

Tigershark

**12 & Under/13 & Up
BB & Up**

Middle Distance Invitational

Sunday, January 20, 2019

MEET ENTRIES CLOSE

MONDAY, JANUARY 14TH, 2019

Sanction #: ST-19-18cm

Held under the sanction of USA Swimming

Eligibility: Swimmers who are registered with or unattached to the following South Texas Swimming teams: **TST, CCSS, COTA, CCSS, FHD, FISH, RUSH, HEAT, HSC, TXLA, WHAC, WLOO, and GOLD**

Venue: Roy and Jean Potts Belton Swim Center
600 Lake Road
Belton TX 76513
(254) 215-2444

Facility: Indoor, 8-lane, 25-yard pool with Daktronics Timing System and Hy-Tek Meet Manager software. The minimum water depth, measured in accordance with Article 103.2.3, is six feet zero inches at the start end and the turn end is five feet zero inches measured for a distance of 1.0 meter to 5.0 meters from both end walls. The facility has a separate 3-lane 25-yard pool with depths of 3 feet 6 inches to 4 feet 9 inches, which will be available for continuous warm-up and cool-down. Spectator seating will be limited to the bleachers. Entrances and exits must remain clear of chairs and other obstructions per Belton Fire Marshall. Ample parking is available in front of the swim center and the adjacent student parking lot. Please do not park in the bus loop behind the high school. Recreational Vehicles are prohibited from staying on the Belton ISD property overnight. There are RV parks available within minutes of the pool. Dressing rooms have limited space. A reasonably priced concession will be available. The competition course has not been certified in accordance with 104.2.2C(4).

Water Depth: The minimum water depth, measured in accordance with Article 103.2.3 is (6) feet, (0) inches at the start end and (5) feet (0) inches at the turn end, both ends measured at 1 and 5 meters.

Meet Format: All events are timed finals. Events will be swum fastest to slowest mixed gender heats. This meet is open to swimmers who are currently *registered with or unattached to* the above listed teams. All events will be timed finals, swum in one short course yards pool, seeded only by time. All events will be swum from fastest to slowest. We reserve the right to cap the number of swimmers entered in the meet or to combine events by distance and/or gender in order to limit the meet's timeline to four hours. Swimmers will be entered in the order entries are received. The Meet Director reserves the right to do flyover starts and to combine events.

Qualifying

Times: BB times and above.

Age up Date: January 20, 2019

Time Trials: There will be no time trials.

Relays: There will be no relays.

Entry

Restrictions: Swimmers may compete in a **maximum of 5 individual events per day.** You must submit all times that are verifiable in SWIMS. Entries with "NT" (no times) will not be accepted for this meet; DO NOT enter "best guess" times, as all times will be verified by SWIMS.

Entry Dates: Entries CLOSE at 8:00 PM, Monday, January 14th

Entry

Procedures: All teams must submit entries using Hy-Tek Team Manager or its equivalent to the Entries Chair. Email is the preferred method of delivery; if you need to submit entries in another format, please contact the Entries Chair to make other arrangements. Please rename the entry file to clearly identify the meet sanction number, your club code, and the file (such as ST-19-##_GOLD_Entries.zip). Include a **Meet Entry Report** of your entries, listing the swimmer, USA Swimming ID, and entries by swimmer. Rename the Meet Entry Report using the meet sanction number, your club code, and the report name (such as STA-19-##_GOLD_EntriesByAthlete.pdf).

Athletes included in improperly identified or with inaccurate or missing USA Swimming IDs will not be entered into the meet and any entry fees will not be refunded. Athletes will not be entered into Meet Manager if the Meet Entry Report is not received. Athletes will not be permitted to compete in the meet until satisfactory fee payment arrangements have been made with the Meet Director or designee.

When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive an email confirmation within 24 hours from the time it was sent, your entries were not received.

Entry Fees: **\$8.00 per individual event** (includes the STSI \$1.25 splash fee)
Entry fees must be received by Sunday, January 20th, or your entries will be removed from the meet. Refunds will not be given for any reason.

Make checks payable to: BISD

Mail *payment* and *Meet Entry Fee Report* to: Belton High School 600 Lake Road
Belton, TX 76513 care of: John Baltzell

Deck Entries: No Deck Entries

Awards: N/A

Admin:

Dale Huggins
512-671-7296
dalehuggins@me.com

Meet Referee:

Roland Smits
512-415-7314
Roland@patriotdetection.com

Entry Chair/Meet Director:

John Baltzell
512-797-5615
John.baltzell@bisd.net

Course

Certification: The competition course has not been certified in accordance with 104.2.2C(4).

Sanction: Held under the sanction of USA Swimming. This meet has been sanctioned by South Texas Swimming and current USA Swimming rules and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2019 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2019 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability:	In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), Tigershark Swim Team, Belton ISD, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
USA Swimming Registration:	All swimmers, coaches, and officials participating in this competition must be currently 2019 registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies. South Texas Swimming does not allow on-deck USA Swimming registrations.
Cell Phone Restrictions:	The presence or use of cell phones, smart phones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.
Unaccompanied Swimmers:	Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Swimmer Photographs and Videos:	There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.
Deck Changing:	Deck changing is prohibited.
Drones:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program and Events Chair or designee.
Special Needs:	Please notify the meet director, John Baltzell, in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The facility staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a <u>PERMANENT</u> physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.
Officials:	All currently certified and in-training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming for 2019 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming. Please email the Meet Referee prior to the meet with your availability and current certifications. Please report to the Meet Referee at least one hour prior to the scheduled start time of any session to receive your assignments. The wearing of name tags is strongly encouraged.
Timers:	The host team will attempt to provide backup timers for this meet but volunteers from visiting teams will be needed.

Daily

Schedule: Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement.

Warm-up sessions are currently scheduled to begin at 8:40 AM, and meet will start at 10:05AM.

Fly-over starts likely will be done; a final decision will be made once the estimated timeline is produced.

Team warm-up lane and session schedules, meet start schedule, and any other changes and/or announcements will be emailed to entry chairperson or designee the week of the meet after the estimated timeline(s) has been established.

**Heat
Sheets:**

**Tigershark
12 & Under
13 & Up
BB & Up
Middle Distance Invitational
Order of Events
Distances are in SC Yards**

Saturday, January 20, 2019

Session I: Ages 12 & Under

Warm-ups begin at 8:40 AM. Meet starts 10:05 AM.*

Mixed Gender Event #	Session I	
	Event* (YARDS)	
1	12-UN 200Fr	
2	13&Over 200Fr	
3	12-Un 200Im	
4	13&Over 400IM	
5	12-Un 200BK	
6	13&Over 200BK	
7	12-Un 500Fr	
8	13&Over 500Fr	
9	11&Over 200Br	
10	11&Over 200Fly	

*** Final Schedule to be emailed the week of the meet**

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned Warm-up Procedures

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes - circle swimming only.
- e. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
6. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.
STSI Safety Guidelines and Warm-up Procedures last Revised 10/9/2016