

South Texas Swimming
Meet Information

Meet Name: 2012 South Texas Red vs. White Dual Meet

Sanction #: ST – 12 – 40

Meet Dates: April 14, 2012

Venue: Josh Davis Natatorium
Blossom Athletic Center (Northeast Stadium)
12002 Jones Maltsberger Rd
San Antonio, TX 78216
(210) 491-6132

Facility: The Josh Davis Natatorium is part of the Northeast ISD's Blossom Athletic Center.
The competition course will be short course with eight FINA width lanes (2.75 Meters)
2.12 meters minimum depth
All automatic DAKTRONICS starting and timing
The adjacent 16 lane Walker Pool will be available for constant warm-up / cool down
Off –deck, stadium type seating for 1500 spectators
Spectators are not permitted on deck at any time for any reason.
The competition course *has* been certified in accordance with 104.2.2C(4).

Water Depth: Start end: 6 feet / Turn end: 13 feet

Entry Restrictions: Entering swimmers must be 11 to 18 years of age as of April 14, 2012.
Entering swimmers must be currently registered to South Texas Swimming Inc.

Qualifying Times: Entering swimmers must have at least three (3) National Motivational "BB" times, using the traditional dual year motivational time standards for their age at the start of the meet. (Times must be provable via SWIMS)
Times can be either SCY or LCM times. All swimmers will be entered using SCY or converted times from LCM.

Meet Format: The meet will be conducted as a dual meet with 2 teams (Red and White).
The Red team will swim in lanes 1,3,5,7 and the White team will swim in lanes 2,4,6,8.
The meet administration has the right to combine heats and reassign lanes to eliminate heats.
All events will be swum fastest to slowest. All events will be Timed Finals.
Hytek Meet Manager will be used to run the meet.
Time Trials will not be offered.

Entry Procedures: Swimmers must apply to be part of the team on the South Texas Website or by following the link
<https://docs.google.com/spreadsheet/viewform?formkey=dEQzZlRidnJJVjlsNWNrYkYk3R2xiLUE6MQ>
Only swimmers that have applied using the online registration form will be accepted. The first 64 swimmers in each age group (11-12, 13-14, 15-18 both girls and boys) will be selected. The registration form is available on the South Texas Website or link listed previously. All information must be completed and submitted electronically. A confirmation email will be sent on April 1st. The teams will be divided by using HyTek Power Points to rank the swimmers by age group. All swimmers will be ranked using all of the events swum in this meet for their age group. The odd ranking swimmers will be on the Red Team and the even ranking swimmers will be on the White Team. Once the team has been selected the South Texas Coaching Staff for each team will then select the events for the swimmers. Each swimmer can swim a maximum of five (5) events and 2 relays. After the events have been selected by the staff the Entries Chair will then email all athletes the events they will be swimming.

USA Swimming Registration: All swimmers, coaches, and officials participating in this competition must be currently (2012) registered with USA Swimming and should be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time.
Swimmers who need to be entered because of clerical errors by the meet host will be required to present their USA Swimming ID Card.
National and LSC Regulations do not allow for any exceptions to the policies listed above.

Unaccompanied Swimmers: Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Liability: In granting a sanction for this meet, it is understood and agreed that USA Swimming Inc., South Texas Swimming Inc., (STSI), the Alamo Area Aquatic Association (AAAA), the Northeast Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet.

Cell Phone Restriction: The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Rules: 2012 USA Swimming Rules and any relevant sections of the STSI Policies and Procedures will apply

Scratch Rule: There will be no penalty for a No Show or missed event.

Entry Deadline: 5:00 PM March 27, 2012

Entry Fees: \$10.00 per person (payable the day of the competition)
Check or money order only payable to: SOUTH TEXAS SWIMMING
Entry fees cover: All Entry Fees, LSC Splash Fees, a Swim Cap, a T-shirt, and Lunch

Late Entries: Late entries will not be accepted.

Meet Administration:	Meet Director BJ Allenstein 13335 Partridge Hill San Antonio, TX 78247 (210)269-5160 bjbigsplash@hotmail.com	Entries Chair BJ Allenstein 13335 Partridge Hill San Antonio, TX 78247 (210)269-5160 bjbigsplash@hotmail.com
	Meet Referee Frank Swigon 25203 Baneberry San Antonio, TX 78260 210-497-1086 fswigon@yahoo.com	Administrative Referee Denny Ryther 30011 Cibolo Run Fair Oaks Ranch, TX 78015 210-301-0631 dryther13@hotmail.com

Warm-ups: Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on Page 6. Please also review the daily schedule below.

Awards: No awards will be given.

Scoring: Scoring will be based on traditional age groups (11-12, 13-14, 15-18) to 16th place.

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relay	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

Special Needs: A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Josh Davis Natatorium (210)491-6132 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Northeast Aquatic Center Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Timers: The meet administration will attempt to provide backup timers for this meet. Volunteers will be needed and appreciated. Timers will receive a free t-shirt for timing.

Officials: All currently certified and in training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming and STSI Swimming for 2012 and have a current Background Check acknowledged by USA Swimming. Please report to the Meet Referee at least 30 minutes prior to the scheduled start time of the session to receive your assignments.

Daily Schedule:

	Session I	Session II
Check in	7:30 AM	none
Warm-ups	8:30 AM	3:30 PM*
Clear Competition Pool	9:30 AM	4:30 PM*
Coaches' Meeting	9:35 AM	none
Meet begins	9:45 AM	4:45 PM*

*Meet administration has the right to change the start time based on the number of entries. Changes will be posted on the South Texas Swimming Website and all participants will be notified prior to the meet.

Warm up lane assignments: Lanes 1-4 in Josh Davis will be assigned to the Red Team for warm up. Lanes 5-8 in Josh Davis will be assigned to the White Team for warm up. Some lanes (LCM) in the Walker pool will also be available for Warm up and warm down throughout the meet.

Swimmer Photographs: There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Heat Sheets: Heat sheets will be available at the meet. There will be no cost for the heat sheets.

Order of Events – Distances are in Yards

Session I - Saturday, April 14, 2012 - 9:45 AM				
Women	Age Group	Distance	Stroke	Men
1	11-12	100	IM	2
3	13-14	200	IM	4
5	15-18	200	IM	6
7	11-12	50	Fly	8
9	13-14	200	Fly	10
11	15-18	200	Fly	12
13	11-12	100	Back	14
15	13-14	100	Back	16
17	15-18	100	Back	18
19	11-12	50	Breast	20
21	13-14	200	Breast	22
23	15-18	200	Breast	24
25	11-12	100	Free	26
27	13-14	100	Free	28
29	15-18	100	Free	30
10 Minute Break				
31	11-12	200	Free Relay	32
33	13-14	200	Free Relay	34
35	15-18	200	Free Relay	36

Session II - Saturday, April 14, 2012 - 4:45 PM				
37	11-12	200	Free	38
39	13-14	200	Free	40
41	15-18	200	Free	42
43	11-12	100	Fly	44
45	13-14	100	Fly	46
47	15-18	100	Fly	48
49	11-12	50	Back	50
51	13-14	200	Back	52
53	15-18	200	Back	54
55	11-12	100	Breast	56
57	13-14	100	Breast	58
59	15-18	100	Breast	60
61	11-12	50	Free	62
63	13-14	50	Free	64
65	15-18	50	Free	66
10 Minute Break				
67	11-12	200	Medley Relay	68
69	13-14	200	Medley Relay	70
71	15-18	200	Medley Relay	72

South Texas Swimming Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE			
POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 - 1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals must be members of United States Swimming.
 - 3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.