



2021 South Texas Short Course STAGS Championship—Central Meet Information



Date posted: 2/8/2021 (revised 2/19/21)

Meet: 2021 South Texas Short Course STAGS Championship Central
Hosted by Austin Swim Club
Held under the Sanction of USA Swimming.

Team Alignments—Central Meet: ASC, CCSS, NTRO-BC, TXLA, WLOO, YMCA, UN

Dates: February 19-21, 2021
Due to a winter storm requiring pool closure, this meet has been postponed and will be held February 26-28, 2021.

Sanction Number: ST-21-32

Venue: Austin Swim Club, 5513 Southwest Parkway Austin, TX 78735

Eligibility: This meet is open to all South Texas athletes ages 22 & under who are attached/unattached to the teams in the Team Alignments section above, and who have achieved the “A” or faster qualifying [2021-2024 USA Swimming National Motivational](#) time standards in short course yards, short course meters, or long course meters.

Athletes with disabilities may enter any event for which they have achieved the [LSC Para Motivational Time Standards](#) as published by the U.S. Paralympic Swimming qualifying time.

Facility: Austin Aquatics and Sports Academy is an outdoor, ten-lane, short course yards pool. Our 6-inch Competitor lane lines will squelch any waves, allowing each swimmer to get their hand(s) onto the Colorado Timing System touchpads. Times will be recorded via Hy-Tek’s Meet Manager software. Swimmers will begin their races off of a Spectrum Xcellerator Starting Platform or a Colorado Timing Systems Backstroke Start Device.

There are shade structures on two sides of the pool deck for coaches, officials, and athletes. Spectators will not have access to these sides of the pool. We highly encourage sunscreen. Parents will not be allowed on the pool deck and may spectate from outside of the fence while maintaining their social distance from others. Tents may be placed behind the pool, outside the fenced area. You can view a map of our facility [HERE](#).

The meet will be held in the eight lanes nearest the bleachers (east side). Warm-up and warm-down throughout the duration of the meet will be available in the ten lanes furthest from the bleachers (west side).

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), Austin Swim Club and Austin Aquatics & Sports Academy, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

We have taken enhanced health and safety measures – for staff members, swimmers and volunteers. You must follow all posted instructions while visiting Austin Swim Club. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to illness and possible death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Austin Swim Club, you voluntarily assume all risks related to exposure to COVID-19. USA Swimming, Inc cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and or increasing your risk of contracting or spreading COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, AUSTIN SWIM CLUB, AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Sanction: This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2021 with USA Swimming by the meet start date. If deck entries are allowed by USA Swimming rules in effect at the time of the meet, athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2021 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club’s official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Athletes who fail to meet this requirement will not be allowed to compete. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Format: All events will be conducted as timed finals. Events will be seeded by age, time, and gender according to the Order of Events, except as noted. Age groups of identical events may be combined at the discretion of the Meet Referee. All events will be swum slowest to fastest. The 500 Free, 1650 Free, and 400 IM will be seeded on deck after positive check-in. Check-in for these events is required. Swimmers must provide their own backup timers for the 500 Free (Friday Session Only), 1650 Free, and 400 IM events and provide their own lap counters for the 500 and 1650 Free events. Meet Management reserves the right to alter meet operations based on the number of participants.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be currently (2021) registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club’s official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies.

Unaccompanied

Swimmers: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.2. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer’s responsibility to make sure arrangements prior to the start of the meet.

Qualifying

Times:

The qualifying time standards for all individual events are the traditional dual-age group [2021-2024 USA Swimming National Motivational](#) "A" and faster times. Athletes ages 19-22 must have the "A" or faster time for the 17-18 age group to enter.

Athletes with disabilities may enter any event for which they have achieved the [LSC Para Motivational Time Standards](#) as published by the U.S. Paralympic Swimming qualifying time.

Qualifying times must be achieved prior to the first or second entry deadlines. If entering with a non-conforming time (SCM or LCM), the swimmer must enter with the time achieved in the non-conforming course. Converted entry times will not be accepted. Seeding shall be in the following order: yards, long course meters, short course meters (YLS).

Proof of Time: Proof of time must be submitted with the entries. All entry times must be verifiable using the USA-S SWIMS database for sanctioned, approved, or observed meets. (Times in the SWIMS database earned at unsanctioned meets may not be used as proof of time.) All proof of times are the responsibility of the entering teams, not the meet host. Entries without an acceptable proof of time will not be accepted.

Age up Date: The age of the swimmer will be his / her age on February 19, 2021.

Entry

Restrictions: An individual swimmer may enter a maximum of five individual events per day and a maximum of 10 individual events for the meet, including any time trial events, if offered.

Time Trials: There will be no time trials at this meet.

