



STREAMLINE AQUATICS 2012 SASA 'Tis The Season

December 7-9, 2012

Sanction Number: ST-12-68

- **Welcome**: Streamline Aquatics invites you to join us at the Barshop Natatorium on the campus of The University of the Incarnate Word to compete in our December open unclassified short-course meet. The meet hotel is the Drury Inn and Suites Airport. See information further down in this announcement for special rates.
- Location: The Barshop Natatorium is located on UIW's Campus at 4301 Broadway, San Antonio, TX 78209. The pool is located on the West side of campus over the river bridge and on the right.

From 281 SOUTH – Turn Left onto Hildebrand, Turn Left at second stop light, Turn left at T. Follow road and merge left over the bridge, and Natatorium is first building on Right.

- **Facility:** This meet will be conducted in one 11 lane pool, 25 yard pool, with 8 lanes for competition and 3 lanes for warm up and warm down. We will use Hy-Tek Meet Manager software and Daktronics timing system.Depth at start end: 13 feet. The course has been professionally surveyed and certified in accordance with 104.2.2C(4)
- Liability: In granting this sanction it is understood and agreed that USA Swimming, South Texas Swimming, The University of the Incarnate Word, Barshop Natatorium, and Streamline Aquatics shall be free from any liabilities or claims for damages by reason of injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- **Sanctions:** This meet is sanctioned by South Texas Swimming and 2012 USA Swimming rules and any relevant sections of the South Texas Policies and Procedures Manual apply. All swimmers must be registered for 2012 or 2013 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2012 or 2013 USA Swimming registration card or the meet director is contacted by Angella Woodard, the South Texas Executive Secretary for verification of registration. South Texas Swimming does not allow on-deck USA Swimming registrations.
- **Rules:** The 2012 USA Swimming Rules and any relevant sections of the STSI Handbook will apply.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be <u>currently</u> (2012 or 2013) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the meet host, will be required to present their USA Swimming ID card. Current national and LSC regulations do not allow for exceptions to these policies.

Unaccompanied

Swimmers: Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Cell phone

- **Restrictions:** The presence or use of cell phones, smart phones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.
- **Photographers:** No professional photographers will be on deck at this meet.

Qualifying

- **Times:** There are no qualifying times. Although athletes may enter the meet with NT, however, we would encourage you to estimate a SCY time. You may convert a LCM time. A good estimated SCY time will ensure your athlete is seeded in the proper heat -- this provides the best competition for all athletes.
- Schedule: Friday Timed Finals Warm Up 4:45 PM Start 6:15 PM Saturday Prelims: Warm Up 7:15 AM Start 9:00 AM Saturday Finals: Warm Up 4:30 PM Start 6:00 PM Warm Up 7:15 AM Sunday Prelims: Start 9:00 AM Sunday Finals Warm Up 4:00 PM Start 5:30 PM *An e-mail will be sent to each team on Tuesday, December 4th, with specific warm up times should warm ups need to be split into two sessions.
- **Meet Format:** We reserve the right to cap the number of swimmers entered in each session in order to stay within the four hour rule. Swimmers will be entered in the order entries are received.

All events will swim fastest to slowest. Fly Over Starts will be used for Timed Finals on Friday and in Prelims on Saturday and Sunday. Saturday and Sunday Prelims will be circle seeded.

If there are schedule changes, notification will be made as soon as possible after entry deadline.

Friday events will be timed finals only.

The 1000 and 1650 Freestyle will be offered as mixed timed final events. Swimmers may choose to swim either the 1000 Freestyle or the 1650 Freestyle. Depending on the number of entries, the events may be swum together with lane assignments being made with like distances seeded together in a single heat.

Saturday and Sunday relay events will be timed finals, swum in the morning session only.

Saturday and Sunday individual events will be prelim-finals. In finals, events will be separated by gender and age, and seeded by time.

Two heats **(to 16 swimmers)** in each age group, 10 and under, 11-12 and 13 and over will qualify to swim in finals for 50 and 100 yard events.

In 200 yard events and longer events, only one heat **(top 8 swimmers)** will qualify to swim in finals.

200 Free, 200 IM, 500 Free - 10 & under, 11-12, 13 and over 200 Strokes, 400 IM – 10-12, 13 and over

Scratch Rule: Note - All scratches must be done by the coaches. The scratch table will be located in the Coaches Hospitality Area.

