

Coastal Bend AllStars (CBA)

is pleased to host the:



Winter Wonderland Unclassified

**At the
CCISD Natatorium, Corpus Christi, Texas
January 4-5, 2014
Sanction # STA-14-02
Entry Deadline: Tuesday, December 24, 2013**

Location: Corpus Christi ISD Natatorium, 3202 Cabaniss Parkway, Corpus Christi, TX. 78415.
Pool Telephone numbers: (361) 878-2333 x114, (361) 878-2334, or (361) 878-2337.

Directions: From South I-37, take State Hwy 358 (SPID) toward Padre Island. Exit at the Kostoryz exit, turn right onto Kostoryz and proceed south to Saratoga Blvd. Turn right onto Saratoga, and take the first left, the pool is on your left in the Cabaniss Athletic Complex.

From US 77 North, turn right on FM665 at Driscoll, TX. Proceed toward Corpus Christi. The road will change to FM43. Turn left onto Ayers Street (State Hwy 286). Go straight to Saratoga Blvd., turn right on Saratoga and proceed east toward the Cabaniss Field Athletic Complex. The pool will be on your right in the Cabaniss Field Athletic Complex.

Facility: All deep 8 lane, 25-yard competition pool with a 6-lane 25-yard warm-up/cool-down pool. A Daktronics timing system and a Hy-tek Meet Manager Software will be utilized. Seating is available for over 975. Dressing and locker rooms are available on-site. The Natatorium is on CCISD property. No tobacco or alcohol is allowed on CCISD property including the parking lot. A Concession Stand will be provided.

Liability: In granting the sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming (STSI), the Corpus Christi Independent School District (CCISD) and its employees, CBA and all meet officials and volunteers shall be free and held harmless from any liabilities or claims for damages arising by reason(s) of injuries to anyone during the conduct of the meet.

Rules: The 2013 USA Swimming Rules & Regulations and any relevant sections of the STSI Policies and Procedures Manual will apply.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be currently 2014 registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the meet host; will be required to present their USA Swimming ID card. Current national and LSC regulations do not allow for exceptions to these policies.

Meet

Format: All events will be timed finals, swum in one short course yard pool, seeded only by time and gender. All events shall be swum slowest to fastest. There will be no time trials. Check-in is required for the 500, 1000, and 1650 free. These events are deck-seeded events, and positive check-in with the Clerk of Course is required. The check-in time period will be announced for each session. Swimmers will be entered in the order entries are received. We reserve the right to cap the number of swimmers entered in order to stay within the four hour rule during each sessions. Depending on the number of entries, the Meet Director and Referee reserve the right to modify meet operations as necessary to include combining sessions.

Athletes may not enter both the 1000 free and 1650 free. The meet management reserves the right to combine the 1000 free and 1650 free and swim them in the same pool if entries dictate.

Meet

Behavior: It is expected that all persons attending the meet will respect the facilities and remember that they represent themselves and their respective clubs. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending club if attached, to be held accountable and liable for repairs. It also may result in expulsion from the meet.

Swimmers with Disabilities:

Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105. In a meet, sanctioned or approved by the LSC, that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules & Regulations, Article 105. A disability is defined as a permanent physical or mental impairment that substantially limits one or more major life activities.

Unaccompanied Swimmers:

Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Pool

Measurement: The competition course has been certified in accordance with articles 104.2.2.C.(3) & (4). If a swimmer expects to, or does break a record, please inform the meet director or referee. In accordance to article 104.2.2.C.(4).(c), "Where a moveable Bulkhead is used, course measurement of the lane in which the record was set must be confirmed at the conclusion of the session during which the time was achieved".

The water depths of the competition course measured in accordance with 103.2.3 from 1-meter to 5-meters from the start and turn ends of the course are as follows:

Start End: 6 feet Turn End: 6 feet

Cell Phone

Restrictions: The presence or use of cell phones, smart phones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Photographer: There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Deck

Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly prohibited.

Entries: Swimmers may enter a maximum of 5 individual events per day. The age of the swimmer will be his/her age on January 4, 2014. Enter all events with short course yards times. Team Manager should not be used to convert long and short course meter times to short course yard times for seeding purposes. Coaches are encouraged to estimate times when no time has yet been achieved; however, no time (NT) will be accepted. There are no qualifying times.

All teams with five or more swimmers entered in the meet must submit their entries using version 4 -7 of Hy-tek Team Manager Software or Team Unify Software. Teams with fewer than five swimmers may send an e-mail including the team name, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

Relay Entries: Relay team entry times may be determined by the sum of the individual team member times for like strokes/distances, or the actual time that relay team achieved in sanctioned competition. Teams are highly encouraged to use the .HYV file provided at the STSI website to set up their relay entries correctly (see Awards). Coaches are encouraged to estimate times when no times have yet been achieved; however, no time (NT) will be accepted.

