

The University of Texas at Austin



LONGHORN AQUATICS

**2012 Texas Age Group Swimming Long Course Championships**  
**TAGS**  
**July 25 - 29, 2012**

**Entry deadline – 11 PM, Wednesday, July 18**

(USA Swimming's OME)

- Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center to compete in the Texas Age Group Swimming Long Course Championships. This meet is open to all qualifying USA registered swimmers as a member of one of the five Texas Local Swimming Committees (LSC's). The meet will be conducted in one indoor 50 meter course, using a Daktronics Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.
- Facility:** The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. There are two movable, power-operated bulkheads. For TAGS meet the competition course *has* been certified in accordance with 104.2.2C(4).
- Location:** The Swim Center is located on the University of Texas Campus, 1900 Robert Dedman Drive, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.
- Water Depths:** The Start end is 9 feet, and the turn end is 9 feet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of Texas, the Lee and Joe Jamail Swimming Center, Longhorn Aquatics, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- TSC Rules:** As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.
- Spectators and athletes may not bring food or drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

**Swimmer Photographs and Videos:** There may be one or more photographers and / or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

**Cell phone restrictions:** The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

**Sanctions:** This meet has been sanctioned by South Texas Swimming and 2012 rules will apply. All swimmers must be registered as athletes for 2012 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2012 USA card.

**USA Swimming Registration:** All swimmers, coaches, and officials participating in this competition must be *currently* (2012) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time. Swimmers who **1)** late enter **2)** need to be late-entered because of clerical errors by the entering team or the meet host will be required to present their USA Swimming ID card. Current national and LSC regulations do not allow for exceptions to these policies.

**Eligibility:** Swimmers must be currently registered as athletes for 2012 with USA Swimming by the entry deadline and must be registered as a member of one of the five Texas Local Swimming Committees (LSC's).

Swimmers age 14 and under on July 25, 2012 are eligible to compete. The age of the swimmer will be his/her age on July 25, 2012.

All swimmers must meet the 2012 TAGS time standards established for each event they enter and must have achieved those times between June 1, 2011 and July 18, 2012. LCM time standards are shown on the order of events. Non-conforming qualifying times can be found on the Texas Swimming Association website – <http://www.tsaswim.org/TAGS%20Time%20Standards%202012.pdf> Swimmers who achieve a qualifying time standard *for the first time* between July 19 and July 23 may enter the meet but special entry procedures apply. See “First Q Time/Special Entry Procedures” below. Swimmers with a Senior National cut may not swim that event or a relay leg of that stroke.

Swimmers may compete with a team that is registered with any of the five Texas LSC's. The team must be a member of the Texas Swimming Association (TSA) to compete for team points and awards. A swimmer may swim “unattached” if he/she is a member of an unregistered team or is ineligible to represent a team with whom they swim. Unattached swimmers may not earn team points, or swim on relay teams, however they are eligible for individual high point awards. All teams must comply with all TSA entry requirements. Should a team be delinquent with TSA dues and/or fines at the start of the meet, all team members will swim unattached for the duration of the meet.

**Meet Operations:** Current USA Swimming Rules and Regulations govern this meet. TSA rules will apply where allowed. TSA rules prevail over any inconsistencies between this Meet Information and current TSA rules.

**General Meeting:** All swimmers must be represented at a pre-meet general meeting that will be held on Wednesday, July 25, 2012. The meeting will be held 10 minutes after the end of Session 1 at the Flag End on the pool deck. Any possible changes in the conduct of the meet will be decided at this meeting. It is each swimmer's and/or coach's responsibility to be aware of any decisions or changes that are made at this meeting.

**Meet Format:** Individual events in prelims will be conducted using both ends of the 50-meter pool – odd heats finishing at one end (closest to the men's locker room or Non-Flag End) and even heats finishing at the other end (closest to the women's locker room or Flag End). However, we reserve the right to run events on Wednesday evening from only one end of the pool. Chase starts and fly-over starts may be used at the discretion of the meet referee. Each prelim event will be seeded only by time and gender only. Events on Wednesday, the 1500 Free on Sunday and all preliminary events will swim fastest to slowest. The 800 and 1500 Free require positive check-in and will swim alternating heats of girls and boys. There will be a 15 minute break on Wednesday between the 800 Free and the 800 Free Relay. There will be a 10 minute break during prelims on Sunday after the relay and before the start of the 1500 Free.

