



Alamo Area Aquatic Association

www.aaaa-sa.org

Meet Information

Posted 01/05/12



- Meet:** •2012 AAAA Short Course BB Plus
- Sanction Number:** •ST-12-14
- Dates:** •Saturday and Sunday, February 11 and 12, 2012
- Venue:** •**George Block Aquatics Center**
•7001 Culebra Road
•San Antonio, Texas 78238
•210-397-8985
- Facility:** •Eight-lane 25-yard racing course certified by USA Swimming
•Depths: Start end 12 feet / Turn end 7 feet
•DAKTRONICS automatic starting and timing
•Concessions and swim shop available
•Eight lanes adjacent for continuous warm-up/cool down
•Full color matrix scoreboard
•Real Time Results and Meet Mobile will be available and active from www.aaaa-sa.org
- Liability:** •In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the Northside Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet.
- Cell phone Restrictions:** •The presence and / or use of cell phones, and / or any other equipment capable of producing audio recordings, photographic or video images in locker rooms, rest rooms or changing areas is strictly and specifically prohibited at all times
•There are no exceptions to this prohibition
•Violators are subject to disqualification from the meet, disbarment from the facility and arrest
- Rules:** •The 2011 USA Swimming Rules and any relevant sections of the STSI Policies and Procedures Manual will apply
- Format:** •All events will be deck-seeded
•Daily check-in for ALL events not later than 8:30 AM
•Timed finals in short course yards (SCY)
•Entries will be capped at 350
•All events will be seeded by time and gender without regard to age
•Swimmers must be currently (2012) registered with USA Swimming
•Entries received without a valid and accurate 2012 USA Swimming Identification Number will not be accepted
•No time trials
•No proof of time required
•Fly-over starts may be utilized for some events at the discretion of the Meet Referee
- Entry Restrictions:** •This meet is open to all currently (2012) USA Swimming and FINA athletes
•Swimmers must enter with a seed time in short course yards (SCY)
•If entering with a time in short (SCM) or long course meters (LCM), the time must be converted to SCY utilizing any one of the accepted conversion factors
•Entries received with No Time (NT) will not be accepted and any entry fees will not be refunded
•Swimmers may enter no more than five events per day
•Entries will be capped at 350
- Start Certification** •Every swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water

•When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmer

- Photographs:**
- There may be one or more photographers on deck at this meet
 - In the event photographers are on deck, parents or guardians of swimmers under the age of 18 who do not wish to have photographs of their athletes taken, are required to contact the Meet Director prior to the beginning of competition.
 - No photographic or video-graphic equipment will be permitted anywhere in the starting area

USA

Swimming

- Registration:**
- All swimmers, coaches, and officials participating in this competition must be currently (2012) registered with USA Swimming or FINA
 - All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time
 - Swimmers who **1)** chose to enter time trials, if offered, **2)** late enter when possible, or **3)** need to be late entered because of clerical errors by the entering team and / or the meet host; will be required to present their USA Swimming ID Card before being allowed to compete
 - National and LSC Regulations do not allow for any exceptions to these policies

Minimum Time

- Standards:**
- Swimmers entering any event in this meet must have achieved a time equal to or faster than the National Motivational "BB" Times. Please see page four (4)
 - Please note, the times are specified in short course yards (SCY)

Entry

- Deadline:** •6:00 PM, Tuesday, January 31, 2012

Late/Deck

- Entries?**
- Late entries will be accepted until 8:30 AM each day
 - Late entering athletes must be prepared to prove their current USA Swimming or FINA Registration

Entry

- Procedures**
- The only acceptable mode of entry is via Hy-Tek Commlink File
 - A hard copy and Entry Fee Report must be included with your entry
 - If you have questions on this procedure contact Peter Hay at the e-mail address noted below
 - An "HYV" File for Team Manager is available on the Calendar - Schedule Page of the AAAA Web Site (www.aaaa-sa.org)
 - Entries received without a seedtime (NT) will not be entered into this deck seeded meet and any entry fees will not be refunded

E-Mail

- Entries:**
- Entries in Commlink Format only, MUST be sent to: **coachchris@gaggle.net**
 - The Commlink File must be renamed to clearly identify the entering team, the shorter the better
 - Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded.
 - Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail or hand-delivered to the meet director.

- FAX Entries:** •Under no circumstances will entries be accepted via FAX.

