

The University of Texas at Austin and



**LONGHORN AQUATICS
2014 January Splash #1
Sunday, January 5, 2014**

Important Meet Facts

Meet Date: Sunday, January 5, 2014

Entries Open: For ALL teams- noon, Monday, December 16th, 2014

Entries Close: Monday, December 23rd, 2013

Entry Fees: \$8.25 per event. A \$2.00 per swimmer facility surcharge will be charged.

Qualifying times: USA Swimming "B" time standards. NT's will not be accepted.

Deck Entry/Scratch Rule: **Deck Entry/Scratch Rule:** No deck entries will be taken for this meet.

Parking Info: Please visit <http://www.utexas.edu/longhornaquatics/meets/upcoming-meets/> as we get closer to the meet for more information on parking.

Address: 1900 Red River Street, Austin TX 78712

Timer Rule: Teams should come prepared with volunteer timers if called upon.

Warm Up Assignments: 12 & Under warm up times & lanes will be assigned. Assignments will be posted on the Longhorn Aquatics Upcoming Meets page no later than January 2nd, 2014. 13 & Over will have general warm ups.

Heat Sheets: Heat Sheets will be posted online for **free** at: <http://www.utexas.edu/longhornaquatics/meets/upcoming-meets/>, or will be available through Meet Mobile for free.

All meet information & updates can be found at:
<http://www.utexas.edu/longhornaquatics/meets/upcoming-meets/>

Welcome: Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our 2014 January Splash #1. This meet is open to all USA Swimming registered swimmers and will be conducted in two 25 yard courses, using Daktronics Timing System and Hy-Tek Meet Manager software.

Facility: The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. There are two movable, power-operated bulkheads. For the January 2014 meet the competition course *has not* been certified in accordance with 104.2.2C(4).

The Swim Center is located on the University of Texas Campus, 1900 Red River Street, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Water Depths: The Start end is 9 feet, and the turn end is 9 feet.

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of Texas, the Lee and Joe Jamail Swimming Center, Longhorn Aquatics, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

TSC Rules: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Spectators and athletes may not bring food or drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.

Swimmer Photographs and Videos: There may be one or more photographers and / or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Cell phone restrictions: The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Sanction: This meet has been sanctioned by South Texas Swimming and 2013 rules will apply. All swimmers must be registered as athletes for 2014 with USA Swimming by the entry deadline.

USA Swimming Registration: All swimmers, coaches, and officials participating in this competition must be currently (2014) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Current national and LSC regulations do not allow for exceptions to these policies.

Schedule: Sunday the meet will be split into morning and afternoon sessions based on age. The morning session is planned for swimmers 12 & under and the afternoon sessions for swimmers 13 & over. Warm-ups may be split if a large number of swimmers enter the meet. The diving well will be available throughout the meet for continuous warm-up and cool-down.

Sunday	12 & Under	Warm Up:	8:00AM	Start:	9:10AM
	13 & Over	Warm Up:	**	Start:	**

** The warm-up for the afternoon session will begin immediately after the morning session. The exact time will be posted on the Longhorn Aquatics' website no later than January 2nd.

Qualifying Times: There are qualifying times for ALL events, 2013-2016 "B" [National Age Group Motivational Time Standards](#). These Time Standards are provided by USA Swimming. Only yard times in the SWIMS database can be used as proof of time. NT's will not be accepted. **If a swimmer enters the meet and swims slower than the qualifying time he/she must be able to prove that they have previously achieved the time via the SWIMS database or be subject to a \$30.00 penalty. Swimmers will be barred from competition at the Swim Center until fines are paid.**

Meet Format: All events are timed finals and will swim in two short course yard pools seeded only by time and gender. Age groups will be combined. Even heats will swim at the flag end of the pool, odd heats at the non-flag end of the pool. All events will swim fastest to slowest. We reserve the right to cap the number of swimmers entered in order to stay within the four hour rule. Swimmers will be entered in the order entries are received.

Check-in: Positive check-in is required for the 13 & Over 1650 free. Positive check-in will be available as athletes enter the pool deck and will close 1 hour before the event is scheduled to swim. Exact times will be posted at Clerk of Course on the day of the event. Swimmers that check-in for an event and fail to swim will be fined \$30 payable to The University of Texas. These swimmers, and their team, will be barred from competition at the Swim Center until the fines are paid. Swimmers in this event must provide their own timer and counter. For the 1650 free, we will swim girls at the flag end of the pool and boys at the non-flag end of the pool. If we run out of boy's heats, the girls will swim at both ends -- even heats at the flag end and odd heats at the non-flag end. The meet director and meet referee reserve the right to separate or combine entries as they see fit.