Prelims -- There is no penalty for failing to scratch from a pre-seeded preliminary event. Swimmers that check-in for the 1000 Free, 1650 Free, 500 Free and 400 IM and do not swim will be subject to a penalty of \$25.

Finals -- The top qualifiers in each preliminary event will be posted and announced after the final heat. All swimmers, including the top qualifiers, have 30 minutes to decide whether they will swim in finals. If they do not want to swim in finals, the coach must scratch, or declare intent to scratch, at the scratch table located in the Coaches Hospitality Area within 30 minutes following the announcement.

As top qualifiers scratch, other swimmers become eligible for finals. So if a swimmer **does NOT want to swim in finals**, the coach should scratch their name at the Scratch Table located in the Coaches Hospitality Area **no matter how far down the list their name appears.** The athletes swimming in finals will be posted as soon as possible after the 30 minute scratch period.

On **Saturday**, any swimmer included in finals who does not swim in finals will be **barred from further competition** in the meet.

On **Sunday**, any swimmer included in finals who does not swim will be subject to a **penalty of \$25 per event**. Swimmers will be barred from competition at the UIW Natatorium until fines are paid.

- Entry Deadline: Entries must be received by Monday, November 26, 2012 at 6 PM. Entry fees must be received by Friday, November 30, 2012.
- **Entries:** Swimmers may enter a maximum of 5 events on Friday and a maximum of 3 individual events and two relays on Saturday and 3 individual events and two relays on Sunday. The age of the swimmer will be his/her age on December 7, 2012. Enter all events with short course yards times.

Entries must be emailed to Angella Woodard at <u>admin@stswim.org</u>. If you do not receive an email confirmation, your entries were not received. Please mail a hard copy of what you emailed.

Teams with *fewer than five* swimmers are not required to submit entries on Hy-Tek. They should email: swimmers name (as registered with USA Swimming), USA ID, club, club abbreviation, LSC, event number/name and entry times.

Teams with five or more swimmers entered in the meet must submit their entries using Hy-Tek Team Manager software. Include the Hy-Tek entry file and a PDF or Word document of the entries **by swimmer** with each entry file, including any subsequent revisions. It is necessary to include a hard copy of your entries with your check.

No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Entry Fees: \$7.75 per individual event. \$15.50 per relay event. This <u>includes</u> the South Texas Swimming splash fee of \$1.25 per splash. Entry fees must be received by Friday, November 30th. Please include an entry fee report with your check.

Make checks payable to **Streamline Aquatics** and mail to:

Meet Director- SASA 'Tis The Season 14514 Majestic Prince San Antonio, TX 78248 **Deck Entries**: Deck entries will be accepted only for open lanes. **No new heats will be created.** You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 45 minutes before the start of each session. You may deck enter the next sessions' events after deck entries close for the current session.

The deck entry fee is \$15.00 per individual event and \$25.00 per relay event. Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to be able to deck enter. No exceptions.

- Awards: Ribbons, first through eighth place will be awarded for 10 & under, 11-12, and 13 and Over in individual events. Relay ribbons will be awarded to the top three relays in the 10 & Under, 11-12, and 13 & over categories.
- **Officials**: Help from visiting officials will be needed. Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Ray Pearce, poolsbyray@aol.com.

Meet Referee:Ray Pearce - 210-326-7332 - poolsbyray@aol.comMeet Director:Angella Woodard - 210-479-0881 - admin@stswim.orgAdmin Referee:Angella Woodard - 210-479-0881 - admin@stswim.orgHead Coach:Phillip Davis - 210-805-3078 office - padavis@uiwtx.edu

Timers: Lane assignment will be made by team and lane, based proportionately by team entries. Lane assignments will be e-mailed the week of the meet. Please help us out by lining up timers from your team.

Swimmers in the 400 IM and the 500. 1000, and 1650 Freestyle will be responsible for providing their own timers – <u>two timers per lane</u>. Swimmers in the 500, 1000, and 1650 Freestyle will be responsible for providing their own lap counters.

Special Needs: Please notify the Barshop Natatorium (210-805-3078) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Natatorium staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

- **Parking:** There should be plenty of free parking in front and behind the Barshop Natatorium.
- **Concessions:** There will be concessions available downstairs in the Barshop Natatorium. Please help us keep the facility clean.

