

Alamo Area Aquatics Association - Northside

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Meet Information:

“An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, AAAA AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.”

The meet will be pre-seeded and no deck entries will be permitted. No Relays will be allowed.

Local protocols / requirements will be followed such as: maintaining 6 feet distancing, face masks worn always on the campus during the swim meet (except when eating, drinking, swimming, exercising)

The USA Swimming Code of Conduct and the SafeSport Code for the U.S. Olympic and Paralympic Movements continue to apply in full.

The Minor Athlete Abuse Prevention Policy (MAAPP) continues to apply in full.

USA Swimming Safe Sport Best Practice Guidelines state that parents should be encouraged to appropriately support their child(ren)'s swimming experience and that all swimming practices

should be open to observation by parents. This also applies to meet participation. Parents and spectators may view their swimmer through the fence / windows and a designated area inside the pool area only. Alamo Area Aquatics Association will comply with USA Swimming, ST Swimming, the State of Texas and local jurisdiction guidelines / recommendations.

The goal is 100 swimmers per session, with a maximum of 120,

Meet Operations:

- Timers in each lane will be NISD Aquatics Staff. Timers will have enough room to social distance while wearing a face covering.
- All swimmers must wear a mask when not racing or warming up / down.
- All coaches, officials, volunteers, and spectators should maintain social distancing per CDC guidelines.
- Spectators must claim a free ticket prior to the meet, via our online ticketing platform using their USA Swimming athlete id number, to be admitted into the facility. One ticket will be available per athlete entered in the meet.
 - Spectators are to remain in the designated spectator seating areas / stands during the meet.
 - Athletes will remain in the team area while not competing, warming up / down during the meet.
- No parent may enter the locker rooms / restrooms on the pool deck. Designated lavatories will be available for spectators. (on the Northwest corner of the Swim Center by the lesson pool).
- Warm-up lanes for each session will be assigned Coaches are expected to not have more than 4 athletes per lane, spaced apart.
- All swimmers must arrive in their swimsuit. The locker rooms are for restroom use only.
- Ready bench (3 heats around the competition course at a time). One in the water, one behind the timers, one in staging.
 - After the race finishes, swimmers grab their mask (in a container) and swim a 25 to the other side of the pool.
 - The next heat acts as the backup timer for the heat prior to them.
- NISD Aquatics Staff / Northside Compliance Officers (NCO) will be within the facility to ensure all patrons are adhering to NISD COVID-19 Protocols. The NISD Protocols can be found online at <https://www.teamunify.com/team/stnisd/page/covid-19-protocols>