

Tex's Waves Halloween Hoot 10/31/15

Sanction #: STA-15-100
Held under the sanction of USA Swimming

Venue: YMCA of the Highland Lakes at Galloway-Hammond
1601 S. Water Street
Burnet, Tx 78611

Facility: This indoor facility has 2 pools. The lap pool is 10 lane short course, 25 yard by 25 meter heated to 80 degreed year round. All lanes have start blocks. The second pool is a water therapy pool that can be used for warm/up cool down. No starts may be performed in the warmup pool. The facility has an electronic Colorado timing system with touch pads on the start end of the pool only. The facility uses the program Meet Manager to run the meet. The facility has an outside deck with ample seating for spectators and athletes as well as bleachers on the pool deck. Bleacher seating is limited so we encourage you to bring your own chair. Outside food and drinks are permitted, though we will have a concessions stand available with hot food and drinks. No alcohol is permitted on the property. The facility also has a gym available for Athletes if the space is needed.

Water Depth: The minimum water depth, measured in accordance with Article 103.2.3, ranges from 4 feet, 6 inches to 13 feet, 6 inches at the start end and 4 feet, 6 inches at the turn end. Both ends of the pool were measured at 1 and 5 meters from the wall.

Course Certification: The competition course has not been certified in accordance with 104.2.2C(4).

Sanction: This meet has been sanctioned by South Texas Swimming and current USA Swimming rules and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2015-2016 with USA Swimming by the entry deadline. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2015-2016 USA Swimming registration card (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations.

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Tex's Waves Swim Team, the YMCA of the Highland Lakes Galloway-Hammond, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be currently 2015-2016 registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the meet host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies.

Meet Format:

- Timed finals - swum slowest to fastest
- The Meet Referee reserves the right to combine heats and/or events by gender and/or stroke or distance. Any changes to the order of events will be communicated at the coaches' meeting.
- Flyover starts will be used if timeline dictates
- Time trials will not be offered

Qualifying

Times: This meet is unclassified. There are no qualifying times. All swimmers currently registered with USA Swimming are welcome to enter this meet.

Age up Date: The age of the swimmer will be his/her age on 10/30/15.

Entry

Restrictions: Athletes may enter a maximum of five (5) individual events.

Entry

Deadline: Entries open 10/28/2015 at 8:00am and will close 10/30/2015 at 5:00pm.

Entry

Procedures: All teams with five or more swimmers must submit entries using Hy-Tek Team Manager or its equivalent to the Entries Chair. Email is the preferred method of delivery; if you need to submit entries in another format, please contact the Entries Chair to make other arrangements. Please rename the entry file to clearly identify the meet sanction number, your club code, and the file (such as ST-12-##_AAAA_Entries.zip). Include a Meet Entry Report of your entries, listing the swimmer, USA Swimming ID, and entries by swimmer. Rename the Meet Entry Report using the meet sanction number, your club code, and the report name (such as ST-12-##_AAAA_EntriesByAthlete.pdf).

Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) or with inaccurate or missing USA Swimming IDs will not be entered into the meet and any entry fees will not be refunded. Athletes will not be entered into Meet Manager if the Meet Entry Report is not received. Athletes will not be permitted to compete in the meet until satisfactory fee payment arrangements have been made with the Meet Director or designee.

Teams with fewer than five swimmers may send an email to the Entries Chair with the team abbreviation, LSC, the swimmer's full name (as registered with USA Swimming), the swimmer's USA Swimming ID number, and the swimmer's events by number, description, and entry time.

When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive an email confirmation, your entries were not received.

Entry Fees:

\$7.50 per individual event (this includes the STSI splash fee of \$1.25 per splash)
Please include a Meet Entry Fee report with your payment. Entry fees must be received by 11:00 10/31/2015 or your entries will be removed from the meet. Refunds will not be given for any reason.
Make checks payable to: YMCA
Send checks to:
YMCA
C/O Tex's Waves
P.O. Box 1699
Burnet, Tx 78611

Deck Entries: LATE ENTRIES WILL BE ACCEPTED AT A RATE OF \$20.00 PER INDIVIDUAL EVENT, NO NEW HEATS WILL BE CREATED. Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to deck enter, or a coach may present the club's official, watermarked roster from the USA Swimming club portal. Current national and LSC regulations do not allow for exceptions to these policies. South Texas Swimming does not allow on-deck USA Swimming registrations. No exceptions.

Entries Chair/Meet Director:

Katrina VanBenthuisen
952-381-4562
Kvanbenthuisen@ymcagwc.org

Admin Referee:

Rich Zbranak
512-916-1200
Rich_tx@att.net

Meet Referee:

Trey Prinz
512-633-4851
t.prinz.a@gmail.com

Cell Phone

Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Unaccompanied

Swimmers: Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Swimmer
Photographs
and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Deck

Changing: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**Special
Needs:**

Please notify Katrina VanBenthuyzen at 952-381-4562 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The facility staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials:

All currently 2015-2016 certified and in-training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming for 2015-2016 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming. Deck officials are required by rule to prominently display both their USA Swimming ID card and LSC credentials while on deck as an official. Please email the Meet Referee prior to the meet with your availability and current certifications. Please report to the Meet Referee at least one hour prior to the scheduled start time of any session to receive your assignments. The wearing of name tags is strongly encouraged.

Timers:

The host team will attempt to provide backup timers for this meet but volunteers from visiting teams will be requested as needed.

Awards:

Ribbons will be given for 12 and under male and female age groups through 4th place. Ribbons will be mailed to participating teams within 2 weeks after the meet.

Daily**Schedule:**

Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement.

Warm ups will start at 11:15 in lanes 1-10. Lane assignments will be available for coaches at 11:00 or upon arrival. The first 20 minutes of warm up will be general warmup, the last 10 minutes will be 1 way starts. Warm ups will end at 11:45.

Order of Events

Distances are in SC yards

Girls	Event	Boys
1	200 Free	2
3	100 IM	4
5	25 Fly	6
7	50 Fly	8
9	100 Fly	10
11	25 Back	12
13	50 Back	14
15	100 Back	16
17	25 Breast	18
19	50 Breast	20
21	100 Breast	22
23	200 IM	24
25	25 Free	26
27	50 Free	28
29	100 Free	30

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints may be done only under the direct supervision of the coach at a specific time.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes	1-10	1-10 during specified time.	1-10

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes—circle swimming only.
- f. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.