



Alamo Area Aquatic Association

www.aaaa-sa.org
Meet Information
Posted 11/04/14



- Name:** •2014 San Antonio Nadadores Slower than “BB”
- Sanction:** •STA-14-99
- Dates:** •Saturday and Sunday, December 13th and 14th, 2014
- Venue:** •San Antonio Natatorium
•1430 West Cesar Chavez Blvd.
•San Antonio, Texas 78207
•210-207-3299
- Facility:** •Eight 25-yard lanes
•The minimum water depth, measured in accordance with Article 103.2.3, is five feet six inches at the start end and four feet six inches at the turn end as measured one and five meters from either wall
•The course has not been professionally certified IAW 104.2.2(C)
•Eight-lane adjacent pool available for warm-ups / cool downs
•All automatic DAKTRONICS starting and timing
•Limited deck seating (<500) / bring lawn chairs
•Concessions available
- Liability:** •In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the San Antonio Natatorium, and all meet officials shall be free from any liabilities for claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet
- Deck Changing:** •Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged
- Sanction:** •This meet is sanctioned by South Texas Swimming and 2014 USA Swimming rules and any relevant elements of the South Texas Policies and Procedures Manual apply
•All swimmers must be registered for 2014 or 2015 with USA Swimming by the entry deadline
•South Texas Swimming does not allow on-deck USA Swimming registrations
- Cell Phone Restrictions:** •The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas are strictly and specifically prohibited at all times.
•There are no exceptions to this policy.
•Violators are subject to disqualification from the meet, disbarment from the facility and arrest.
- Swimmer Photographs And Videos:** •There may be one or more photographers and / or videographers on deck at this meet.
•In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
•Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race
- Unaccompanied Swimmers** •Every swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water
•When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement

Rules: •The 2014 USA Swimming Rules and any relevant sections of the STSI Policies and Procedures Manual will apply

Format: •Individual events only – no relays
•Timed finals
•Fly-over starts will be employed for all events EXCEPT the 500-yard freestyle, the 400-yard individual medley and all backstroke events.
•All events will be seeded by time and gender without regard to age and swum slowest to fastest
•The 400 I-M and 500 free, will require positive check-ins by 8:30 AM on the day of the event, be gender combined and swum fastest to slowest
•Each of these events will be limited to 80 swimmers (10 heats)
•Swimmers will be required to provide their own backup timers and / or lap counters.

Age up

Date: •December 13, 2014

Entry

Restrictions: •This meet is open to any swimmer currently (2014 / 2015) registered with USA Swimming
•Age as of December 13, 2014 determines age for the entire meet
•Maximum of 5 individual events per day
•Swimmers may not enter any event for which they have previously swum at or faster than the 2013 – 2016 National Motivational “BB” time
•Entries will be capped at 350 athletes

Qualifying

Times: •The qualifying times for this meet are **slower** than the 2013– 2016 National Motivational Top-16-based “BB” times
•Swimmers who have achieved lifetime best times equal to or faster than these times may NOT enter their “Faster Than” events in this meet

Entry

Deadline: •12-noon, Tuesday, December 2, 2014

Proof

of Time: •None

Late/Deck

Entries: •Yes
•However, entries received after the entry deadline will be treated as LATE entries and accepted at twice the normal entry fee
•*Late entering swimmers must present their current 2014 / 2015 USA Swimming registration card to in order to enter*

Entry

Procedures •The **only** acceptable mode of entry is via Hy-Tek Commlink or File or disk
•A hard copy and Entry Fee Report must be included with your entry
•If you have questions on this procedure contact Don Walker at the e-mail address noted below
•Please format any disks before utilizing for entries
•An “HYV” File for Team Manager is available on the Meet Calendar Page of the AAAA Web Site (www.aaaa-sa.org)
•Entries received without a seedtime (NT) **will not** be entered into this pre-seeded meet and any entry fees **will not** be refunded
•E-mail or hand-deliver entries to the Entries Chair noted below
•Please be certain to confirm your acceptance into this meet prior to making your air and hotel reservations

E-Mail

Entries: •Entries in Commlink Format only, **MUST** be sent to: dmw15479@aol.com
•The Commlink File must be renamed to clearly identify the entering team, the shorter the better •Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded.
•Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (hard copy) is received as an attachment to the e-mail or hand-delivered to the meet director

