



**Corpus Christi Aquatic Alliance**

**2012 CCAA FB Spring  
LONG COURSE UNCLASSIFIED MEET 2012**

**Hosted by CCAA-FB  
www.ccaquaticfb.com**

**April 21&22  
Sanction # ST-12-45**

**Welcome:** Corpus Christi Aquatic Alliance Flour Bluff (CCAA-FB) invites you to join us at the Corpus Christi Independent School District (CCISD) Natatorium to compete in the CCAA FB Spring Long Course Unclassified Meet.

**Venue:** The CCISD Natatorium is located 3202 Cabaniss Parkway, Corpus Christi, TX 78415 near the intersection of Saratoga and Kostoryz. Pool Telephone numbers: (361) 878-2337 or (361) 878-2334,.

**Facility:** This meet will be conducted in an indoor 8 lane, 50 meter pool with a 6 foot minimum water depth and a Daktronics timing and starting system. The instructional pool will be available for continuous warm-up and cool down. Hy-Tek Meet Manager software will be utilized. Parking, spectator areas and dressing rooms are available.

A concession stand will be available in the natatorium area throughout the meet. No tobacco or alcohol is allowed on CCISD property which includes the parking lot.

**Pool Measurement:** The competition course has not been certified in accordance with 104.2.2C(4).

The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 14 feet, 6 inches at the turn end

**Directions:** From South I-37, take State Hwy 358 (SPID) toward Padre Island. Exit at the Kostoryz exit, turn right onto Kostoryz and proceed south to Saratoga Blvd. Turn right onto Saratoga, and take the first left, the pool is on your left in the Cabaniss Athletic Complex.

From US 77 North, turn right on FM665 at Driscoll, TX. Proceed toward Corpus Christi. The road will change to FM43. Turn left onto Ayers Street (State Hwy 286). Go straight to Saratoga Blvd., turn right on Saratoga and proceed east toward the Cabaniss Field Athletic Complex. The pool will be on your right in the Cabaniss Field Athletic Complex.

- CCISD Rules:** Everyone must adhere to the CCISD Natatorium rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Children must be supervised at all times.
- Sanctions:** This meet has been sanctioned by South Texas Swimming and 2011 USA Swimming rules and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2012 with USA Swimming by the entry deadline. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2012 USA Swimming registration card. South Texas Swimming does not allow on-deck USA Swimming registrations.
- Liability:** In granting a sanction for this meet, it is understood and agreed that United States of America Swimming (USA Swimming) Inc., South Texas Swimming, Inc. (STSI), the Corpus Christi Aquatic Alliance Swim Team, the Corpus Christi Independent School District, the City of Corpus Christi and its employees, and all meet officials and volunteers shall be free from any liabilities or claims for damages arising by reason(s) of injuries to anyone during the conduct of this meet or while traveling to and from the meet. It is expected that all persons attending the meet will respect the facilities and remember they represent themselves and their respective clubs. Damages to the facility, when proved, shall cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs. It may also result in expulsion from the meet.
- Meet Behavior:** It is expected that all persons attending the meet will respect the facilities and remember that they represent themselves and their respective clubs. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending club if attached, to be held accountable and liable for repairs. It also may result in expulsion from the meet.
- Swimmer Photographs and Videos:** There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.
- Cell phone Restrictions:** The presence or use of cell phones, smart phones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

**USA Swimming  
Registration:**

All swimmers, coaches, and officials participating in this competition must be currently (2012) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the meet host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card. Current national and LSC regulations do not allow for exceptions to these policies.

**Unaccompanied  
Swimmers:**

Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Meet Format:**

Events will be seeded by time and gender, unless otherwise noted. All events will be timed finals. All events will be swum slowest to fastest unless otherwise noted. **Exception: The 800 Free and 1500 Free will be gender combined and swum fastest to slowest. The both events require positive check in. *The meet host reserves the right to split the meet between the 12 & U and 13 & O in order to comply with the 4 hour rule. If the meet has to be split the 13 & O warm-ups will begin one hour after the morning session is completed.***

**Qualifying  
Times:**

There are no qualifying times.