Note: After the relay events in each session, there will be a ten (10) minute break.

Entry Fees: \$6.00 per individual event / \$12.00 per relay event (Includes the LSC Splash Fee of \$1.25 per event.)

Late/ Deck

Entry Fees: Late/deck entry fees are \$12.00/\$24.00 per event. Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter the current session beginning at the start of warm-up. Deck entries will close 45 minutes before the start of each session. Swimmers not previously entered in the meet must present their USA Swimming registration card to the Clerk of Course to deck enter or a coach may present the club's official watermarked roster from the USA Swimming club portal.

Entry

Procedures: E-mail entries to cbaentries@yahoo.com. When you e-mail the entries, attach a word document of the Hy-Tek Meet Entry Report by swimmer. A meet Entry Fee report shall accompany the e-mail entries and needs to be received by the entry deadline. The entry chair will acknowledge receipt of e-mail entries within 24 hours. If no reply, please contact the entry chair immediately. Please be sure we receive your check prior to the start of the meet. Your team will NOT be allowed to compete until the entry fees are paid.

Make checks payable to: Coastal Bend All Stars (CBA).
Entries must be received no later than Tuesday, December 24, 2013

Please mail entries and fees to: Tanya Norwood
7141 Brokedge Lane
Corpus Christi, TX 78414

Awards: Ribbons for places one through eight in individual events will be awarded according to the following age groups: 8 & under, 9-10, and 11-12. First through third places in relay events will be awarded to 8 & under, 9-10, and 11-12 year old age groups.

A swimmer high point trophy will be awarded in the following age groups: 8 and under, 9-10, 11-12, 13-14, 15-16, and 17-18. In order to receive ribbons for relays, all four

swimmers must be in the same age category, i.e., all four must be 8 & under, 9-10, 11-12, 13-14, or 15-18.

Scoring: Standard eight place scoring will be utilized. Individual events: 9-7-6-5-4-3-2-1 (1st through 8th place)

Warm-up

Procedures: South Texas Swimming Safety Guidelines and Warm-up procedures will be in effect at this meet (enclosed, see below). Violators shall be disqualified from their first individual event.

Warm-up times and lane assignments for each team will be posted in the Natatorium, on the CBA website www.cbawimming.com, and e-mailed to the coaches no later than 6:00 PM Wednesday January 1, 2014.

Pool time on Friday, January 3rd starting at 6pm will be available on space available basis. Please email the meet director at cba.swim.meets@gmail.com with your request to include the number of swimmers.

Meet Administration:

Meet Referee:

Didi Byerly

Phone: (361) 549-8887

E-mail: didibyerly@aol.com

Admin Referee:

Lorna Anaya

Phone: (870) 814-2890

Email:

lorna.anaya@anayamedical.com

Head Coach:

Bill Barton

Phone: 361-813-1799

E-mail:

billbarton7726@sbcglobal.net

Meet Director:

Tina Wood

Phone: (512) 395-5876

Email:

cba.swim.meets@gmail.com

Officials: All currently certified and training USA Swimming officials are cordially invited to participate. If you plan to officiate contact the Meet Referee. Uniform will be white over khaki.

Timers: Each team will be required to provide timers in proportion to the number of swimmers entered in the meet. Lane assignments will be made by Club. Athletes in the 500 and 1650 freestyle must provide their own timers. The host team will ensure that the timers are well taken care of with food and drink.

Daily Schedule	
Saturday January 4, 2014; Session 1	
Warm-up session:	07:00 AM
Sessions 1 Relay Forms due	07:45 AM
Clear Pool:	08:10 AM
Coach Meeting:	08:15 AM
Sessions 1 begins	08:30 AM
Saturday January 4, 2014; Session 2	
Warm-up session (To be announced; 30 minutes after session 1)	Approximately 1:00 PM
Session 2 Relay Forms due	1:45 PM
Clear Pool	2:10 PM
Session 2 begins	2:30 PM
Sunday January 5, 2014; Session 3	
Warm-up session:	07:00 AM
Sessions 3 Relay Forms due	07:45 AM
Clear Pool:	08:10 AM
Coach Meeting:	08:15 AM

Sessions 3 begins	08:30 AM
Sunday January 5, 2014; Session 4	
Warm-up session (To be announced; 30 minutes after session 3)	Approximately 1:00 PM
Session 2 Relay Forms due	1:45 PM
Clear Pool	2:10 PM
Session 4 begins	2:30 PM

Events – Saturday, January 4, 2014- Session 1			
Girls	Age Group	Event	Boys
1	12 and U	200 Free Relay	2
3	12 and U	100 Individual Medley	4
5	12 and U	50 Free	6
7	12 and U	100 Back	8
9	10-12	200 Fly	10
11	12 and U	50 Fly	12
13	12 and U	100 Breast	14
15	12 and U	500 Free	16
Events – Saturday, January 4, 2014 - Session 2			
17	13 and O	400 Free Relay	18
19	13 and O	400 Individual Medley	20
21	13 and O	50 Free	22
23	13 and O	100 Back	24
25	13 and O	200 Fly	26
27	13 and O	100 Breast	28
29	13 and O	500 Free	30

