



# Brownsville Aquatics Great Whites Kickoff of Long Course Season Meet April 14, 2013 STA-13-37



- Meet:** •Open
- Dates:** •April 14, 2013
- Sanction Number:** • STA-13-37
- Venue:** •Margaret M. Clark Aquatic Center, Brownsville Independent School District  
•2901 FM 802  
•Brownsville, TX 78520  
•956-698-0060  
•**From US-77 S/US-83 S** – Take exit toward Farm to Market Rd 802/Ruben M Torres Sr. Blvd, merge onto Frontage Rd, turn Left at Coffee port Rd/Farm to Market 802/E Ruben M Torres Sr. Blvd, turn left at Seville Blvd, and Aquatic Center is corner building on left.
- Eligibility:** •This meet is open to all swimmers who are currently 2013 registered with USA Swimming.
- Facility:** •Margaret M. Clark Aquatic Center has an indoor 25 Meters 8 lanes competition pool:  
8 lanes  
Depth at start end: 6'-7" feet; turn end: 4'-0"  
Hy-Tek Meet Manager software and Daktronics timing system will be utilized.  
The course has not been professionally surveyed and certified in accordance with 104.2.2C(4)  
There will be concessions available next to main entrance to the Aquatic Center  
Adaptive 20' pool will be used throughout the meet for warm-up and cool down
- Liability:** •In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), Brownsville Independent School District, Brownsville Aquatics and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet
- Cell Phone Restrictions:** •The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all time.  
•There are no exceptions to this policy.  
•Violators are subject to disqualification from the meet, disbarment from the facility and arrest.
- Swimmer Photographs And Videos:** •There may be one or more photographers and / or videographers on deck at this meet.  
•In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.  
•Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.
- Deck Changing:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.
- Sanction:** •This meet is sanctioned by South Texas Swimming and the 2013 USA Swimming Rules apply  
•All swimmers must be registered for 2013 with USA Swimming by the entry deadline  
•Athletes who fail to meet this requirement will not be allowed to compete
- Format:** The meet will be a timed finals meet. We reserve the right to cap the number of swimmers entered in each session in order to stay within the four hour rule. Swimmers will be entered in the order entries are received. All events will swim fastest to slowest.
- Rules:** •The year 2013 USA Swimming Rules and Regulations and any relevant portions of the STSI Policies and Procedures Manual.

## **Unaccompanied**

- Swimmers:**
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water
  - It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

## **Qualifying**

- Times:**
- There are no qualifying times

- Age up Date:**
- The age of the swimmer will be his/her age on April 14, 2013.

## **Entry**

- Restrictions:**
- An individual swimmer may enter in a maximum of five (5) individual

- Time Trials:**
- There will be no time trials

## **Entry**

- Deadlines:**
- Tuesday, April 2, 2013 9:00 PM

## **Entry**

- Requirements:**
- All entries must contain the following information:
    - The name, email address, and phone number of the person preparing the entries in case clarification is needed
    - An attachment of the Hy-Tek Team Manager export file
    - An attached Word Document listing the entries (by swimmer)
    - An attached Word Document of the meet entry fees report
    - Teams with exceptions will be e-mailed notice of same
    - Teams and entrants are responsible to check the exception report when notified

## **General Entry**

- Procedures:** All teams with five or more swimmers entered in the meet must submit their entries using Hy-Tek Team Manager software. We understand that sometimes it is necessary to send a corrected Hy-Tek file but this should be the exception.

Email entries to [rpshea@bisd.us](mailto:rpshea@bisd.us). When you email the entries, also attach a Word document of the Hy-Tek Meet Entry Report by swimmer. If you don't receive an email confirmation, your entries were not received. The Commlink File must be renamed to clearly identify the entering team, shorter is better.

Teams with fewer than five swimmers may send an email including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

Entry fees must be received by Monday, April 9, 2013. Please include the meet entry fees re-port with your check. Do NOT send a copy of the entries you emailed earlier. Mail entry fees and entry report to:

Deborah Salais  
BAS Kickoff Long Course Season Meet Entries  
1004 Vamonos Dr.  
Brownsville, TX 78526

No paper, phone, or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed and refunds will not be given.