**Entry Limitations:**

Swimmers may enter up to five individual events and one relay event per day. The Team Manager program should be used to convert yards and short course times to long course meters for seeding purposes. Entries with NT are acceptable; however coaches are encouraged to generate custom seed times for swimmers with no-times to ensure proper seeding.

**Entry Deadline:**

Entry deadline is Tuesday, April 10, 2012 no later than 11:00 pm.

**Entry Fees:**

\$6.00 per individual event/\$12 per relay event (includes a Splash Fee of \$1.25 per event). The deck entry fee is double the normal entry fee (\$12.00/\$24.00). Make checks payable to FAST.

**Entry Procedures:**

All entries must contain the following:

- The age of the swimmer is his/her age on April 21, 2012.
- The name, email address, and phone number of the person preparing the entries in case clarification is needed.
- An attachment of the Team Manager Hy-Tek HYV export file.
- A WORD/PDF document of the meet entry fees report categorized by swimmer's name.
- Hard Copy and fees must accompany the entries and once accepted will not be refunded.
- Entries submitted via USPS or Overnight Express Mail must have the waiver of signature block signed in order that they may be left at the Meet Director's address without a signature of receipt.

- E-mail entries via Hy-Tek (.CL2 or .HY3) or SDIF compatible file will be accepted. E-mail entries need to be received by the entry deadline and once accepted will not be refunded. The entry chair will acknowledge receipt of e-mails within 24 hours. If no reply, please contact the entry chair immediately. **Please be sure we receive your check prior to the start of the meet.**
- Please submit your checks and entries to:  
FAST  
C/o Raychel Laya  
6606 Clarion Dr.  
Corpus Christi, TX 78418  
meetdirector@ccaquaticfb.com

**Relay Entries:** Relay team entry times may be determined by the sum of the individual team member times for like strokes/distances, the actual time that relay team achieved in sanctioned competition or an estimated time determined by the coach. Teams are highly encouraged to use the .HYV file provided at the STSI website to set up their relay entries correctly (see Awards). Relay cards are due by 30 minutes after the start of warm up each morning (30 minutes after the start of the second warm up session should it be necessary to break into two warm up sessions).

**Deck Entries:** Late or deck entries will be accepted on deck at the discretion of the Meet Director. These entries will be seeded/placed in available lanes in pre-seeded heats. No new heats will be created. Deadline for late entries is 30 minutes before scheduled start of each session. Late/deck entries are \$12.00/\$24.00 per event. **Swimmers not previously entered in the meet must present their USA swimming registration at Clerk of Course to be able to deck enter.** No exceptions.

**Scratch Rules:** There is no penalty for scratching from an event. However, in order to assist those swimmers that wish to deck enter, please report any scratches to the clerk of course as soon as possible.

**Awards:** Swimmers will be seeded by time and gender unless otherwise noted.

Awards will be separated by gender and age groups within Meet Manager.

Ribbons for 1<sup>st</sup> through 8<sup>th</sup> for individual events will be awarded to 8 & under, 9, 10, 11, 12, 13, 14, 15-18, 19 & over age groups.

Ribbons for relays will be awarded to the first three places to 8 & under, 9-10, 11-12 and 13 & over. Relay age is based on the oldest swimmer in the relay.

High point trophies will be awarded by gender for the following age groups: 8 & under, 9, 10, 11, 12, 13, 14 and 15-18.

\*\*Relays will not count towards the high point trophy.

