

*The University of Texas at Austin and*



**LONGHORN AQUATICS  
2012 Fall Kickoff  
October 12-14, 2012**

**Important Meet Facts**

**Meet Date:** October 12-14, 2012

**Entries Open:** For South Texas Teams- noon, September 25, 2012

For ALL teams outside South Texas- 4:00pm, September 25, 2012

**Entries Close:** Monday, October 1, 2012

**Entry Fees:** \$8.25 per event

**Qualifying times:** There are no qualifying times required for this meet.

**New Deck Entry/Scratch Rule:** Deck entries for Saturday will be accepted before the Scratch Deadline on Friday. Deck entries for Sunday will be accepted before the scratch deadline on Saturday. No deck entries will be accepted the day of the event.

**Deck Entry Fees:** \$20.00 per event

**Deck Entry/Scratch Deadlines:**

Saturday Deck Entry/Scratch deadline- Friday, October 12th 6:30 PM

Sunday Deck Entry/Scratch deadline- Saturday, October 13th 6:30 PM

**Positive Check in Deadlines:** Positive check-in will be available as athletes enter the pool deck and will close 1 hour before the event. Swimmers that check-in for an event and fail to swim will be fined \$30 payable to the University of Texas.

**New Parking Info:** (new parking link, coming 9/1/12)

**New Address:** 1900 Red River Street, Austin TX 78712

**New Timer Rule:** Teams must provide timers per number of swimmers. Timer assignments will be posted on the Longhorn Aquatics Upcoming Meets page no later than October 11, 2012.

**Warm Up Assignments:** 12 & Under warm up times & lanes will be assigned. Assignments will be posted on the Longhorn Aquatics Upcoming Meets page no later than October 11, 2012. 13 & Over will have general warm ups.

**All meet information & updates can be found at:**

<http://www.utexas.edu/longhornaquatics/meets/upcoming-meets/>

**Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our 2012 Fall Kickoff. This meet is open to all USA Swimming registered swimmers and will be conducted in two 25 yard courses, using Daktronics Timing System and Hy-Tek Meet Manager software.

**Facility:** The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. There are two movable, power-operated bulkheads. For the October 2012 meet the competition course *has not* been certified in accordance with 104.2.2C(4).

The Swim Center is located on the University of Texas Campus, 1900 Red River Street, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

**Water Depths:** The Start end is 9 feet, and the turn end is 9 feet.

**Liability:** In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of Texas, the Lee and Joe Jamail Swimming Center, Longhorn Aquatics, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**TSC Rules:** As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food or drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

**Swimmer Photographs and Videos:** There may be one or more photographers and / or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

**Cell phone restrictions:** The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

**Sanction:** This meet has been sanctioned by South Texas Swimming and 2012 rules will apply. All swimmers must be registered as athletes for 2012 or 2013 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2012 or 2013 USA card.

**USA Swimming Registration:** All swimmers, coaches, and officials participating in this competition must be currently (2012 or 2013) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the meet host; will be required to present their USA Swimming ID card. Current national and LSC regulations do not allow for exceptions to these policies.

**Schedule:** Saturday and Sunday the meet will be split into morning and afternoon sessions based on age. The morning sessions each day are planned for swimmers 12 & under and the afternoon sessions for swimmers 13 & over. However, we reserve the right to split the sessions differently or to combine sessions based on the entries received. Warm-ups may be split if a large number of swimmers enter the meet. The diving well will be available throughout the meet for continuous warm-up and cool-down.

Friday	All Swimmers	Warm Up:	5:15PM	Start:	6:00PM
Saturday	12 & Under	Warm Up:	9:00AM	Start:	10:10AM
	13 & Over	Warm Up:	**	Start:	**
Sunday	12 & Under	Warm Up:	8:00AM	Start:	9:10AM
	13 & Over	Warm Up:	**	Start:	**

\*\* The warm-up for the afternoon session will begin immediately after the morning session. The exact time will be posted on the Longhorn Aquatics' website no later than October 11<sup>th</sup>.

