



Alamo Area Aquatic Association

www.aaaa-sa.org

Meet Information

Posted 02/04/14



Meet Name: •2014 AAAA "B" and up Alamo Cup

Meet Date(s): •Saturday March 1st, 2014

Sanction

Number: •STA-14-21

Venue:

- Josh Davis Natatorium
- Blossom Athletic Center (Also known as North East Stadium)
- Jones-Maltsberger Road at Starcrest and Bitters
- San Antonio, TX 78216
- 210-491-6132.

Facility:

- Eight FINA-width (2.75-meters) lanes
- The course has been professionally certified IAW 104.2.2(C) and data are on file with USA Swimming
- 0.75-meter buffers outside lanes one and eight
- The competitive course has an overall minimum depth of 2.25-meters (7.5 feet), therefore the minimum water depth, measured in accordance with Article 103.2.3, is 2.25 meters (7.5 feet) at the start end and 2.25 meters (7.5 feet) at the turn end.
- DAKTRONICS automatic starting and timing
- Full scoreboard with heat and event display
- Heat and event board operates in the adjacent Walker 16-lane warm-up / cool down pool
- Off-deck seating for 1500 spectators
- Concessions and swim shop in the lobby
- Spectators and non-participating athletes are **not** allowed on deck at any time for any reason!

Liability:

- This meet will be conducted under Sanction of USA Swimming
- In granting a Sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the North East Independent School District, and all meet officials shall be free and held harmless from any liabilities for claims for damage arising by reason(s) arising by reason of injuries to anyone during the conduct of this meet

Deck

Changing:

- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged

Sanction:

- This meet is sanctioned by South Texas Swimming and the 2014 USA Swimming rules and any relevant sections of the South Texas Policies and Procedures Manual apply
- All swimmers must be registered for 2014 with USA Swimming by the entry deadline
- South Texas Swimming does not allow on-deck USA Swimming registrations

Cell Phone

Restrictions:

- The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas are strictly and specifically prohibited at all times.
- There are no exceptions to this policy.
- Violators are subject to disqualification from the meet, disbarment from the facility and arrest
- Coaches and athletes please note: The use of cell phones and / or tablets by athletes anywhere behind the starting blocks during competition is strongly discouraged

Swimmer Photographs

- And Videos:**
- There may be one or more photographers and / or videographers on deck at this meet.
 - In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
 - Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

Unaccompanied

- Swimmers**
- Every swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water
 - When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming

- Registration:**
- All swimmers, coaches, and officials participating in this competition must be currently (2014) registered with USA Swimming or FINA
 - All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time
 - Swimmers who: **1)** chose to enter time trials when offered, **2)** late enter when possible or **3)** need to be late-entered because of clerical errors by the entering team or the meet host; will be required to present their 2014 swimming ID Card

- Age up Date:**
- March 1, 2014

- Rules:**
- The 2013 USA Swimming Rules and any relevant sections of the STSI Policies and Procedures Manual will apply

- Meet Format:**
- All events will be swum fastest to slowest
 - Timed finals
 - No relays
 - No time trials
 - Not scored
 - Events will be seeded by gender and time only, without regard to age
 - Fly-over starts will be employed for all events EXCEPT backstroke

Entry

- Restrictions:**
- This meet is open to all USA Swimming and FINA swimmers who are properly registered for 2014
 - Age as of March 1, 2014 determines age for this meet
 - Swimmers may enter a maximum of five events
 - Entries will be capped at 350 swimmers

Proof-of-

- Time:**
- When necessary, times will be proven via the SWIMS National Database

Qualifying

- Times:**
- Entering swimmers must, at some time (lifetime best) have achieved at least the 2013 – 2016 National Motivational "B" time for every event entered
 - Please note, the times are specified in short course yards (SCY)
 - Swimmers who nevertheless enter with non-conforming times (LCM or SCM) will be seeded last
 - Converted times are acceptable, but only with appropriate notations
 - Please refer to the Order of Events on page five (5)

Entry

- Procedures:**
- The **only** acceptable mode of entry is via Hy-Tek Commlink File
 - Hard copy MUST accompany
 - An "HYV" File for Team Manager is available on the Club Meet Calendar Page of the AAAA Web Site (www.aaaa-sa.org) and on the South Texas Swimming Web Site.
 - Entries received without a seedtime will not be entered into the meet and fees will not be refunded
 - E-Mail or hand deliver entries to the Entry Chair noted below
 - Entries will be capped at 350 swimmers

E-Mail**Entries:**

- Entries in Commlink Format only, *MUST* be sent to: ***wspurg@neisd.net***
- Payment by check must accompany entries
- The Commlink File must be renamed to clearly identify the entering team, the shorter the better •Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded
- Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail, via FAX (210-491-6133 or hand-delivered and fees are paid.
- Under no circumstances will entries be accepted via FAX
- Entry Reports, however, WILL be accepted via FAX

Entry Fees:**(Includes \$1.25****Splash Fee)**

- \$ 6.50 per event
- Checks payable to: **NEAT**

Entry**Deadline:**

- 12-noon, Tuesday, February 18, 2014

Late / Deck**Entries:**

- None permitted

Scratch**Rules:**

- This meet will be pre-seeded - there is no penalty for scratching from a pre-seeded event.

