



Surge Aquatics

2021 ST SCY Surge Block Blast Sprint/Distance

Conducted under Sanction of USA Swimming
Sanction Number: ST-21-09



Meet Name: 2021 ST SCY Surge Block Blast Sprint/Distance

Meet Dates: Saturday, January 16, 2021
Sunday, January 17, 2021

Venue: Das Rec Natatorium
345 Landa Street
New Braunfels, TX 78130

Entries Open: Wednesday, December 23, 2020 at noon

Entry Deadline: Sunday, January 3, 2021 at midnight

Qualifying

Times: None.

Schedules:

	Day 1	Day 2
Warm-ups begin	1300	1300
Officials meeting	1400	1400
Clear competition pools	1450	1450
Coaches meeting	1450	1450
Timers meeting	1420	1420
Positive check-in by		1430
Competition begins	1500	1500

Facilities: Eight FINA-width (2.75-meter) lanes plus three additional warm-up lanes. Colorado timing system. Full scoreboard with heat and event display. Bleacher seating is limited.

*City of New Braunfels - Sec. 86-4.- Additional rules and regulations for control of parks and recreation areas and facilities. It shall be unlawful to stake any item into the ground including tents and hammocks. Only freestanding canopies with no bottoms are allowed.

Format: Timed Finals.

In case of inclement weather, the competition will stop and decisions about the meet will be made in real time. ALL events will be gender-mixed and seeded fastest to slowest, no lane separation between genders. The Meet will be pre-seeded by time and gender without regard to age and swum fastest to slowest and no deck entries permitted. No Relays will be allowed. All events will be pre-seeded. The 400 Individual Medley, 500 Freestyle and the 1650 Freestyle will require a Positive Check-in at the designated time on the day of the event (See Daily Schedule). Entry times will be seeded: SCY, SCM, LCM. The meet host reserve the right to split the meet to 2 sessions.

Return to Competition:

“An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, SURGE AQUATICS AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS

COMPETITION.”

All Das Rec facility COVID-19 procedures, rules etc must be followed. These are located at www.dasrec.com
All participants will need to review the Surge Aquatics Return to competition Guidelines on page 5/6.

Meet Operations:

All Timers will have enough room to social distance while wearing a face covering (unless immediate family members with each other). Timer chairs will be set up 6'+ apart.

All swimmers must wear a mask or face shield when not racing, warming up/down, or walking from the race to the warm up/down pool area.

All coaches, officials and volunteers must wear a face mask or face shield when in the building. during the event All swimmers, coaches, officials and volunteers should maintain social distancing per CDC guidelines.

All swimmers, coaches, officials and volunteers entering the Swim Center must be COVID screened for symptoms and temperature prior to entering the building.

No parent may enter the building to view a race, talk with a coach, official or volunteer. Parents may ask for help at the front door.

All event participants and parents in the parking lot must use social distancing requirements per the CDC guidelines. Once a swimmer has completed their warm-up, race and warm-down must exit the swim center after discussing their race with their coach (social distancing applies).

All swimmers must arrive in their swimsuit. The locker rooms will remain closed throughout the swim meet. Family bathrooms will be available as needed.

Water Depths: The indoor pool depths, measured from the start end, is seven feet two inches and from the turn end is four feet three inches both measured at one and five meters from either end wall.

Deck

Rules: Deck changing, and shaving is prohibited. Violators are subject to disqualification from the meet and disbarment from the facility.

Age up Date: January 16, 2021

Scoring and

Awards: Ribbons, first through eighth place will be awarded for 10 and under, 11-12, and 13 and Over in individual events.

Results: Results can be found on Meet Mobile and posted on STSI website.

Liability: In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), Surge Aquatics, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Sanction: Held under the sanction of USA Swimming. This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including minor athlete abuse prevention policy, "MAAPP", and any relevant sections of the South Texas Policies & Procedures Manual will govern this meet. All swimmers must be registered as athletes for 2020/2021 With USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet deadline may deck enter the meet only if they can present their 2020/2021 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be currently (2021) registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass Application A coach may also present the club's official, watermarked roster from the USA Swimming club portal. Current national and LSC regulations do not allow for exceptions to these policies

Cell Phone

Restrictions: The presence and / or use of cell phones, smart phones, or any other devices capable of producing audio recordings and / or photographic or video images in locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

**Swimmer
Photographs
And Videos:**

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

**Entry
Procedures:**

The **only** acceptable mode of entry is via Hy-Tek Commlink File. Meet entry file HYV will published on STSI website. Hard copy (PDF) **MUST** accompany. Entries received without a seed time will not be entered the meet and fees will not be refunded. Please e-mail entries to the Entry Chair, Jeremy Block (coachblock@surgeaquatics.org) and include a Meet entry Report of your entries, listing the swimmer, USA Swimming ID, entries by swimmer name, and total fees due along with your entry file. When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive email confirmation, your entries were not received.

**Entry
Restrictions:**

This Meet is open to all 2021 Registered USA Swimming athletes. Maximum five (5) events per session and nine (9) events overall. All entries *must* include a seed time. Entries received without a seed time (NT) will not be accepted and no refunds will be made.

Entries will be processed in the order received. If a swimmer does not have a SCY time the coach should estimate a time for the swimmer so that the swimmer may be seeded accordingly.

Entry Fees:

\$10.00 per individual event for the Sprint events (**Day 1**) and \$20.00 per individual event for the Distance events (**Day 2**) /No refund (this includes \$1.25 South Texas Swimming splash fee).