Deck Entry/Scratch Rule: No deck entries will be taken for this meet.

Racing Start Proficiency: (Unaccompanied Swimmers) Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry Dates: Entries will open for ALL teams at noon on Monday, December 16th.

Entries will not be accepted before these times. **You should not make nonrefundable travel arrangements before you know your entries are accepted – entries will be processed in the order received.** Entries will close the earlier of:

- Monday, December 23rd, 2013 at 4 PM or
- When a session reaches an estimated 4 hours in length. Individual sessions may close before the entire meet closes. If we have to close a session early, this will be posted on our website (<http://www.utexas.edu/longhornaquatics/meets/upcoming-meets/>).

Entries: Swimmers may enter a maximum of 4 individual events for the session. The age of the swimmer will be his/her age on January 5th, 2014. Enter all events with previous best times achieved in short course yards.

All teams with five or more swimmers entered in the meet must submit their entries using the latest Version of Hy-Tek Team Manager or Team Unify software.

Email entries to Bridgette Rhoades at bridgette.rhoades@austin.utexas.edu. When you email the entries, also attach a report of the entries by swimmer. Entries/emails with only a zip file (i.e. without the entry report) will not be accepted. If you don't receive an email confirmation, your entries were not received. Teams with fewer than five swimmers may send an email including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

Entry fees must be postmarked by Monday, December 23rd. Please include the meet entry fees report with your check. Please do NOT send a copy of the entries you emailed earlier.

No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will **NOT** be accepted or processed.

Entry Fees: \$8.25 per individual event. A \$2.00 per swimmer facility surcharge will be charged. This includes the South Texas Swimming splash fee of \$1.25 per splash. Please send only one check per team location please. Refunds will not be given for any reason.

Make checks payable to: The University of Texas at Austin

Mail to: Longhorn Aquatics
January Splash #1
The University of Texas at Austin
1900 Red River Street, D4050
Austin, TX 78712-0364

Awards: Ribbons, first through eighth place will be awarded according to the following age groupings: boys and girls 8 and under, 9 – 10. No other awards will be given. Coaches are responsible for picking up their teams ribbons at the end of the meet. Ribbons will not be mailed out.

Meet Referee:	Roland Smits	(512) 252-8789	roland@patriotdetection.com
Admin Referee:	Brian Albright	(512) 471-4733	whac@sbcglobal.net
Head Coach:	Mike Laitala	(512) 507-8969	mike.laitala@austin.utexas.edu
Meet Director & Entry Chair:	Bridgette Rhoades	(814) 602-8254	bridgette.rhoades@austin.utexas.edu

Special Needs: Please notify the Texas Swimming Center at 512-471-7703 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Texas Swimming Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials: All currently certified and in training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming and their respective LSCs for 2014 and have a current Background Check acknowledged by USA Swimming. Please email the Meet Referee, Roland Smits at roland@patriotdetection.com, with your certification level and availability so he can plan accordingly. The uniform will be white polo shirts over khaki pants, skirts or shorts. Please report to the Meet Referee at least 45 minutes prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.

Deck Access: Only currently registered coaches and officials will be allowed access beyond the front desk of the Texas Swimming Center. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck. Volunteers will be given a pass to access the deck and help for that specific purpose.

Please be aware that swimmers will not be allowed on the deck until one of their team coaches has checked in and is on deck.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the Meet Director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

Parking: Please visit <http://www.utexas.edu/longhornaquatics/meets/upcoming-meets/> as we get closer to the meet for more information on parking.

Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

January Splash #1: Order of Events

Sunday, January 5th, 2014

12 & Under AM

Girls Event #	Event	Boys Event #
1	200 Back (10-12)	2
3	50 Fly	4
5	100 Breast	6
7	50 Back	8
9	100 Free	10
11	200 Fly (10-12)	12
13	200 IM	14

13 & Over PM

Girls Event #	Event	Boys Event #
15	200 Back	16
17	100 Breast	18
19	100 Free	20
21	200 Fly	22
23	200 IM	24
25	1650 Free**	26

*Positive check-in required.

**Swimmers must provide own counter & timer.

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- d. There will be no diving in the general warm-up lanes. Circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

3. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

- 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
- 2) Marshals must be members of United States Swimming.
- 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
- 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
- 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
- 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
- 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-up unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.