



Sailfish 2020 ST FISH LCA-FISH Dual Meet October 25, 2020



- Sanction #:** **ST-20-53cm**
Held under the sanction of USA Swimming.
This meet is for swimmers who are attached or unattached to Sailfish or Lost Creek Aquatics.
- Venue:** Sendero Springs Pool
4203 Pasada Lane, Round Rock, 78681.
(512) 218-1495
- Meet Date:** Sunday, October 25, 2020
Session 1 13&O warm-ups start at 8:00am, meet starts at 9:00am
Session 2 12&U warmups start at approximately 10:30am (or immediately following the conclusion of Session 1), meet starts at approximately 11:30am (or one hour after the conclusion of Session 1)
- Facility:** The Sendero Springs Facility is an 8 lane, 25-yard short course outdoor pool. Warm-up lanes will be available to athletes before each session. A semi-automatic timing system will be used (CTS Dolphin wireless stop watches with a manual back-up watch per lane.) Hy-Tek Meet Manager software will be used to record the times. Guest Parking is limited to on the premises. There is additional parking for Sailfish across Sendero Springs Drive at the daycare. We ask that participants avoid parking in the neighborhood streets. Violators will be towed by local law enforcement. No smoking and no glass containers are permitted inside the pool perimeter.
- Water Depth:** The minimum water depth, measured in accordance with Article 103.2.3, is 5 feet 6 inches at the start end and the turn end is 4 feet 0 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.
- Course Certification:** The competition course has not been certified in accordance with 104.2.2C(4).
- Sanction:** This meet has been sanctioned by South Texas Swimming and current USA Swimming rules including Minor Athlete Abuse Prevention Policy ("MAAPP") and any relevant sections of the South Texas Policies & Procedures Manual will apply. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming. All swimmers must be registered as athletes for 2020/2021 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2020/2021 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal).
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), CK Swimming LLC, Sailfish (FISH), the Brushy Creek MUD, Sendero Springs Pool and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming

sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, INC. (STSI), CK SWIMMING LLC, SAILFISH (FISH), THE BRUSHY CREEK MUD, SENDERO SPRINGS POOL AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be currently 2020/2021 registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies. South Texas Swimming does not allow on-deck USA Swimming registrations.

Meet Format: Events will be swum fast to slow in event number order. All events will be mixed gender events and the seeding will be based solely on time and not gender. There will be no lane separation between genders. All events will be seeded by time. **Swimmers may enter a maximum of four events.** Entries will be accepted in the order in which they are received. Enter all times in short course yards. NTs will not be accepted; please enter all athletes with your best guess. The meet director reserves the right to conduct flyover starts, to change warm-up and/or session start times, and to combine events, depending on the number of entries received.

Positive

Check-In: Positive check-in is required for the 500 Free and 400 IM. Positive check-in will be available on the start end of the pool deck. Positive check-in for the 500 Free will close at 8:30am and positive check-in for the 400 IM will close approximately one hour prior to the start time of the event. Exact times will be posted with the Admin Official at the meet.

Time Trials: There will be no time trials offered.

Qualifying

Times: There are no qualifying times.

Age up Date: The age of the swimmer will be his/her age on October 25, 2020.

Entry

Restrictions: Except as outlined above, there are no additional exceptions.

Entry

Deadline: 6:00 PM October 21, 2020. Entries will close earlier if needed to stay within the four-hour rule and/or within the facility capacity limit of 130 swimmers per session.

Entry

Procedures: All teams with five or more swimmers must submit entries using Hy-Tek Team Manager or its equivalent to the Entries Chair. Email is the preferred method of delivery; if you need to submit entries in another format, please contact the Entries Chair to make other arrangements. Please rename the entry file to clearly identify the meet sanction number, your club code, and the file (such as ST-19-##_FISH_Entries.zip). Include a Meet Entry Report of your entries, listing the swimmer, USA Swimming

ID, and entries by swimmer. Rename the Meet Entry Report using the meet sanction number, your club code, and the report name (such as ST-19-##_FISH_EntriesByAthlete.pdf).

Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) or with inaccurate or missing USA Swimming IDs will not be entered into the meet and any entry fees will not be refunded. Athletes will not be entered into Meet Manager if the Meet Entry Report is not received. Athletes will not be permitted to compete in the meet until satisfactory fee payment arrangements have been made with the Meet Director or designee.