\$5.00 per athlete surcharge

Checks payable to: **Surge Aquatics**

Mail or hand-deliver to: Derek Howorth
c/o Surge Aquatics
2911 Oakleaf Drive
San Antonio, Texas 78209

No Personal Checks can be accepted

**Late / Deck
Entries**

No Late Deck entries will be accepted for this meet.

**Meet
Management:**

Meet Manager 7.0

Meet Director: Nabil Kebbab – coachkebbab@surgeaquatics.org – 210-355-9621

Meet Referee: Tom Schultz – tschultz@gvtc.com – 210-284-8116

Entries Chair: Jeremy Block – coachblock@surgeaquatics.org – 210-831-1348

Administrative Official: Karen Hennessy – jkhenn@yahoo.com - 210-275-6478

Unaccompanied

Swimmers:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.

When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Rules:

The 2021 USA Swimming Technical Rules and any relevant sections of the STSI Policies and Procedures Manual will apply to this competition.

Warm-ups:

Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page Seven (7).

There will be three (3) lanes available throughout the duration of the meet. Please also review the daily schedules above.

Scratch rules:

There is no penalty for scratching from a pre-seeded event. However, swimmers that check-in for an event and fail to swim will be fined \$20 payable to River City Athletics. The swimmer will be barred from competition at the Surge Aquatics meet until fines are paid. Exceptions may be made in cases of illness or injury at the discretion of the Meet Referee.

- Special Needs:** A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify Surge Aquatics at admin@surgeaquatics.org in advance of this meet with the name and age of any member on your team who may need assistance to enter the building. The Aquatics Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. Coaches and/or athletes must notify the Meet Host and the Meet Referee before the competition begins and prefer-able at the time entries are submitted, if any specialized equipment is required and / or if they are to be considered for judging under Article 105.
- Timers:** Timers in each lane will have enough room to social distance while wearing a face covering (unless immediate family members with each other). Timer chairs will be set up 6'+ apart.
- Officials:** All 2021 South Texas certified and in training USA Swimming registered officials are invited to participate. Please contact he Meet Referee if you wish to participate. The required uniforms are White collared shirts/blouses over khaki trousers, Bermuda-length shorts, skirts or capris. PLEASE: **NO** jeans, cut-offs or flipflops. Please report to the Meet Referee in accordance with the Daily Schedule on page one (1).to be briefed and receive assignments. The wearing of name tags is strongly encouraged.

Order of Events

Saturday, January 16, 2020	
Mixed Event Number	Meter Distance
1	50 Freestyle
2	100 Breaststroke
3	50 Backstroke
4	100 Butterfly
5	50 Breaststroke
6	100 Freestyle
7	50 Butterfly
8	100 Backstroke
9	100 Individual Medley
Sunday, January 17, 2021	
Mixed Event Number	Meter Distance
10	11 & Over 500 Freestyle
11	11 & Over 400 Individual Medley
12	11 & Over 1650 Freestyle
<i>Athletes must provide two (2) backup timers and lap counter if needed.</i>	



Return to Competition Document

Below are SURGE AQUATICS plans for running a swim meet beginning August 2020.

Meet Information:

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The Meet will be pre-seeded and no deck entries permitted. No Relays will be allowed. All Das Rec facility COVID-19 procedures, rules etc must be followed. These are located at

www.dasrec.com

The USA Swimming Code of Conduct and the SafeSport Code for the U.S. Olympic and Paralympic Movements continue to apply in full.

The Minor Athlete Abuse Prevention Policy (MAAPP) continues to apply in full.

USA Swimming Safe Sport Best Practice Guidelines state that parents should be encouraged to appropriately support their child(ren)’s swimming experience and that all swimming practices should be open to observation by parents. This also applies to meet participation.

Meet Operations:

- All racing must be in lanes 1-8 of the competition pool
- Two (2) Timers in each lane should do their best to maintain social distancing and wearing of face covering.
- All swimmers must wear a mask or face shield when not racing, warming up/down, or walking from the race to the warm up/down pool area.
- Everyone who enters Das Rec must wear a face mask and/or face shield.
- All swimmers, coaches, officials and volunteers should maintain social distancing per most current CDC guidelines
- All swimmers, coaches, officials and volunteers entering the Swim Center must be COVID screened for symptoms and temperature prior to entering the building
- No parent may enter the building to view a race, talk with a coach, official or volunteer. Parents are kindly asked to seek help at the front door.
- All event participants and parents in the parking lot must use social distancing requirements per current CDC guidelines

Swimmer Ingress/Egress:

- Once a swimmer has completed their warm-up, race and warm-down must exit the swim center after discussing their race with their coach (social distancing applies)
- Swimmers coming back into Das Rec after being screened the first time, may enter by the shallow end doors that go outside.
- All swimmers must arrive in their swimsuit. The locker rooms will remain closed throughout the swim meet. Family bathrooms will be available as needed. Volunteers need to contact coach K at coachkebbab@surgeaquatics.org to get added to the list; first come first served.

Marshalls: two (2) for the entire meet: one (1) for the entrance/exit door and one (1) “Roaming” to monitor and help swimmers keep with the social distancing)

Timers: we will need 16 timers plus one (1) backup timer for the duration of the meet.

Ready Bench: 4, to help the flow of athletes heading towards the blocks

Other important information:

We will not have the lobby open at all, and the Locker rooms will remain closed. Volunteers need to bring in their own filled water bottles to drink. Water fountain will be available.

Swim meet will be streamed live on YouTube.

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
 - d. There will be no diving in the general warm-up lanes—circle swimming only.
 - e. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.