In prelim/final events, one heat in the 10 & under age group, and two heats for the 11- 12 and 13-14 age groups, will advance to finals.

All relays, the 800 Free, 10 & under 400 Free and 13-14 1500 Free are timed finals. In the 10 & under 400 Free and 13-14 1500 Free, the fastest heat of girls and boys will swim during finals. However, swimmers in the 1500 Free on Sunday may elect a morning swim. This election is due by 6 PM on Saturday. If no indication is made, the entry will be seeded as if it is available for an evening swim. All other heats of the 1500 Free will swim as the final event in Sunday's prelim session, fast to slow, alternating girls and boys. There will be a 10 minute break after the 200 medley relay before the start of the 1500.

**Relays:** There is not a limit on the number of relays teams may enter. All relays are timed finals and all relays will start at the even end of the pool (closest to the women's locker room or Flag End). The fastest 8 seed times in each age group electing to swim in finals will swim at night during finals. Teams may elect a morning swim. This election must be made by 6 PM the evening before the relay will swim (so on Wednesday at 6 PM for Thursday relays; on Thursday at 6 PM for Friday relays, etc.) If no election is made, the relay will be seeded as if it is available for an evening swim. Teams seeded in finals must swim or scratch.

Relay cards listing the order of swimmers must be turned in to clerk of course by 6 PM the evening before the relay will swim (same time that you will make an election for a morning swim). You will be able to change the order of the swimmers on the relay. If you fail to turn in a relay card by the 6 PM deadline, your relay will be scratched. If you plan to scratch a relay, filling out a relay card and writing "scratch" would be appreciated. The order of swimmers on relay teams will be strictly enforced in accordance with 102.3.7 USA Swimming Rules and Regulations.

A Hy-Tek entry file is available on the Longhorn Aquatics website ([www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics)) to help with relays as well as an eligibility report.

Relay proof of time the 4 swimmers used to prove a relay time must be eligible to swim in the specific age group as of July 25, 2012 for all relay events, and be currently registered and eligible to swim with the entering team. This is not a new rule. **Any swimmer that will be used on a relay at the meet must be entered in OME. Relay only swimmers will not be added after the entry deadline.**

**Positive Check In:** The 13-14 800 and 1500 Free will be deck seeded and require positive check in. Failure to check in at clerk of course before the deadline will result in the swimmer being scratched from the event. See the Meet Schedule for exact check-in times.

**Scratch Rule:** **Scratching for preliminaries is required.** Each evening we will run heat sheets for the next morning. You must scratch a prelim event you will not swim the next day (i.e. on Wednesday by 4 PM you must scratch any event you will not swim on Thursday; on Thursday by 6 PM you must scratch any event you will not swim on Friday, etc.) Refer to the Meet Schedule for exact times each day. Failure to scratch an event means that event (whether you swim or not) will count as one of your seven allowed events for the meet. As a courtesy, swimmers with fewer than 7 events are asked to scratch events they will not swim at those times as well.

**Scratching for all final events is required** as outlined in the current USA Swimming rules 207.11.6D and 207.11.6E

**Opening Ceremonies:** There will be a short opening ceremony on Friday, July 27, 2012 at 9:00 AM at the start of the preliminary session. Each team will be introduced and recognized. Team representatives may carry team banners or flags. The opening ceremony will conclude at 9:15 AM and will be followed promptly by the first meet event.

Team pep rallies and demonstrations may be held BEFORE the playing of the National Anthem and after the start of the first event at each session, but not between the two.

**Entry Deadline:** The entry deadline is 11 PM **Wednesday, July 18, 2012**. OME will automatically close at that time.

**Entries:** Swimmers may enter as many events as they are qualified to swim but they may only compete in a total of 7 individual events during the entire meet with no more than 3 individual events during any one day, plus 1 relay event per day. Time trial events will count as one of the 3 events allowed per swimmer per day, but not as one of the seven 7 individual meet events.

If you enter more than 7 events, you must scratch the events you don't want to swim. Refer to the "Scratch Rule" above.

