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|  | **ARENA_Crop**Alamo Area Aquatic Association  Texas Senior Circuit  Long Course Meet Information  [**www.aaaa-sa.org**](http://www.aaaa-sa.org)  **Posted 04/20/15** |  |

**Meet Name:** **2015 ST AAAA LCM Senior Circuit II**

**Sanction**

**Number:** STA-15-45

**Meet Date(s):** June 19th, 20th and 21st, 2015

**Venue:** **Northside Aquatics Complex**

8400 North Loop 1604 West

San Antonio, Texas 78249

210-397-8985

**>> OME Entry Deadline – 10:00 AM Monday, June 9, 2014 <<**

**Facility:** Eight-lane lane **outdoor**, 50-meter, competition course with constant warm-ups and cool-downs available in adjacent pools.

Competition course has been certified in accordance with Article 104.2.2C(4)

A copy of the certification is on file with USA Swimming

All automatic Colorado Timing System starting and timing

Deck seating for 1500 athletes, coaches and officials

Shaded stadium seating for 2500 spectators

Spectrum starting blocks with track start wedge

All 16 x 28 full color video board

Meet Management by HY-TEK Meet Manager 5.0

Concessions and swim shop may be available

Spectators are asked to sit in the bleachers

Only coaches and athletes are allowed on deck

Folding chairs are not allowed on the pool deck or in the pool area.

**Water Depth** The pool depth, measured from the start end is 6 feet 7 inches and the turn end is 6 feet 7 inches, both ends measured at one and five meters from either end wall in accordance with Article 103.2.3.

**Liability:** In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the Northside Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet.

Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs

**Sanction:** This meet is held under the sanction of USA Swimming and is also sanctioned by South Texas Swimming

The 2015 USA Swimming rules and any current relevant sections of the South Texas Policies & Procedures Manual will apply

All swimmers must be registered for 2015 with USA Swimming by the entry deadline.

Athletes who register with USA Swimming after the entry deadline may deck enter the meet only if they can present their 2015 USA Swimming registration card (or a coach may present the club’s official, water-marked roster from the USA Swimming club portal).

South Texas Swimming does not allow on-deck USA Swimming registrations.

**Start**

**Certification** Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

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**Cell Phone**

**Restrictions:** The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times.

There are no exceptions to this policy.

Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

**Swimmer**

**Photographs**

**And Videos:** There may be one or more photographers and / or videographers on deck at this meet.

In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.

Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race

**Unaccompanied**

**Swimmers** Every swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water

**Deck**

**Changing:** Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**USA Swimming**

**Registration:** All swimmers, coaches, and officials participating in this competition must be currently 2015 registered with USA Swimming or FINA for 2015

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time.

Swimmers who 1) late enter when possible, or 2) need to be late entered because of clerical errors by the entering team and/or the meet host 3) are not entered in this meet and choose to enter time trials, if offered; will be required to present their USA Swimming ID Card (or a coach may present the club’s official, watermarked roster from the USA Swimming club portal).

Current national and LSC regulations do not allow for exceptions to these policies and South Texas Swimming does not allow on-deck USA Swimming registrations.

**Seeding:** The meet will be pre-seeded for all distances of 200-meters or less.

The 400 Freestyle, 400 Individual Medley, 400 Freestyle Relay and the 400 Medley Relay will be deck-seeded and require a positive check-in by 9:00 AM on the day of the event at the clerk of course.

Individual events will be championship seeded for every heat for every event 200-meters and less and swum fastest to slowest. (Every individual heat 200-meters or less will have a seeded swimmer)

The **400 IM and 400 Free** will swim: three (3) circle seeded heats women, three (3) circle seeded heats men, then alternating women-men fastest to slowest.

The women’s 800 and the men’s 1500 will be timed final events. Positive check-in is required. Swimmers can elect to swim in the prelim session.

If no indication is made, the entry will be seeded as if it is available for an evening swim. All other heats of the 1500 Free will swim as the final event in Sunday’s prelim session.

All other heats will be swum fastest to slowest alternating women’s 800 / men’s 1500.

Positive Check-in for the 800 / 1500 Free is Saturday evening at 7:00 PM.

**Check In:** All swimmers and clubs competing in 400-meter events (individual and relay), 800 and 1500-meter freestyle events must check-in with the Clerk of Course for those events.

Check in for all the 400 events (relay and individual) is 9:00 AM on the day of the event.

