

Schertz YMCA Swim Team

Meet Name: 2021 ST SYS vs WWAC (Closed meet) Sanction #: **ST-21-13cm**

Meet Date: Sunday January, 31, 2021

Venue: Schertz Aquatics Center

621 Westchester

Schertz, TX 78154

Entries Open: Wednesday January 20, 2021. 13:00 PM

Entry Deadline: Monday January 25m, 2021. 13:00 PM

Qualifying Times: None, Closed

Entry email: brandonfain1979@gmail.com

Entry Fees: \$8 per event. Max 4 entries per swimmer. (\$1.25 South Texas Splash Fee) + \$5.00 surcharge. No refunds will be given.

Make checks payable: Schertz Family YMCA

Hand deliver to Brandon Fain (SYS Head Coach)

Deck Entries: There will be no deck entries at this meet.

Schedule:

| | |
|------------------------|------|
| Warm up begins | 0730 |
| Officials meeting | 0830 |
| Close competition pool | 0900 |
| Coaches meeting | 0845 |
| Timer meeting | 0845 |
| Competition begins | 0915 |

Facilities: Eight Lane (25 yard) indoor facility. Lanes 1-6 will be used for competition and lane 8 for warm up / warm down. Colorado timing system. Full scoreboard with heat and lane display. Limited indoor seating for athletes only.

Format: Timed Finals

If inclement weather is an issue the meet will be stopped and meet decisions will be

made in real time.

All events to be seeded fastest to slowest. All events will be mixed both female and male.

Age Up Date: January 31, 2021.

Meet Operation: Timers will have enough room social distance while wearing face covering.

All swimmers must wear a mask or face shield when not racing, warming up / down

Or walking to the completion pool to race.

All coaches, officials and volunteers must wear a face mask when in the building.

During the meet swimmers, coaches, and officials are expected to social distance.

No parents will be allowed on deck at any time during the meet.

All persons entering the facility entering the facility will have temperature taken.

There is ample room in the parking lot and grass to set up during the meet. Social

Distancing precautions will be expected by parents and swimmers outside.

Swimmers should arrive in a swimsuit. Locker room access will be very limited.

Deck Rules: Deck Changing and shaving are prohibited. Violation of the rules is subject to disqualification and ejected from the facility.

Scoring and Awards: There will be no awards and no scoring of the meet.

Results: Results will be found on the STSI website

Liability: In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc, South Texas Swimming Inc, Schertz Family YMCA, Schertz YMCA Swim Team and officials shall be free from any liabilities or claims for damage arising by reasons of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmers' club, if attached to be held accountable for repairs.

We have taken enhanced health and safety measures – for staff members, swimmers

and volunteers. You must follow all posted instructions while visiting Schertz Family YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to illness and possible death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Austin Swim Club, you voluntarily assume all risks related to exposure to COVID-19. USA Swimming, Inc cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS LSC AND SCHERTZ FAMILY YMCA, SCHERTZ YMCA SWIM TEAM AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Sanction: Held under the sanction of USA Swimming.

USA Swimming Registration: All swimmers, coaches, and officials participating in this competition must be currently (2021) registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID card as proof of registration to the Meet Director or designee at any time. Swimmers who are 1. Late enter when possible; 2. Need to be late entered because of clerical errors by the entering team or the meet host; or 3. Are not entered in this meet and choose to enter the time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass Application. A coach may also present the clubs official, watermarked roster from USA Swimming club portal. Current national and LSC regulations do not allow for exceptions to these policies.

Cell Phones: The presence of and use of cell phones, smart phones, or any other devices capable of producing audio recordings and or photographic or video images in the locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Swimmer photographs and videos: Use of audio or visual recording devices, including a cell phone is not permitted in changing rooms, locker rooms and rest rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Photographers and videographers are not allowed in the area behind the blocks.

Live Stream: The meet will be available via livestream on YouTube. A link will be sent out.