Entries for TAGS must be completed in USA Swimming's online meet entry (OME) system – [www.usaswimming.org/OME](http://www.usaswimming.org/OME). Entries will open in OME on June 11, 2012. A Hy-Tek file is available on the Longhorn Aquatics' website for running eligibility reports and working out relays, but teams may NOT submit entries using Hy-Tek. You are not entered in the meet until you have checked out and paid for your entries in OME. OME saves your entries and you can complete your entries in more than one sitting. But once you check-out, you cannot delete an entry (but you can add additional entries until the entry deadline). OME accepts Visa, MasterCard, American Express, and Discover. **Coaches must register in OME to receive a deck pass.**

If you have **trouble using OME**, please contact **Susan Woessner** with USA Swimming [swoessner@usaswimming.org](mailto:swoessner@usaswimming.org) or (719) 866-3589 work or (719) 332-0184 mobile.

If you have an **entry question**, please contact **Bridgette Rhoades** at [bridgette.rhoades@austin.utexas.edu](mailto:bridgette.rhoades@austin.utexas.edu) . Email is preferred.

All seed times should be submitted in 100ths. Typographical and transcription errors with regards to achieved qualification times will fall under the current USA Swimming Rules and Regulations Paragraph 207.9.5. Swimmers qualifying with a "non-conforming" time (short course yards) should enter that

event using the non-conforming time. This allows you to prove a qualifying entry time. Please note that non-conforming times will be changed BY THE ENTRY CHAIR to the LCM cut before entries are seeded.

A swimmer with a qualifying time in the 1500 Free also qualifies for the 800 Free. If entering the 800 Free with the 1500 qualification, the swimmer should enter at the 800 Free qualifying time. If the swimmer has not entered both the 1500 and 800, they must provide proof of time in the 1500. An email with the proof of time information for the 1500 (meet, date and qualifying time) should be sent to the entry chair at the time entries are completed in OME.

A 13-14 medley relay with a qualifying time in the 400 also qualifies for the 200 medley relay. If entering the 200 medley relay with the 400 medley qualification, enter at the 200 medley qualifying time.

**First Q time/Special Entry Procedure:** Swimmers that get a qualifying time for the first time between Thursday, July 19 and Sunday, July 22 may enter the meet by emailing (no paper, phone or fax) the entry chair no later than 11 PM on Sunday, July 22. The email must include, the team, team abbreviation, LSC, the swimmer's full name (as registered with USA Swimming), birth date, event number, event description, entry time and the name and date of the meet where the time was achieved. If you do not receive a confirming email, your entries were not received. The swimmer or coach should bring the entry fees, proof of time if requested, and, if the swimmer is not already entered in the meet, they will need to bring their 2012 USA ID to be able to pick up credentials for the meet.

**Proof of Times:** OME will automatically provide proof of time. However, if you override a time in OME, you will be required to provide proof of time.

For all rules and explanations pertaining to TAGS Proof of Times, swimmers and coaches should refer to the TSA handbook. The USA Swimming database will be available through the administrative referee. If a meet is in the USA Swimming database, coaches do not need to bring a hard copy to TAGS to prove any relays or individual swims aggregated together for qualifying times. Be aware that High School, and YMCA Meets MAY NOT be in the database. There are some meets for which results have not been submitted to the database, so, IF IN DOUBT, BRING A HARD COPY! As always, it is the coach's responsibility to MAKE CERTAIN that Proof of Times is on hand at the meet, otherwise, a \$50.00 fine will be imposed for any relay team that fails to achieve the minimum qualifying time or is disqualified. Should a second offense occur, another \$50.00 fine will be assessed, and the swimmer will be barred from the remainder of the meet.

**Entry Fees:** \$10.00 per individual event, \$20 for relays. A \$3.00 per swimmer surcharge will be charged. Time Trials are \$15.00 per individual event. Deck Entries are \$25.00 per event.

**Deck Entries:** Deck entries will be accepted. The deck entry fee is \$25 per event (individual or relay). You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. Swimmers who deck enter must pre-prove a qualifying time with the Admin Referee and will be entered in an open lane. A zero heat will be added if necessary, but there will be no standbys for open lanes. Swimmers not previously entered in the meet must also present their 2012 USA swimming registration card.

If you are deck entering a relay, all swimmers must already be in the database – no new swimmers will be added to the meet for a relay.

