Bay's Edge Aquatic Team (BEAT) is pleased to host the:

Friday Night at the Races

At the CCISD Natatorium, Corpus Christi, Texas Friday, 3 February 2012 Sanction # ST-12-18 Entry Deadline: Monday, 23 January 2012

Location:	Corpus Christi ISD Natatorium, 3202 Cabaniss Parkway, Corpus Christi, TX. 78415. Pool Telephone numbers: (361) 878-2333 x114, (361) 878-2334, or (361) 878-2337.
Directions:	From South I-37, take State Hwy 358 (SPID) toward Padre Island. Exit at the Kostoryz exit, turn right onto Kostoryz and proceed south to Saratoga Blvd. Turn right onto Saratoga, and take the first left, the pool is on your left in the Cabaniss Athletic Complex.
	From US 77 North, turn right on FM665 at Driscoll, TX. Proceed toward Corpus Christi. The road will change to FM43. Turn left onto Ayers Street (State Hwy 286). Go straight to Saratoga Blvd., turn right on Saratoga and proceed east toward the Cabaniss Field Athletic Complex. The pool will be on your right in the Cabaniss Field Athletic Complex.

- Facility: All deep 8 lane, 25-yard competition pool with a 6-lane 25-yard warm-up/cool-down pool. A Daktronics timing system and a Hy-tek Meet Manager Software will be utilized. Seating is available for over 975. Dressing and locker rooms are available on-site. The Natatorium is on CCISD property. No tobacco or alcohol is allowed on CCISD property including the parking lot. A Concession Stand will be provided.
- Liability: In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Corpus Christi Independent School District (CCISD) and its employees, Bay's Edge Aquatic Team (BEAT), and all meet officials and volunteers shall be held free and harmless from any liabilities or claims for damages arising by reason(s) of injuries to anyone during the conduct of the meet.
- **Rules:** The 2011 USA Swimming Rules & Regulations, and any relevant sections of the STSI Policies and Procedures Manual will apply.
- **Eligibility**: This meet is sanctioned by South Texas Swimming and 2011 rules apply. All swimmers must be currently <u>registered</u> as athletes for 2012 with USA Swimming or FINA by the entry deadline. Athletes who register with USA Swimming or FINA after the entry deadline may deck enter the meet only if they can present their 2012 USA or FINA card.

	Entries received without complete USA Swimming or FINA Registration (ID) number will not be processed. It is strongly recommended that all swimmers have their USA Swimming or FINA registration card with them at the meet.		
	All events will be timed finals, swum in one short course yard pool, seeded only by time and gender. Age groups will be combined. All other events shall be swum slowest to fastest.		
Meet Behavior:	It is expected that all persons attending the meet will respect the facilities and remember that they represent themselves and their respective clubs. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending club if attached, to be held accountable and liable for repairs. It also may result in expulsion from the meet.		
Swimmers with Disabilities:	In a meet sanctioned or approved by the LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, Article 105. A disability is defined as a permanent physical or mental impairment that substantially limits one or more major life activities. Note: So that we can properly accommodate disabled swimmers, coaches please ensure to notify the Meet Referee and/or Meet		
Unaccompanie Swimmers:	Director prior to the start of the meet on the day a swimmer competes. ed Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the		
Pool	swimmer or the swimmer's legal guardian to ensure compliance with this requirement.		
Measurement: The competition course has been certified in accordance with 104.2.2.C.(3) swimmer expects to, or does break a record, please inform the meet director or accordance to 104.2.2.C.(4).(c), "Where a moveable Bulkhead is use measurement of the lane in which the record was set must be confirmed at the of the session during which the time was achieved".			
	The water depths of the competition course measured from 1-meter to 5-meters from the start and turn ends of the course are as follows:		
	Start End: 6 feet Turn End: 6 feet		
Cell Phone Restrictions:	 * The presence and / or use of cell phones or any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times. * There are no exceptions to this prohibition. * Violators are subject to disqualification from the meet and disbarment from the facility. 		
Photographer:	There will be a photographer on deck at the meet. If you have problems with pictures being taken of a swimmer, please contact the Meet Director.		

