



# AQUA SWIFT “GO FOR THE GOLD”



**February 19-21, 2021**

**ST-21-20**

- Welcome:**
- Aqua Swift invites any swimmers registered with USA Swimming for 2021 season to join us at the Boerne Municipal Pool to compete in the AQUA SWIFT Go For the Gold open, unclassified, short-course yards meet.
- Venue:**
- The Boerne Municipal Pool is an outdoor heated pool located at 106 City Park Road, Boerne, TX 78006.
- Facility:**
- This meet will be conducted in one 6 lane, 25-yard, outdoor heated pool, with 5 lanes for competition and diving well area for warm up and warm down
  - Please see the attached “Return to Competition” plan for participant and spectator expectations.
  - We will use Hy-Tek Meet Manager software and Daktronics timing system.
- Water Depth:**
- The minimum water depth, measured in accordance with Article 103.2.3, is five feet at the start end and the turn end is four feet measured for a distance of one meter to five meters from both end walls
- The competition course has not been certified in accordance with 104.2.2C(4)
- Liability:**
- In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the City of Borne, the Borne Municipal Pool, Aqua Swift Aquatics and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event
  - Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
  - An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
  - USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
  - BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, THE CITY OF BOERNE AND AQUA SWIFT AQUATICS, AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.
- Sanctions:**
- Held under the sanction of USA Swimming. Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”) and any relevant sections of the South Texas Policies & Procedures Manual will govern this meet.
  - All swimmers must be registered as athletes for 2021 with USA Swimming by the meet start date.
  - South Texas Swimming does not allow on-deck USA Swimming registrations
  - Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
- USA Swimming Registration:**
- All swimmers, coaches, and officials participating in this competition must be currently 2021 registered with USA Swimming
  - No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302

- All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time
- South Texas Swimming does not allow on-deck USA Swimming registrations.

**Age up Date:**

- The age of the swimmer will be his / her age on February 19th, 2021

**Qualifying Times:**

- There are no qualifying times – this meet is unclassified
- Athletes may enter the meet with NT, we would encourage you to estimate a SCY time
- LCM and SCM times may be converted to SCY
- A good estimated SCY time will ensure your athlete is seeded in the proper heat, which provides the best competition for all athletes

**Entry Restrictions:**

- Swimmers may enter up to five events per day.

**Meet Format:**

- This meet is open to swimmers who are current 2021 USA swimming registered.
- All events are timed finals swum as mixed gender, seeded by time only without regard to age or gender.
- All events will swim fastest to slowest
- ALL Friday distance events require positive check in 15 minutes from start of warm up.**
- The 400 IM will require positive check-in by 1 hour after first warm up
- The 500 Freestyle will require positive check-in by 1 hour after first warm up
- If there are schedule changes, notification will be made as soon as possible after entry deadline.
- We also *reserve the right to cap the number of swimmers* entered in the meet in order to stay within the four-hour rule
- Swimmers will be entered in the order entries are received. Entries will be limited to 150 athletes per session.

**Daily Schedule:**

- Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement.
- **ALL** Positive Check-in Please see below each session.

**Entry Deadline:**

- We reserves the right to cap entries in order to comply with the USA Swimming’s four-hour rule.
- Entries Open on Monday, February 1<sup>st</sup> for **AquaSwift** and **Streamline**.
- ALL TEAMS** at **Noon on Wednesday, February 3rd, 2021** and close **Monday, February 8<sup>th</sup>, 2021 at 5:00 PM.**

**Entries:**

- Swimmers may enter a maximum of 5 individual events **per session**
- The age of the swimmer will be his/her age on **February 19, 2021**
- Please enter all events with short course yards times
- When submitting files to the Entries Chair, please include the name, email address, and the phone number of the person submitting the entries
- Entries must be emailed to: [sasaentries@gmail.com](mailto:sasaentries@gmail.com)  
*Please do not use any other email address for submitting your*
- If you do not receive an email confirmation, your entries were not received
- Please mail a hard copy of what you emailed
- Teams with *fewer than five* swimmers are not required to submit entries via Team Unify or Hy-Tek. A \$5.00 per swimmer processing fee will be added for entries submitted without an accompanying Hy-Tek or Team Unify entry file.
- They should email: swimmers name (as registered with USA Swimming), USA ID, club, club abbreviation, LSC, event number/name and entry times.
- Teams with five or more swimmers entered in the meet must submit their entries using Team Unify or Version three through seven of Hy-Tek Team Manager software
- Please Include the Team Unify or Hy-Tek entry file and a Word document of the entries **by swimmer** with each entry file, including any subsequent revisions
- Please rename the entry file to clearly identify the meet name and your club code. It is necessary to include a hard copy of your entries with your check.
- No paper, phone or fax entries will be accepted

**Heat Sheets:**

- Psych Sheet will be on the AQSA website. Heat Sheets will be sold at Concession.

