



# Alamo Area Aquatic Association

[www.aaaa-sa.org](http://www.aaaa-sa.org)



## Meet Information

Conducted under Sanction by USA Swimming  
Sanction Number: ST-21-41      Posted: 03/12/21

- Meet**
- 2021 ST AAAA-Nadadores 18th Annual Cinco de Mayo
  - Long Course Meters, Timed Final Competition for “B” and faster swimmers
  - Five sessions over 2½ days
  - Entries limited to 130 per session

**Dates:** •Friday, Saturday and Sunday, April 30, May 1 and 2, 2021

- Venue:**
- Bill Walker Pool
  - Blossom Athletic Center (Also known as North East Stadium)
  - Jones-Maltsberger Road at Starcrest and / or East Bitters
  - San Antonio, TX 78217 / 210-356-6925

**Daily Schedule:**

	<b>Fri PM</b>	<b>Sat AM</b>	<b>Sat PM</b>	<b>Sun AM</b>	<b>Sun PM</b>
•Doors open	N/A	0730	N/A	0730	N/A
•Coaches meet at	1530	0745	N/A	N/A	N/A
•Warm-ups begin at	1600	0815	1300	0815	1300
•Officials meet at	1645	0845	1330	0845	1330
•Sprint lanes (2 - 8) open	1700	0900	1345	0900	1345
•Push/Pace lanes (0 & 9) open	1700	0900	1345	0900	1345
•Pool cleared at	1720	0950	1420	0950	1420
•National Anthem	1725	0955	1425	0955	1425
•Competition begins at	1730	1000	1430	1000	1430

**Spectator Restrictions and Admission:**

- In conformance with NEISD Policies concerning COVID-19, the number of spectators must be limited to 250 and face masks will be required.
- Heat sheet will be available at \$2.00 per session

**Format:**

- The meet will be divided into five (5) Age Group defined sessions  
**Friday PM: Open      Sat and Sun AM: 12 and Under      Sat and Sun PM: 13 and Over**
- Nominally, entries into each Session will be limited to 130 athletes
- However, in order to remain in compliance with the North East School District’s COVID-19 restrictions on facility capacities, the host reserves the right to re-configure the sessions as may be required once all entries have been received
- All events will be gender-mixed, seeded by time alone and swum fastest to slowest
- Entries without a seed time will not be accepted and any entry fees will not be refunded
- Swimmers are permitted to enter five (5) events per day

**Facility:**

- The Bill Walker Pool opened in October of 2019 and is part of the North East School District’s Blossom Athletic Center and is also known as the North East Stadium
- It is an indoor facility with a ten-lane 50-meter racing course
- The course has been professionally certified IAW Article 104.2.2C(4) and copies of the data are on file with USA Swimming.
- Water depth:
  - One-meter from start end      2.35m (7.7ft)      •Five-meters from start end      2.41m (7.9ft)
  - One-meter from turn end      1.52m (5.0ft)      •Five-meters from turn end      1.55m (5.1ft)
  - Mid-course      1.75m (5.7ft)
- All automatic starting and timing with full digital scoreboard
- Strobe on each starting block
- Six adjacent lanes and the eight-lane Davis Natatorium next door will be available for warm-ups and cool downs
- Ample deck seating for athletes and coaches.
- Orientation:
  - The North (turn and 50-meter starts) end backs up to the Piper-Bass Student Center
  - The SOUTH (primary starts) end backs up to the Davis Natatorium and has the full-motion scoreboard



**Facility Rules,  
Regulations  
and Policies:**

- Deck changing is prohibited
- Two-piece swim wear is prohibited
- The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.
  - There are no exceptions to this policy.
  - Violators are subject to disqualification from the meet and disbarment from the facility
- The presence of cell phones, smart phones, iPads, etc. anywhere behind the starting blocks is prohibited at all times during competition
  - Violators are subject to having their devices temporarily confiscated
- The starting blocks will be sanitized regularly during competition
- Swimmers must wear masks when reporting to the blocks
- There will be only one heat allowed behind the block at any one time.
- Photographers and videographers are specifically prohibited from the area immediately behind the starting blocks
- Parents and other spectators are not permitted on-deck at any time for any reason
- Flash photography of any sort is expressly forbidden during competition
- Standing in front of and / or leaning against the glass rails is expressly forbidden
- Times noted on the scoreboard are never official and must not ever be regarded as such
- Please also review Attachment one (1) on page seven (7)

