Coastal Bend AllStars (CBA) is pleased to host the:



At the CCISD Natatorium, Corpus Christi, Texas October 13 & 14, 2012 Sanction # ST-12-69 Entry Deadline: Tuesday, October 2, 2012

Revised on 1 Oct 2012 Schedule of events and Daily Schedule revised on 3 Oct 12 Revised for Additional Meet Director on 8 Oct 12

Location: Corpus Christi ISD Natatorium, 3202 Cabaniss Parkway, Corpus Christi, TX. 78415. Pool Telephone numbers: (361) 878-2333 x114, (361) 878-2334, or (361) 878-2337.

Directions: From South I-37, take State Hwy 358 (SPID) toward Padre Island. Exit at the Kostoryz exit, turn right onto Kostoryz and proceed south to Saratoga Blvd. Turn right onto Saratoga, and take the first left, the pool is on your left in the Cabaniss Athletic Complex.

From US 77 North, turn right on FM665 at Driscoll, TX. Proceed toward Corpus Christi. The road will change to FM43. Turn left onto Ayers Street (State Hwy 286). Go straight to Saratoga Blvd., turn right on Saratoga and proceed east toward the Cabaniss Field Athletic Complex. The pool will be on your right in the Cabaniss Field Athletic Complex.

- Facility: All deep 8 lane, 25-yard competition pool with a 6-lane 25-yard warm-up/cool-down pool. A Daktronics timing system and a Hy-tek Meet Manager Software will be utilized. Seating is available for over 975. Dressing and locker rooms are available on-site. The Natatorium is on CCISD property. No tobacco or alcohol is allowed on CCISD property including the parking lot. A Concession Stand will be provided.
- Liability: In granting the sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming (STSI), the Corpus Christi Independent School District (CCISD) and its employees, CBA and all meet officials and volunteers shall be free and held harmless from any liabilities or claims for damages arising by reason(s) of injuries to anyone during the conduct of the meet.
- **Rules:** The 2012 USA Swimming Rules & Regulations, and any relevant sections of the STSI Handbook will apply.

USA Swimming

Registration: Meet	All swimmers, coaches, and officials participating in this competition must be <u>currently</u> (2012 or 2013) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the meet host; will be required to present their USA Swimming ID card. Current national and LSC regulations do not allow for exceptions to these policies.
Format:	All events will be timed finals, swum in one short course yard pool, seeded only by time and gender. All events shall be swum slowest to fastest. The 500 and 1000 Freestyle are deck-seeded events, and positive check-in with the Clerk of Course is required. The check-in time period will be announced for each session. Swimmers will be entered in the order entries are received. We reserve the right to cap the number of swimmers entered in order to stay within the four hour rule during each sessions. Depending on the number of entries, the Meet Director and Referee reserve the right to modify meet operations as necessary
Meet Behavior:	It is expected that all persons attending the meet will respect the facilities and remember that they represent themselves and their respective clubs. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending club if attached, to be held accountable and liable for repairs. It also may result in expulsion from the meet.
Swimmers	
with Disabilities:	Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105. In a meet, sanctioned or approved by the LSC, that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules & Regulations, Article 105. A disability is defined as a permanent physical or mental impairment that substantially limits one or more major life activities.
Unaccompanie	d
Swimmers:	Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Pool Measurement:	The competition course has been certified in accordance with 104.2.2.C.(3) & (4). If a swimmer expects to, or does break a record, please inform the meet director or referee. In accordance to 104.2.2.C.(4).(c), "Where a moveable Bulkhead is used, course measurement of the lane in which the record was set must be confirmed at the conclusion of the session during which the time was achieved".
	The water depths of the competition course measured from 1-meter to 5-meters from the start and turn ends of the course are as follows:
	Start End: 6 feet Turn End: 6 feet
Cell Phone Restrictions:	The presence or use of cell phones, smart phones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no

exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

- Photographer: There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.
- **Entries:** Swimmers may enter up to 5 individual events and one relay per day. The age of the swimmer is his/her age on October 13, 2012. Enter with short course yard times. Team Manager should be used to convert long and short course meter times to short course yard times for seeding purposes. Coaches are encouraged to estimate times when no time has yet been achieved; however, no time (NT) will be accepted.