Relays: There are no relays at this meet.

Deadlines: The final entry deadline is February 22, 2021 by 6pm.

Entry

Requirements: All entries must contain the following information: the name, email address, and phone number of the person preparing the entries in case clarification is needed; an attachment of the Hy-Tek Team Manager or Team Unify export file; an attached document listing the entries (by swimmer) with proofs of time; and an attached document of the meet entry fees report.

Any team submitting entries under the LSC Para Motivational Time Standards qualifying times may send an email to the entry chair with the team abbreviation, the swimmer's full name (as registered with USA Swimming), the swimmer's USA Swimming ID number, and swimmer's events by number, description, and entry time. Proof of time must be submitted with the entries.

Teams with exceptions will be e-mailed notice of same. Teams and entrants are responsible to check the exception report and correct any errors prior to the deadline given to them by the meet host.

Entry

Procedures: \$15.00 per individual event (this includes the \$1.25 South Texas Swimming splash fee) + \$2.00 per swimmer athlete surcharge fee. There is not a penalty for failing to scratch an event; this is simply a courtesy to the other swimmers to eliminate the empty lane, you will still be charged for events entered.

Please include the Meet Entry Fee Report with your payments. Entry fees must be postmarked by February 24, 2021, or your entries will be removed from the meet. Please send only one check per team location. Refunds will not be given for any reason.

Make checks payable to:

Austin Aquatics and Sports Academy

Send checks to:

Austin Aquatics and Sports Academy
5707 Southwest Parkway
Building 2, Suite 260
Austin, Texas 78735

Deck (late)**Entries:**

If deck entries are allowed by USA Swimming rules in effect at the time of the meet, deck entries will be accepted at \$20 per individual event. Swimmers may deck enter for the current session beginning at the start of warm-ups. Deck entries will close 45 minutes prior to the start of each session. Swimmers may deck enter for subsequent sessions after deck entries close for the current session. At the discretion of meet administration, a Heat "Zero" may be added for late entries, if needed. Swimmers *not previously entered in the meet* must present their 2021 USA Swimming proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal) to the Clerk of Course to deck enter. In addition, the swimmer must present proof of time before a deck entry will be accepted.

Scratch**Rules:**

There is no penalty for failing to scratch from a pre-seeded event. Swimmers who fail to compete in the 400 IM, 500 Free, or 1650 Free events after positive check-in will be disqualified from their next individual event and must positively check in for the remainder of the meet with meet administration. If the swimmer has no additional events in the meet, or the missed event occurs on Sunday, the swimmer will be fined \$100 payable to ASC. Illness and injury may be excused by the Meet Referee. Fines must be paid to the hosting team.

Cell Phone**Restrictions:**

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

**Swimmer
Photographs
and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Drones:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.

Deck**Changing:**

Deck changes are prohibited.

Special**Needs:**

Please notify the Meet Director, Matt Byrd (matt@austinswimclub.org) in advance of this event with the name and age of any member on your team who needs assistance to enter the facility. The host staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105. Adaptive swimmers who would like their events to be seeded in the lane next to the starter should notify the entry chair by the second entry deadline.

Awards:

There will be no awards at this meet.

Scoring:

This meet will not be scored.

Meet**Management:**

Entries Chair: Matt Byrd, matt@austinswimclub.org, (512) 276-2324
Meet Director: Matt Byrd, matt@austinswimclub.org
Meet Referee: Julia Krueger, juliak3@me.com
Admin Official: Ben Adair ben@rooster617.org

Officials: All currently certified and in-training USA Swimming officials are cordially invited to participate. All deck and administrative officials must be registered with USA Swimming and their local LSC for 2021 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming. Please email the Meet Referee with your certification level and availability so they can plan accordingly. The uniform will be white polo shirts over khaki pants or skirts. Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.

Daily Schedule: *****All Warm Up times are subject to change after entries are collected to provide space and time for all athletes to warm up safely*****

Friday – Warmups begin at 6:00pm, sessions start at 6:45pm.

12&under:

Saturday: 9:00 am Warm Up 10:30 am Meet Start

Warm Up #1 ASC & Nitro	9:00 – 9:30 am
Warm Up #2 WLOO	9:35 – 10:05 am
Dive & Pace	10:10 – 10:25 am
Meet Start	10:30 am

Sunday: 8am Warm Up, 9:30am Meet Start

Warm Up #1 ASC & Nitro	8:00 – 8:30 am
Warm Up #2 WLOO	8:35 – 9:05 am
Dive & Pace	9:10 – 9:25 am
Meet Start	9:30 am

