

The University of Texas at Austin



**2020 American Short Course Champs
& Long Course Time Trial**

March 5-7, 2020

Held under the sanction of USA Swimming

Important Meet Facts

Meet Date: March 5-7, 2020

Meet Notes: This is a **MEN'S** sanctioned NCAA last chance meet.

Entries Open: Monday, February 10, 2020.

Entries will be capped at 200 for all non-NCAA athletes. There is no cap for NCAA Athletes.

Entries Close: Thursday, February 27, 2020 for all athletes, or for non-NCAA athletes when the cap is reached.

Entry Fees: \$20.00 per individual event, \$40.00 per relay event.

Qualifying times: [2020 Texas Senior Circuit \(Sectional\) qualifying times will be used.](#) Only 1 bonus event is permitted per day. All bonus events must meet the bonus qualifying time standards.

Relays: Only open to NCAA athletes.

Deck Entries: Only open to NCAA athletes.

Time Trials: Only open to *Men* NCAA athletes.

Long Course Time Trials: Only open to athletes in the meet. No outside athletes may be added.

Finals Scratch Rule: If a swimmer fails to scratch from finals and does not swim in a final event for which he/she qualified, the swimmer will not be allowed to swim in his/her next event (in finals or in prelims).

Finals: We will swim women's heats slowest to fastest then the men's heats in the same fashion.

Parking Info: Parking information will be sent out to all coaches prior to the meet.

Facility: The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. For the March 2020 meet the competition course *has not* been certified in accordance with 104.2.2C(4).

The Swim Center is located on the University of Texas Campus, 1900 Red River Street, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Water Depths: The minimum water depth, measured in accordance with Article 103.2.3, is 9 feet at the start end and the turn end is 9 feet measured for a distance of 1.0 meter to 5.0 meters from both end walls.

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of Texas, the Lee and Joe Jamail Swimming Center, Longhorn Aquatics, and all meet staff and officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

TSC Rules: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Swimmer Photographs and Videos: There may be one or more photographers and / or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Cell phone restrictions: The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Sanction: Held under the sanction of USA Swimming; this meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including minor athlete abuse prevention policy ("MAAPP") and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2020 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2020 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

USA Swimming Registration: All swimmers, coaches, and officials participating in this competition must be currently (2020) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to deck enter, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app 3) or a coach may present the club's official,

watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies. South Texas Swimming does not allow on-deck USA Swimming registrations.

Coaches Meeting: If the meet director and meet referee find it necessary to have a coaches meeting an announcement will be made stating the time and meeting place during warm-ups.

NON- NCAA Swimmer Rules: The current USA Swimming Rules & Regulations and any relevant sections of the STSI Handbook will apply.

NCAA Swimmer Rules: The current NCAA swimming rules & regulations will apply.

Schedule: We reserve the right to split the sessions differently or to combine sessions based on the entries received.

Thursday- Saturday	Prelims	Warm Up:	8:00 AM	Start:	9:30 AM
	Finals	Warm Up:	4:00 PM	Start:	5:30 PM
Sunday	Long Course Time Trial	Warm Up:	9:00 AM	Start:	10:00 AM

Qualifying Times: Swimmers must meet the qualifying times. Only short course yard times will be accepted for events. Times must have been earned since January 1, 2019. Only times in the SWIMS database can be used as proof of time. Only 1 bonus event is permitted per day. All bonus events must meet the bonus qualifying time standards.

Meet Format: This is a prelim/final meet. Meet management and head officials observe the right to change the configuration of the pool, depending on the size of the meet.

Prelims: Prelim events will be seeded by time and gender only. All events will swim fastest to slowest, with circle seeding the first 3 heats for 200 events & below, 2 circle seeding heats for 400 events and above.

Each prelim session will be seeded the evening before. For prelims there is a courtesy scratch. By 5:30 PM please scratch events that you will not swim the next day. There is not a penalty for failing to scratch a prelim event; this is a courtesy to the other swimmers by eliminating an empty lane in prelims.

The 1650 free is a timed final event and will require a positive check in.

Distance Event Positive Check-in: Positive check-in is required for the 1650 free. *1650 Free check in due by 5:30 PM Friday including morning or evening selection.* This events will be limited to the fastest three heats of men and the fastest three heats of women. The fastest 8 swimmers of each gender will swim in the evening session. The remaining heats will swim in prelims, fastest to slowest. All 1650 swimmers must provide their own timers and lap counters. Swimmers that check-in for an event and fail to swim will not be allowed to swim in his/her next event (in finals or in prelims).

Finals: We will swim women's heats slowest to fastest then the men's heats in the same fashion. The following number of heats will swim at finals:

4 heats for 50, 100's & 200's
3 heats for 400 & 500

Swimmers qualifying for finals have 30 minutes after the announcement of preliminary results to either scratch or declare an intent to scratch. Swimmers that indicate an intent to scratch must declare their final intention within 30 minutes following their last individual preliminary event. If a swimmer fails to scratch from finals and does not swim in a final event for which he/she qualified, the swimmer will not be allowed to swim in his/her next event (in finals or in prelims).

Relays: Relays are limited to NCAA athletes only and will be swim as timed finals at night.

