



STREAMLINE AQUATICS
2019 SASA SOMBRERO SERIES
CHAMPIONSHIPS
“Who Will Take Home the Sombrero?”
March 29-31, 2019

- Welcome:** ●Streamline Aquatics invites you to join us at the Barshop Natatorium on the campus of The University of the Incarnate Word to compete in our Sombrero Series Championship short-course meet.
- Dates:** ●March 29-31, 2019
- Sanction Number:** ●ST-19-21
- Venue:** ●Barshop Natatorium
●4301 Broadway
●San Antonio, TX 78209
●The pool is located on the West side of campus over the river bridge and on the right.
- Facility:** ●This meet will be conducted in one 11-lane, 25-yard pool, with eight lanes for competition and two lanes for warm up and warm down.
●We will use Hy-Tek Meet Manager software and Daktronics timing system.
●There will be concessions available downstairs in the Barshop Natatorium. Please help us keep the facility clean.
●Spectators and athletes should bring their own chairs. Additional information will be sent out to the participating teams.
- Water Depth:** The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and the turn end is three feet three-and-one-half inches measured for a distance of one meter to five meters from both end walls
●The competition course has been certified in accordance with 104.2.2C(4)
●A copy of the certification is on file with USA Swimming
- Liability:** ●In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of the Incarnate Word, Barshop Natatorium, and Streamline Aquatics and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
●Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- Sanction:** ●Held under the sanction of USA Swimming. This meet has been sanctioned by South Texas Swimming and current USA Swimming rules and any relevant sections of the South Texas Policies and Procedures Manual will apply
●All swimmers must be registered as athletes for 2019 with USA Swimming by the meet start date
●Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2019 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app
●Or a coach may present the club's official, watermarked roster from the USA Swimming club portal
●South Texas Swimming does not allow on-deck USA Swimming registrations
●Conduct of the sanctioned events shall conform in every respect to all technical and administrative rules of USA Swimming.
- Meet Format:** ●All events are *timed finals*, seeded by time and gender only and swum fastest to slowest.
●The 1650 Freestyle will require positive check-in by 6:30 PM on Friday

- 400 IM will require positive check-in by 10:30 AM on Saturday.
- The 500 Freestyle will require positive check-in by 10:30 AM on Sunday.
- Fly Over Starts will be employed.*
- If there are schedule changes, notification will be made as soon as possible after entry deadline.
- We also *reserve the right to cap the number of swimmers* entered in the meet in order to stay within the four-hour rule
- Entries will be processed in the order they are received.

USA Swimming

Registration:

- All swimmers, coaches, and officials participating in this competition must be currently (2019) registered with USA Swimming.
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
- All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time
- Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app
 - Or a coach may present the club's official, watermarked roster from the USA Swimming club portal
- Current national and LSC regulations do not allow for exceptions to these policies
- South Texas Swimming does not allow on-deck USA Swimming registrations.

Unaccompanied

Swimmers:

- Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
- When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Qualifying

Times:

- There are qualifying times for ALL events:**
- For events **200 yards and shorter (all 50's, 100's, 200's)** the qualifying time is -"**slower than**" STAGS.
 - Swimmers entering distances of 200 or less meet must have **never achieved a time equal to or faster than the STAGS.**
- For distance events, the **400 IM, the 500 Free, and the 1650 Free**, the qualifying time is the 2017 – 2020 USA Swimming National Motivational. "**B**" Time Standard or faster.
 - The entry time for these events is a "**B**" Time Standard or faster.
 - There is **NO "slower than" time standard** for these distance events, thus any swimmer with a "**B**" or faster Time Standard may compete in these events.

Age up Date:

- The age of the swimmer will be his/her age on March 29, 2019.

Entry

Restrictions:

- Swimmers may enter a maximum of 5 events per day.
- The age of the swimmer will be his/her age on **March 29, 2019**
- Enter all events with short course yards times.

Time Trials:

No Time Trials will be offered.

Entry Deadline:

- Entries open at **2:00 PM, Thursday, March 14, 2019**
- Entries close **Monday, March 18, 2019 at 6 PM.**
- Entry fees must be received by **Monday, March 25, 2019** or swimmers will be removed from the meet.

Entries:

- Swimmers may enter a maximum of five (5) events per day
- The age of the swimmer will be his/her age on **March 29, 2019**. Enter all events with short course yards times.
- Entries must be emailed to **Tom Schultz** at schultz0000@gmail.com
- If you **do not** receive an email confirmation, your entries were not received.
- Please mail a hard copy of what you emailed.
- Teams with *fewer than five* swimmers are not required to submit entries on Hy-Tek.
- They should email: swimmers name (as registered with USA Swimming), USA ID, club, club abbreviation, LSC, event number/name and entry times.