**Qualifying Times:** There are no qualifying times.

**Meet Format:** All events are timed finals and will swim in two short course yard pools seeded only by time and gender. Age groups will be combined. Even heats will swim at the flag end of the pool, odd heats at the non-flag end of the pool. All events will swim fastest to slowest. We reserve the right to cap the number of swimmers entered in order to stay within the four hour rule. Friday evening, we will cap the meet at about 3 hours. Swimmers will be entered in the order entries are received.

**Check-in:** Positive check-in is required for the 500 free, 400 IM, and 1000 free. Positive check-in will be available as athletes enter the pool deck and will close 1 hour before the event is scheduled to swim. Exact times will be posted at Clerk of Course on the day of the event. Swimmers that check-in for an event and fail to swim will be fined \$30 payable to The University of Texas. These swimmers, and their team, will be barred from competition at the Swim Center until the fines are paid. Swimmers in these events must provide their own timer (and counter for the 500, and 1000). For the 500, 400 IM, and 1000 events, we will swim girls at the flag end of the pool and boys at the non-flag end of the pool. If we run out of boys heats, the girls will swim at both ends -- even heats at the flag end and odd heats at the non-flag end. The meet director and meet referee reserve the right to separate or combine entries as they see fit.

**Deck Entry/Scratch Rule:** With the exception of Friday, October 12, each session will be seeded the evening before. Deck entries and scratches for Saturday will be accepted before the Scratch Deadline on Friday. Deck entries and scratches for Sunday will be accepted before the scratch deadline on Saturday. No deck entries will be accepted the day of the event. Please scratch any event you will not swim the next day. There is not a penalty for failing to scratch a prelim event; this is a courtesy to the other swimmers by eliminating an empty lane in prelims.

**Deadlines:**

Saturday Deck Entry/Scratch deadline: Friday, October 12<sup>th</sup> 6:30 PM

Sunday Deck Entry/Scratch deadline: Saturday, October 13<sup>th</sup> 6:30 PM

The deck entry fee is \$20.00 per event. **Swimmers not previously entered in the meet must present their 2012 or 2013 USA Swimming registration card** at Clerk of Course to be able to deck enter.

**Racing Start Proficiency: (Unaccompanied Swimmers)** Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Entry Dates:** Entries will open for South Texas teams at noon on Tuesday, September 25<sup>th</sup>. Entries for teams outside the South Texas LSC will open at 4 PM on Tuesday, September 25<sup>th</sup>. Entries will not be accepted before these times. South Texas teams will not have a priority after 4 PM. **You should not make nonrefundable travel arrangements before you know your entries are accepted – entries will be processed in the order received.** Entries will close the earlier of:

- a) Monday, October 1<sup>st</sup>, 2012 at 4 PM or
- b) When a session reaches an estimated 4 hours in length. Individual sessions may close before the entire meet closes. If we have to close a session early, this will be posted on our website (<http://www.utexas.edu/longhornaquatics/meets/upcoming-meets/>). Friday evening, we will cap the meet at about 3 hours.

**Entries:** Swimmers may enter a maximum of 3 individual events per day, and 7 maximum events for the meet. The age of the swimmer will be his/her age on October 12, 2012. Enter all events with previous best times achieved in short course yards.

All teams with five or more swimmers entered in the meet must submit their entries using Version 4, 5, 6 or 7 of Hy-Tek Team Manager or Team Unify software.

Email entries to Bridgette Rhoades at [bridgette.rhoades@austin.utexas.edu](mailto:bridgette.rhoades@austin.utexas.edu). When you email the entries, also attach a report of the entries by swimmer. Entries/emails with only a zip file (i.e. without the entry report) will not be accepted. If you don't receive an email confirmation, your entries were not received.

Teams with fewer than five swimmers may send an email including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

**Entry fees must be postmarked by Tuesday, October 3<sup>rd</sup>.** Please include the meet entry fees report with your check. Please do NOT send a copy of the entries you emailed earlier.

No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will **NOT** be accepted or processed.

**Entry Fees:** \$8.25 per individual event. This includes the South Texas Swimming splash fee of \$1.25 per splash. Please send only one check per team location please. Refunds will not be given for any reason.