Events – Sunday, January 5, 2014 - Session 3			
31	12 and U	200 Medley Relay	32
33	12 and U	200 Individual Medley	34
35	12 and U	50 Back	36
37	10-12	200 Back	38
39	12 and U	100 Free	40
41	10-12	200 Breast	42
43	12 and U	50 Breast	44
45	12 and U	100 Fly	46
47	12 and U	200 Free	48
Events – Sunday, January 5, 2014 - Session 4			
49	13 and O	400 Medley Relay	50
51	13 and O	200 Breast	52
53	13 and O	200 Back	54
55	13 and O	100 Free	56
57	13 and O	200 Individual Medley	58
59	13 and O	100 Fly	60
61	13 and O	200 Free	62
63	13 and O	1650 Free	64
65	13 and O	1000 Free	66

*** Check-In is required for the 500, 1000, and 1650 Freestyle.** For these deck seeded events, positive check-in with the Clerk of Course is required. The time period will be announced for positive check-in by the swimmers. Swimmers must furnish a counter and one timer.

There will be a 10 minute break after the relays.

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

POOL	LANE USE		
	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals must be members of United States Swimming.
3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area

STSI Safety Guidelines and Warm-up Procedures last Revised 29-SEP-03

Coastal Bend Allstars Winter Wonderland Swim Meet

January 4-5, 2014, Corpus Christi, Texas

HOTEL INFORMATION

The hotels listed below have been designated as the official hotels for the CBA Winter Wonderland Swim Meet.

Ask for CBA “Winter Wonderland” rates at Country Inn & Suites, Residence Inn, and Embassy Suites. Please remember to mention specific code listed in order to receive the special room rates.

Please familiarize yourself with their cancellation policies.
Check in times are 3:00PM, check out times are 12:00PM.

	<p>COUNTRY INN & SUITES 5209 Blanche Moore Drive, Corpus Christi, TX Phone: (361) 985-8395 http://www.countryinns.com</p> <p>(Off SPID near Home Depot)</p>	<p>Meet Rates: Double \$89/Night</p> <p>Reservations must be made by 12/20/2013.</p> <p>Cancellations must be made prior to 12/20/2013.</p>
<p>Includes continental breakfast, free high speed internet, free local calls, indoor pool, Jacuzzi, business center, hair dryer, in room coffee, health club passes, elevator.</p>		
	<p>EMBASSY SUITES HOTELS 4337 South Padre Island Drive (Between Weber & Everhart) Corpus Christi, TX 78411 Phone: (361) 853-7899 or 1-800-EMBASSY Fax: (361) 851-1310 www.corpuschristi.embassysuites.com</p> <p>Currently is under renovation. While public areas remain under construction, all guestrooms are replete with new carpeting, new bedding, new wall décor, new draperies, new furniture and fixtures.</p>	<p>Meet Rates: 2 Queens: \$129.95/Night</p> <p>Single King: 119.95/Night</p> <p>Reservations must be made no later than 12/25/2013.</p> <p>Cancellations must be made prior to 12/31/2013</p>
<p>The hotel will offer an early buffet/continental breakfast at 6am. The Cooked-to-Order breakfast window will open as scheduled at 7:30am.</p>		
<p>Hotel requires a valid credit card for incidentals for each room at check-in. The hotel will authorize the credit or debit card on file for each room for a sum of approximately \$50 or more to be released upon departure. Any and all cash-paying guests will be required to provide a \$200 deposit at arrival if they are unable to provide a credit card for incidentals. Individual cancellations must be made prior to Dec. 31, 2013, or guest will be charged one night room and tax.</p>		



RESIDENCE INN
5229 Blanche Moore Drive,
Corpus Christi, TX
Phone: (361) 985-1113
<http://marriott.com/crpri>

(Off SPID near Home Depot)

Meet Rates:
King \$109/Night

Reservations must be made by 12/20/2013.

Cancellations must be made prior to 12/20/2013.

Each room features a fully-equipped kitchen. Amenities: exercise room, free high speed internet, indoor pool, Jacuzzi, guest laundry, hair dryer, in room coffee, health club passes, deluxe hot breakfast.



COMFORT SUITES
1814 Ennis Joslin Rd.
Corpus Christi, TX, 78412
Phone: (361) 991-7100
<http://www.comfortsuites.com>

(Near Texas A&M Corpus Christi)

Meet Rates:
2 Queens \$119/Night
Single King \$119/Night

Reservations must be made no later than 12/20/2013.

Includes free hot breakfast or a "Grab & Go bag", available at 6:00 AM. All rooms have pull out sofa beds.