

McAllen Swim Club
Ryan Hirn Memorial Unclassified Swim Meet
November 21st, 2015



DIRECTIONS: The swimming pool is located on the south side of Nikki Rowe High School. Take Ware Road exit off Highway 83, head north for approximately 2 miles.

Sanction #: STA-15-102

Venue: Nikki Rowe High School Natatorium, 2101 North Ware Road, in McAllen, Texas 78501. (956) 458-0637

Facility: The meet will be conducted in an eight lane indoor, heated swimming pool with a 25 yard course, using a Colorado timing system and Meet Manager Software. Starting platforms are located at the deep end of the pool. There is no warm up/cool down pool. Parking, spectator, and restroom space is adequate. Food and beverages will be available at the concession stand. Signs will be posted.

Water Depth: The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet, at the start end and 4 feet, 6 inches at the turn end Both ends were measured at one and five meters.

Course

Certification: The competition course has not been certified in accordance with 104.2.2C(4).

Sanction: This meet has been sanctioned by South Texas Swimming and 2015 USA Swimming rules and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2015/2016 with USA Swimming by the entry deadline. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2015/2016 USA Swimming registration card (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations.

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the McAllen Swim Club, the City of McAllen, McAllen I.S.D. and employees, all meet officials and volunteers, shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be "currently (2015/2016)" registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the meet host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card (or a coach may present the club's official, watermarked roster from the USA Swimming club portal).. Current national and LSC regulations do not allow for exceptions to these policies.

Meet Format: The meet will be a timed finals meet. We reserve the right to cap the number of swimmers entered in each session in order to stay within the four hour rule. Swimmers will be entered in the order entries are received. All events will swim fastest to slowest. Flyover starts will be used except for backstroke. The meet management reserves the right to combine heats and gender without any lane separation. Any changes will be communicated the coaches.

Qualifying

Times: There is no qualifying time required.

Age up Date: The age of the swimmer will be his/her age on 11/21/2015.

Entry

Restrictions: An individual swimmer may enter in a maximum of five (5) individual events per session.

Entry

Deadline: November 11, 2015

Time Trials: There will be no time trials offered.

Entry

Procedures: All teams with five or more swimmers must submit entries using Hy-Tek Team Manager or its equivalent to the Entries Chair. Email is the preferred method of delivery; if you need to submit entries in another format, please contact the Entries Chair to make other arrangements. Please rename the entry file to clearly identify the meet sanction number, your club code, and the file (such as STA-15-##_AAAA_Entries.zip). Include a Meet Entry Report of your entries, listing the swimmer, USA Swimming ID, and entries by swimmer. Rename the Meet Entry Report using the meet sanction number, your club code, and the report name (such as STA-15-##_AAAA_EntriesByAthlete.pdf).

Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) or with inaccurate or missing USA Swimming IDs will not be entered into the meet and any entry fees will not be refunded. Athletes will not be entered into Meet Manager if the Meet Entry Report is not received. Athletes will not be permitted to compete in the meet until satisfactory fee payment arrangements have been made with the Meet Director or designee. No paper, phone, or fax entries will be accepted.

Teams with fewer than five swimmers may send an email to the Entries Chair with the team abbreviation, LSC, the swimmer's full name (as registered with USA Swimming), the swimmer's USA Swimming ID number, and the swimmer's events by number, description, and entry time.

When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive an email confirmation, your entries were not received.

Entry Fees: \$7.00 per individual event (includes the STSI splash fee of \$1.25 per splash) Please include a Meet Entry Fee report with your payment. Entry fees must be received by 11/21/15 or your entries will be removed from the meet. Refunds will not be given for any reason.

Make checks payable to: *McAllen Swim Club*
Send checks to: 5111 N. 10th St. PMB #131
McAllen, Texas 78504

Deck Entries: Deck entries will be taken on a first come first serve basis – limited to spots in existing heats. No new heats will be created and reseeding of any event for deck entries will not be allowed. SCRATCHING FROM ANY EVENT WITH THE INTENT OF ENTERING A DIFFERENT EVENT WILL NOT BE ALLOWED WITHOUT CONSENT OF THE MEET REFEREE OR HIS DESIGNEE. Swimmers not previously entered in the meet must present their 2015/2016 USA Swimming ID card

(or a coach may present the club's official, watermarked roster from the USA Swimming club portal). to deck enter. \$14.00 per individual event.

Meet Director: Alex Lerma (956) 994-9696 contactmsc@yahoo.com	Meet Referee: Miguel Gonzalez (956)207-9573 gonzalezma@utpa.edu	Administrative Official Yvonne Moran (956)-639-2903 yymoranbas@yahoo.com	Entries Chair: Yvonne Moran (956)-639-2903 yymoranbas@yahoo.com
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Cell Phone

Restrictions: The presence or use of cell phones, smart phones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Unaccompanied

Swimmers: Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmer**Photographs**

and Videos: There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Deck

Changing: Deck Changing is prohibited.

Special

Needs: Please notify Swim Director Alex Lerma, (956)-222-9208 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The facility staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials: All currently (2015/2016) certified and in-training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming for 2015/2016 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming. Deck officials are required by rule to prominently display both their USA Swimming ID card and LSC credentials while on deck as an official. Please email the Meet Referee prior to the meet with your availability and current certifications. Please report to the Meet Referee at least one hour prior to the scheduled start time of any session to receive your assignments. The wearing of name tags is strongly encouraged.

Timers: The host team will attempt to provide backup timers for this meet but volunteers from visiting teams will be needed. Swimmers competing in the 500 yard freestyle must provide their own backup timers and lap counters.

Awards: There will be first place high point boy and girl trophies awarded for 8 and U, 9-10, 11-12, 13-14, and 15 and older age groups. Ribbons will be awarded for places 1-8, in each event for those same age groups.

Daily

Schedule: Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement.

Coaches will be provided with lane assignment the morning of the event.

Saturday: Session 1

Warm-ups begin	7:30 am
Clear competition pool	8:15 am
Coaches meeting	8:15 am
Session begins	8:30 am

Order of Events

Distances are in SC Yards

EVENT SCHEDULE

Saturday, November 21st 2015
Session 1

Girl Event	Age Group and Stroke	Boy Event
1	400 IM (13 & O)	2
3	100 IM (12 & U)	4
5	200 Breast (11 & O)	6
7	100 Free (Open)	8
9	200 Fly (11 & O)	10
11	100 Back (Open)	12
13	50 Free (Open)	14
15	50 Back (12 & U)	16
17	200 Back (12 & O)	18
19	50 Fly (12 & U)	20
21	200 IM (Open)	22
23	50 Breast (12 & U)	24
25	100 Fly (Open)	26
27	200 Free (Open)	28
29	100 Breast (Open)	30
31	** 500 Free (11 & O)	32

** Swimmers are required to provide their own timer and counter



SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes—circle swimming only.
- f. No kickboards pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 - 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals must be members of USA Swimming.
 - 3. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 - 4. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 5. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 6. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 7. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.