**Age up Date:** • The age of the swimmer will be his / her age on April 30th, 2021

**Time Trials  
and Relays:** • None!

**Drones:** • In accordance with (IAW) USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.  
• Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee and NEISD.

**Liability:** • In granting a Sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the North East Independent School District, and all meet officials shall be free and held harmless from any liabilities for claims for damage arising by reason(s) arising by reason of injuries to anyone during the conduct of this meet

**COVID-19:** • An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death.  
• According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.  
USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease  
• Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.  
• ***By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever hold harmless USA Swimming, South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the North East Independent School District, and all meet officials from any liability or claims including for personal injuries, death, disease or property loss; including, but not limited to claims of negligence and give up any claims you may have to seek damages; whether known or unknown, foreseen or unforeseen, in connection with exposure, infection, and/or spread of COVID-19 related to participation in this competition.***  
• Please refer to Attachment one (1) on page seven (7) for COVID-19 facility specific protocols and procedures

**Sanction:** • This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and any relevant sections of the South Texas Policies and Procedures Manual will govern this meet.  
• All swimmers must be registered as athletes for 2021 with USA Swimming by the meet start date.  
• Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2021 USA Swimming registration card – QR – a coach may present the club’s official, watermarked roster from the USA Swimming club portal, or proof of membership using the USA Swimming Deck Pass app  
• South Texas Swimming does not permit on-deck USA Swimming registrations  
• Conduct of the sanctioned events shall conform in every respect to all technical and administrative rules of USA Swimming.



## USA Swimming

### Registration:

- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
- All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time
- Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app
- Or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies.

### Cell Phone

#### Restrictions:

- The presence and / or use of cell phones, smart phones, or any other devices capable of producing audio recordings and / or photographic or video images in locker rooms, rest rooms, or changing areas is strictly and specifically prohibited at all times.
- There are no exceptions to this prohibition.
- Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

### Entry

#### Restrictions:

- Only swimmers affiliated with teams from within the State of Texas may participate
- Individual swimmers may enter five (5) events per day

#### Entry fees:

- \$10.00 per event; includes STSI \$1.25 Splash Fee
- \$10.00 per athlete: Facility charge
- Checks made payable to: San Antonio Nadadores
- Please mail to:**
  - Dr. Don Walker
  - 103 Broken Bough Lane
  - Shavano Park, TX 78231

### Entry

#### Deadline:

- Entries open for AAAA Affiliated teams Monday April, 12th at 1200 hours
- Entries open for all other teams Wednesday, April 14th at 1200 hours
- Entries must be submitted via Hy-Tek Commlink File and be in the hands of the **Entries Chair** not later than 1200 hours, *Monday, April 19, 2021*

### Late/Deck

#### Entries:

- Late / deck entries will not be accepted

### Qualifying

#### Times:

- Every entering swimmer must have at some time (lifetime best) achieved the USA Swimming 2021 – 2024 National Motivational "B" Time for each and every event entered.
- Minimum Time Standards for each event are noted within the Order of Events on page (5)

### Meet

#### Management:

- |   |  |  |
|---|--|--|
| •Meet Manager 8.0                       |  |  |
| • <b><u>NEISD Aquatics Director</u></b> | • <b><u>Meet Director:</u></b>           | • <b><u>Entries Chair:</u></b>           |
| •David Johnson                          | •Don Walker                              | •Don Walker                              |
| •210-356-6925                           | •210-861-0789                            | •210-861-0789                            |
| •djohns1@neisd.net                      | •dmw5479@aol.com                         | •dmw5479@aol.com                         |
| • <b><u>Meet Referee:</u></b>           | • <b><u>Administrative Official:</u></b> | • <b><u>Administrative Assistant</u></b> |
| •Didi Byerly                            | •Angela Trader                           | •Lauren Nutt                             |
| •361-549-8887                           | •210-264-5911                            | •210-356-6925                            |
| •didibyerly@aol.com                     | •attrader.satx@gmail.com                 | •lnutt@neisd.net                         |

