



Alamo Area Aquatic Association

www.aaaa-sa.org
Meet Information
Posted 09/26/13



- Name:** ■2013 San Antonio Nadadores B+
- Sanction:** ■STA-13-83
- Dates:** ■Saturday and Sunday, October 19th and 20th, 2013
- Venue:** ■San Antonio Natatorium
■1430 West Cesar Chavez Blvd.
■San Antonio, Texas 78207
■210-299-1560
- Facility:** ■Eight 25-yard lanes
■The minimum water depth, measured in accordance with Article 103.2.3, is five feet six inches at the start end and four feet six inches at the turn end.
■The course has not been professionally certified IAW 104.2.2(C)
■Eight-lane adjacent pool available for warm-ups / cool downs
■All automatic DAKTRONICS starting and timing
■Limited deck seating (<500) / bring lawn chairs
■Concessions available
- Liability:** ■In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the San Antonio Independent School District, and all meet officials shall be free from any liabilities for claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet
- Deck Changing:** ■Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged
- Sanction:** ■This meet is sanctioned by South Texas Swimming and 2013 USA Swimming rules and any relevant sections of the South Texas Policies and Procedures Manual apply
■All swimmers must be registered for 2013 or 2014 with USA Swimming by the entry deadline
■Athletes who may need to register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2013 or 2014 USA Swimming registration card
■South Texas Swimming does not allow on-deck USA Swimming registrations
- Cell Phone Restrictions:** ■The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas are strictly and specifically prohibited at all times.
■There are no exceptions to this policy.
■Violators are subject to disqualification from the meet, disbarment from the facility and arrest.
- Swimmer Photographs And Videos:** ■There may be one or more photographers and / or videographers on deck at this meet.
■In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
■Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.
- Unaccompanied Swimmers** ■Every swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water
■When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement
- Age up Date:** ■October 19, 2013

Meet

Management: ■HY-TEK Meet Manager 4.0

■Entries Chair & Meet Director:

- Don Walker
- 1430 West Cesar Chavez Blvd
- San Antonio, TX 78207
- 210-299-1560
- dmw15479@aol.com

■Administrative Official Saturday

- Karen Kliewer
- 4593 S. Loop 1604 W, #2-B
- Von Ormy, TX 78073
- 210-842-6997
- karenskhorus@aol.com

■Meet Referee:

- J. R. Rightmyer
- 3730 Longridge Drive
- San Antonio TX, 78228
- 210-857-4950
- john.rightmyer@gmail.com

■Administrative Official Sunday

- Rick Allenstein
- 13819 Chittum Woods
- San Antonio, TX 78232
- 210-602-6418
- rallenstein@hotmail.com

Warm-ups: ■Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page five
■AAAA will warm up from 7:30-8:05 am
■All other teams will warm up from 8:05-8:40 am (both days)

Time

Trials: ■None

Scratch

Rules: ■There are no penalties for scratching from a pre-seeded, timed final meet
■However, known scratches will allow for additional late / deck entries.

Scoring: ■Not scored

Awards: ■Ribbons places one through eight
■10 and Under — 11 and 12 — 13 and 14 (no awards for 15 and over)

Special Needs: ■Please notify the San Antonio Natatorium (210-299-1560) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
■The SAISD Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility.
■In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
■A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
■Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Daily

Schedule:

■Warm Up Session One	Competition Pool- 7:30-8:05 AM	AAAA only
■Warm Up Session Two	Competition Pool- 8:05-8:40 AM	All other teams
■South Pool available for constant warm-up / cool down		
■Coaches' meeting	8:45 AM	
■Sessions begin	9:00 AM	

Timers: ■Teams will be required to provide timers proportionate to their entries
■Competitors in the 500 free will be required to provide their own backup timers and lap counters
■Competitors in the 400 I-M will be required to provide their own backup timers

Officials: ■All currently (2013 or 2014) certified and in training USA Swimming officials are cordially invited to participate.
■Please report to the Meet Referee at least 30 minutes prior to the schedule start times to receive your assignments
■The wearing of name tags is strongly encouraged

Order of Events and Minimum Qualifying Times (SCY)

2013 – 2016 National “B” Times – Distances are in yards

Saturday, October 19th at 9:00 AM					Sunday, October 20th at 9:00 AM								
Girls No.	Equal to or Faster Than	Age Group Distance and Stroke	Equal to or Faster Than	Boys No.	Girls No.	Equal to or Faster Than	Age Group Distance and Stroke	Equal to or Faster Than	Boys No.				
1	100 Breaststroke			2	15	200 Butterfly			16				
	1:58.79	10 and Under	1:53.69			3:02.39	11 and 12	2:58.09					
	1:35.79	11 and 12	1:33.59			2:52.39	13 and 14	2:40.39					
	1:29.39	13 and 14	1:22.59			2:46.79	15 and Over	2:33.29					
3	100 Butterfly			4	17	50 Breaststroke			18				
	1:55.49	10 and Under	1:54.09			0:53.59	10 and Under	0:53.19					
	1:26.29	11 and 12	1:24.49		0:43.69	11 and 12	0:43.79						
	1:17.69	13 and 14	1:12.19		19	100 Backstroke			20				
1:16.19	15 and Over	1:08.79	1:45.09	10 and Under		1:41.39							
5	200 Backstroke			6	1:26.29	11 and 12	1:24.09	21		200 Individual Medley			22
	2:59.49	11 and 12	2:55.29		1:18.29	13 and 14	1:13.59						
	2:48.39	13 and 14	2:39.39		1:16.29	15 and Over	1:09.69						
7	50 Freestyle			8	3:40.39	10 and Under	3:38.89	23	50 Butterfly			24	
	0:39.49	10 and Under	0:38.49		0:47.99	10 and Under	0:46.69						
	0:34.09	11 and 12	0:33.09		0:37.29	11 and 12	0:37.69						
	0:32.89	13 and 14	0:30.39		25	100 Freestyle			26				
0:32.29	15 and Over	0:28.99	1:30.69	10 and Under		1:28.49							
9	50 Backstroke			10	1:13.59	11 and 12	1:12.19	27		200 Breaststroke			28
	0:48.59	10 and Under	0:48.59		1:11.39	13 and 14	1:06.29						
0:38.79	11 and 12	0:38.99	11	200 Freestyle			1:09.99	15 and Over	1:03.29				
3:20.19	10 and Under	3:09.09		13	400 Ind. Medley			13	3:25.79	11 and 12	3:17.69		
2:41.19	11 and 12	2:37.19			3:13.99	13 and 14	3:00.49						
2:33.89	13 and 14	2:24.49			3:09.99	15 and Over	2:52.79						
2:30.79	15 and Over	2:18.20	29		500 Free				29				
13	400 Ind. Medley			13	8:30.49	10 and Under	8:22.79						
	6:28.59	11 and 12			6:20.09	7:09.29	11 and 12	7:02.99					
	6:08.49	13 and 14			5:44.99	6:51.79	13 and 14	6:29.49					
5:58.49	15 and Over	5:31.39	6:41.29	15 and Over	6:14.69								
Events 13 and 29 will require positive check-ins on the day of the event by 10:00 AM, be age and gender combined and swum <u>FASTEST to SLOWEST.</u>													

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals must be members of United States Swimming.
 3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.