Hotel Information



A **block of rooms** has been reserved at the **Drury Inn & Suites San Antonio Airport**, 95 NE Loop 410, San Antonio, TX 78216, 210-308-8100, for the evenings of December 7 and 8, 2012.

Convenient to North Star Mall and only 4 miles from the pool!

Free Hot Breakfast including Belgian waffles, scrambled eggs, biscuits and gravy, sausage, juice, coffee, and more. Free Evening Beverages and Snacks daily from 5:30-7:00 pm. Rotating hot food menu may include items such as hot dogs, chicken strips, egg rolls, charbroiled meatballs, baked potatoes, and more. Drinks are on the house. Free Fountain Soda/Fresh Popcorn in the Lobby Daily 3 - 10 p.m.

Free Covered and Gated Parking.

Free Wireless High-Speed Internet Access in All Rooms and in Lobby.

One hour free long distance each day.

All rooms with Microwaves & Refrigerators.

The group rate is **\$99.95** for a two room suite or **\$89.95** for a standard double/double room.

RESERVATIONS MAY BE MADE TWO DIFFERENT WAYS

RESERVING ONLINE AT THE DRURY SITE: <u>www.druryhotels.com</u>, then enter group number of **2156402**.

Calling 1-800-325-0720 and refer to the group number of 2156402.

. The Group Name is SASA "Tis The Season.

CUT-OFF DATE: Reservations received after **Tuesday**, **November 20**, **2012** will be provided on a space-available basis at prevailing rates.





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Girls



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STREAMLINE AQUATICS 2012 SASA Tis' the Season December 7-9, 2012 **Order of Events**

Friday, December 7, 2012 (note: All Friday Events are Timed Final Events) **Boys** Event Event # Event # 1 50 Back 2 3 50 Free 4 5 50 Fly 6

10 Mixed 1650 Free 10 -Swimmers in the 1000 Free and 1650 Free must provide their own counters and two timers.

50 Breast

Mixed 1000 Free

Saturday, December 8, 2012 (note: All Saturday Individual Events are Prelim/Final Events)

(note. An Saturday individual Events are Freinin/Final Events)					
11#	200 Free Relay	12#			
	10 Minute Break				
13	200 IM	14			
15	50 Free	16			
17	10 & Over 200 Fly	18			
19	50 Breast	20			
21	100 Back	22			
23	10 & Over 200 Breast	24			
25	100 Fly	26			
	10 Minute Break				
27#	400 Medley Relay	28#			
	10 Minute Break				
29	* - 10 & Over 500 Free	30			

Timed Final Event – swum in AM session only.

*-Swimmers in the 500 Free must provide their own counters and two timers.

Sunday, December 9, 2012 (note: All Sunday Individual Events are Prelim/Final Events)

(note. All Sunday individual Events are Freinn/Final Events)					
200 Medley Relay	32#				
10 Minute Break					
200 Free	34				
50 Back	36				
100 Breast	38				
10 & Over 200 Back	40				
50 Fly	42				
12 & Under 100 IM	44				
100 Free	46				
10 Minute Break					
400 Free Relay	48#				
10 Minute Break					
* - 10 & Over 400 IM	50				
	200 Medley Relay10 Minute Break200 Free50 Back100 Breast10 & Over 200 Back50 Fly12 & Under 100 IM100 Free10 Minute Break400 Free Relay10 Minute Break				

Timed Final Event - swum in AM session only.

* -Swimmers in the 400 IM must provide their two timers.

SOUTH TEXAS SWIMMING, Inc. Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(e) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
 - II. Open warm-up procedures.

	LANE USE			
POOL	PUSH/PACE	DIVES/SPRINTS	ENERAL WARMUP	
8 Lanes	1 and 8	2 and 7	3 through 6	
6 Lanes	1 and 6	2 and 5	3 and 4	

a. The first $\frac{1}{2}$ of the assigned warm-up time shall be general warm-up for all lanes.

b. Push/Pace Lanes will push off one or two lengths from starting end.

- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be dome under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.
- 3. Safety Guidelines
 - a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices

2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.

- 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.

1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).

2) Marshals must be members of United States Swimming.

3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.

4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warmups.

5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."

6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.

7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks.

Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

4. Warm-up procedures will be enforced for any breaks scheduled during the competition.

5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures Revised 2 9SEP03