All teams with five or more swimmers entered in the meet must submit their entries using version 4 -7 of Hy-tek Team Manager Software or Team Unify Software. Teams with fewer than five swimmers may send an e-mail including the team name, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

Relay Entries: Relay team entry times may be determined by the sum of the individual team member times for like strokes/distances, or the actual time that relay team achieved in sanctioned competition. Teams are highly encouraged to use the .HYV file provided at the STSI website to set up their relay entries correctly (see Awards). Coaches are encouraged to estimate times when no times has yet been achieved; however, no time (NT) will be accepted.

Note: After the relay events in each session, there will be a ten (10) minute break.

Entry Fees: \$6.00 per individual event / \$12.00 per relay event (Includes the LSC Splash Fee of \$1.25 per event.)

Late/ Deck

Entry Fees: Late/deck entry fees are \$12.00/\$24.00 per event. Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter the current session beginning at the start of warm-up. Deck entries will close 45 minutes before the start of each session. Swimmers not previously entered in the meet must present their USA Swimming registration card to the Clerk of Course to deck enter.

Entry

Procedures: E-mail entries to <u>cbaentries@aol.com</u>. When you e-mail the entries, attach a word document of the Hy-Tek Meet Entry Report by swimmer. A meet Entry Fee report shall accompany the e-mail entries and needs to be received by the entry deadline. The entry chair will acknowledge receipt of e-mail entries within 24 hours. If no reply, please contact the entry chair immediately. Please be sure we receive your check prior to the start of the meet. Your team will NOT be allowed to compete until the entry fees are paid.

Make checks payable to: Coastal Bend All Stars (CBA).

Entries must be received no later than Tuesday, October 2, 2012

Please mail entries and fees to: Didi Byerly 7722 Jacinto Circle Corpus Christi, TX 78413

Awards: Ribbons for places one through eight in individual events will be awarded according to the following age groups: 8 & under, 9-10, and 11-12. First through third places in relay events will be awarded to 8 & under, 9-10, and 11-12 year old age groups.

A swimmer high point trophy will be awarded in the following age groups: 8 and under, 9-10, 11-12, 13-14, 15-16, and 17-18. In order to receive ribbons for relays, all four swimmers must be in the same age category, i.e., all four must be 8 & under, 9-10, 11-12, 13-14, or 15-18.

Scoring: Standard eight place scoring will be utilized. Individual events: 9-7-6-5-4-3-2-1 (1st through 8th place)

Warm-up

Procedures: South Texas Swimming Safety Guidelines and Warm-up procedures will be in effect at this meet (enclosed, see below). Violators shall be disqualified from their first individual event.

Warm-up times and lane assignments for each team will be posted in the Natatorium, on the CBA website <u>www.cbaswimming.com</u>, and e-mailed to the coaches no later than 6:00 PM Monday October 8, 2012.

Pool time on Friday, Oct 12th starting at 6pm will be available on space available basis. Please email the meet director at <u>timbyerly1@aol.com</u> with your request to include the number of swimmers.

Meet Administration:

Meet Referee and Entry Chair: Didi Byerly 7722 Jacinto Circle Corpus Christi, TX 78413 Phone: (361) 549-8887 E-mail: <u>didibyerly@aol.com</u>

Meet Director:

Tim Byerly 7722 Jacinto Circle Corpus Christi, TX 78413 Phone: (361) 548-0879 Email: <u>timbyerly1@aol.com</u> Admin Referee: Raychel Laya Phone: (361) 739-0290 Email: <u>rdlaya@grandecom.net</u>

Meet Director: <u>Tina Treacy</u> <u>5333 High Bank</u> <u>Corpus Christi, TX 78413</u> <u>Phone: (361) 290-1790</u> <u>ktreacy@grandecom.net</u> Head Coach: Bill Barton Phone: 361-813-1799 E-mail: billbarton7726@sbcglobal.net

Officials: All currently certified and training USA Swimming officials are cordially invited to participate. If you plan to officiate contact the Meet Referee.

