

# AUSTIN SWIM CLUB

## Austin City Limits Shootout Invitational

September 28<sup>th</sup>, 2019

**Sanction: ST-19-87cm**  
**Held under the sanction of USA Swimming**

**Welcome:** Austin Swim Club invites your team to join us at the first annual Austin City Limits Shootout Invitational. This meet will be a timed finals event, with a single heat of each event per age group, per gender. Each team will be assigned two lanes per event and can enter no more than 2 swimmers per event. No technical racing suits will be permitted at this meet. This will be a scored event, competing for the title of the Fastest Team in South Texas!

**Venue:** Austin Aquatics & Sports Academy - 5513 Southwest Parkway, Austin, TX 78735 | (512)276-2324

**Parking:** Parking for athletes and spectators is in the parking garage behind our facility, the address is 5707 Southwest Parkway, Austin, TX 78735. After you park in the parking garage, you can walk to our facility and enter through the back gate, see map [HERE](#). Parking for officials, coaches, and staff is located at Austin Aquatics & Sports Academy.

**Invited Clubs:** Austin Swim Club (ASC), Waterloo Swimming (WLOO), City of Midland Aquatics (COM), Streamline Aquatics San Antonio (SASA)

**Entries Open:** Tuesday September 10<sup>th</sup>, 2019

**Entries Close:** Entries will close on September 22<sup>nd</sup>, at 11:59pm, or once the 250-swimmer cap is reached.

**Entry Email:** [jeanie@aasa-atx.com](mailto:jeanie@aasa-atx.com)

**Entry Fees:** There will be a flat fee of \$25 per swimmer (this includes the South Texas Swimming splash fees). Refunds will not be given for any reason.

### Entry

**Restrictions:** This is an invitational meet for competitors that are USA Swimming registered and attached as a member of one of the invited clubs. Each team is allowed to enter a maximum of 5 swimmers per gender per age group. Age groups competing will be 10&Under, 11-12, 13-14, 15-16, and 17-18\*. Each individual will be entered in a maximum of 2 individual events and 1 relay event. NT's will not be accepted.

\*In the pursuit of a great team focused competition, if a team does not have sufficient 17-18 year olds on their roster at the time of the meet to fill the entire 5 swimmer requirement, they may supplement that age group with 15-16 year old's.

### Deck Entry

**Fees:** No deck entries will be accepted.

**Facility:** Austin Aquatics and Sports Academy is a twenty-lane, short course yards pool. With some of the fastest racing lanes in the state of Texas, ASC invites you to race with us! Our 6-inch Competitor lane lines will squelch any waves, allowing each swimmer to get their hand(s) onto the Colorado Timing System touchpads. Times will be recorded via Hy-Tek's Meet Manager software. Swimmers will begin their races off of a Spectrum Xcellerator Starting Platform or a Colorado Timing Systems Backstroke Start Device.

There are shade structures on two sides of the pool deck for coaches, officials, and athletes. Spectators will not have access to these sides of the pool. We highly encourage sunscreen. Partially shaded bleacher seating is available for 150 spectators on a first come, first serve basis. Grass area will be available to accommodate the athletes and overflow of spectators. Chairs are welcome in this area. Tents may be placed behind the pool, outside the fenced area. You can view a map of our facility [HERE](#).

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The meet will be held in the ten lanes furthest from the building (south side). The two lanes next to the racing lanes will be buffer lanes and will be blocked off during the competition. Warm-up and warm-down throughout the duration of the meet will be available in the eight lanes nearest the building (north side).

**Water Depth:** The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet 1 inch at the start end and the turn end is 7 feet 1 inch measured for a distance of 1.0 meter to 5.0 meters from both end walls.

## **Course**

**Certification:** The competition course has not been certified in accordance with 104.2.2C(4).

**Sanction:** Held under the sanction of USA Swimming. This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including Minor Athlete Abuse Prevention Policy ("MAAPP"), and any relevant sections of the South Texas Policies & Procedures Manual will govern this meet. All swimmers must be registered as athletes for 2019 or 2020 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2019 or 2020 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

**Liability:** In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Austin Swim Club, the Austin Aquatics & Sports Academy, Nitro Swimming, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

## **USA Swimming**

**Registration:** All swimmers, coaches, and officials participating in this competition must be currently (2019 or 2020) registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies.

**Meet Format:** This is a timed finals meet and is open to all 18&Under athlete members of the invited clubs. Number of athletes will be capped at 50 swimmers per club. Events will be swum youngest to oldest, beginning with the women. Seeding preference will be Short Course Yards (SCY). No technical racing suits will be permitted at this meet.

**Age up Date:** The age of the swimmer will be his/her age on September 28<sup>th</sup>, 2019.

## **Entry**

**Procedures:** All teams must submit entries using the latest version of Team Unify or Hy-Tek Team Manager software to the Entries Chair, Jeanie Joseph ([jeanie@aasa-atx.com](mailto:jeanie@aasa-atx.com)). Please include a Meet Entry Report of your entries, listing the swimmer, USA Swimming ID, entries by swimmer name, and total fees due along with your entry file.