- Scratch Rules:**
- This meet will be completely deck-seeded
 - Swimmers will be required to positively check in with the Clerk of Course no later than 8:30 AM each day
 - Swimmers who fail to appear for competition after positively checking in for an event will be automatically scratched from their next scheduled event
 - They will then also be required to positively check in for each of their remaining events prior to being allowed to compete further in the meet

Entry Fees

Includes

- Splash Fee:** •\$ 6 . 25 per Individual event

- Late Entries:** •\$12 . 25 per Individual event

Checks

- payable to:** •N I S D Aquatics

Meet Management:

•Meet Director

- Terry Veters
- 7001 Culebra Road
- San Antonio, TX 78238
- 210-397-8985
- terry.veters@nisd.net

•Entries Chair

- Chris Mullikin
- 7001 Culebra Road
- San Antonio, TX 78238
- 210-397-7587
- coachchris@gaggle.net

•Meet Referee

- Dennis Guill
- 131 Eagle Vail
- San Antonio, TX 78258
- 210-497-1803
- daguill@att.net

•Administrative Referee

- Rick Allenstein
- 131819 Chittum Woods
- San Antonio, TX 78232
- 210-602-6418
- rallenstein@hotmail.com

Warm-ups:

- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures page 5

Special Needs:

- Please notify the Block Aquatics Center (210-397-8985) in advance of this event with the name and age of any member on your team who needs assistance to enter the building
- The facility Staff will make reasonable accommodations for swimmers, coaches or spectators who wish to enter and use our facility
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities
- Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105

Awards:

- None

Schedule:

- Warm-ups begin at 7:30 AM
- Sessions begin at 9:00 AM

Officials and Timers:

- Volunteer timers will be needed
- All *currently* (2012) certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
- Officials must prominently display their South Texas and USA Swimming credentials while on deck
- Wearing of name tags is strongly encouraged
- Please report to the Meet Referee 30 minutes prior to the scheduled start time of sessions to receive assignments



Order of Events and MINIMUM "BB" Time Standards

Distances are in yards

Saturday, February 11th, 9:00 AM						Sunday, February 12th, 9:00 AM					
Girl's No.	Equal to or Faster than:	Age	Distance & Stroke	Equal to or Faster than:	Boys No.	Girl's No.	Equal to or Faster than:	Age	Distance & Stroke	Equal to or Faster than:	Boys No.
1	2:24.99	13 & O	200 Free	2:15.69	2	19	2:48.89	11 -12	200 Back	2:45.59	20
	2:31.49	11-12		2:27.49			2:29.79				
	2:58.29	10 & U		2:50.89			2:23.39				
3	1:24.09	13 & O	100 Breast	1:18.09	4	21	0:42.99	10 & U	50 Fly	0:41.99	22
	1:29.29	11 - 12		1:27.79			0:35.19				
	1:46.69	10 & U		1:43.69							
5	0:30.99	13 & O	50 Free	0:28.49	6	23	6:04.19	11 -12	400 I-M	5:56.29	24
	0:31.89	11 - 12		0:30.99			5:44.29	13 -14		5:25.49	
	0:35.99	10 & U		0:35.19			5:35.69	15 & O		5:11.79	
7	2:42.99	13 & O	200 I-M	2:31.99	8	25	0:47.79	10 & U	50 Breast	0:47.89	26
	2:50.69	11 - 12		2:49.39			0:40.89	11 - 12		0:40.79	
	3:19.39	10 & U		3:18.09							
9	1:13.49	13 & O	100 Fly	1:08.09	10	27	3:11.69	11 -12	200 Breast	3:07.29	28
	1:20.19	11 - 12		1:18.69			3:00.69	13 -14		2:49.39	
	1:42.09	10 & U		1:40.39			2:56.39	15 & O		2:42.59	
11	6:22.39	13 & O	500 Free	6:03.19	12	29	0:43.49	10 & U	50 Back	0:43.69	30
	6:40.09	11 - 12		6:35.09			0:36.79	11 - 12		0:36.49	
	7:39.49	10 & U		7:35.19							
13	1:07.39	13 & O	100 Free	1:02.19	14	31	2:51.79	11 -12	200 Fly	2:48.29	32
	1:08.29	11 - 12		1:07.89			2:40.99	13 -14		2:31.99	
	1:21.59	10 & U		1:19.99			2:36.49	15 & O		2:24.49	
15	1:14.19	13 & O	100 Back	1:09.59	16	33	1:33.79	10 & U	100 I-M	1:31.19	34
	1:21.09	11 - 12		1:19.09			1:20.09	11 - 12		1:17.59	
	1:33.99	10 & U		1:32.09							
17	21:53.19	13 & O	1650 Free	20:51.99	18	35	13:55.99	11 -12	1000 Free	13:46.49	36
	23:27.89	11 - 12		23:10.49			13:08.29	13 -14		12:34.39	
								12:55.49		15 & O	



SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals must be members of United States Swimming.
3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.