Check-ins for the 800 / 1500-meter Freestyle events will close at 7 PM Saturday evening.

**Scratches:** The administrative rules for the conduct of Texas Senior Circuit meets shall follow the Administrative Conduct of USA Swimming Championships, USA Swimming rules 207.11

**Meet Format:** This is a three (3) day Prelims/Finals meet with 3 heats swimming in finals (Bonus, Consolation and Championship finals).

**PLEASE NOTE:** The Order of Events (Page 6) for Sunday Finals is different from the Preliminary Order, i.e., the 50-meter Freestyle will be swum last in finals

At the discretion of the Meet Referee and Meet Director, an A and B Prelims session will be conducted.



This decision will be made based on number of entries and estimated time lines.

This decision will be posted on [www.texasseniorcircuitswimming.org](http://www.texasseniorcircuitswimming.org) on or before Monday, June 15.

**The maximum number of individual events permitted per day is three (3).**

**Relay swimmers must also be entered in an individual event which meets proof of time criteria.**

The men’s and women’s 1500-meter and the women’s 800-meter Free will be timed final events.

The fastest heat of each event will be swum in event order in Finals.

All other heats will be swum fastest to slowest alternating women’s 800 / men’s 1500.

All competitors in these two events must provide two (2) timers and one (1) lap counter.

Chase starts may be utilized, swum fastest to slowest, by event with even numbered heats swimming at the North End (Scoreboard side) and odd numbered heats swimming at the South End (Flag Side).

All 50’s will finish on the South end (Flag Side)

Breaks will be taken between select events as determined by the Meet Referee.

The start time for Finals on Sunday will be 5:00 PM

**Relays:** The final three (3) heats of each relay will be swum as timed finals at the end of each Finals session, with any additional heats swum in event order during prelims.

All relays will be swum fastest to slowest in event order.

All relay cards for all teams are due to the Meet Administration at 9:00 AM the day of the event or the relay will be considered scratched.

Only two (2) relay entries per event per team are allowed.

**Entry**

**Restrictions:** Maximum of three (3) individual events per day.

Swimmers participating in both the Senior Circuit # 2 and Senior Series # 3 meets are limited to three (3) individual events per day.

Meet administration will ensure there are no exceptions to this rule.

**Proof of Time:** OME requires proof of time to accompany entries. Deck entries will need to supply a hard copy of proof of time at time of deck entry.

**Entry**

**Deadline:** 6:00 PM, Monday June 8, 2015

**Entry Fees**

**Includes $1.25**

**Splash Fee:** $15.00 per Individual event

$25.00 per each relay event

$20.00 per team Texas Senior Circuit surcharge.

**Please make separate check payable to Texas Senior Circuit**

$75.00 maximum per individual athlete

Late entries $20.00 per individual event

Late entries $30.00 per relay event

Make entry checks payable to: **N.I.S.D. Aquatics**

Mail entries to the entries chair – **address below**

**Entry**

**Process:** Entries must be completed in USA Swimming’s Online Meet Entry (OME) System at [www.usaswimming.org/OME](http://www.usaswimming.org/OME).

Entries will open in OME on May 4, 2015 and will close June 8, 2015 at 6:00 PM.

A Hy-Tek file is available on the TSA Web Site ([www.tsaswim.org](http://www.tsaswim.org)) and the AAAA Web Site ([www.aaaa-sa.org](http://www.aaaa-sa.org)) for running eligibility reports and working out relays, but teams MAY NOT submit entries using Hy-Tek

OME saves your entries and you can complete them in more than one sitting, but once you check out, you cannot delete an entry (you can add additional entries until the entry deadline).

Once all entries are complete and you have checked out in OME, send payment along with hard copy printouts of entries / fees from OME and a signed copy of NISD's "Rules and Regulations" Policy (attached to announcement-one per team) to the Entries Chair (name and address follows).

**Payment for entries made by check must be payable to "NISD Aquatics" and should be received by June 18, 2015.** **Credit card payments can be made through the OME process.**

If you encounter difficulties in using OME, please contact Anthony Buhr with USA Swimming at abuhr@usaswimming.org or (719) 866-3581.

If you have an entry question, please contact Entries Chair Brandon Allenstein (Email is preferred.)