When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive email confirmation, your entries were not received.

**Entry Fees:** There will be a flat fee of \$25 per swimmer (this includes the South Texas Swimming splash fees). Refunds will not be given for any reason.

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Please include the Meet Entry Fee Report with your payments. Entry fees must be postmarked by September 23<sup>rd</sup>, 2019 or your entries will be removed from the meet. Please send only one check per team location. Refunds will not be given for any reason.

**Make checks payable to:**

Austin Aquatics and Sports Academy

**Send checks to:**

Austin Aquatics and Sports Academy  
5707 Southwest Parkway  
Building 2, Suite 260  
Austin, Texas 78735

**Meet Staff:** **Entries Chair:** Jeanie Joseph/ (512) 276-2324/ jeanie@aasa-atx.com  
**Meet Director:** Chris Coghill/ (512)276-2324/ chris@austinswimclub.org  
**Meet Referee:** Marc Digby/ (512) 633-0002/ mdigby@AESAustin.com  
**Admin Official:** Ben Adair/ 512-789-9299/ ben@rooster617.org

**Cell Phone**

**Restrictions:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

**Unaccompanied**

**Swimmers:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.2.

**Swimmer  
Photographs  
and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

**Deck**

**Changing:** Deck changes are prohibited.

**Special  
Needs:**

Please notify Meet Director Chris Coghill, (512)276-2324 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The facility staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

**Officials:**

All currently (2019 or 2020) certified and in-training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming for 2019 or 2020 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming. Please email the Meet Referee prior to the meet with your availability and current certifications. Please report to the Meet

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Referee at least one hour prior to the scheduled start time of any session to receive your assignments. The wearing of name tags is strongly encouraged.

**Drones:** Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program and Events Committee Chair or designee.

**Timers:** The host team will attempt to provide backup timers for this meet but each team should be prepared to provide timers for two lanes.

**Relays:** There will be two relays contested, the 200 yard Mixed Gender Medley relay and the 250 yard Mixed Age Free Relay. The Mixed Gender Medley relay will be swum two boys and two girls per each age group, and each team may enter two relays per age group. This relay will score double points below. The Mixed Age Free relay will consist of one swimmer from each age group, (10&under, 11-12, 13-14, 15-16, 17-18\*,) each contesting a 50 yard free. Each team may enter one relay per gender. This relay will score triple points below. Relay cards will need to be turned in at 5:50pm, 10 minutes before the beginning of the meet.

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**Scoring:** This meet will be scored through the first 6 individual places as follows: 10, 8, 6, 4, 2, 1.

**Awards:** The winning team will be awarded a trophy.

**Results:** Results can be found on Meet Mobile.

**Scratch Policy:** There will be no penalty for a no show to an event.

**Positive Check In:** There will be no positive check in.

**Inclement Weather:** As our facility is outdoors, we are prepared to handle a wide array of weather scenarios, and still facilitate fast swimming! Meet Management reserves the right to make changes to the meet format or the listed timing equipment if necessary, to suit the alternate location.

**Daily Schedule:** Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement.

Saturday PM	Warm Up:	4:30 pm
	Clear Pool:	5:50 pm
	Start:	6:00 pm

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## Order of Events 2019 Austin City Limits Shootout

**Saturday Timed Finals Start at 6:00pm – All events SCY**

<b>WOMEN'S EVENT #</b>	<b>EVENT</b>	<b>MEN'S EVENT #</b>
1	10 & Under Mixed 200 Medley Relay	1
2	11-12 Mixed 200 Medley Relay	2
3	13-14 Mixed 200 Medley Relay	3
4	15-16 Mixed 200 Medley Relay	4
5	17-18* Mixed 200 Medley Relay	5
6	10 & Under 50 Back	7
8	11-12 50 Back	9
10	13-14 100 Back	11
12	15-16 100 Back	13
14	17-18* 100 Back	15
16	10 & Under 50 Breast	17
18	11-12 50 Breast	19
20	13-14 100 Breast	21
22	15-16 100 Breast	23
24	17-18* 100 Breast	25
26	10 & Under 50 Fly	27
28	11-12 50 Fly	29
30	13-14 100 Fly	31
32	15-16 100 Fly	33
34	17-18* 100 Fly	35
36	10 & Under 100 IM	37
38	11-12 100 IM	39
40	13-14 200 IM	41
42	15-16 200 IM	43
44	17-18* 200 IM	45
46	10 & Under 50 Free	47
48	11-12 50 Free	49
50	13-14 100 Free	51
52	15-16 100 Free	53
54	17-18* 100 Free	55
56	Mixed Age 250 Free Relay	57

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## SOUTH TEXAS SWIMMING, Inc. Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

#### I. Assigned Warm-up Procedures

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

#### II. Open Warm-up Procedures

### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

### III. Safety Guidelines

#### a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

#### b. The host team will be responsible for the following:

1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

**NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.**