**Time Trials:** Time Trials will be held, *time permitting*, for TAGS participants between preliminaries and finals on Friday and Saturday. Time Trial entries will be accepted at the Clerk of Course located on deck from 9AM -11AM on Friday and Saturday. There will be no time trials on Wednesday, Thursday or Sunday. The entry fee is \$15 per event. A swimmer may swim a maximum of one time trial per day. The 800 Free will only be offered for Time Trial on Friday and the 1500 Free will only be offered for Time Trial on Saturday. Time trial events count toward a swimmers total number of events as outlined in the “Entries” section. Time Trial results will be published with the Final Results: however, these times cannot be considered for state records. Event order will be determined by the Time Trial Referee.

A qualifying TAGS time earned during time trials will NOT qualify a swimmer to swim that event at TAGS (time trials is past the qualifying period).

**Credentials/Registration:** All coaches, officials and participating athletes will be issued credential tags. Only people with credential tags will be allowed access to the deck. Coaches must register in OME for a deck pass.

Coaches may pick up their team's credential tags at the registration desk on Wednesday, July 25 between noon and 2:00 PM. The registration desk will be located on the second level of the Swim Center across from the store. Credential tags not picked up at these times will be available at Clerk of Course. Replacement credential tags will be available at a cost of \$20.

**Deck Access:** Only people with credential tags will be allowed access to the deck. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose.

Please be aware that swimmers will not be allowed onto the deck until one of their team coaches has checked in and is on deck.

Coaches must register in OME for a deck pass. Deck passes are only available for coaches. Deck passes will be limited based a Team’s number of swimmers entered in individual events. Teams with 1 – 4 swimmers will be allowed 1 deck pass; 5 – 8 swimmers 2 deck passes, 9 – 18 swimmers 4 deck passes, 19 – 40 swimmers 5 deck passes and 41+ swimmers 7 deck passes.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the Meet Director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

**Timers:** Each team entered in the meet will be responsible for providing timers. Timing Assignments will be made on a pro-rata basis. Each team will be responsible for providing 1 timer for every 10 swimmers entered in the meet. However, each team must provide at least 1 timer. Timing assignments will be printed in the heat sheet.

**Awards:**

- Individual Events:** Medals 1st through 8th
- Relay Events:** Medals 1st through 3rd, Ribbons 4th through 8th
- Teams:** TAGS Flags will be awarded to teams that finish in 1st through 10th place. The First Place team will receive the Leo Cancellare Award, TAGS traveling trophy.
- High Point Award:** A high point trophy will be given to the outstanding boy and girl swimmer in each age group based upon the total number of points in individual events during the meet.
- Team Age Group Award:** A white flag with red printing will be given to the first place girl’s and boy’s teams in the following age groups using individual and relay events only: 10 & Under, 11-12, and 13-14.
- Horizon Award:** Given to the team that has the greatest place improvement in the team standings. No previous score is necessary, but the team must have been entered and recognized in the meet. This award will be computed from last year’s Long Course TAGS team rankings. No physical award is given.

All individual event and relay awards will be ready to be distributed to the swimmer or his/her coach daily up to one hour after the conclusion of the meet. Team Flags, Outstanding Swimmer Plaques, and High Point Trophies will be awarded within one hour of the conclusion of the meet. Coaches, teams, and athletes failing to pick up their awards within one hour after the conclusion of the meet shall make arrangements to receive the awards with the Meet Director at no expense to Longhorn Aquatics within 24 hours of the conclusion of the meet. If the awards are not available within one hour of the conclusion of the meet, the awards will be distributed to the team at the expense of Longhorn Aquatics.

**Scoring:** All events will be scored by age group (10 & under, 11-12, 13-14). The top 16 places will score.

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Team points will not be awarded for a performance that does not meet or better the minimum time standard for that event. However, the swimmer is entitled to the individual award if the swimmer can prove that he/she has met the qualifying time.