**Entry**

**Deadline:** **Monday, June 8, 2015 @ 6:00 PM.** All payments must be mailed to the Entries Chair:

Brandon Allenstein

Northside Natatorium Complex

8400 North Loop 1604 West

San Antonio, TX 78249

Email: Brandon.allenstein@nisd.net

Phone: 210-397-7516

Each entering team is kindly requested to submit **one** check for the total amount of the entry fees due from that team.

All entries received after the deadline will be accepted as an on-deck entry.

**Late/Deck**

**Entries:** Late entering athletes must be prepared to prove their current USA Swimming Registration. Refer to Scratch Rules on page three (3) for restrictions and limitations

Late entries will be accepted each day for those events schedules up to 30 minutes before the start of the meet.

Deck entries will be managed in the following manner:

•Swimmers must pay late entry fee of $20 for individual events and $30 for relay events.

•Late entries will close at 8:30 AM each morning.

•Swimmers must be qualified to swim the event entered and must supply proof of time

•Swimmers must not exceed the allotted number of events allowed each day.

•Swimmers must supply completed entry forms entered at best time.

•Deck entered relays will be seeded in the preliminary heats unless there is an open lane in a seeded heat in finals.

**Entry**

**Information:** All entries should be with a provable time in SWIMS.

Events will be seeded LCM then SCY.

Swimmers may swim any event in which they have the standard.

They may also swim a maximum of two (2) Bonus Events provided they have the Bonus cut.

50s of Stroke will be entered with 100 times.

Time standards for the 50s of stroke are also determined by 100 standards.

The maximum number of individual events per day is three (3).

Relay swimmers must be entered in an individual event which meets proof of time criteria.

Swimmers entering in both the Senior Circuit # 2 and Senior Series # 3 may only swim a maximum of three (3) individual events per day and one (1) relay event per day in both meets combined.

**Deadline:** All entries must be received by the Entries Chair **by Monday, June 8th at 6:00 PM.**

No phone or fax entries will be accepted.

Late entries will require a hard copy proof of time and will only be accepted on deck.

**Meet**

**Management:** HY-TEK Meet Manager 5.0

•**Meet Director: •Entries Chair:**

•Terry Vetters •B J Allenstein

•210-397-8985 •210-397-7516

•terry.vetters@nisd.net •brandon.allenstein@nisd.net

**•Meet Referee:** •**Administrative Official:**

•Doug Donofrio •Rick Allenstein

•210-884-3860 •210-602-6418

•doug311@sbcglobal.net •rallenstein@hotmail.com

**Warm-ups:** Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page eight

Lane assignments will be made and posted with the Psych Sheet at www.aaaa-sa.org

Please also review the daily schedule below

**Awards:** No awards.

**Scoring:** As per the Texas Senior Circuit by-laws: Team points will be scored for the first 16 places only.

**Individual Events:** 1st through 16th: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

**Relays Events:** 1st through 16th: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

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**Daily**

**Schedule:**

|  |  |  |
| --- | --- | --- |
| Thursday, June 18 | Warm-Up 4:00 – 8:00 PM  50-Meter course only |  |
| Friday, June 19 | **Prelims:**  Warm up: 7:30 – 8:45 AM  Start: 9:00 AM | **Finals:**  Warm up 4:30 PM  Start: 6:00 PM |
| Saturday, June 20 | **Prelims:**  Warm up: 7:30 – 8:45 AM  Start: 9:00 AM | **Finals:**  Warm up 4:30 PM  Start: 6:00 PM |
| Sunday, June 21 | **Prelims:**  Warm up: 7:30 – 8:45 AM  Start: 9:00 AM | **Finals:**  Warm up 3:30 PM  Start: 5:00 PM |

**Special**

**Needs:** A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

Please notify the Northside Natatorium Complex (210-397-8985) in advance of this meet with the name and age of any member on your team who needs assistance to enter the building.

The Natatorium Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105.

Coaches and/or athletes must notify the Meet Host and the Meet Referee before the competition begins, and preferable at the time entries are submitted, if any specialized equipment is required and/or if they are to be considered for judging under Article 105

**Pool Deck**

**Restriction:** Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all South Texas sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers.

All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so - It is for your safety.

Please see attached “Rules and Regulations” Policy of the NISD Aquatics Complex.

