do not receive an email confirmation, your entries were not received. Please mail a hard copy of what you emailed.

Teams with *fewer than five* swimmers are not required to submit entries on Hy-Tek. They should email: swimmers name (as registered with USA Swimming), USA ID, club, club abbreviation, LSC, event number/name and entry times.

Teams with five or more swimmers entered in the meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software. Include the Hy-Tek entry file and a Word document of the entries **by swimmer** with each entry file, including any subsequent revisions. It is necessary to include a hard copy of your entries with your check.

No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Entry Fees: **\$7.75 per individual event. \$15.50 per relay event.** This includes the South Texas Swimming splash fee of \$1.25 per splash. Entry fees must be received by **Friday, December 9th**. Please include an entry fee report with your check.

Make checks payable to **Streamline Aquatics** and mail to:

Meet Director- SASA Christmas Splash
14514 Majestic Prince
San Antonio, TX 78248

Deck Entries: Deck entries will be accepted only for open lanes. **No new heats will be created.** You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 45 minutes before the start of each session. You may deck enter the next sessions' events after deck entries close for the current session.

The deck entry fee is **\$15.00** per individual event and **\$25.00** per relay event. **Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to be able to deck enter. No exceptions.**

Officials: Help from visiting officials will be needed. Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Ray Pearce, poolsbbyray@aol.com.

Meet Referee: Ray Pearce - 210-326-7332 - poolsbyray@aol.com
Meet Director: Angella Woodard – 210-479-0881 – admin@stswim.org
Head Coach: Phillip Davis - 210-805-3078 office - padavis@uiwtx.edu

Timers: Lane assignment will be made by team and lane, based proportionately by team entries. Lane assignments will be e-mailed the week of the meet. Please help us out by lining up timers from your team.

Special Needs: Please notify the Barshop Natatorium (210-805-3078) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Natatorium staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

Parking: There should be plenty of free parking in front and behind the Barshop Natatorium.

Concessions: There will be concessions available. Please help us keep the facility clean.

Hotel Information



A **block of rooms** has been reserved at the **Drury Inn & Suites San Antonio Airport**, 95 NE Loop 410, San Antonio, TX 78216, 210-308-8100, for the evenings of December 16 and 17, 2011.

Convenient to North Star Mall and only 4 miles from the pool!

Free Hot Breakfast including Belgian waffles, scrambled eggs, biscuits and gravy, sausage, juice, coffee, and more.
Free Evening Beverages and Snacks daily from 5:30-7:00 pm. Rotating hot food menu may include items such as hot dogs, chicken strips, egg rolls, charbroiled meatballs, baked potatoes, and more. Drinks are on the house.
Free Fountain Soda/Fresh Popcorn in the Lobby Daily 3 - 10 p.m.
Free Covered and Gated Parking.
Free Wireless High-Speed Internet Access in All Rooms and in Lobby.
One hour free long distance each day.
All rooms with Microwaves & Refrigerators.
The group rate is **\$94.99** for a two room suite or **\$84.95** for a standard double/double room.

RESERVATIONS MAY BE MADE THREE DIFFERENT WAYS

ON LINE BOOKING LINK:

<http://www.druryhotels.com/Reservations.aspx?groupno=2128787>

RESERVING ONLINE AT THE DRURY SITE: www.druryhotels.com, then enter group number of **2128787**.

Calling **1-800-325-0720** and refer to the group number of **2128787**. The Group Name is SASA Christmas Splash Meet.



CUT-OFF DATE: Reservations received after **Wednesday, December 2, 2011** will be provided on a space-available basis at prevailing rates.



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December 16-18, 2011

Order of Events

Friday, December 16, 2011

(note: All Friday Events are Timed Final Events)

Girls Event #	Event	Boys Event #
1	50 Back	2
3	50 Free	4
5	50 Fly	6
7	50 Breast	8
9	Mixed 1000 Free	9
10	Mixed 1650 Free	10

-Swimmers in the 1000 Free and 1650 Free must provide their own counters and timers.

Saturday, December 17, 2011

(note: All Saturday Individual Events are Prelim/Final Events)

11	# 200 Free Relay	12
	10 Minute Break	
13	200 IM	14
15	50 Free	16
17	10 & Over 200 Fly	18
19	50 Breast	20
21	100 Back	22
23	10 & Over 200 Breast	24
25	100 Fly	26
	10 Minute Break	
27	# 400 Medley Relay	28
	10 Minute Break	
29	* - 10 & Over 500 Free	30

Timed Final Event – swum in AM session only.

*-Swimmers in the 500 Free and 400 IM must provide their own counters and timers.

Sunday, December 18, 2011

(note: All Sunday Individual Events are Prelim/Final Events)

31	# 200 Medley Relay	32
	10 Minute Break	
33	200 Free	34
35	50 Back	36
37	100 Breast	38
39	10 & Over 200 Back	40
41	50 Fly	42
43	12 & Under 100 IM	44
45	100 Free	46
	10 Minute Break	
47	# 400 Free Relay	48
	10 Minute Break	
49	* - 10 & Over 400 IM	50

Timed Final Event – swum in AM session only.

*-Swimmers in the 500 Free and 400 IM must provide their own counters and timers.

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(e) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only!
 Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

3. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2) Marshals must be members of United States Swimming.
 - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- 1. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks.
 Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.