#### Warm-ups:

- Warm-ups will be conducted IAW the current STSI Safety Guidelines and Warm-up Procedures noted on page six (6)

### Unaccompanied Swimmers

- Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or just start each race from within the water without the use of a backstroke ledge.
- When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### Photographs And Videos:

- No team or parent photographers will be allowed on deck.
- In the event such *media* personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups
- Media photographers and videographers are prohibited from the area immediately behind the starting blocks



- Awards:**
- Medals to top three finishers in each event by gender
  - Ribbons places four through eight
  - High Point awards by single Age Groups by bender
    - 8 and under, 9, 10,11, 12 13, 14 15 and 16 and Over
- Special Needs:**
- Please notify the NEISD Aquatic Center (210-356-6925) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
  - The Facility Staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
  - In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
  - A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
  - Coaches and / or athletes must notify the Meet Referee by the end of warm-ups if their athletes are to be to be judged under Article 105 and / or if any specialized equipment is required.
- Officials:**
- All currently (2021) certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
  - The uniform for officials is white collared shirts or blouses over khaki trousers, Bermuda-length shorts, skirts or capris
  - No short shorts, jeans or flip-flops, please
  - Wearing of name tags is strongly encouraged
  - Please report to the Meet Referee in the Walker North Conference Room IAW the Daily Schedule on page one (1). to receive assignments



## NO PURSES. NO BAGS.

NEISD BAC PURSE/BAG POLICY



### Prohibited Bags

**PROHIBITED ITEMS INCLUDE, BUT ARE NOT LIMITED TO:**

- All purses, bags or containers larger than a small clutch bag
- Backpacks
- Binocular case – Binoculars may be worn around the neck
- Briefcases
- Camera bags
- Cinch bags
- Computer bags
- Coolers
- Fanny packs
- Luggage of any kind

  
Backpack

  
Purse

  
Camera Case

  
Binocular Case

  
Fanny Pack

  
Patterned Plastic Bag

### Approved Bags

**CLEAR TOTE**  
Plastic, vinyl or PVC – not exceeding 12" x 6" x 12"



12"  
12" 6"

**PLASTIC STORAGE BAG**  
Clear, one (1) gallon, re-sealable



OR

**SMALL CLUTCH PURSE**  
Approximately the size of your hand, but absolutely no larger than 5.5" x 8.5" (see our small guide sheet) with or without a handle or strap. Can be carried separately or within an approved plastic bag shown above.

  
5.5" 8.5"

  
3.5" 4"

  
5.5" 8.5"

To enhance public safety, Blossom Athletic Center has modified its security policy by limiting the size and style of bags allowed into events. An exception will be made for medically necessary items after proper inspection at a gate designated for this purpose. Please limit the number of items you bring to the stadium on event days.