Entries:	Swimmers may enter up to 3 individual events. The age of the swimmer is his/her age on February 3, 2012. Enter with short course yard times . Team Manager should be used to convert long and short course meter times to short course yard times for seeding purposes. In lieu of conversion, non-conforming long course and short course meter times will be accepted. These non-conforming times will be seeded last in all events.		
	All teams with five or more swimmers entered in the meet must submit their entries using version 4 or 5 of Hy-tek Team Manager Software. Teams with fewer than five swimmers may send an e-mail including the team name, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.		
Entry Fees:	\$3.50 per individual (Includes the LSC Splash Fee of \$1.25 per event.)		
Late/ Deck Entry Fees:	Late/deck entry fees are \$6 per event. Deck entries will be accepted only for open lanes. No new heats will be created. Deck entries will close 40 minutes before the start of each session. <u>Swimmers not previously entered in the meet must present their USA</u> <u>Swimming registration card to the Clerk of Course to deck enter</u> .		
Entry Procedures:	E-mail entries to <u>BEATentries@aol.com</u> . When you e-mail the entries, attach a word document of the Hy-Tek Meet Entry Report by swimmer. A meet Entry Fee report shall accompany the e-mail entries and needs to be received by the entry deadline. The entry chair will acknowledge receipt of e-mail entries within 24 hours. If no reply, please contact the entry chair immediately. Please be sure we receive your check prior to the start of the meet. Your team will NOT be allowed to compete until the entry fees are paid.		
	Make checks payable to: Bay's Edge Aquatic Team. Entries must be received no later than Monday, 23 January 2012.		
	Please mail entries and fees to: Didi Byerly 7722 Jacinto Circle Corpus Christi, TX 78413		
Awards:	Ribbons for places one through eight in individual events will be awarded according to the following age groups: 8 & under, 9-10, and 11-12.		
Warm-up			
Procedures:	South Texas Swimming Safety Guidelines and Warm-up procedures will be in effect at this meet (enclosed, see below). Violators shall be disqualified from their first individual event.		
	Warm-up times and lane assignments for each team will be posted in the Natatorium, prior to the meet start.		

Meet Administration:

Admin Referee and Entry Chair: Didi Byerly 7722 Jacinto Circle Corpus Christi, TX 78413 Phone: (361) 549-8887 E-mail: <u>didibyerly@aol.com</u>

Meet Director:

Tim Byerly 7722 Jacinto Circle Corpus Christi, TX 78413 Phone: (361) 548-0879 Email: timbyerly1@aol.com

Meet Referee: Bill Green 4525 Ammer Lake Drive Corpus Christi, TX 78413 Phone: (361) 850-7943 Email: wgreen@grandecom.net

<u>Head Coach:</u> Abby Leshikar 241 Melrose Street Corpus Christi, TX 78404 Phone: 919-602-7803 E-mail: <u>abby.leshikar@me.com</u>

- **Officials**: All currently certified and training USA Swimming officials are cordially invited to participate. If you plan to officiate contact the Meet Referee.
- **Timers:** Each team will be required to provide timers in proportion to the number of swimmers entered in the meet.

Schedule

Friday, 3 February 2012

Warm-up session:	6:00 PM
Clear Pool:	6:40 PM
Coach Meeting:	6:45 PM
Meet Begins	6:55 PM

Events					
Girls	Age Group	Event	Boys		
1	10 and U	25 free	2		
3	12 and U	50 breast	4		
5	11 and O	100 fly	6		
7	12 and U	100 IM	8		
9	10 and U	25 fly	10		
11	12 and U	50 back	12		
13	11 and O	100 Back	14		
15	10 and U	25 back	16		
17	Open	50 free	18		
19	11 and O	100 Breast	20		
21	10 and U	25 breast	22		
23	12 and U	50 fly	24		
25	11 and U	100 free	26		

SOUTH TEXAS SWIMMING, Inc. Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane

c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

		LANE USE	
POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 - 1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals must be members of United States Swimming.
 - 3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4 The host team shall provide signs for each lane at both ends of the pool,
 - indicating their designated use during warm-ups.
 - 5 Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6 An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7 Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 29-SEP-03