**All meet entries must be accompanied by a signed copy of NISD’s “Rules and Regulations” Policy (one per team or one per individual swimmer if not attached to a team).**

**Meet Results:** Final Meet Results will be posted at: [www.tsaswim.org](http://www.tsaswim.org), [www.stswim.org](http://www.stswim.org) and [www.aaaa-sa.org](http://www.aaaa-sa.org)

Meet Mobile will be active for all sessions

Real Time Results can be accessed from the Home Page of the AAAA website at [www.aaaa-sa.org](http://www.aaaa-sa.org)

**Spectator**

**Seating:** Reserving seats before, between or during sessions is not allowed.

Tents, chairs and inflatable mattresses are not allowed.

Certain items such as coolers and stadium seats are restricted

Please see attached “The NISD Aquatics Complex Rules & Regulations Policy” attachment for specific information.

**Deck Seating,**

**Signs, and**

**Rules:** **RESERVING OF SEATS ON DECK IS NOT ALLOWED!**

Only coaches may bring chairs on to the deck.

Each competing team is permitted one temporary banner, placed at the discretion of the Aquatics Director.

Team banners must not exceed 5’ by 8’. **NO HANDMADE SIGNAGE IS ALLOWED**.

Please see attached “Rules & Regulations Policy” of the NISD Aquatics Complex for additional information

**Timers:** The host team will attempt to provide backup timers for this meet

Volunteers will be needed and greatly appreciated.



**Officials:** All currently (2015) certified and in training USA Swimming officials are cordially invited to participate.

All deck officials must be registered with USA Swimming for 2015 and have a current Background Check acknowledged by USA Swimming.

Please report to the Meet Referee at least 30 minutes prior to the scheduled start time of the session to receive your assignments

The wearing of name tags is strongly encouraged

The uniform for all preliminary sessions will be white polo shirt over khaki shorts / pants / skirt

The Finals uniform will be navy blue polo shirt over khaki pants / skirt (no shorts. please).

**Order of Events**

**Distances are in long course meters**

|  |  |  |  |
| --- | --- | --- | --- |
| **Friday, June 20th**  **Prelims: Warm up 7:30 AM Finals: Warm up 4:30 PM**  **Meet starts at 9:00 AM Meet Starts at 6:00 PM** | | | |
| **Women** | **Distance** | **Stroke** | **Men** |
| 1 | 50 | Fly | 2 |
| 3 | 200 | Back | 4 |
| 5 | 100 | Free | 6 |
| 7 | 200 | Breast | 8 |
| 9\* | 400 | Free | 10\* |
| 11\*\* | 400 | Free Relay | 12\*\* |
| **Saturday, June 21st**  **Prelims: Warm up 7:30 AM Finals: Warm up 4:30 PM**  **Meet starts at 9:00 AM Meet Starts at 6:00 PM** | | | |
| 13 | 100 | Fly | 14 |
| 15 | 100 | Breast | 16 |
| 17 | 200 | Free | 18 |
| 19 | 50 | Back | 20 |
| 21\* | 400 | IM | 22\* |
| 23\*\* | 400 | Med Relay | 24\*\* |
| **Sunday, June 22nd**  **Prelims: Warm up 7:30 AM**  **Meet starts at 9:00 AM** | | | |
| 25 | 50 | Breast | 26 |
| 27 | 200 | Fly | 28 |
| 29 | 100 | Back | 30 |
| 33 | 200 | I-M | 34 |
| 37 | 50 | Free | 38 |
| 31 | 800 | Free | ***No Event*** |
| ***No Event*** | 1500 | Free | 36 |
| **Sunday, June 22nd**  **Finals: Warm up 3:30 PM**  **Meet Starts at 5:00 PM** | | | |
| 25 | 50 | Breast | 26 |
| 27 | 200 | Fly | 28 |
| 29 | 100 | Back | 30 |
| 31 | 800 | Free | ***No Event*** |
| 33 | 200 | I-M | 34 |
| ***No Event*** | 1500 | Free | 36 |
| 37 | 50 | Free | 38 |
| **\*400 Free and I-M swim three circle seeded women, 3 circle seeded men, Then alternate women/men fast to slow.** | | | |
| **\*\*The final three heats of each relay will be swum as timed finals at the end of each Finals session, with any additional heats swum in event order during prelims. All relays will be swum fastest to slowest in event order.** | | | |
| **\*\*\*800 / 1500 Freestyle – top seeded heat in finals.**  **All others alternate women/men fastest to slowest.** | | | |



**Entry Time Standards**

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adopted 9/24/13

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**SOUTH TEXAS SWIMMING, Inc.**

**Safety Guidelines and Warm-up Procedures**

A. WARM-UP PROCEDURES

I. Assigned warm-up Procedures.

a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.