- FAX**
- Entries:** •Under no circumstances will entries be accepted via FAX.
- Entry Fees:**
(Includes Splash Fee)
- | | | | |
|---------|-------------------|---------------------|------------------------|
| •Normal | \$ 6.50 per event | •Checks payable to: | •San Antonio Nadadores |
| •Late | \$13.00 per event | •Mail to: | •Don Walker |
| | | | •18419 Crossprairie |
| | | | •San Antonio, TX 78258 |
- Meet Management:**
- | | |
|------------------------------------|----------------------------------|
| •HY-TEK Meet Manager 5.0 | •Meet Referee: |
| •Meet Director / Entries Chair: | •J R Rightmyer |
| •Don Walker | •210-857-4950 |
| •210-207-3299 | •john.rightmyer@gmail.com |
| •dmw15479@aol.com | |
| •Administrative Official Saturday: | •Administrative Official Sunday: |
| •Karen Kliewer | •Bill Spurgeon |
| •210-842-7997 | •210-356-6929 |
| •karenskhorus@aol.com | •wspurg@neisd.net |
- Warm-ups:**
- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page six (6)
 - AAAA will warm up from 7:30 - 8:05 am
 - All other teams will warm up from 8:05 - 8:40 am both days
- Time Trials:** •None
- Scratch Rules:**
- There are no penalties for scratching from events in a pre-seeded, timed final meet
 - However, known scratches will allow for additional late / deck entries.
- Scoring:** •None
- Awards:**
- Ribbons places one through eight
 - 8 and Under — 9 and 10 — 11 and 12
 - No awards for 13 and Over swimmers
- Special Needs:**
- Please notify the San Antonio Natatorium (210-207-3299) in advance of this event with the name and age of any member on your team who needs assistance to enter the building.
 - The San Antonio Natatorium Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility.
 - In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105.
 - A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.
 - Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered for judging under Article 105
- Daily Schedule:**
- Warm Up Session One Competition Pool- 7:30-8:05 AM
 - Warm Up Session Two Competition Pool- 8:05-8:40 AM
 - South Pool available for constant warm-up / cool down
 - Coaches' meeting 8:45 AM
 - Sessions begin 9:00 AM
- Timers:**
- Teams will be required to provide timers proportionate to their entries
 - Volunteer timers will be needed
 - Competitors in the 500 free and 400 I-M will be required to provide their own backup timers and lap counters

Officials:

- All currently (2014 or 2015) certified / registered and in-training USA Swimming officials are cordially invited to assist in the conduct of this meet
- The uniform for officials is white polo shirts over khaki trousers, Bermuda-length shorts / skirts or capris
 - No short shorts, skirts or flip-flops please
- Officials must prominently display their South Texas and USA Swimming credentials while on deck
- Wearing of name tags is strongly encouraged
- Please report to the Meet Referee 30 minutes prior to the scheduled start time of the sessions to receive assignments



Order of Events and Maximum Qualifying Times (SCY)

2013 – 2016 National “BB” Times

Distances are in yards

Saturday, December 13th at 9:00 AM					Sunday, December 14th at 9:00 AM							
Girls No.	Slower Than	Age Group Distance and Stroke	Slower Than	Boys No.	Girls No.	Slower Than:	Age Group Distance and Stroke	Slower Than	Boys No.			
1	100 Breaststroke			2	15	200 Butterfly			16			
	1:45.59	10 and Under	1:41.99			2:49.39	11 and 12	4:45.39				
	1:28.69	11 and 12	1:26.49			2:40.09	13 and 14	2:28.89				
	1:22.99	13 and 14	1:16.69			2:34.89	15 and Over	2:22.29				
1:21.99	15 and Over	1:13.59	17	50 Breaststroke			18					
				0:47.79	10 and Under	0:47.49						
3	100 Butterfly			4	19	100 Backstroke			20			
	1:40.39	10 and Under	1:39.39			1:33.49	10 and Under	1:30.79				
	1:19.39	11 and 12	1:17.59			1:19.49	11 and 12	1:17.49				
	1:12.19	13 and 14	1:07.09			1:12.69	13 and 14	1:08.29				
1:10.69	15 and Over	1:03.89	1:10.79	15 and Over	1:04.69	21	200 Individual Medley			22		
5	200 Backstroke			6	3:17.29		10 and Under	3:16.29				
	2:46.69	11 and 12	2:42.79		2:49.49		11 and 12	2:47.39				
	2:36.29	13 and 14	2:27.09		2:40.79		13 and 14	2:30.29				
	2:32.99	15 and Over	2:20.69		2:36.79	15 and Over	2:23.29					
7	50 Freestyle			8	23	50 Butterfly			24			
	0:35.69	10 and Under	0:34.99			0:42.39	10 and Under	0:41.39				
	0:31.69	11 and 12	0:30.69			0:34.59	11 and 12	0:34.69				
	0:30.49	13 and 14	0:28.19			25	100 Freestyle			26		
0:29.99	15 and Over	0:26.89	1:21.09	10 and Under	1:19.39							
9	50 Backstroke			10	1:08.29	11 and 12	1:06.99					
	0:43.29	10 and Under	0:43.19		1:04.99	13 and 14	1:01.59					
0:36.09	11 and 12	0:36.09	11	200 Freestyle			12	27	200 Breaststroke			28
2:58.29	10 and Under	2:50.19		3:11.09	11 and 12	3:03.49						
2:29.69	11 and 12	2:25.99		3:00.19	13 and 14	2:47.59						
2:22.89	13 and 14	2:14.19		2:56.39	15 and Over	2:40.49						
2:19.99	15 and Over	2:08.39	13	400 Ind. Medley			13	29	500 Free			29
6:00:89	11 and 12	5:52.99		7:39.49	10 and Under	7:32.59						
5:42.19	13 and 14	5:20.29		6:38.59	11 and 12	6:32.79						
5:32.89	15 and Over	5:07.69		6:22.39	13 and 14	6:01.69						
Events 13 and 29 will require positive check-ins on the day of the event by 8:30AM, be age and gender combined and swum <u>FASTEST to SLOWEST</u>					6:12.69	15 and Over	5:47.89					



SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane
- c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace Lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes - circle swimming only.
- f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals must be members of United States Swimming.
3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
7. Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmups unless approved by the Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.