Entry Procedures: The only acceptable mode of entry is via Hy-Tek Commlink file. Meet entry file HYV will be published on STSI website. Hard copy (PDF) must accompany the file. Entries received without a seed time will not be entered into the meet and fees will not be refunded. Please email entries to the Entry Chair, Brandon Fain (brandonfain1979@gmail.com) and include a meet entry report of your entries, listing the swimmer, USA Swimming ID, entries by swimmer name, and total fees due along with your entry file. When submitting files to the entry chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive email confirmation, your entries were not received.

Entry restrictions: This meet is only open to Schertz YMCA Swim team and Winning Waters Aquatics Club with 2021 registered USA Swimming athletes. Unattached members of both clubs will be allowed to attend as well as athletes invited by the meet host. **Max of 4 events per session.**

All entries must include a seed time. Entries with (NT) will not be accepted and no refund given.

Entries will be processed in the order received. If a swimmer does not have a SCY time the coach should estimate a time for the swimmer so that the swimmer may be seeded accordingly.

Swimmers who are entered in the 500 Free will be required to provide their own timers and counter.

Meet Management:

(Meet Referee: Tim Byerly, Timbyerly1985@gmail.com
361-548-0879)

(Meet Admin: Angela Trader, attrader.satx@gmail.com
210-264-5911)

(Head Coach: Brandon Fain, brandonfain1979@gmail.com
210-288-9302)

(Entry Chair: Brandon Fain, brandonfain1979@gmail.com)

Unaccompanied Swimmers: Any swimmer entered in the meet unaccompanied by USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.

When unaccompanied by a member coach, it is the responsibility of the swimmer(s) legal guardian to ensure compliance with this requirement.

Rules: The 2021 USA Swimming Technical Rules and any relevant sections of the STSI

Policies and Procedures Manual will apply to this competition.

Warm Up: Warm Up will be conducted in accordance with the current STSI Policies and Procedures on page five (5). There will be one (1) lane available throughout the duration of the meet for warm up / warm down.

Scratch Rules: There is no penalty for scratching from a pre-seeded event.

Special Needs: A disability is defined as Permanent physical or mental impairment that substantially limits one or more major life activities. Please notify Schertz YMCA Swim Team in advance of this meet with the name and age of any member on your team who may need assistance to enter the building. The Aquatics staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use the facility. In any meet sanctioned or approved by South Texas Swimming Inc. which may include one or more swimmers with visual, hearing, mental or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, ie Article 105. Coaches and or athletes must notify the meet host and the meet referee before the completion begins and prefer-able at the time entries are submitted, if any specialized equipment is required and or if they are to be considered for judging under article 105.

Timers: Timers in each lane will have enough room to social distance.

Officials: All 2021 South Texas certified and in training USA Swimming registered officials are invited to participate. Please contact the meet Referee if you wish to participate. The required uniforms are white collared shirts/ blouses over khaki trousers, Bermuda-length shorts, skirts or capris. Please No jeans, cut off or flip flops. Please report to the Meet Referee in accordance with the Daily Schedule on page 1 to be briefed and receive assignments. Name tags are strongly encouraged to be worn.

| | Mixed | |
|----|------------|--------------|
| 1 | 400 IM | 11 and Over |
| 2 | 200 IM | Open |
| 3 | 50 Back | 12 and Under |
| 4 | 200 Free | Open |
| 5 | 50 Fly | 12 and Under |
| 6 | 100 Back | Open |
| 7 | 200 Breast | 12 and Over |
| 8 | 50 Free | Open |
| 9 | 100 Fly | Open |
| 10 | 200 Back | 11 and Over |
| 11 | 50 Breast | 12 and Under |
| 12 | 100 Free | Open |
| 13 | 200 Fly | 11 and Over |
| 14 | 100 Breast | Open |
| 15 | 100 IM | 14 and Under |
| 16 | 500 Free | Open |

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

| POOL | PUSH/PACE | DIVES/SPRINTS | GENERAL WARMUP |
|---------|-----------|---------------|----------------|
| 8 Lanes | 1 and 8 | 2 and 7 | 3 through 6 |
| 6 Lanes | 1 and 6 | 2 and 5 | 3 and 4 |

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.