Teams with fewer than five swimmers may send an email to the Entries Chair with the team abbreviation, LSC, the swimmer's full name (as registered with USA Swimming), the swimmer's USA Swimming ID number, and the swimmer's events by number, description, and entry time.

When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive an email confirmation, your entries were not received.

Entry Fees: \$9.25 per individual event (includes the STSI splash fee of \$1.25 per splash). Please include a Meet Entry Fee report with your payment. Entry fees must be received by October 23, 2020 or your entries will be removed from the meet. Refunds will not be given for any reason.

Make checks payable to: **CKSwimming**

Send checks to: Meet Director, Chris Kjeldsen, 5401 Sam Bass Rd, Round Rock, TX 78681

Deck (late)

Entries: Deck entries will not be accepted.

Scratch

Rules: Swimmers are asked to communicate scratches to the Entries Chair prior to the meet start date, as possible. There is no penalty for scratching from a pre-seeded event, except for loss of the entry fees.

Meet Staff:

Meet Director/Entries Chair:

Chris Kjeldsen

512-694-2180

ckjeldsen17@gmail.com

Admin Official:

Erica Allison

512-739-6871

Ericaallisontx@gmail.com

Meet Referee:

Jessica Evans

512-917-2274

jessicaevans@utexas.edu

Cell Phone

Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Unaccompanied

Swimmers: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Swimmer
Photographs
and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Deck

Changing: Deck changing is prohibited.

**Special
Needs**

Please notify Coach Chris Kjeldsen (512-694-2180) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The facility staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials:

All currently certified and in-training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming for 2020/2021 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming. The uniform will be white polo shirts over khaki pants, skirts or shorts. Please email the Meet Referee prior to the meet with your availability and current certifications. Please report to the Meet Referee at least 45 minutes prior to the scheduled start time of any session to receive your assignments. The wearing of name tags is strongly encouraged.

Drones:

Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.” Exceptions may be granted with prior written approval by the Events Programs Committee or designee.

Timers:

Parents of swimmers from both teams at this meet will be needed as timers. Swimmers in the 400IM **must provide at least 2 timers**. Swimmers in the 500 Free must also provide their own counters; 500 Free swimmers do not need to provide their own timers.

Awards:

None.

Scoring:

This meet will be scored 1st through 6th place in all events by gender and age group (6&U, 7-8, 9-10, 11-12, 13-14, 15-18). Points awarded will be 7-5-4-3-2-1.

**Daily
Schedule:**

Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement.

Warm-up times and lane assignments will be emailed to the participating teams and posted on the www.ckswimming.com website. The warmup for Session Two will begin immediately following the conclusion of Session One, but not earlier than 11:30am. The timeline will be sent to entering teams prior to the meet start date.

Order of Events

Distances are in SC yards; all events are mixed gender.

Session One: 13&older

Warmups: 8:00-9:00am

Session One Start Time: 9:00am

Event #	Event
1	500 Free *
2	200 Breast
3	50 Free
4	200 IM
5	50 Back
6	100 IM
7	200 Fly
8	50 Breast
9	100 Free
10	100 Fly
11	200 Back
12	100 Breast
13	200 Free
14	100 Back
15	50 Fly
16	400 IM **

* Positive check-in is required by 8:15am. Swimmers must provide their own counter (500 Free) but do not need to provide timers.

** Positive check-in is required approximately one hour prior to the start time of the event. Exact times will be posted with the Admin Official at the meet. Swimmers must provide two timers (400 IM).

Session Two: 12 & under

Warmup: Immediately following the conclusion of Session One,
but not earlier than 10:30am

Session Start Time: 60 minutes following the start time of warmups,
but not earlier than 11:30am

Event #	Event
17	11-12 200 Breast
18	12&U 50 Free
19	11-12 200 IM
20	12&U 50 Back
21	12&U 100 IM
22	11-12 200 Fly
23	12&U 50 Breast
24	12&U 100 Free
25	12&U 100 Fly
26	11-12 200 Back
27	12&U 100 Breast
28	12& U 200 Free
29	12&U 100 Back
30	12&U 50 Fly

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned Warm-up Procedures

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 - 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.
 STSI Safety Guidelines and Warm-up Procedures last Revised 10/9/2016