



# Alamo Area Aquatic Association

www.aaaa-sa.org

## Meet Information

Posted 03/13/14



- Meet:**
- 2014 ST AAAA / Neat B+ Junior Series, I through IV
  - Four long course meter meets in April, May and two in June
  - "B" and faster competition for 12 and Unders

**Dates:**

	<u>Junior Series I</u>	<u>Junior Series II</u>	<u>Junior Series III</u>	<u>Junior Series IV</u>
	■ April 12th & 13th	■ May 10th & 11st	■ June 7th & 8th	■ June 21st & 22nd
■ Sanction #'s →	STA-14-29	STA-14-31	STA-14-32	STA-14-33
■ Age up Date:	April 12, 2014	May 10, 2014	June 7, 2014	June 21, 2014

- Venue:**
- Bill Walker Pool
  - Blossom Athletic Center (North East Stadium)
  - Jones-Maltsberger Road at Starcrest / Bitters
  - San Antonio, TX 78216
  - 210-491-6132

- Facility:**
- Eight 2.25-meter wide lanes by 50-meters
  - The minimum water depth, measured in accordance with Article 103.2.3, is 2.25 meters (7.5 feet) at the start end and 1.35 meters (4 feet 8 inches) meters at the turn end.
  - The competition course has not been certified IAW with 104.2.2C(4)
  - Colorado / Daktronics starting and timing
  - Deck seating is limited
  - The adjacent eight-lane Davis pool will be available for warm-ups and cool downs

- Liability:**
- These meets will be conducted under Sanction of USA Swimming
  - In granting a Sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the North East Independent School District, and all meet officials shall be free and held harmless from any liabilities for claims for damage arising by reason(s) arising by reason of injuries to anyone during the conduct of these meets

- Rules:**
- The 2013 (April) or 2014 (May and June) USA Swimming Rules and any relevant sections of the STSI Policies and Procedures Manual will apply

- Format:**
- Identical Order of Events and Time Standards for all four meets
  - Pre-seeded
  - Timed finals in long course meters (LCM)
  - All events will be *swum fastest to slowest*
  - The 400-meter individual medley and the 400-meter freestyle will require positive check-ins by 9:30 AM on the day of the event, be deck seeded and gender mixed
    - Swimmers who check-in and subsequently fail to show for competition will be disqualified from further competition in the meet.
    - Competitors in the 400-meter I-M and 400-meter freestyles are required to provide their own backup timers
  - All other events will be seeded by time and gender without regard to age
  - Swimmers must be *currently* (2014) registered with USA Swimming or FINA
  - Entries received without a valid and accurate 2014 USA Swimming Identification Number will not be accepted and any entry fees will not be refunded
  - No time trials
  - No pre-proof of time required
    - However, entry times may be challenged and swimmers entering with times proven by SWIMS to be slower than the minimum specified will be disqualified from further competition

## Entry

- Restrictions:**
- This meet is open to all currently (2014) registered USA Swimming and FINA athletes who are not yet 13 years of age as of the respective Age-Up Dates specified with the Sanction Numbers on page one (1)
  - Swimmers are requested to enter with a seed time in long course meters (LCM)
    - Swimmers who nevertheless choose to enter with non-conforming (SCY or SCM) times will be seeded last by lot
  - Entries received with No Time (NT) will not be accepted and any entry fees will not be refunded
  - Swimmers may enter a maximum of five (5) events each day

## Unaccompanied

- Swimmers:**
- Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

## Cell Phone

- Restrictions:**
- The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.
  - There are no exceptions to this policy.
  - Violators are subject to disqualification from the meet, disbarment from the facility and arrest
  - Coaches and athletes please note: The use of cell phones and / or tablets by athletes anywhere behind the starting blocks during competition is strongly discouraged

## Swimmer Photographs And Videos:

- There may be one or more photographers and / or videographers on deck at this meet.
- In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
- Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

## Deck

- Changing:**
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

## USA Swimming

- Registration:**
- All swimmers, coaches, and officials participating in this competition must be currently (2014) registered with USA Swimming or FINA
  - All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time
  - Swimmers who: **1)** chose to enter time trials, if offered, **2)** late enter when possible, or **3)** need to be late entered because of clerical errors by the entering team and / or the meet host; will be required to present their 2014 USA Swimming ID Card
  - National and LSC Regulations do not allow for any exceptions to these policies

## Qualifying Times:

- Entering swimmers must, at some time (lifetime best) have achieved at least the 2013 – 2016 National Motivational "B" time for every event entered
- Please note, the times are specified in long course meters (LCM)
- Swimmers who nevertheless enter with non-conforming times (SCY or SCM) will be seeded last
- Converted times are acceptable, but only with appropriate notations
- Entry times may be challenged at any time
  - Swimmers proved by SWIMS to have entered with fraudulent a time be disqualified from the competition

## Entry

- Deadlines:**
- By 12-noon, as noted below:

<u><b>Junior Series I</b></u>	<u><b>Junior Series II</b></u>	<u><b>Junior Series III</b></u>	<u><b>Junior Series IV</b></u>
■ Tuesday, April 1, 2014	■ Tuesday, April 29, 2014	■ Tuesday May 27, 2014	■ Tuesday, June 10, 2014

## Late/Deck Entries?

- None permitted!