**Meet Referees:** Trey Prinz  
512-287-7204  
[Trey.Prinz@netapp.com](mailto:Trey.Prinz@netapp.com)

**Admin Referee:** Herb Schwab  
281-242-1334  
[herb.schwab@gmail.com](mailto:herb.schwab@gmail.com)

**Meet Director:** Bridgette Rhoades  
**& Entry Chair** 814-602-8254  
[bridgette.rhoades@austin.utexas.edu](mailto:bridgette.rhoades@austin.utexas.edu)

**Interim Head Coach:** Mike Laitala  
[mike.laitala@austin.utexas.edu](mailto:mike.laitala@austin.utexas.edu)

**Warm-Up Schedule\*\***

	<b>Thurs.</b>	<b>Fri.</b>	<b>Sat.</b>	<b>Sun.</b>
7:00 to 7:30	Group 1	Group 2	Group 3	Group 1
7:30 to 8:00	Group 2	Group 3	Group 1	Group 2
8:00 to 8:30	Group 3	Group 1	Group 2	Group 3
8:30 to 8:45	Dive/Sprint Pace for all athletes			
<b><u>Group 1</u></b>			<b><u>Group 2</u></b>	<b><u>Group 3</u></b>
South Texas			North Texas	West Texas
Gulf (except Woodlands)			Border	The Woodlands

A 10 & under warm up area will be designated in the diving well.

\*\* Please be advised that the Meet Director and the Meet Referee MAY adjust teams to maintain balance at all three warm-ups. Teams asked to move will be notified by email and changes will be posted on both the Longhorn Aquatics and TSA website by Monday, July 23, 2012.

**MEET SCHEDULE**

The following schedule will be used as a guideline for all activities.

**WEDNESDAY, JULY 25**

2:00 to 9:00 p.m.	Pool open for warm-up.
3:00 p.m.	800 Free positive check-in deadline
3:00 p.m.	Relay cards due to Clerk of Course for today's session
3:00 to 3:45 p.m.	Warm-up for 800 Free (there will be a 15 min. break before the relay)
4:00 p.m.	Meet Start
4:00 p.m.	Scratch deadline for Thursday's prelim events
Earlier of 6 p.m. or the end of the session	Relay cards due for tomorrow's relay events
10 min. after end of session	Pre-TAGS General Meeting – on deck at the Flag end of the pool

**THURSDAY, JULY 26**

7:00 to 7:30 a.m.	Group 1 Warm up
7:30 to 8:00 a.m.	Group 2 Warm up
8:00 to 8:30 a.m.	Group 3 Warm up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
5:00 to 5:50 p.m.	Finalist Warm up
6:00 p.m.	Finals start for today's events
6:00 p.m.	Scratch deadline for Friday's prelim events.
6:00 p.m.	Relay cards due to Clerk of Course for Friday relays

**FRIDAY, JULY 27**

7:00 to 7:30 a.m.	Group 2 Warm up
7:30 to 8:00 a.m.	Group 3 Warm up
8:00 to 8:30 a.m.	Group 1 Warm up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Parade of athletes
9:15 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
5:00 to 5:50 p.m.	Finalist Warm up
6:00 p.m.	Finals start for today's events
6:00 p.m.	Scratch deadline for Saturday's prelim events
6:00 p.m.	Relay cards due to Clerk of Course for Saturday relays

**SATURDAY, JULY 28**

7:00 to 7:30 a.m.	Group 3 Warm up
7:30 to 8:15 a.m.	Official's National Certification Clinic
7:30 to 8:00 a.m.	Group 1 Warm up
8:00 to 8:30 a.m.	Group 2 Warm up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
5:00 to 5:50 p.m.	Finalist Warm up
6:00 p.m.	Finals start for today's events
6:00 p.m.	Scratch deadline for Sunday's prelim events
6:00 p.m.	1500 Free positive check-in and am/pm preference due
6:00 p.m.	Sunday relay am/pm preference due
6:00 p.m.	Relay cards due to Clerk of Course for Sunday relays

**SUNDAY, JULY 29**

7:00 to 7:30 a.m.	Group 1 Warm up
7:30 to 8:00 a.m.	Group 2 Warm up
8:00 to 8:30 a.m.	Group 3 Warm up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
5:00 to 5:50 p.m.	Finalist Warm up
6:00 p.m.	Finals start for today's events

There will be a minimum two-hour break between the end of the Preliminary Session and the start of the Final Session. The Finals Session will start no earlier than 4:30 PM but may start later, based on the end of the Preliminary Session.