Timers: Each team will be required to provide timers in proportion to the number of swimmers entered in the meet. Lane assignments will be made by Club. Athletes in the 500 and

10000 Freestyle must provide their own timers. The host team will ensure that the timers are well taken care of with food and drink.

Daily Schedule

Saturday October 13, 2012; Session 1

Warm-up session:	09:00 AM				
Sessions 1 Relay Forms due	09:15 AM				
Clear Pool:	09:40 AM				
Coach Meeting:	09:45 AM				
Sessions 1 begins	10:00 PM				
Saturday October 13, 2012; Session 2					
Warm-up session 1	01:30 PM				
Session 2 Relay Forms due	01:45 PM				
Warm-up Session 2	02:00 PM				
Clear Pool	02:30 PM				
Session 2 begins	02:45 PM				
Sunday October 14, 2012; Session 3					
Warm-up session:	07:00 AM				
Sessions 2 Relay Forms due	07:15 AM				
Clear Pool:	07:40 AM				
Coach Meeting:	07:45 AM				
Sessions 2 begins	08:00 AM				
Sunday October 14, 2012; Session 4					
Warm-up session 1	12:00 PM				
Session 2 Relay Forms due	12:15 PM				
Warm-up Session 2	12:30 PM				
Clear Pool	01:00 PM				
Session 2 begins	01:15 PM				

Events – Saturday, October 13, 2012 - Session 1					
Girls	Age Group	Event	Boys		
1	13 and O	400 Free Relay	2		
3	13 and O	400 Individual Medley	4		
5	13 and O	50 Free	6		
7	13 and O	100 Back	8		
9	13 and O	200 Fly	10		
11	13 and O	100 Breast	12		
13	13 and O	500 Free	14		
	Events – S	Saturday, October 13, 2012 - Session 2			
15	12 and U	200 Free Relay	16		
17	12 and U	100 Individual Medley	18		
19	12 and U	50 Free	20		
21	12 and U	100 Back	22		
23	11-12	200 Fly	24		
25	12 and U	50 Fly	26		
27	12 and U	100 Breast	28		
29	12 and U	500 Free	30		

Events – Sunday, October 14, 2012 - Session 3					
31	13 and O	400 Medley Relay	32		
33	13 and O	200 Individual Medley	34		
35	13 and O	200 Back	36		
37	13 and O	100 Free	38		
39	13 and O	200 Breast	40		
41	13 and O	100 Fly	42		
43	13 and O	200 Free	44		
45	13 and O	1000 Free	46		
	Events –	Sunday, October 14, 2012 - Session 4			
47	12 and U	200 Medley Relay	48		
49	12 and U	200 Individual Medley	50		
51	12 and U	50 Back	52		
53	13 and O	200 Back	54		
55	12 and U	100 Free	56		
57	11-12	200 Breast	58		
59	12 and U	50 Breast	60		
61	12 and U	100 Fly	62		
63	12 and U	200 Free	64		

* **Check-In is required for the 500 and 1000 Freestyle**. For this deck seeded event, positive check-in with the Clerk of Course is required. The time period will be announced for positive check-in by the swimmers. Swimmers must furnish a counter and one timer.

There will be a 10 minute break after the relays.

SOUTH TEXAS SWIMMING, Inc. Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

n. Open war	m-up procedures.	LANE USE	
POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 - 1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals must be members of United States Swimming.
 - 3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4 The host team shall provide signs for each lane at both ends of the pool,
 - indicating their designated use during warm-ups.
 - 5 Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6 An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7 Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area STSI Safety Guidelines and Warm-up Procedures last Revised 29-SEP-03

7



EMBASSY SUITES HOTELS

4337 South Padre Island Drive (Between Weber & Everhart) Corpus Christi, TX 78411 Phone: (361) 853-7899 or 1-800- EMBASSY Fax: (361) 851-1310 www.corpuschristi.embassysuites.com Includes a full, hot cooked Breakfast 7:00 until 10:30am on the weekends and 6:30 until 10:00 am on the weekdays.

Special Rate \$104.95+ Tax Room Types: Two Doubles

Room reservations must be made on or before: OCT 2,2012

Call Hotel Directly at (361)853-7899 and ask for

Group Code HIS

For more information contact MaggieLumpp at 361-853-7899,