



## Return to Competition Document

Point of Contact: Jessica Evans, Meet Referee

### **Meet Information:**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, THE CITY OF LAKEWAY, LOST CREEK AQUATICS, AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

The meet will be pre-seeded and no deck entries will be permitted.

All local protocols/requirements will be followed, including maintaining 6 feet distancing between individuals (excluding family members) and wearing a face mask while on the property at all times (except when eating, drinking, or swimming). The "property" is defined as the Swim Center, parking lots, adjacent field, and all areas adjacent to the facility that are being used in conjunction with the swim meet.

The USA Swimming Code of Conduct and the SafeSport Code for the U.S. Olympic and Paralympic Movements continue to apply in full.

The Minor Athlete Abuse Prevention Policy (MAAPP) continues to apply in full.

USA Swimming Safe Sport Best Practice Guidelines state that parents should be encouraged to appropriately support their child(ren)'s swimming experience and that all swimming practices should be

open to observation by parents. This also applies to meet participation. Parents and spectators may view their swimmer through the fence but may not enter the facility.

Lost Creek Aquatics will comply with USA Swimming, South Texas Swimming, the State of Texas, and local jurisdiction guidelines/recommendations.

There will be no more than 130 swimmers per session.

#### **Meet Operations:**

- Timers in each lane will have enough room to social distance (unless immediate family members with each other) and must wear a face mask. Timer chairs will be set up six feet apart.
- All swimmers must wear a face mask when not racing or warming up/down.
- All coaches, officials, and meet volunteers must wear a face mask when in the pool area, unless removal of the mask is necessary for officiating (starter, meet referee).
- All swimmers, coaches, officials, and meet volunteers should maintain social distancing per CDC guidelines.
- Spectators may not enter the facility to use the restrooms; they may use the restrooms located on the exterior of the Swim Center, by the playscape.
- Parents and spectators will be allowed to view their swimmers from outside the fence areas. Spectators and parents must wear a face mask at all times and maintain social distancing.
- All meet personnel and swimmers in the pool area, and all participants and spectators outside the fence and in the parking lot, are encouraged to use social distancing requirements per the CDC guidelines.
- Warm-up lanes for each session will be assigned by group, and with no more than six swimmers/lane, spaced at least 6 feet apart.
- All swimmers must arrive in their swimsuit. The restrooms will be for handwashing and toilet use only. Changing will not be allowed in the restrooms.
- Restroom use (inside the facility) will be limited to three people at a time and will be restricted to swimmers, coaches, officials, and meet volunteers.

#### **Ready Bench:**

- One heat in the water, one heat behind the blocks, one heat behind the timers.
- Up to three heats will be staged in the ready bench area behind the starting blocks.
- Heats of swimmers will move through the staging area and to the pool while maintaining social distancing, while wearing face masks.
- Swimmers will discuss their race with their coach one at a time.

#### **Meet Volunteers:**

- Marshals will patrol the parking lot, staging areas, ready bench, and restrooms for compliance with social distancing and entry.
- Other meet volunteers will be asked to sign up in advance of the meet to help with timing.

#### **Other Important Information:**

We know our swimmers are excited to race. In addition, we know their family members are equally excited to see them race. However, we ask that families limit the number of people attending the swim

meet so we can effectively and efficiently control the number of people in attendance and provide social distancing for our swimmers, coaches, officials, meet volunteers, and spectators.

Access to the pool deck will be limited to swimmers, coaches, officials, and meet volunteers only. There will be no exceptions to pool access.

Restroom use for spectators will be available on the outside of the facility, by the playscape. Spectators may not use the restrooms located inside the Swim Center.

***Anyone in attendance at this swim meet who does not comply with the requirements set forth in this document will be asked to comply. Refusal to comply with the requirements set forth in this document or refusal to comply with directives from the Meet Referee or any Meet Marshal will result in ejection from the swim meet and removal from the property.***