Meet**Management:****•Meet Director**

- Lou Walker
- 12002 Jones-Maltsberger
- San Antonio, TX 78216
- 210-491-6132
- FAX: 210-491-6133
- lwalke1@neisd.net

•Entries Chair

- Bill Spurgeon
- 12002 Jones-Maltsberger
- San Antonio, TX 78216
- 210-491-6132
- FAX: 210-491-6133
- wspurg@neisd.net

•Meet Referee

- John Adams
- 50 Long Leaf Coral Drive
- San Antonio, TX 78247
- 210-490-7993
- jawadams@sbcglobal.net

Administrative Official

- Denny Ryther
- 30011 Cibolo Run
- Fair Oaks Ranch, TX 78015
- 210-301-0631
- dryther13@hotmail.com

Warm-ups:

- Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures on page six (6)

Daily**Schedule:**

- Warm-ups begin 7:30 AM
- Clear pool 8:40 AM
- Coaches' Meeting 8:40 AM
- Session begins 9:00 AM

Special**Needs:**

- Please notify the Davis Natatorium (210-491-6132) in advance of this event with the name and age of any member on your team who needs assistance to enter the building
- The Aquatics Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility
- In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
- Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered for judging under Article 105 and if any specialized equipment is required

Awards:

- Awards: Ribbons places one through eight for 8 and under, 9, 10, 11, 12 (no 13 and over)

Timers:

- The host team will attempt to provide one timer per lane
- Volunteers will undoubtedly be needed and greatly appreciated

Officials:

- All currently (2014) certified and in-training USA Swimming officials are cordially invited to participate
- All officials must be registered with USA Swimming and STSI Swimming for 2014
- The uniform for officials is white polo shirts over khaki trousers, Bermuda-length shorts / skirts or capris
 - No cut-offs, short shorts or flip-flops, please
- Please report to the Meet Referee at least 30 minutes prior to the scheduled start time of the session to receive assignments
- The wearing of name tags is strongly encouraged



Order of Events and MINIMUM Time Standards
2013 – 2016 National Motivational “B” Times
Distances are in yards

Saturday, March 1st @ 9:00 AM					
Girls Event Number	Equal to or Faster Than:	Age	Stroke and Distance	Equal to or Faster Than	Boys Event Number
1	3:02.39	11 & 12	200 FL	2:58.09	2
	2:52.39	13 & 14		2:40.39	
	2:46.79	15 & O		2:33.29	
3	1:55.49	10 & U	100 FL	1:54.09	4
	1:26.29	11 & 12		1:24.49	
	1:17.69	13 & 14		1:12.19	
	1:16.19	15 & O		1:08.79	
5	0:47.99	10 & U	50 FL	0:46.69	6
	0:37.29	11 & 12		0:37.69	
7	2:59.49	11 & 12	200 BK	2:55.29	8
	2:48.39	13 & 14		2:38.39	
	2:44.79	15 & O		2:31.59	
9	1:45.09	10 & U	100 BK	1:41.39	10
	1:26.29	11 & 12		1:24.09	
	1:18.29	13 & 14		1:13.59	
	1:16.29	15 & O		1:09.69	
11	0:48.59	10 & U	50 BK	0:48.59	12
	0:38.79	11 & 12		0:38.99	
13	3:25.79	11 & 12	200 BR	3:17.69	14
	3:13.99	13 & 14		3:00.49	
	3:09.99	15 & O		2:52.79	
15	1:58.79	10 & U	100 BR	1:53.69	16
	1:35.79	11 & 12		1:33.59	
	1:29.39	13 & 14		1:22.59	
	1:28.29	15 & O		1:19.19	
17	0:53.59	10 & U	50 BR	0:53.19	18
	0:43.69	11 & 12		0:43.79	
19	3:20.19	10 & U	200 FR	3:09.09	20
	2:41.19	11 & 12		2:37.19	
	2:33.89	13 & 14		2:24.49	
	2:30.79	15 & O		2:18.28	
21	1:30.69	10 & U	100 FR	1:28.49	22
	1:13.59	11 & 12		1:12.19	
	1:11.39	13 & 14		1:06.29	
	1:09.99	15 & O		1:03.29	
22	0:39.49	10 & U	50 FR	0:38.49	23
	0:34.09	11 & 12		0:33.09	
	0:32.89	13 & 14		0:30.39	
	0:32.29	15 & O		0:28.99	
24	3:40.39	10 & U	200 I-M	3:38.89	25
	3:02.49	11 & 12		3:00.99	
	2:53.19	13 & 14		2:41.89	
	2:48.89	15 & O		2:34.29	

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push / Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following.
 1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals must be members of United States Swimming.
 3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
 4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.