- Teams with five or more swimmers entered in the meet must submit their entries using currently approved team entry software.
- Include the entry file and a Word or PDF document of the entries **by swimmer** with each entry file, including any subsequent revisions
- It is necessary to include a hard copy of your entries with your check.
- **Please also include a list of all coaches and officials**, who will be attending the meet, so that we may properly plan for hospitality.
- No paper, phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

Entry Fees:

- **\$9.00 per individual event. \$18.00 per relay event.**
- This includes the South Texas Swimming splash fee of \$1.25 per splash
- Entry fees must be received **by Monday, March 25, 2019**
- Please include an entry fee report with your check.
- *Once the entry fees are accepted, they will not be refunded for any reason, even if a swimmer should fail to compete.*
- Please make checks payable to **Streamline Aquatics** and mail to:
Tom Schultz - Admin Referee
SASA Sombrero Champs
28763 Sierra Drive
New Braunfels, TX 78132

Deck Entries:

- Deck entries will be accepted only for open lanes.
- No new heats will be created.
- You may deck enter for the current session beginning at the start of warm-up.
- Deck entries will close 45 minutes before the start of each session.
- You may deck enter the next sessions' events after deck entries close for the current session.
- The deck entry fee is \$18.00 per individual event and \$23.00 per relay.
- Swimmers not previously entered in the meet must present their USA swimming registration card or proof of membership using the USA Swimming Deck Pass app
- A coach may also present the club's official, watermarked roster from the USA Swimming club portal at Clerk of Course to be able to deck enter
- There are no exceptions to this policy

Cell phone

Restrictions:

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- There are no exceptions to this policy.
- Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Swimmer

**Photographs
And Videos:**

- There may be one or more photographers and / or videographers on deck at this meet.
- In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
- Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

Drones:

Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.

Deck

Changing:

- Deck changing is prohibited.

Special Needs:

- Please notify the Barshop Natatorium (210-805-3078) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
- The Natatorium staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

- In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105.
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities
- Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.
- Adaptive swimmers who would like their events to be seeded in the lane next to the starter should notify the entry chair by the second entry deadline.

- Awards:**
- Ribbons, first through eighth place will be awarded for 10 and under, 11-12, 13-14 and 15 and Over in individual events only.
 - No relay ribbons will be awarded.
 - The team with the highest percentage of new best times will be awarded the "SASA Sombrero Series Traveling Sombrero".

Meet Referee:	● Ray Pearce	210-326-7332	poolscopy@comcast.net
Admin Referee:	● Tom Schultz	210-284-8116	schultz0000@gmail.com
Meet Director:	● Phil Davis	210-805-3078 office	padavis@uiwtx.edu
Head Coach:	● Phil Davis	210-805-3078 office	padavis@uiwtx.edu

- Officials:**
- Help from visiting officials will be needed
 - Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Ray Pearce, poolscopy@comcast.net
 - All currently certified and in training USA Swimming officials are cordially invited to participate.
 - All deck officials must be registered with USA Swimming and their local LSC for 2019 and have a current Background Check and Athlete Protection course acknowledged by USA Swimming.
 - Please email the Meet Referee with your certification level and availability so he can plan accordingly.
 - Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments.
 - The wearing of name tags is strongly encouraged.



Daily Schedule:

● Friday PM	Warm-up 4:45 PM	Coaches' meeting 5:50 PM	Meet begins 6:00 PM
● Saturday AM	Warm-up 8:50 AM	Coaches' meeting 9:50 AM	Meet begins 10:10 AM
Sombrero Champs Parade for the Laredo Tritons at 10:00 AM			
● Sunday AM	Warm-up 8:50 AM	Coaches' meeting 9:50 AM	Meet begins 10:00 AM
● An e-mail will be sent to each team no later than Tuesday, March 26, 2019 , with specific warm up times should warm ups need to be split into more than two sessions and/or warm-up start times adjusted.			

- Timers:**
- Lane timing assignments will be made proportionate to the number of entries.
 - Teams will be notified of timing responsibilities no later than **Tuesday, March 26, 2019**.
 - Please work with your parents to insure lane responsibilities are covered
 - Swimmers in the 400 IM will be responsible for providing their own timers – *two timers per lane*.
 - Swimmers in the 1650 Freestyle and the 500 Freestyle will be responsible for providing their own timers – *two timers per lane* and their own lap counters.