13&Over: **Tentative start times, will be updated after Entries are in**

Saturday: 12:30pm Warm Up, 2:25 pm Meet Start

Warm Up #1 ASC & Nitro	12:30 – 1:10 pm
Warm Up #2 WLOO & YMCA	1:15 – 1:55pm
Dive & Pace	2:00 – 2:20 pm
Meet Start	2:25 pm

Sunday: 11:30 am Warm Up, 12:45 pm Meet Start

Warm Up #1 ASC & Nitro	11:30 – 12:10 pm
Warm Up #2 WLOO & YMCA	12:15 – 12:55 pm
Dive & Pace	1:00 – 1:20 pm
Meet Start	1:25 pm

Timers: Timer assignments will be based on warmup assignments. Swimmers competing in the 10&Under 500, 1650 freestyle and 400 individual medley events must provide their own back-up timers. Swimmers competing in the 500 and 1650 freestyle events also must provide their own lap counters.

Warm-up

Procedures: Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement. Athletes must be directly supervised by a USA Swimming certified coach at all times.



2021 STSI Short Course STAGS Championship—Central Order of Events



Note: Meet Management reserves the right to combine or split sessions and/or combine events based on age groups (10 & under, 11-12, 13-14, and 15-22), and based on the number of entries received. Sessions will be limited to approximately 150 athletes per session. Warmups will start 60-90 minutes prior to the meet start time based on the number of athletes entered in each session. The exact session start times and warmup schedules may be adjusted depending on session sizes. Teams will be notified of the warmup schedule and any changes to the event order or sessions on or no later than February 24.

Session One: All Ages Friday, February 26, 2021, 6:45pm

Women's Event #	Event	Men's Event#
1	11-22 1650 Free*	2
3	10 & Under 500 Free*	4
5	11-22 400 IM*	6

* Positive check-in for all events is required by 6:30 pm.

* Swimmers in all events on Friday must provide their own backup timers, and (for 500/1650 Free events) a lap counter.

Session Two: 12 & Under Saturday, February 27, 2021, 10:30am

Women's Event	Event	Men's Event
7	11-12 100 IM	8
9	10 & Under 100 IM	10
11	11-12 50 Free	12
13	10 & Under 50 Free	14
15	11-12 100 Fly	16
17	10 & Under 100 Fly	18
19	11-12 200 Breaststroke	20
21	10 & Under 200 Free	22
23	11-12 200 Free	24
25	10 & Under 100 Backstroke	26
27	11-12 100 Backstroke	28
29	10 & Under 50 Breaststroke	30
31	11-12 50 Breaststroke	32
33	11-12 500 Free *	34

* Positive check-in for the 500 Free is required by 10:00am.

* Swimmers in the 500 Free must provide their own lap counter.

The qualifying time for all events at this meet is the 2021-2024 National Age Group Motivational "A" and faster Time Standard by age and gender, in short course yards, short course meters, or long course meters.

[2021-2024 National Age Group Motivational Times](#)

Session Three: 13 & Over
Saturday, February 27, 2021, 2:25 pm

Women's Event	Event	Men's Event
35	15-22 50 Free	36
37	13-14 50 Free	38
39	15-22 100 Fly	40
41	13-14 100 Fly	42
43	15-22 200 Breaststroke	44
45	13-14 200 Breaststroke	46
47	15-22 200 Free	48
49	13-14 200 Free	50
51	15-22 100 Backstroke	52
53	13-14 100 Backstroke	54
55	13-14 500 Free *	56
57	15-22 500 Free *	58

* Positive check-in for the 500 Free is required by 1:30 pm.

* Swimmers in the 500 Free must provide their own lap counter.

Session Four: 12 & Under
Sunday, February 28, 2021, 9:30am

Women's Event #	Event	Men's Event #
59	11-12 50 Fly	60
61	10 & Under 50 Fly	62
63	11-12 100 Free	64
65	10 & Under 100 Free	66
67	11-12 200 Fly	68
69	10 & Under 100 Breaststroke	70
71	11-12 100 Breaststroke	72
73	11-12 200 Backstroke	74
75	10 & Under 200 IM	76
77	11-12 200 IM	78
79	10 & Under 50 Backstroke	80
81	11-12 50 Backstroke	82

Session Five: 13 & Over
Sunday, February 28, 2021, 1:25 pm

Women's Event #	Event	Men's Event #
83	13-14 100 Free	84
85	15-22 100 Free	86
87	13-14 200 Fly	88
89	15-22 200 Fly	90
91	13-14 100 Breaststroke	92
93	15-22 100 Breaststroke	94
95	13-14 200 Backstroke	96
97	15-22 200 Backstroke	98
99	13-14 200 IM	100
101	15-22 200 IM	102

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes	0 and 9 or 1 and 10	1 and 8 or 2 and 9	2 through 7 or 1 through 8
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.