- Entry Fees:** \$6.00 per individual event \$12.00 late entry. (Includes \$1.25 South Texas Swimming splash fee), Checks payable to: BAS

- Heat Sheets:** Heat sheets will be available for sale at a nominal cost.

- Deck Entries:** Deck entries will be accepted for open lanes. Additional heats may be created at the discretion of the meet director and/or meet referee. All deck entries will be entered with a NT. You may deck enter up to 8:30 AM on the day of the meet. Swimmers that are not previously entered in the meet are required to

show proof of their current 2013 USA Swimming registration to the Clerk of Course in order to deck enter. Deck entry fees are double per event.

### Warm-up

#### Procedures:

- The South Texas Swimming Safety Guidelines and Warm-up Procedures on page eight will be in effect at this meet
- The 20' adaptive 4' deep pool will be available for warm-ups throughout the meet
- Warm-up times and lane assignments for each team will be posted on the [www.brownsvilleaquatics.com](http://www.brownsvilleaquatics.com) website along with the psyche sheet
- Warm-ups MUST be under the direct supervision of a coach at all times

### Scratch

#### Rules:

There is no penalty for scratching from an event. However, in order to assist those swimmers that wish to deck enter, please report any scratches to the clerk of course as soon as possible.

### Special

#### Needs:

- Please notify the Ryan Shea, Head Coach, Brownsville Aquatics, 956-204-6574, in advance of this event with the name and age of any member on your team who needs assistance to enter the building
- The host staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities
- Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judges under Article 105

### Awards:

Ribbons will be given for 1st through 8th place in each event for each age group (8 and under will be a separate age group).

### Scoring:

Place ⇒	1	2	3	4	5	6	7	8
Individual Points	9	7	6	5	4	3	2	1

### Meet

#### Management:

##### •Meet Director

- Monicas Rosales
- 2901 FM 802
- Brownsville, TX, 78526
- 956-459-2580
- mimorales1@sbcglobal.net

##### •Meet Referee

- Miguel Gonzalez
- 7025 N. 5<sup>th</sup> Street
- McAllen, TX, 78504
- 956-207-9573
- gonzalezma@panam.edu

##### •Entries Chair

- Ryan Shea
- 2700 FM 802 Apt. 822
- Brownsville, TX 78526
- 956-204-6574
- rpshea@bisd.us

#### Meet Administrative Referee

Judith A. Reeve  
5111 North 10th St.  
McAllen, TX, 78504  
956-686-0479  
jfrog50@aol.com

### Officials:

All currently certified and in-training USA Swimming officials are cordially invited to participate. USA Swimming Rules and Regulations require that officials prominently display their USA Swimming and LSC credentials while on deck as an official. The wearing of name tags is strongly encouraged. Please check-in with the Meet Referee not later than Tuesday March. 16<sup>th</sup>, 2013. You WILL NOT be guaranteed an assignment if your commitment and information are not submitted or not received by the deadline. Walk ins will be assigned on an as needed basis only. Uniforms for deck officials will be as follows: White shirts/blouses over navy blue pants, skirts, or Bermuda length shorts (NO JEANS PLEASE)

### Schedule:

**Warm-up begins: 8:00 AM**

**Meet begins: 9:00 AM**

### Timers:

The host team will attempt to provide backup timers for this meet. Volunteers are welcome.



## Order of Events

Distances are in Meters

Sunday, April 14, 2014

Girl Event	Event	Boy Event
1	12 & Over 400 IM	2
3	12 & Under 50 Fly	4
5	12 & Over 200 Back	6
7	Open 100 Fly	8
9	12 & Under 50 Breast	10
11	12 & Over 200 Fly	12
13	Open 100 Breast	14
15	12 & Under 50 Back	16
17	12 & Over 200 Breast	18
19	Open 50 Free	20
21	Open 100 Back	22
23	12 & Under 100 IM	24
25	Open 200 IM	26
27	Open 100 Free	28

# SOUTH TEXAS SWIMMING, Inc.

## Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

#### I. Assigned warm-up Procedures (**Preliminaries**).

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

#### II. Open warm-up procedures (**Finals**).

#### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

### 3. Safety Guidelines

#### a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

#### b. The host team will be responsible for the following.

- 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
- 2) Referees have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
- 3) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
- 4) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
- 5) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
- 6) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

1. Coaches will ensure that backstrokers are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-up unless approved by the Referee.

**NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.**