- Warm-up Procedures:**
- The South Texas Swimming Safety Guidelines and Warm-up Procedures on page eight will be in effect at this meet.
 - Lanes 10 and 11 will be available for warm-ups throughout the meet. Warm-up times and lane assignments for each team will be posted on the STSI website along with the psych sheet.
 - There will be two warm-up sessions for finals.
 - Teams will be notified of warm-up assignments. Warm-ups must be under the direct supervision of a coach at all times.

Parking and ● There should be plenty of free parking in front and behind the Barshop Natatorium.

Concessions: ● There will be concessions available upstairs in the Barshop Natatorium. Please help us keep the facility clean.



**STREAMLINE AQUATICS
2019 SASA SOMBRERO SERIES
CHAMPIONSHIPS**

**“Who Will Take Home the Sombrero?”
March 29-31, 2019**

Order of Events / March 29-31, 2019 / Short Course Yards

Friday, March 29, 2019

Girls Event #	Event	Boys Event #
1	100 Free	2
3	50 Breast	4
5	50 Back	6
7	200 IM	8
9	50 Fly	10
11	50 Free	12
13	#* Mixed 11& Up 1650 Free	13

- Swimmers must have a **minimum of a B Time Standard** to swim the 1650 Free.

*- Swimmers in the 1650 Free must provide their own timers (2) and lap counters.

Saturday, March 30, 2019

15	200 Free Relay	16
	Optional 5Minute Break	
17	200 Free	18
19	50 Back	20
21	100 Breast	22
23	10 & Up 200 Fly	24
25	50 Free	26
27	100 IM	28
29	100 Fly	30
31	#* Mixed 11& Up 400 IM	31

- Swimmers must have a **minimum of a B Time Standard** to swim the 400 IM

*-Swimmers in the 400 IM must provide their own timers (2).

Sunday March 31, 2019

33	200 Medley Relay	34
	Optional 5Minute Break	
35	10 & Up 200 Back	36
37	50 Breast	38
39	100 Free	40
41	10 & Up 200 Breast	42
43	50 Fly	44
45	100 Back	46
	Optional 10 Minute Break	
47	#* Mixed 12 & Under 500 Free	47
49	#* Mixed 13 & Over 500 Free	49

#- Swimmers must have a **minimum of a B Time Standard** to swim the 500 Free.

* -Swimmers in the 500 Free must provide their own counters and timers (2).

2019 ST SASA SOMBRERO CHAMPIONSHIP - 3/29/2019 to 3/31/2019

Time Standards

	Faster Than	Slower Than
	B	STAGS
Girls 10&U 50 Free		31.39
Girls 10&U 100 Free		1:09.99
Girls 10&U 200 Free		2:34.59
Girls 10&U 500 Free	8:26.09	
Girls 10&U 50 Back		36.69
Girls 10&U 100 Back		1:19.29
Girls 10&U 50 Breast		41.79
Girls 10&U 100 Breast		1:31.89
Girls 10&U 50 Fly		36.19
Girls 10&U 100 Fly		1:24.09
Girls 10&U 100 IM		1:20.79
Girls 10&U 200 IM		2:52.69
Girls 10 200 Back		
Girls 10 200 Breast		
Girls 10 200 Fly		
Girls 11-12 50 Free		27.79
Girls 11-12 100 Free		1:00.19
Girls 11-12 200 Free		2:12.39
Girls 11-12 500 Free	7:09.09	
Girls 11-12 1650 Free	24:53.99	
Girls 11-12 50 Back		32.39
Girls 11-12 100 Back		1:09.49
Girls 11-12 200 Back		2:30.19
Girls 11-12 50 Breast		36.89
Girls 11-12 100 Breast		1:19.79
Girls 11-12 200 Breast		2:54.09
Girls 11-12 50 Fly		30.59
Girls 11-12 100 Fly		1:09.09
Girls 11-12 200 Fly		2:34.99
Girls 11-12 100 IM		1:10.39
Girls 11-12 200 IM		2:30.69
Girls 11-12 400 IM	6:24.19	