## 2012 Long Course TAGS Order of Events &amp; Qualifying Times

<b>Wednesday July 25, 2012</b>				
Finals: Meet Starts 4:00 PM				
Qualifying Times	GIRLS	EVENT	BOYS	Qualifying Times
LCM	EVENT #	DESCRIPTION	EVENT #	LCM
9:45.19	1	13/14 800 free*	2	9:18.09
9:26.59	3	13/14 800 Free Relay*	4	9:06.49

\*The 800 Free requires positive check-in. The event will alternate girls and boys. Swimmers must provide their own counters

<b>Thursday July 26, 2012</b>				
Prelims: Meet Starts 9:00 AM				
Finals: Meet Starts 6:00 PM				
Qualifying Times	GIRLS	EVENT	BOYS	Qualifying Times
LCM	EVENT #	DESCRIPTION	EVENT #	LCM
3:01.49	5	10/U 200 IM	6	3:01.99
2:43.39	7	11/12 200 IM	8	2:39.89
2:33.99	9	13/14 200 IM	10	2:25.09
39.59	11	10/U 50 Back	12	39.99
35.19	13	11/12 50 Back	14	35.49
1:02.59	15	13/14 100 Free	16	58.49
1:05.49	17	11/12 100 Free	18	1:04.99
1:13.79	19	10/U 100 Free	20	1:13.39
2:36.89	21	13/14 200 Fly	22	2:27.19
2:47.09	23	11/12 200 Fly	24	2:48.79
4:53.49	25	13/14 400 Medley Relay*	26	4:37.79
5:11.79	27	11/12 400 Medley Relay*	28	5:16.09

\*The fastest heat of boys and girls in each age group (11-12 and 13-14) will swim in finals

<b>Friday July 27, 2012</b>				
Prelims: Meet Starts 9:15 AM				
Finals: Meet Starts 6:00 PM				
Qualifying Times	GIRLS	EVENT	BOYS	Qualifying Times
LCM	EVENT #	DESCRIPTION	EVENT #	LCM
2:38.49	29	10/U 200 Free	30	2:39.09
2:21.96	31	11/12 200 Free	32	2:20.69
2:15.39	33	13/14 200 Free	34	2:07.99
45.49	35	10/U 50 Breast	36	45.69
39.79	37	11/12 50 Breast	38	39.39
1:09.59	39	13/14 100 Fly	40	1:05.29
1:26.79	41	10/U 100 Fly**	42	1:26.69
1:13.39	43	11/12 100 Fly	44	1:13.59
5:28.59	45	13/14 400 IM	46	5:09.89
5:13.59	48	10/U 400 Free Relay*	47	5:25.29
4:37.19	50	11/12 400 Free Relay*	49	4:39.69
4:20.29	51	13/14 400 Free Relay*	52	4:04.69

\*The fastest heat of boys and girls in each age group (10 & under, 11- 12 and 13- 14) will swim in finals  
Boys relays will swim before girls relays in prelims

<b>Saturday July 28, 2012</b>				
Prelims: Meet Starts 9:00 AM				
Finals: Meet Starts 6:00 PM				
Qualifying Times	GIRLS	EVENT	BOYS	Qualifying Times
LCM	EVENT #	DESCRIPTION	EVENT #	LCM
2:41.29	53	11/12 200 Back	54	2:41.19
2:33.39	55	13/14 200 Back	56	2:24.19
37.19	57	10/U 50 Fly	58	37.59
32.89	59	11/12 50 Fly	60	32.79
1:22.29	61	13/14 100 Breast	62	1:15.49
1:37.89	63	10/U 100 Breast	64	1:39.99
1:26.59	65	11/12 100 Breast	66	1:25.69
4:43.79	67	13/14 400 Free	68	4:31.69
5:31.49	69	10/U 400 Free	70	5:36.19
4:57.69	71	11/12 400 Free	72	4:57.69
1:59.29	73	13/14 200 Free Relay*	74	1:50.69
2:20.39	75	10/U 200 Free Relay*	76	2:25.39
2:04.59	77	11/12 200 Free Relay*	78	2:04.59

\*The fastest heat of boys and girls in each age group (10 & under, 11- 12 and 13- 14) will swim in finals