**Time Trials:** ●Time permitting, Time Trials may be offered to swimmers, who are already entered into the meet. Time Trial entries will count as one of the five allowable events each day. If offered, Time Trials will start 10 minutes after the conclusion of the session. Time Trial Entry Fees are \$20.00 per individual event.

**Hotel Information** **Special Rate code “Aquaswift aquatics” \$79 double queen per night Call to use code**

Fairfield by Marriott 6 Cascade Caverns Road Boerne, TX 78015 (830)368-4167

**Deck Entries:** ● Deck Entries will be permitted if USA swimming allows it. Cost of deck entry is \$15.00 per event.

**Awards:** ●No awards will be given.  
●Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

**Entry Fees:** **\$8.25 per individual event - \$5.00 per athlete facility surcharge.**  
●This includes the South Texas Swimming splash fee of \$1.25 per splash  
Please note a \$5.00 per swimmer processing fee will be assessed for entries submitted without an accompanying Hy-Tek or Team Unify Entry File.  
●Once entries are accepted, refunds will not be given for any reason, even if a swimmer should fail to compete.  
**Checks should be made payable to: Jason AQSA Swim School LLC**  
**Checks should be mailed to: Jason AQSA Swim School**  
**27510 Smokey Chase**  
**Boerne, TX 78015**  
***Please include a hard copy of your entry fee report with your check.***

**Officials:** ●Help from visiting officials is always welcome  
●All currently certified and in training USA Swimming officials are cordially invited to participate  
●All deck officials must be registered with USA Swimming and their local LSC for 2021 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming  
●Please email the Meet Referee with your certification level and availability so he can plan accordingly  
●Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials’ briefing and to receive your assignments  
●The wearing of name tags is strongly encouraged.

**Timers:** ●Parents of swimmers entered in the meet will be needed as timers.  
●Swimmers in the 400 SCY IM (Saturday) and the 500 SCY Freestyle (Saturday and Sunday) will be responsible for providing their own timers. (All Friday events timers will be provided)  
●Two timers per lane

**Unaccompanied Swimmers:** ●Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.  
●When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**Cell phone Restrictions:** ●Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms  
●There are no exceptions to this policy  
●Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

**Swimmer Photographs And Videos:** There may be one or more photographers and / or videographers on deck at this meet  
●In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.  
●Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

**Deck Changing:** Deck changing is prohibited

**Drones:** Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches,

officials and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.

**Special Needs:**

- Please notify Jason Schmeltzer (845-494-8450) in advance of this event with the name and age of any member on your team who needs assistance to enter the facility.
- The facility staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
- In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.
- Coaches and/or athletes must notify the Meet Referee before the event begins if, they are to be considered to be judged under Article 105. Adaptive swimmers who would like their events to be seeded in the lane next to the starter should notify the entry chair by the entry deadline.

**Administration:**

- |                   |                  |              |  |
|-------------------|------------------|--------------|--|
| ● Meet Referee:   | Tom Schultz      | 210-284-8116 | <a href="mailto:schultz0000@gmail.com">schultz0000@gmail.com</a>             |
| ● Meet Director:  | Jason Schmeltzer | 845-494-8450 | <a href="mailto:jason@aquaswiftaquatics.com">jason@aquaswiftaquatics.com</a> |
| ● Admin Official: | Angella Woodard  | 210-406-7946 | <a href="mailto:sasaentries@gmail.com">sasaentries@gmail.com</a>             |
| ● Head Coach:     | Jason Schmeltzer | 845-494-8450 | <a href="mailto:jason@aquaswiftaquatics.com">jason@aquaswiftaquatics.com</a> |
| ● Entry Chair:    | Angella Woodard  | 210-408-7946 | <a href="mailto:sasaentries@gmail.com">sasaentries@gmail.com</a>             |

**Parking:**

- There is parking in lot by the pool or at the High School Lot.