	Faster Than	Slower Than
	B	STAGS
Boys 10&U 50 Free		30.99
Boys 10&U 100 Free		1:09.69
Boys 10&U 200 Free		2:29.39
Boys 10&U 500 Free	8:16.69	
Boys 10&U 50 Back		37.09
Boys 10&U 100 Back		1:19.19
Boys 10&U 50 Breast		40.99
Boys 10&U 100 Breast		1:30.19
Boys 10&U 50 Fly		35.39
Boys 10&U 100 Fly		1:23.49
Boys 10&U 100 IM		1:19.49
Boys 10&U 200 IM		2:50.99
Boys 10 200 Back		
Boys 10 200 Breast		
Boys 10 200 Fly		
Boys 11-12 50 Free		27.69
Boys 11-12 100 Free		1:00.99
Boys 11-12 200 Free		2:13.39
Boys 11-12 500 Free	6:57.29	
Boys 11-12 1650 Free	24:21.89	
Boys 11-12 50 Back		32.29
Boys 11-12 100 Back		1:09.29
Boys 11-12 200 Back		2:27.99
Boys 11-12 50 Breast		36.19
Boys 11-12 100 Breast		1:18.39
Boys 11-12 200 Breast		2:47.09
Boys 11-12 50 Fly		30.89
Boys 11-12 100 Fly		1:09.59
Boys 11-12 200 Fly		2:31.39
Boys 11-12 100 IM		1:09.09
Boys 11-12 200 IM		2:30.89
Boys 11-12 400 IM	6:13.09	

2019 ST SASA SOMBRERO CHAMPIONSHIP - 3/29/2019 to 3/31/2019

Time Standards

	Faster Than B	Slower Than STAGS		Faster Than B	Slower Than STAGS
Girls 13-14 50 Free		26.39	Boys 13-14 50 Free		24.69
Girls 13-14 100 Free		57.09	Boys 13-14 100 Free		53.29
Girls 13-14 200 Free		2:05.59	Boys 13-14 200 Free		1:57.59
Girls 13-14 500 Free	6:49.39		Boys 13-14 500 Free	6:26.59	
Girls 13-14 1650 Free	23:23.49		Boys 13-14 1650 Free	22:18.89	
Girls 13-14 50 Back			Boys 13-14 50 Back		
Girls 13-14 100 Back		1:04.69	Boys 13-14 100 Back		1:01.19
Girls 13-14 200 Back		2:21.49	Boys 13-14 200 Back		2:14.69
Girls 13-14 50 Breast			Boys 13-14 50 Breast		
Girls 13-14 100 Breast		1:14.99	Boys 13-14 100 Breast		1:09.79
Girls 13-14 200 Breast		2:43.79	Boys 13-14 200 Breast		2:32.89
Girls 13-14 50 Fly			Boys 13-14 50 Fly		
Girls 13-14 100 Fly		1:04.19	Boys 13-14 100 Fly		1:00.59
Girls 13-14 200 Fly		2:25.79	Boys 13-14 200 Fly		2:15.69
Girls 13-14 100 IM			Boys 13-14 100 IM		
Girls 13-14 200 IM		2:22.99	Boys 13-14 200 IM		2:14.79
Girls 13-14 400 IM	6:05.79		Boys 13-14 400 IM	5:41.79	
Girls 15&O 50 Free		25.99	Boys 15&O 50 Free		23.39
Girls 15&O 100 Free		56.09	Boys 15&O 100 Free		50.59
Girls 15&O 200 Free		2:03.89	Boys 15&O 200 Free		1:52.49
Girls 15&O 500 Free	6:40.69		Boys 15&O 500 Free	6:12.59	
Girls 15&O 1650 Free	23:05.19		Boys 15&O 1650 Free	21:35.39	
Girls 15&O 50 Back			Boys 15&O 50 Back		
Girls 15&O 100 Back		1:04.19	Boys 15&O 100 Back		58.19
Girls 15&O 200 Back		2:20.69	Boys 15&O 200 Back		2:08.49
Girls 15&O 50 Breast			Boys 15&O 50 Breast		
Girls 15&O 100 Breast		1:14.49	Boys 15&O 100 Breast		1:05.69
Girls 15&O 200 Breast		2:41.29	Boys 15&O 200 Breast		2:24.09
Girls 15&O 50 Fly			Boys 15&O 50 Fly		
Girls 15&O 100 Fly		1:03.69	Boys 15&O 100 Fly		56.39
Girls 15&O 200 Fly		2:22.89	Boys 15&O 200 Fly		2:09.79
Girls 15&O 100 IM			Boys 15&O 100 IM		
Girls 15&O 200 IM		2:22.09	Boys 15&O 200 IM		2:06.49
Girls 15&O 400 IM	5:57.59		Boys 15&O 400 IM	5:29.09	

For this meet, the 17-18 Time Standards will be 15 & Over Standards as shown above.

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 - 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.