b. All warm-up activities will be coordinated by the coach(es) supervising that lane

c. Dive sprints may be done only under the direct supervision of the coach

II. Open warm-up procedures.

**LANE USE**

|  |  |  |  |
| --- | --- | --- | --- |
| **POOL** | **PUSH/PACE** | **DIVES/SPRINTS** | **GENERAL WARMUP** |
| 8 Lanes | 1 and 8 | 2 and 7 | 3 through 6 |
| 6 Lanes | 1 and 6 | 2 and 5 | 3 and 4 |

a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.

b. Push/Pace Lanes will push off one or two lengths from starting end.

c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times - one way only!

d. Dive sprints may only be done under the direct supervision of the coach.

e. There will be no diving in the general warm-up lanes - circle swimming only.

f. No kick boards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices

2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.

3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following.

1. A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).

2. Marshals must be members of United States Swimming.

3. Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.

4 The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.

5 Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: “South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet.”

6 An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.

7 Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.

VI. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

**STSI Safety Guidelines and Warm-up Procedures last Revised 29-SEP-03**

Welcome to the NISD Aquatics Facilities. We ask that while you are on any of our premises you abide by the following *Facility Safety Rules and Regulation,* and make sure parents, swimmers, and other guests understand the need for safety at all times. Thank you and enjoy your visit.

**Facility Safety Rules and Regulations**

* NISD highly recommends that all swimmers follow the CDC “Healthy Swimming Policy” by showering before entering the pool.
* NISD Police are empowered to enforce any and all regulations established by NISD Aquatics and the district.
* **NISD is a tobacco, alcohol and weapons free property. Glass containers are not allowed in or around this facility. This applies to all parking lot areas.**
* Shaving is not permitted anywhere, at any time, at any of our NISD Complexes.
* Chewing gum is not allowed in the water or on the complex grounds.
* **DECK PASS REQUIREMENTS**: Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck. Deck Pass Credentials must be worn at all time.
* All spectators must be seated in the bleachers. Participants and spectators are not allowed to lean or stand in front of rails blocking the view of seated spectators.
* Folding chairs are not allowed on the deck of the Swim Center. Chairs are allowed in the Natatorium off the blue deck and in designated areas. When space permits folding chairs will be allowed at the GBAC at the south end.
* Each competing team is permitted one temporary banner, placed at the discretion of the Facility Mgr or Meet Director. Team banners must not exceed 5’x 8’.
* Coolers: Spectators are allowed one (1) cooler 13” wide x 11” deep x 12” tall that can be placed directly under their seating area. Participants/teams are allowed two (2) ice chests on the deck provided they do not contain glass items.
* Teams are expected to clean up their respective areas at the conclusion of each day of competition.
* Participating in any activity that can be interpreted or described as “*risky”* or “*horseplay”* is prohibited at any of the NISD Aquatics complexes.
* Diving boards, trampolines, tower, and other equipment are not to be used unless authorized by the Facility Mgr.
* The use of flash photography or making noise at the start of any race is prohibited. Other noise makers are prohibited in all facilities.
* Photographers from schools, media, etc. must check in with the Facility Mgr. and be cleared for a Deck Pass. Credentials must be worn at all times. Photographers are prohibited from being in the starting area or behind the blocks at any time. Flash photography is not allowed at the start of any event.
* Blocking or restricting fire lanes or emergency exits is strictly prohibited.
* Deck changing is prohibited at all times.

Your safety is our biggest concern. Our safety staff wears “neon yellow” shirts and they are available to assist you with any needs. Let them know of any safety issues you detect and please follow all requests for safety first behaviors.

**Acknowledgement**

**Organization / Team Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Representative Name/Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

I agree, on behalf of my organization that:

I have received a copy of the NISD Aquatics Facility Safety Rules and Regulations. I understand the responsibility for ensuring that all members of the organization and their guests comply with these safety rules and regulations. I understand that additional copies are available upon request in the office of the Facility Mgr. I affirm that all coaches or staff members of my organization have up to date CPR/First Aid certifications, and have specific training or liability coverage as required by the organization’s national governing body.

I understand that NISD may, from time to time, modify its policies and I agree to abide by those changes.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

HEAD COACH SIGNATURE DATE

1. NISD Aquatics highly recommends that participants follow the CDC “Healthy Swimming Policy” by showering before entering the pool.