**Concessions:**

- Concessions available for sale. Speedo products will be available.





## Order of Events

**All Events Swum as Mixed Gender**  
**Short Course Yards**

**SESSION 1 / Friday, February 19, 2021**  
**Warm-ups 4:45pm—Session starts 5:45pm**

Event #	Event Description
1	12 & U 400 IM
2	OPEN 50 FREE
3	13 & OVER 1650 (max of 3 heats)

**\*Positive check-in for 1650 Freestyle and 400 IM – 5:00 PM. Timers will be provided for this session.**

**SESSION II / Saturday, February 20, 2021**  
**Warm-ups 10:30 AM - Session Starts 11:30 AM**

Event #	Event Description
4	12 & U 200 Freestyle
5	12 & U 50 Backstroke
6	12 & U 200 Breaststroke
7	12 & U 50 Butterfly
8	12 & U 100 Freestyle
9	12 & U 50 Breaststroke
10	12 & U 100 Backstroke
11	12 & U 200 Butterfly
	10 Minute Break
12	12 & U 500 Freestyle

**\*Positive check-in for 500 Freestyle – 11:30 AM. 500 Freestyle swimmers must provide two timers for their Lane.**

***ALL swimmers will swim to the shallow end of the pool and exit the pool from that end of the pool.  
These swimmers should NOT exit the pool from the blocks.***

**SESSION III / Saturday, February 20, 2021**  
**Warm-ups 2:30 PM - Session Starts 3:30 PM**

Event #	Event Description
13	13 & Over 200 Freestyle
14	13 & Over 100 Butterfly
15	13 & Over 200 Backstroke
16	13 & Over 100 Freestyle
17	13 & Over 200 Breaststroke
	10 Minute Break
18	13 & Over 400 Individual Medley

**\*Positive check-in for 400 IM - 3:30 PM. 400 IM swimmers must provide two timers for their Lane.**

***At the conclusion of each race, swimmers will swim back to the opposite end of the pool and exit the pool on that end. Swimmers may not exit the pool from the blocks.***

*The meet host reserves the right to adjust session start times depending on the number of entries and weather forecasts.*



## Order of Events

**All Events Swum as Mixed Gender**  
**Short Course Yards**

**Session IV / Sunday, February 21, 2021**  
**Warm-ups 10:00 AM - Session Starts 11:00 AM**

Event #	Event Description
19	13 & Over 200 Individual Medley
20	13 & Over 100 Breaststroke
21	13 & Over 50 Freestyle
22	13 & Over 200 Butterfly
23	13 & Over 100 Backstroke
	10 Minute Break
24	13 & Over 500 Freestyle

**\*Positive check-in for 500 Freestyle – 11:00 AM. 500 Freestyle swimmers must provide two timers for their Lane.**

***At the conclusion of each race, swimmers will swim back to the shallow end of the pool and exit the pool on that end. Swimmers may not exit the pool from the blocks.***

**Session V / Sunday, February 21, 2021**  
**Warm-ups 3:00 PM - Session Starts 4:00 PM**

25	12 & Under 200 Individual Medley
26	12 & U 50 Freestyle
27	12 & Under 100 Butterfly
28	12 & Under 50 Backstroke
29	12 & Under 100 Breaststroke
30	12 & U 50 Fly
31	12 & Under 200 Backstroke
32	12 & U 50 Breaststroke
33	12 & Under 100 Individual Medley

***ALL swimmers will swim to the opposite end of the pool and exit the pool from that end of the pool. These swimmers should NOT exit the pool from the blocks.***

*The meet host reserves the right to adjust session start times depending on the number of entries and weather forecasts.*

# SOUTH TEXAS SWIMMING, Inc.

## Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

#### I. Assigned Warm-up Procedures

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach

#### II. Open Warm-up Procedures

### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

#### III. Safety Guidelines

- a. Coaches are responsible for the following:
  1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
  2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
  1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
  3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

*NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.*

STSI Safety Guidelines and Warm-up Procedures last Revised 10/9/2016