



Alamo Area Aquatic Association

www.aaaa-sa.org

Meet Information

Posted 04/13/12



- Meet:** ■2012 AAAA Long Course 12 and Under “B” Plus (June)
■Three sessions over two days
- Dates:** ■Friday and Saturday, June 8th and 9th, 2012
- Sanction Number:** ■ST-12-54
- Venue:** ■The Aquatic Center at Palo Alto College
■1400 West Villaret Blvd.
■San Antonio, Texas, 78224
■210-486-3800
- Facility:** ■Eight lane, 50-meter competition course
■Water depths: Start end seven feet / Turn end 18feet
■The racing course has not been certified in accordance with Article 104.2.2C(4)
■DAKTRONICS starting and timing systems
■Computer management: HY-TEK Meet Manager 4.0
■Scoreboard with full heat and event display
■Six constantly available warm-up / cool-down lanes
■Adequate parking adjacent to the pool
■On-deck stadium seating for 800
■Concessions available
■Food from outside sources is not permitted in the Aquatic Center
- Liability:** ■In granting a Sanction for this meet, it is understood and agreed, USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the Alamo Community College District and all meet officials shall be free from any liabilities for claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet
- Rules:** ■The 2012 USA Swimming Rules and any relevant sections of the STSI Policies and Procedures Manual will apply
- Age up Date:** ■June 8, 2012
- Format:** ■Timed finals in Long Course meters (LCM)
■All events will be seeded by time and gender without regard to age
■Except for the 800 and 1500-meter Freestyles, all events will be pre-seeded and swum slowest to fastest
■The 800 and 1500-meter Freestyles will require positive check-ins not later than 8:30 AM Saturday morning and 3:30 PM Saturday afternoon respectively
■These events will be seeded on deck and swum fastest to slowest
■Swimmers must be currently (2012) registered with USA Swimming or FINA
■Entries received without a valid and accurate 2012 USA Swimming Identification Number will not be accepted
■No relays
■No time trials
- Cell Phone Restrictions:** ■The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.
■There are no exceptions to this policy.
■Violators are subject to disqualification from the meet, disbarment from the facility and arrest

Swimmer Photographs

And Videos:

- There may be one or more photographers and / or videographers on deck at this meet.
- In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
- Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

Entry

Restrictions:

- This meet is open to all currently (2012) registered USA Swimming and FINA athletes ages 12 and under as of June 8th, 2012
- Swimmers should enter with a seed time in long course meters (LCM)
- If attempting an entry with a time in short course yards (SCY) or meters (SCM), please annotate the time and the Meet Host will convert it to LCM after verifying it in SWIMS to ensure proper seeding.
- Entries received with No Time (NT) will not be accepted and any entry fees will not be refunded
- Swimmers may enter a maximum of five (5) events per day
- Entries will be capped at 350

USA

Swimming

Registration:

- All swimmers, coaches, and officials participating in this competition must be currently (2012) registered with USA Swimming or FINA
- All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time
- Swimmers who: **1)** chose to enter time trials, if offered, **2)** late enter when possible, or **3)** need to be late entered because of clerical errors by the entering team and / or the meet host; will be required to present their USA Swimming ID Card
- South Texas Swimming does not permit on-deck USA Swimming Registrations
- National and LSC Regulations do not allow for any exceptions to these policies

Qualifying

Times:

- Entering swimmers must have achieved (lifetime best) at least the USA Swimming 2009 – 2012 National Motivational “B” Times for every event entered (Please see the Order of Events on page four [4])
- Times must be verifiable via SWIMS
- Swimmers entering with times slower than specified or not provable via SWIMS will not be entered into the Meet Database and any entry fees will not be refunded

Unaccompanied

Swimmers:

- Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water
- When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement

Entry

Deadline:

- 6:00 PM, Monday, May 28th, 2012

Late/Deck

Entries?

- Only to fill empty lanes
- No new heats will be created and standbys will not be permitted

Entry

Procedures

- The only acceptable mode of entry is via Hy-Tek Commlink File
- A hard copy and Entry Fee Report must be included with entries
- If you have questions on this procedure contact Adrian Montoya at the e-mail address noted below
- An “HYV” File for Team Manager is available on the Meet Calendar Page of the AAAA Web Site (www.aaaa-sa.org)
- Entries received without a seedtime (NT) will not be entered into this pre-seeded meet and any entry fees will not be refunded
- Please be certain to confirm your acceptance into this meet prior to making air and / or hotel reservations

E-Mail**Entries:**

- Entries in Commlink Format only, MUST be sent to: karenskhorus@aol.com
- The Commlink File must be renamed to clearly identify the entering team, the shorter the better
- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded
- Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail or hand-delivered to the meet director

FAX Entries:

- Under no circumstances will entries be accepted via FAX

Scratch Rules:

- Except for the 800 and 1500-meter Freestyles, all events will be pre-seeded and there is no penalty for scratching from a pre-seeded event

Entry Fee:

- \$ 6.50 per event – includes the STSI Splash Fee
- Late Entries: \$13.00 per event

Checks**payable to:**

- Palo Alto College

Meet**Management:****■ Meet Director:**

- Adrian Montoya
- 1400 West Villaret Blvd.
- San Antonio, TX 78224
- 210-486-3800
- zoobs@hotmail.com

■ Meet Referee:

- J. R. Rightmyer
- 3730 Longridge
- San Antonio, TX 78228
- 210-857-4950
- john_rightmyer@gmail.com

■ Entries Chair and**■ Administrative Referee:**

- Karen Kliever
- 4593 S Loop 1604 W, #2-B
- Von Ormy, TX 78073
- 210-842-7997
- karenskhorus@aol.com

Daily**Schedule:**

	<u>Fri., June 8th</u>	<u>Sat., June 9th</u>	<u>Sat., June 9th</u>
■ Warm-ups begin	4:00 PM	7:30 AM	3:30 PM
■ 800 / 1500 Check-in by	N/A	8:30 AM	3:30 PM
■ Late entry deadline	5:30 PM	8:30 AM	4:30 PM
■ Coaches' meeting	5:45 PM	8:45 AM	None
■ Competition begins	6:00 PM	9:00 AM	5:00 PM

Warm-ups:

- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page five (5)

Special**Needs:**

- Please notify the Aquatic Center at Palo Alto (210-486-3800) in advance of this event with the name and age of any member on your team who needs assistance to enter the building
- The facility Staff will make reasonable accommodations for swimmers, coaches or spectators who wish to enter and use our facility
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities
- Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105

Awards:

- Ribbons places one through eight
- Age Groups: Appropriate to each event
- 7, 8, 9, 10, 11 and 12 (Girls and Boys)

Officials**and Timers:**

- Volunteer timers will be needed and greatly appreciated
- All currently (2012) certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
- Officials must prominently display their South Texas and USA Swimming credentials while on deck
- Wearing of name tags is strongly encouraged
- Please report to the Meet Referee 30 minutes prior to the scheduled start time of the sessions to receive assignments

**Order of Events and Minimum Qualifying Times
2009 – 2012 National “B” Motivational Times
Distances are in meters**

Friday Evening, June 8th – 6:00 PM

Girl's Event #	Faster Than:	Age	Event	Distance	Faster Than:	Boy's Event #
1	0:55.09	10 & U	Butterfly	50	0:52.89	2
	0:42.39	11 & 12			0:42.99	
3	0:55.99	10 & U	Backstroke	50	0:56.39	4
	0:45.49	11 & 12			0:45.69	
5	1:01.59	10 & U	Breaststroke	50	1:01.59	6
	0:49.09	11 & 12			0:51.09	
7	0:45.09	10 & U	Freestyle	50	0:44.29	8
	0:36.19	11 & 12			0:37.99	

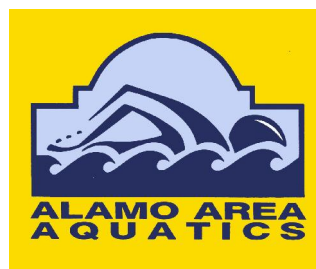
Saturday Morning, June 9th – 9:00 AM

9	4:12.99	10 & U	Individual Medley	200	4:10.69	10
	3:29.69	11 & 12			3:29.59	
11	2:02.39	10 & U	Backstroke	100	1:58.09	12
	1:38.89	11 & 12			1:39.19	
13	3:48.59	10 & U	Freestyle	200	3:35.49	14
	3:03.89	11 & 12			3:00.69	
15	2:17.49	10 & U	Breaststroke	100	2:13.59	16
	1:49.99	11 & 12			1:49.19	
17	3:29.09	11 & 12	Butterfly	200	3:28.29	18
19	13:31.69	11 & 12	Freestyle	800	13:16.19	20

Saturday Afternoon, June 10th – 5:00 PM

21	7:37.29	10 & U	Freestyle	400	7:38.49	22
	6:27.79	11 & 12			6:21.69	
23	3:57.59	11 & 12	Breaststroke	200	3:54.19	24
25	1:43.99	10 & U	Freestyle	100	1:41.59	26
	1:25.79	11 & 12			1:23.29	
27	3:30.29	11 & 12	Backstroke	200	3:25.79	28
29	2:12.59	10 & U	Butterfly	100	2:09.79	30
	1:38.69	11 & 12			1:37.49	
31	26:04.19	11 & 12	Freestyle	1500	25:56.49	32

PLEASE NOTE: Swimmers competing in the 800 and 1500-meter Freestyles (events 19, 20, 31 and 32) will be required to provide their own lap counters and backup timers.



SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals must be members of United States Swimming.
3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.