These restrictions do not apply to coaches, athletes, officials or staff



# Order of Events and Minimum Qualifying Times

Distances are in Long Course Meters

Friday, April 30th / 1730				
Mixed Event #	Girls Faster than:	Age Group	Distance / Stroke	Boys Faster than:
1	N/A	8 and under	50 Freestyle	N/A
	0:44.09	9 and 10		0:43.59
	0:38.39	11 and 12		0:37.29
2	3:15.79	13 and over	200 Individual Medley	3:04.59
3	4:09.39	9 and 10	200 Individual Medley	4:06.19
	3:26.09	11 and 12		3:23.79
4	0:37.09	13 and over	50 Freestyle	0:34.39
Saturday Morning, May 1st / 1000				
Mixed Event #	Girls Faster than:	Age Group	Distance / Stroke	Boys Faster than:
5	2:14.79	9 and 10	100 Breaststroke	2:09.39
	1:48.89	11 and 12		1:46.59
6	N/A	8 and under	50 Backstroke	N/A
	0:54.89	9 and 10		0:55.29
	0:43.99	11 and 12		0:43.69
7	2:09.99	9 and 10	100 Butterfly	2:07.09
	1:36.19	11 and 12		1:33.99
8	3:24.49	11 and 12	200 Backstroke	3:19.49
9	N/A	8 and under	50 Breaststroke	N/A
	1:00.49	9 and 10		0:59.69
	0:48.99	11 and 12		0:48.99
10	3:45.79	9 and 10	200 Freestyle	3:33.49
	3:02.29	11 and 12		2:57.49
Saturday Afternoon, May 1st / 1430				
11	2:54.29	13 and over	200 Freestyle	2:44.09
12	1:42.09		100 Breaststroke	1:34.89
13	3:12.39		200 Backstroke	3:02.09
14	1:26.59		100 Butterfly	1:21.29
Sunday Morning, May 2nd / 1000				
Girl's Event #	Faster than:	Age Group	Distance / Stroke	Faster than:
15	N/A	8 and under	100 Freestyle	N/A
	1:42.39	9 and 10		1:40.69
	1:24.49	11 and 12		1:21.49
16	3:52.69	11 and 12	200 Breaststroke	3:44.69
17	N/A	8 and under	50 Butterfly	N/A
	0:53.39	9 and 10		0:51.79
	0:41.29	11 and 12		0:41.89
18	1:59.19	9 and 10	100 Backstroke	1:55.09
	1:38.69	11 and 12		1:35.49
19	3:24.89	11 and 12	200 Butterfly	3:20.49
Sunday Afternoon, May 2nd / 1430				
20	3:12.99	13 and over	200 Butterfly	3:00.89
21	1:20.49		100 Freestyle	1:15.29
22	3:39.69		200 Breaststroke	3:25.429
23	1:29.99		100 Backstroke	1:23.89



# SOUTH TEXAS SWIMMING, Inc.

## Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes	0 and 9	1 and 8	2 through 7
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
  - b. Push/Pace lanes will push off one or two lengths from starting end.
  - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
  - d. There will be no diving in the general warm-up lanes—circle swimming only.
  - e. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
    1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
    2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
    3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
  - b. The host team will be responsible for the following:
    1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
    2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
    3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
    4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
    5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
    6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

*NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.*



# 2020 – 2021 NEISD Davis Natatorium and Bill Walker Pool Safety Protocol and Procedures

## ● Age Group Swimmers and Spectators at USA-Sanctioned Swim Meets

- Self-screen for symptoms at home before arriving at Aquatic facilities-see below
- Maintain six feet social distancing (SD) at all times in the water and on deck
- Enter Davis facility front door as marked sign in at facility entrance desk
- Enter Davis deck area through “Entrance Doors” signs will be posted (SD)
- Exit Davis deck area through marked “Exit” doors and exit facility through marked “Exit” doors.
- Go directly to assigned team area / warm-up lanes with coach guidance following guidelines
- Exit Walker through North doors marked “Exit”
- No gatherings or groups congregating together will be allowed
- Showers available (SD), lockers not available, restroom toilets will be accessible
- Bring your own “filled” water bottle; water fountains are not accessible
- No cell phones allowed in facility
- Follow all safety protocol procedures posted at facility
- No “high fives” or handshakes during practices/meets
- No spectators during practices
- Spectators limited to 250 in Walker Pool upstairs bleacher area
- Families may sit together
- Sit in every other row to allow for social distancing
- Masks must be worn at all times
- Those not following NEISD facility protocols will be asked to leave the facility

## ● Covid-19 Screening Symptoms:

- Cough
- Shortness of Breath
- Chills
- Repeated shaking with chills
- Muscle Pain
- Headache
- Sore Throat
- Loss of taste or smell
- Diarrhea
- Fever of 100 degrees or greater
- Known close contact with a person who is lab confirmed to have Covid-19