Make checks payable to: The University of Texas at Austin

Mail to: Longhorn Aquatics  
2012 Fall Kick Off  
The University of Texas at Austin  
**1900 Red River Street**  
Austin, TX 78712-0364

**Awards:** Ribbons, first through eighth place will be awarded according to the following age groupings: boys and girls 8 and under, 9 – 10. No other awards will be given. Coaches are responsible for picking up their teams ribbons at the end of the meet. Ribbons will not be mailed out.

**Meet Referee:** Trey Prinz (512) 287-7204 [prinz@netapp.com](mailto:prinz@netapp.com)  
**Admin Referee:** Jessica Evans (512) 771-0439 [jessicaevans@utexas.edu](mailto:jessicaevans@utexas.edu)  
**Head Coach:** Mike Laitala (512) 507-8969 [mike.laitala@austin.utexas.edu](mailto:mike.laitala@austin.utexas.edu)  
**Meet Director & Entry Chair:** Bridgette Rhoades (814) 602-8254 [bridgette.rhoades@austin.utexas.edu](mailto:bridgette.rhoades@austin.utexas.edu)

**Special Needs:** A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Texas Swimming Center at 512-471-7703 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Texas Swimming Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

**Officials:** All currently certified and in training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming and STSI Swimming for 2012/2013 and have a current Background Check acknowledged by USA Swimming. Please email the Meet Referee, Trey Prinz at [prinz@netapp.com](mailto:prinz@netapp.com), with your certification level and availability so he can plan accordingly. The uniform will be white polo shirts over navy blue pants, skirts or shorts. Please report to the Meet Referee at least 45 minutes prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.

**Deck Access:** Only currently registered coaches and officials will be allowed access beyond the front desk of the Texas Swimming Center. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck. Volunteers will be given a pass to access the deck and help for that specific purpose.

Please be aware that swimmers will not be allowed on the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the Meet Director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

**Parking:** Please visit <http://www.utexas.edu/longhornaquatics/meets/upcoming-meets/> as we get closer to the meet for more information on parking.

## Order of Events

Friday PM, October 12

All Ages

Girls Event #	Event	Boys Event #
1	200 IM	2
3	500 Free** (10-12)	4
5	1000 Free** (13 & Over)	6

\*Positive check-in required.

\*\*Swimmers must provide their own counter and timer.

Saturday, October 13

12 & Under AM

Girls Event #	Event	Boys Event #
7	200 Free	8
9	100 Breast	10
11	50 Back	12
13	200 Fly (10 & Over)	14
15	100 Back	16
17	50 Free	18
19	400 IM* (11-12)	20

13 & Over PM

Girls Event #	Event	Boys Event #
21	200 Free	22
23	100 Breast	24
25	200 Fly	26
27	100 Back	28
29	50 Free	30
31	400 IM*	32

\*Positive check in required. Swimmers must provide own timers.

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Sunday, October 14

12 & Under AM

Girls Event #	Event	Boys Event #
33	200 Back (10 & Over)	34
35	100 Free	36
37	50 Fly	38
39	200 Breast (10 & Over)	40
41	100 Fly	42
43	50 Breast	44
45	100 IM	46

13 & Over PM

Girls Event #	Event	Boys Event #
47	200 Back	48
49	100 Free	50
51	200 Breast	52
53	100 Fly	54
55	500 Free**	56

\*Positive check-in required.

\*\*Swimmers must provide own counter & timer.

**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES**

**I. Assigned warm-up Procedures.**

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

**II. Open warm-up procedures.**

<b>LANE USE POOL</b>	<b>PUSH/PACE</b>	<b>DIVES/SPRINTS</b>	<b>GENERAL WARMUP</b>
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

**3. Safety Guidelines**

- a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

- b. The host team will be responsible for the following.