<b>Sunday July 29, 2012</b>				
Prelims: Meet Starts 9:00 AM				
Finals: Meet Starts 6:00 PM				
Qualifying Times	GIRLS	EVENT	BOYS	Qualifying Times
LCM	EVENT #	DESCRIPTION	EVENT #	LCM
1:11.59	79	13/14 100 Back	80	1:07.39
1:15.59	81	11/12 100 Back	82	1:15.99
1:25.19	83	10/U 100 Back	84	1:24.99
18:55.69	85	13/14 1500 Free**	86	18:14.69
3:07.49	87	11/12 200 Breast	88	3:05.59
2:57.39	89	13/14 200 Breast	90	2:45.29
33.59	91	10/U 50 Free	92	33.09
30.19	93	11/12 50 Free	94	29.69
28.89	95	13/14 50 Free	96	26.99
2:43.59	97	10/U 200 Medley Relay*	98	2:47.49
2:21.39	99	11/12 200 Medley Relay*	100	2:23.89
2:14.59	101	13/14 200 Medley Relay*	102	2:05.89

\* The fastest heat of boys and girls in each age group (10 & under, 11- 12 and 13- 14) will swim in finals

\*\* The 1500 Free requires positive check-in. The fastest 8 boys and girls electing to swim in finals will swim at night. During prelims the 1500 will swim fast to slow, alternating heats of girls and boys after the 200 Medley Relay and a 10 minute break.

**Officials:** All deck officials must be currently certified by USA Swimming and their LSC, and have a current background check. Help from visiting officials is always welcome. Visiting officials are asked to email the Meet Referee, Trey Prinz, with their certification level and availability so they can plan accordingly ([Trey.Prinz@netapp.com](mailto:Trey.Prinz@netapp.com)). All officials must attend a mandatory meeting one-hour before each session. The uniform for all preliminary sessions will be white polo shirt over khaki shorts/pants/skirt, as appropriate. Finals uniform will be navy blue polo shirt over khaki pants/skirt (NO shorts), as appropriate. All officials will be issued credential tags. Only persons with credential tags will be allowed access to the deck. Officials should prominently display their meet credential while on deck. The wearing of nametags is encouraged.

**Official Certification:** This meet has been approved as an Officials Qualifying Meet. Officials who are interested in being evaluated need to submit a completed application to the Meet Referee by July 16, 2012. Applications for evaluation can be obtained from any of the LSC Officials Chairs or by contacting the Meet Referee ([Trey.Prinz@netapp.com](mailto:Trey.Prinz@netapp.com)). The following evaluations will be available: N2 for Stroke and Turn, Chief Judge, Starter, and Deck Referee; N3 for Stroke and Turn; N3 initial and re-certification for Chief Judge.

**Special Needs:** A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Texas Swimming Center at 512-471-7703 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Texas Swimming Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

**Unaccompanied Swimmers:** Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Parking:** The University of Texas requires a UT permit for parking along Trinity and San Jacinto as well as C Lot 80 in front of the Swim Center. They will be charging \$12 for parking in the Trinity garage. Please go to our website, [www.utexas.edu/longhornaquatics](http://www.utexas.edu/longhornaquatics) as we get closer to the meet for more information on parking.

**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

- I. Assigned warm-up Procedures.
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
  - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

**LANE USE**

<b>POOL</b>	<b>PUSH/PACE</b>	<b>DIVES/SPRINTS</b>	<b>GENERAL WARMUP</b>
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

**3. Safety Guidelines**

- a. Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
  - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2) Marshals must be members of United States Swimming.
  - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
  - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

- 1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

**STSI Safety Guidelines and Warm-up Procedures**

1900 Robert Dedman Dr  
Austin, TX 78712-0363

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Contact: Divya Saighal

(512) 404-3620  
(877) 744-8822

[divya.saighal@attconf.utexas.edu](mailto:divya.saighal@attconf.utexas.edu)

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[ehastings@radissonaustin.com](mailto:ehastings@radissonaustin.com)

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Contact: Meg Griebel

[mgriebel@sheratonaustinhotel.com](mailto:mgriebel@sheratonaustinhotel.com)

(512) 404-6941

The beautiful Sheraton Austin is just walking distance for the TSC and offers a large 24 hr fitness area and an indoor/outdoor pool.

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Contact: Emma Monette

[emma.monette@hilton.com](mailto:emma.monette@hilton.com)

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*The University of Texas at Austin*  
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**Contact: Mark Alley**  
 (512) 541-

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