Entry Information: Entries will open on Monday, February 10, 2020. Updates to entry times may be taken up to the entry deadline (February 27). **You should not make nonrefundable travel arrangements before you know your entries are accepted – entries will be processed in the order received.**

Entries will close Thursday, February 27, 2020 for all athletes, or for non-NCAA athletes when the cap is reached.

Swimmers may enter a maximum of 3 individual events per day, and 6 maximum events for the meet. The age of the swimmer will be his/her age on March 5, 2020. Enter all events with previous best times achieved in short course yards. Swimmers must meet the qualifying and bonus qualifying times. Entries with NT will not be accepted. All teams meet must submit their entries using the latest version of Hy-Tek Team Manager or Team Unify software.

Email entries to Bridgette Laitala at bridgette.rhoades@austin.utexas.edu. When you email entries, also attach a report of the entries by swimmer, including their USA ID. If you don't receive an email confirmation, your entries were not received. Entries will not be accepted thru any other email address. No paper, phone or fax entries will be accepted.

Proof of Times: Individual times must be submitted in actual times achieved; conversions are not permitted. USA Swimming times and membership database (SWIMS) and will provide proof of entry times. Custom times will not be allowed for meet entry.

Entry Fees: \$20.00 per individual event, \$40.00 for relays. Please send only one check per team location.

****NO cash will be accepted. Refunds will not be given for any reason. ****

Make checks payable to: The University of Texas at Austin
Mail to: American Short Course Championships
Devon Hendricks
Event operations
P.O. Box 7399
Austin TX 78713

Entry fees must be postmarked by Monday, March 2. Please include the meet entry fees report with your check.

Racing Start Proficiency: (Unaccompanied Swimmers) Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Entries: Deck entries will be limited to NCAA athletes only. No new heats will be created.

NCAA Time Trials: NCAA time trials will be offered for *Men's* POP's only. Remember the NCAA rule: "Each competitor, or institution in the case of a relay event, is limited to one time-standard trial per event per meet."

Club Time Trials: No club time trials will be offered.

Long Course Time Trials: Only open to athletes in the meet. No outside athletes may be added. Long Course time trials will be held on Sunday, March 8. Warm-ups are at 9:00 am, meet starts at 10:00 am. Order of events will follow NCAA order.

Awards: No awards will be given.

Scoring: There will be no scoring for this meet.

Meet Referee:	Herb Schwab	281-242-1334	herb.schwab@gmail.com
Admin:	Bridgette Laitala	512-471-7703	bridgette.rhoades@austin.utexas.edu
Meet Director & Entry Chair:	Bridgette Laitala	512-471-7703	bridgette.rhoades@austin.utexas.edu

Special Needs: A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Texas Swimming Center at 512-471-7703 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Texas Swimming Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials: All currently certified and in training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming and their respective LSCs for 2020 and have a current Background Check acknowledged by USA Swimming. Please email the Meet Referee, Herb Schwab, at Herb.Schwab@gmail.com, with your certification level and availability so she can plan accordingly. The uniform will be white polo shirts over khaki pants, skirts or shorts. Please report to the Meet Referee at least 45 minutes prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.

Deck Access: Only currently registered coaches and officials will be allowed access beyond the front desk of the Texas Swimming Center. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck. Volunteers will be given a pass to access the deck and help for that specific purpose.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the University of Texas Athletics staff, Meet Director or Texas Swimming Center staff.

Concealed Carry 30.06: Concealed Carry 30.06: (Campus Carry) Pursuant to Section 30.06, Penal Code (trespass by license holder with a concealed handgun), a person licensed under Subchapter H, Chapter 411, Government Code (handgun licensing law), may not enter this property with a concealed handgun. For more information visit <http://campuscarry.utexas.edu/>

Pets/Service Animals: Trained service animals or service animals in training with identifiable vests will be allowed. Service animals must remain on leash or in a harness at all times.

Parking: The University of Texas requires a UT permit for parking along Trinity and San Jacinto.

Results: Results can be found on Meet Mobile.

Deck Changing: Deck changes are prohibited.

Drones: Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.” Exceptions may be granted with prior written approval by the Events Programs Committee or designee.

2020 American Short Course Championships Order of Events Events are in SCY

[2020 Texas Senior Circuit \(Sectional\) qualifying times will be used.](#)

Day 1- Thursday, March 5

Women's Event#	Event	Men's Event #
1	200 Fr. Relay#	2
3	500 Free	4
5	200 IM	6
7	50 Free	8
9	400 Med. Relay#	10

Day 2- Friday, March 6

Women's Event#	Event	Men's Event #
11	200 Med. Relay#	12
13	400 IM	14
15	100 Fly	16
17	200 Free	18
19	100 Breast	20
21	100 Back	22
23	800 Free Relay#	24

Day 3- Saturday, March 7

Women's Event#	Event	Men's Event #
25	200 Back	26
27	100 Free	28
29	200 Breast	30
31	200 Fly	32
33	400 Fr. Relay#	34
35	1650 Free*!	36

Notes: * Requires positive check in
! Fastest 8 men and fastest 8 women swim at night.
Heats swim as timed finals at night.

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
 - d. There will be no diving in the general warm-up lanes—circle swimming only.
 - e. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
 - a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.