- 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
- 2) Marshals must be members of United States Swimming.
- 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
- 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
- 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
- 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
- 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**B. MISCELLANEOUS NOTES**

1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-up unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

*The University of Texas at Austin*  
**Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics**

1900 Red River Street  
Austin, TX 78712-0363

## 2012-2013 Hotel Partners

Radisson Hotel & Suites on Town Lake  
111 Cesar Chavez  
Austin TX 78701



Contact: Emily Hastings  
(512) 478-9611  
[ehastings@radissonaustin.com](mailto:ehastings@radissonaustin.com)

**Located in the heart of downtown Austin, minutes from the UT Swim Center, home of Starbucks and T.G.I. Fridays restaurant**

Hampton Inn & Suites Downtown  
200 San Jacinto  
Austin, Texas 78701



(512) 742-1500  
[www.austindowntown.hamptoninn.com](http://www.austindowntown.hamptoninn.com)

**Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center**

Sheraton  
701 East 11th St.  
Austin, Texas 78701



Contact: Meg Griebel  
[mgriebel@sheratonaustinhotel.com](mailto:mgriebel@sheratonaustinhotel.com)  
(512) 404-6941

**The beautiful Sheraton Austin is just walking distance for the TSC and offers a large 24 hr fitness area and an indoor/outdoor pool.**

DoubleTree Guest Suites  
303 W 15th St  
Austin, Texas 78701



Contact: Emma Monette  
[emma.monette@hilton.com](mailto:emma.monette@hilton.com)  
(512) 478-7000

**The beautiful Sheraton Austin is just walking distance for the TSC and offers a large 24 hr fitness area and an indoor/outdoor pool.**



*The University of Texas at Austin*  
**Lee and Joe Jamail Texas Swimming Center & Longhorn  
 Aquatics**

1900 Red River Street  
 Austin, TX 78712-0363

## 2012-2013 Hotel Partners

<p><b><u>Crowne Plaza Hotel</u></b>          6121 North IH 35          Austin, Texas 78752</p>		<p><b>Contact: Stephanie Petta</b>  <a href="mailto:spetta@cphaustin.com">spetta@cphaustin.com</a>          (512) 371-5243</p>
<p>Located north of the Texas Swim Center, free parking, complimentary high speed internet access, and beautiful newly renovated guest rooms.</p>		
<p><b><u>DoubleTree University</u></b>          1617 I-35 North          Austin, TX 78702</p>		<p><b>Contact: Sarah Campbell</b>  <a href="mailto:sarah.campbell@ihrco.com">sarah.campbell@ihrco.com</a></p>
<p>The newly renovated Doubletree Hotel Austin University is the closest Hotel to the UT Swim Center! We offer sports friendly amenities, complimentary parking for buses, cars and vans.</p>		
<p><b><u>Embassy Suites Hotel Austin Central</u></b>          North - 5901 North I-35          Austin, TX 78711</p>		<p><b>Contact: Robert Mendoza</b>          (512) 541-0461  <a href="mailto:roberto.mendoza@hilton.com">roberto.mendoza@hilton.com</a>  <a href="http://www.austindowntown.embassysuites.com">www.austindowntown.embassysuites.com</a></p>
<p><b><u><a href="#">See the Embassy Suites Hotel Austin Central summer promotions.</a></u></b></p>		
<p><b><u>Drury Hotels of Austin North</u></b>          6711 North I-35          Austin, TX 78711</p>		<p><b>Contact: Alissa Vala</b>  <a href="mailto:Alissa.vala@druryhotels.com">Alissa.vala@druryhotels.com</a>          10+ Rooms: (800) 436-1196          Individual Reservations: (800) 378-7946</p>
<p>Located just north of the Texas Swim Center we offer complimentary Hot! Quickstart breakfast, evening beverages and hot snacks, wireless internet, and an outdoor pool.</p>		
<p><b><u>AT&amp;T Executive Education &amp; Conference Center</u></b>          1900 University Avenue          Austin, Texas 78705</p>		<p><b>Contact: Laura Barbar</b>          (877) 744-8822          (512) 404-3620  <a href="mailto:laura.barber@attconf.utexas.edu">laura.barber@attconf.utexas.edu</a></p>
<p>Located directly on the UT campus! The AT&amp;T Conference Center offers dining facilities, fitness center, pool &amp; parking.</p>		