## Entry

### Procedures

- The only acceptable mode of entry is via Hy-Tek Commlink File
- A hard copy and Entry Fee Report must be included with your entry
- If you have questions on this procedure contact Bill Spurgeon at the e-mail address noted below
- An "HYV" File for Team Manager is available on the Club Meet Calendar Page of the AAAA Web Site ([www.aaaa-sa.org](http://www.aaaa-sa.org))
- Entries received without a seedtime (NT) will not be entered into this pre-seeded meet and any entry fees will not be refunded
- Please be certain to confirm your acceptance into this meet prior to making air and / or hotel reservations

## E-Mail

### Entries:

- Entries in Commlink Format only, MUST be submitted to: [wspurg@neisd.net](mailto:wspurg@neisd.net)
- The Commlink File must be renamed to clearly identify the entering team, the shorter the better
- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded
- Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail or hand-delivered to the meet director

**Scratch Rules:** ■All events will be pre-seeded and there is no penalty for scratching from an event

**Entry Fee:** ■\$6.50 per event, which includes the \$1.25 STSI Splash Fee

## Checks

**payable to:** ■NEAT

## Meet

### Management:

- Meet Manager 5.0
- Meet Director**
- René Rodriguez
- 210-491-6132
- FAX: 210-491-6133
- lwalke1@neisd.net

### ■Entries Chair

- Bill Spurgeon
- 210-491-6132
- FAX: 210-491-6133
- wspurg@neisd.net

### Administrative Official

Denny Ryther  
210-301-0631  
[Dryther13@hotmail.com](mailto:Dryther13@hotmail.com)

## Meet Referees:

### Junior Series I

- Rudy Chapa
- 210-492-0843
- rchapatx@gmail.com

### Junior Series II

- Ray Pearce
- 210-326-7332
- poolsbyray@aol.com

### Junior Series III

- Rick Russell
- 210-834-7409
- rd.russ@yahoo.com

### Junior Series IV

- Doug Donofrio
- 210-884-3860
- doug311@sbcglobal.net

## Daily

### Schedules:

- Coaches' meeting (Saturdays only) 7:00 AM
- Warm-ups begin 7:30 AM
- Clear pool 8:50 AM
- Competition begins 9:00 AM

### Warm-ups:

- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures page five (5)

## Special

### Needs:

- Please notify the North East Aquatic Center (210-491-6132) in advance of this meet with the name and age of any member on your team who needs assistance to enter the building
- The facility Staff will make reasonable accommodations for swimmers, coaches or spectators who wish to enter and use our facility
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities
- Coaches and / or athletes must notify the Meet Referee before each session begins if any swimmer requires specialized equipment and / or is to be considered for judging under Article 105

## Awards:

- Ribbons places one through eight
- Age Groups: Appropriate to each event
- 10 and Under, 11 and 12

**Officials  
and Timers:**

- Volunteer timers will be needed
- All currently (2014) certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
- All deck officials must have a current USA Swimming Background Check and Athlete Training Program, verifiable in SWIMS
- Uniform for officials is white polo shirts over khaki trousers, skirts, capris or Bermuda-length shorts
  - Please, No short shorts, jeans or flip-flops
- Officials must prominently display their South Texas and USA Swimming credentials while on deck
- Wearing of name tags is strongly encouraged
- Please report to the Meet Referee 30 minutes prior to the scheduled start time of any session to receive assignments

**Order of Events and MINIMUM Qualifying Times  
2013 – 2016 National Motivational Long Course “B” Times  
Distances are in Long Course METERS!**

Saturdays @ 9:00 AM (Dates are on page one)					
Girl's #	Equal to or Faster Than	Age Group	Distance & Stroke	Equal to or Faster Than	Boy's #
1	4:10.09	10 & U	200 I-M	4:08.09	2
	3:28.39	11 & 12		3:26.99	
3	3:48.49	10 & U	200 Free	3:34.79	4
	3:03.79	11 & 12		2:58.99	
5	3:54.59	11 & 12	200 Breast	3:49.99	6
7	3:27.69	11 & 12	200 Back	3:22.79	8
9	3:29.09	11 & 12	200 Fly	3:22.49	10
11*	7:37.29	10 & U	400 Free	7:29.49	12*
	6:23.89	11 & 12		6:15.49	
Sundays, 9:00 AM (Dates are on page one)					
13	1:43.09	10 & U	100 Free	1:41.29	14
	1:24.99	11 & 12		1:22.19	
15	2:16.89	10 & U	100 Breast	2:11.19	16
	1:49.99	11 & 12		1:48.29	
17	2:01.89	10 & U	100 Back	1:56.09	18
	1:38.89	11 & 12		1:37.79	
19	2:11.19	10 & U	100 Fly	2:09.39	20
	1:37.49	11 & 12		1:36.19	
21*	7:23.79	11 & 12	400 I-M	7:13.49	22*

**\*PLEASE NOTE:** Events numbered 11 and 12 and events numbered 21 and 22 will require a positive check-in by 9:30 AM on the day of the event. They will then be gender mixed, seeded on deck and swum fastest to slowest. Swimmers must provide their own backup timers and those swimmers who check in for either event and subsequently fail to appear for competition will be disqualified from further participation in the meet. These events will be swum as events 11 and 21 respectively.



# SOUTH TEXAS SWIMMING, Inc.

## Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

#### I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

#### II. Open warm-up procedures.

##### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push / Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

### III. Safety Guidelines

#### a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

#### b. The host team will be responsible for the following.

1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals must be members of United States Swimming.
3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

**NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.**