**Scoring:** Standard eight place scoring will be utilized. Individual Events: 9-7-6-5-4-3-2-1 (1st through 8th place)

**Meet**

**Administration:**

Meet Referee: Bill Green  
4525 Ammer Lake Drive  
Corpus Christi, TX 78413  
Phone: 361-850-7943  
E-mail: [wgreen@grandecom.net](mailto:wgreen@grandecom.net)

Head Coach: Bob Thiele  
419 Knickerbocker #4  
Corpus Christi, TX 78418  
Phone: 361-290-5648  
e-mail: [rthiele52@hotmail.com](mailto:rthiele52@hotmail.com)

Meet Director/Entries Chair: Raychel Laya  
6606 Clarion Dr.  
Corpus Christi, TX 78412  
Phone: 361-739-0290  
E-mail: [meetdirector@ccaquaticfb.com](mailto:meetdirector@ccaquaticfb.com)

**Officials:**

Help from visiting officials is always welcome. Visiting officials are asked to email the meet referee prior to the meet. Uniform will be white over blue. Officials shall prominently display both their USA Swimming and STSI credentials while on deck. Wearing of name tags is strongly encouraged.

**Timers:**

All swim teams are expected to participate in the swim meet by providing volunteer timers. Lane timers will be assigned by lane based on the number of entries from each team, and will be posted each day of the meet. Athletes in the 800 and 1500 Freestyle must provide their own timers. Lane assignments will be made by the host team.

**Swimmers  
with Disabilities:**

Special Needs: Please notify Raychel Laya at 361-739-0290 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The facility staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

**Warm-up  
Procedures:**

South Texas Swimming Safety Guidelines and Warm-up procedures will be in effect at this meet (enclosed, see below). Warm-up times and lane assignments will be posted in the Natatorium each day. South Texas Swimming, Inc. warm-up procedures will be enforced. Violators may be disqualified. The pool will be available for open warm-ups as shown on the schedule. Warm-up times and lane assignments for each team will sent to the coach via email.

**Daily Schedule:**

**Saturday:**  
 Warm up 10:00 a.m.  
 Clear the pool: 10:45 a.m.  
 Start time 11:00 a.m.

**Sunday:**  
 Warm up: 8:00 a.m.  
 Clear the pool: 8:45 a.m.  
 Start time: 9:00 a.m.

Coaches meeting will be held 15 minutes prior to the start of each session.

*If it becomes necessary to break the meet into two sessions, the afternoon session warm-up will begin 1 hour after the morning session ends.*

*Should it become necessary to break into two warm up sessions each morning, warm up sessions will be 30 minutes each and the meet start time will be adjusted accordingly.*

### Order of Events

Saturday			
Girls	Age	Description	Boys
1	11 & O	400 Free	2
3	12 & U	200 F Relay	4
5	11 & O	400 F Relay	6
7	OPEN	200 IM	8
9	12 & U	50 Back	10
11	12 & U	50 Fly	12
13	11 & O	200 Back	14
15	OPEN	100 Free	16
17	11 & O	200 Fly	18
19	OPEN	100 Breast	20
10 minute Break			
21*	11 & O	800 Free	

Sunday			
Girls	Age	Description	Boys
23	11 & O	400 IM	24
25	12 & U	200 M Relay	26
27	11 & O	400 M Relay	28
29	12 & U	50 Breast	30
31	OPEN	200 Free	32
33	OPEN	100 Back	34
35	11 & O	200 Breast	36
37	OPEN	50 Free	38
39	OPEN	100 Fly	40
10 minute Break			
41*	11 & O	1500 Free	

**\* Check In is required for the 800 and 1500 Freestyle.** For this deck seeded event, positive check-in with the Clerk of Course is required. These events shall be swum fastest to slowest and will be gender combined. Swimmers must furnish a counter and at least one timer for each event. Time Standards are **not required**. Please include Long-Course times for seeding.

**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

- I. Assigned warm-up Procedures.
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
  - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

POOL	LANE USE		
	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
  - b. Push/Pace Lanes will push off one or two lengths from starting end.
  - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
  - d. There will be no diving in the general warm-up lanes. Circle swimming only.
  - e. No kick boards, pull buoys, or hand paddles may be used.
3. Safety Guidelines
- a. Coaches are responsible for the following:
    - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
    - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
    - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
  - b. The host team will be responsible for the following.
    - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
    - 2) Marshals must be members of United States Swimming.
    - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
    - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
    - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
    - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
    - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

- 1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

**STSI Safety Guidelines and Warm-up Procedures**