



Alamo Area Aquatic Association Meet Information



www.aaaa-sa.org
Posted 04/14/14

- Meet Name:** •2014 ST AAAA Senior Series II - 13 and Over LCM
•Unclassified
- Sanction Number:** •STA-14-44
- Meet Date(s):** •May 9th - 10th, 2014
- Venue:** •Northside Aquatic Complex
•8400 North Loop 1604 West.
•San Antonio, Texas 78249
•210-397-8985
- Facility:** •Eight-lane outdoor, 50 meter, competition course with constant warm-ups and cool-downs available in adjacent pools.
•Competition course has been certified in accordance with Article 104.2.2C(4)
•A copy of the certification is on file with USA Swimming
•Depths: Start end 7'5 feet / Turn end 7'5 feet in accordance with article 103.2.3
•Colorado automatic starting and timing
•Meet Management by HY-TEK Meet Manager 5.0
•Concessions and swim shop may be available
•Spectators are asked to sit in the bleachers; only coaches and athletes are allowed on deck. No folding chairs allowed on the pool deck or in the pool area.
- Liability:** •In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the Northside Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet.
- Sanction:** •Held under the sanction of USA Swimming this meet is sanctioned by South Texas Swimming and 2014 USA Swimming rules and any current relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered for 2014 with USA Swimming by the entry deadline. Athletes that register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2014 USA Swimming registration card (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations.
- Start Certification** •Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Cell Phone Restrictions:** •The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.
•There are no exceptions to this policy.
•Violators are subject to disqualification from the meet, disbarment from the facility and arrest.
- Swimmer Photographs And Videos:** •There may be one or more photographers and / or videographers on deck at this meet.
•In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.

- Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race

Unaccompanied Swimmers

- Every swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water
- When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck

Changing:

- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

USA

Swimming

Registration:

- All swimmers, coaches, and officials participating in this competition must be *currently* (2014) registered with USA Swimming or FINA. No swimmer will be permitted to compete unless the swimmer is a member as provided in article 302.
- Swimmers who **1) late enter 2) need to be entered** because of clerical errors by the entering team or the meet host; will be required to present their USA Swimming ID Card.
- National and LSC Regulations do not allow for any exceptions to these policies.

Meet Format:

- Entering swimmers **must be 13 years of age or older as of May 9th, 2014**
- Only the 800 free in the Saturday afternoon session will be seeded on deck and require a positive check-in not later than 40 minutes prior to the scheduled start the session
- All events will be swum *fastest to slowest*.
- This meet will be seeded in the following order: LCM, SCM, SCY, "NT" – No time
- Timed finals
- No relays
- Time trials will not be offered
- Flyover starts may be used

Entry

Restrictions:

- Maximum of five (5) individual events per day
- "NT" will be accepted
- This meet will be capped at 400

Qualifying:

Times:

- There are no qualifying times for this meet.

Entry

Deadline:

- 6:00 PM, Tuesday April 29th, 2014

Entry Fees

Includes \$1.25

Splash Fee:

- \$6.50 per Individual event
- Late entries \$13.00 per event
- Checks payable to: **N.I.S.D. Aquatics**
- Mail entries to the entries chair – **address below**

Late/Deck

Entries:

- Late entering athletes must be prepared to prove their current USA Swimming Registration.
- Late entries will be accepted up to the meet cap of 400. Refer to Scratch Rules on page 3 for restrictions and limitations

Entry

Procedures:

- The **only** acceptable mode of entry is via Hy-Tek Commlink File
- Hard copy **MUST** accompany
- An "HYV" File for Team Manager is available on the Meet Calendar Page under AAAA Club Swimming at www.aaaa-sa.org
- Mail or hand deliver entries to the Meet Director as noted below
- Entries may also be submitted via email

E-Mail

Entries:

- Entries in Commlink Format only, **MUST** be sent or delivered to: peter.hay@nisd.net
- E-mail submissions to any other address cannot be accepted

- The Commlink File must be renamed to clearly identify the entering team, the shorter the better
- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded
- Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail, via FAX (210-561-5280), or hand-delivered
- Athletes WILL NOT be entered into the meet until entry fee payment has been received by the Meet Director or designee

- FAX Entries:**
- Under no circumstances will entries be accepted via FAX
 - Entry Reports WILL be accepted via FAX

Meet

- Management:**
- HY-TEK Meet Manager 5.0
 - Meet Director**
 - Terry Vettters
 - 210-397-8985
 - terry.vettters@nisd.net

- Entries Chair**
- Peter Hay
- 210-397-7524
- peter.hay@nisd.net

- Meet Referee**
- Doug Donofrio
- 210-884-3860
- doug311@sbcglobal.net

- Administrative Referee**
- Mindy Donofrio
- 210-391-2024
- mindy311@sbcglobal.net

- Warm-ups:**
- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page five (5)
 - There will be one General Warmup Session on Friday and two (2) - 40 minute warm-up sessions for each of Saturday's sessions
 - Lane assignments will be made and posted with the Psych Sheet at www.aaaa-sa.org
 - Please also review the daily schedule below

Scratch

- Rules:**
- Only the 800 free event on Saturday will be deck seeded
 - All swimmers intending to compete in the 800 free will be required to positively check-in with the Clerk of Course no later than 40 minutes prior to the scheduled start time of that session
 - Swimmers who fail to check in by the established deadline will be added to open lanes after seeding has been accomplished on a first-come-first-served basis and NO new heats will be created

- Awards:**
- No awards

Special

- Needs:**
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
 - Please notify the Northside Natatorium Complex (210-397-8985) in advance of this meet with the name and age of any member on your team who needs assistance to enter the building.
 - The Natatorium Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility.
 - In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
 - Coaches and / or athletes must notify the Meet Host and the Meet Referee before the competition begins, and preferable at the time entries are submitted, if any specialized equipment is required and / or if they are to be considered for judging under Article 105

Daily

Schedule:

		Session I (5/9)	Session II (5/10)	Session III (5/10)
Warm-ups:	Session 1	5:00 – 6:20 PM	7:30 AM	3:30 PM
	Session 2	none	8:10 AM	4:10 PM
Clear Competition Pool		6:20 PM	8:50 AM	4:50 PM
Coaches' meeting		6:20 PM	none	none
Meet begins		6:30 PM	9:00 AM	5:00 PM

- Timers:**
- The host team will attempt to provide backup timers for this meet
 - Volunteers will be needed and appreciated.

Officials:

- All currently (2014) certified and in training USA Swimming officials are cordially invited to participate.
- All deck officials must be registered with USA Swimming for 2014 and have a current Background Check acknowledged by USA Swimming.
- Please report to the Meet Referee at least 30 minutes prior to the scheduled start time of the session to receive your assignments
- The wearing of name tags is strongly encouraged

Order of Events – Distances are in meters

Friday, May 9 th , 6:30 PM			
Women	Distance	Stroke	Men
1	400	Free	2
3	400	IM	4
Saturday, May 10 th , 9:00 AM			
5	200	Free	6
7	200	Breast	8
9	100	Fly	10
11	100	Back	12
13	200	IM	14
Saturday, May 10 th , 5:00 PM			
15	100	Free	16
17	200	Fly	18
19	100	Breast	20
21	200	Back	22
23	50	Free	24
25*	800	Free	26*
All events will be swum <i>Fastest</i> to <i>Slowest</i>			
*Positive check in is required no later than 40 minutes prior to the start of the session. Must also provide your own timer and lap counter as well.			

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals must be members of United States Swimming.
3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.