



STREAMLINE AQUATICS



SASA THURSDAY NIGHT AT THE RACES

February 28, 2013

Sanction Number: STA-13-27

- Welcome:** Streamline Aquatics invites you to join us at the Barshop Natatorium on the campus of The University of the Incarnate Word to compete in our Thursday Night at the Races short-course meet. This meet will be conducted in one 11 lane pool, with 8 lanes for competition and 2 lanes for warm up and warm down. We will use Hy-Tek Meet Manager software and Daktronics timing system.
- Location:** The Barshop Natatorium is located on UIW's Campus at 4301 Broadway, San Antonio, TX 78209. The pool is located on the West side of campus over the river bridge and on the right. Please note that Hildebrand is now a one way street, East bound, between Hwy 281 and Broadway.
- Facility:** Depth at start end: 13 feet. The course has been professionally surveyed and certified in accordance with 104.2.2C(4)
- Liability:** USA Swimming, South Texas Swimming, The University of the Incarnate Word, Barshop Natatorium, and Streamline Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- Sanctions:** This meet is sanctioned by South Texas Swimming and 2012 rules apply. All swimmers must be registered for 2013 with USA Swimming. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if the meet director is contacted by Angella Woodard, the South Texas Executive Secretary for verification of registration.
- USA Swimming Registration:** All swimmers, coaches, and officials participating in this competition must be *currently* (2013) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time. Swimmers who **1)** late enter **2)** need to be entered because of clerical errors by the entering team or the meet host; will be required to present their USA Swimming ID Card or acquire a USA Swimming Registration Form and pay the necessary fees prior to being allowed to compete. South Texas Swimming does not permit on-deck USA Swimming Registrations.
- Qualifying Times:** This meet is an open meet and time standards are not required. Although athletes may enter the meet with NT, we would encourage you to estimate a SCY time. You may convert a LCM time. A good estimated SCY time will ensure your athlete is seeded in the proper heat -- this provides the best competition for all athletes.

Schedule: Thursday Timed Finals Warm Up 4:30 PM Coaches Meeting 5:50 PM Start 6:00 PM

*An e-mail will be sent to each team no later than Tuesday, February 26th, with specific warm up times should warm ups need to be split into more than two sessions or adjusted to only one session and warm-up start times adjusted.

Meet Format: The meet will be a timed finals meet. We reserve the right to cap the number of swimmers. Swimmers will be entered in the order entries are received.

All events will swim fastest to slowest.

Awards: Ribbons, first through eighth place will be awarded for 10 & under, 11-12, and 13 and Over in individual events.

Entry Deadline: Entries must be received by **Wednesday, February 20, 2013 at 4 PM**. Entry fees must be received by **Tuesday, February 26, 2013**.

Entries: Swimmers may enter a maximum of 5 events per day. The age of the swimmer will be his/her age on **February 28, 2013**. Enter all events with short course yards times.

Entries must be emailed to Angella Woodard at admin@stswim.org. If you do not receive an email confirmation, your entries were not received. Please mail a hard copy of what you emailed.

Teams with *fewer than five* swimmers are not required to submit entries on Hy-Tek. They should email: swimmers name (as registered with USA Swimming), USA ID, club, club abbreviation, LSC, event number/name and entry times.

Teams with five or more swimmers entered in the meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software. Include the Hy-Tek entry file and a Word document of the entries **by swimmer** with each entry file, including any subsequent revisions. It is necessary to include a hard copy of your entries with your check.

No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Entry Fees: **\$6.25 per individual event**. This includes the South Texas Swimming splash fee of \$1.25 per splash. Entry fees must be received by **Tuesday, February 26th**. Please include an entry fee report with your check.

Make checks payable to **Streamline Aquatics** and mail to:

Meet Director- SASA Sombrero Champs
14514 Majestic Prince
San Antonio, TX 78248

Deck Entries: Deck entries will be accepted only for open lanes. **No new heats will be created**. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 45 minutes before the start of each session.

The deck entry fee is **\$13.00** per individual event. **Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to be able to deck enter. No exceptions.**

Officials: Help from visiting officials will be needed. Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Ray Pearce, poolsbvray@aol.com. All currently certified and in training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming and their local LSC for 2013 and have a current Background Check and Athlete Protection

Course acknowledged by USA Swimming. Please email the Meet Referee with your certification level and availability so he can plan accordingly. Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.

Meet Referee: Ray Pearce - 210-326-7332 - poolsbyray@aol.com
Admin Official: Angella Woodard – 210-479-0881 – admin@stswim.org
Meet Director: Angella Woodard – 210-479-0881 – admin@stswim.org
Head Coach: Phillip Davis - 210-805-3078 office - padavis@uiwtx.edu

Timers: Lane timing assignments will be made proportionate to the number of entries. Teams will be notified of timing responsibilities by Monday, February 25th.

Unaccompanied Swimmers: Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Cell phone Restrictions: The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Swimmer Photographs And Videos: There may be one or more photographers and / or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.

Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

Special Needs: Please notify the Barshop Natatorium (210-805-3078) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Natatorium staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Parking: There should be plenty of free parking in front and behind the Barshop Natatorium.

Concessions: There will be concessions available. Please help us keep the facility clean.



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SASA Thursday Night at the Races

February 28, 2013
Order of Events

Thursday, February 28, 2013

Girls Event #	Age Group	Event	Boys Event #
Girls			Boys
1	10 and U	25 free	2
3	12 and U	50 breast	4
5	11 and O	100 fly	6
7	12 and U	100 IM	8
9	10 and U	25 fly	10
11	12 and U	50 back	12
13	11 and O	100 Back	14
15	10 and U	25 back	16
17	Open	50 free	18
19	11 and O	100 Breast	20
21	10 and U	25 breast	22
23	12 and U	50 fly	24
25	Open	100 free	26

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(e) supervising that lane
 - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only!
 Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

3. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2) Marshals must be members of United States Swimming.
 - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- 1. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks.
 Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- 5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.