



**STREAMLINE AQUATICS**  
**2016 SASA 'Tis the Season**

**December 9 through 11, 2016**

**Sanction Number: STA-16-68 Posted 08/18/16**

- Welcome:**
- Streamline Aquatics invites you to join us at the Barshop Natatorium on the campus of The University of the Incarnate Word to compete in our December open unclassified short-course meet.
  - The meet hotel is the Drury Inn and Suites Airport**
  - See information further down in this announcement for special rates.
- Location:**
- The Barshop Natatorium is located on UIW's Campus at 4301 Broadway, San Antonio, TX 78209. 210-805-3078
  - The pool is located on the West side of campus over the river bridge and on the right.
- Facility:**
- This meet will be conducted in one 11 lane, 25-yard pool, with eight lanes for competition and two lanes for warm up and warm down
  - We will use Hy-Tek Meet Manager software and Daktronics timing system.
  - The tent or the gymnasium may be used for spectator seating
  - Information will be made available to all teams no later than Tuesday, December 6, 2016.
- Water Depth:**
- The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and the turn end is 3 feet 31/2 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.
  - The competition course has been certified in accordance with 104.2.2C(4)
    - The copy of such certification is on file with USA Swimming.
- Liability:**
- In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of the Incarnate Word, Barshop Natatorium, and Streamline Aquatics and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event
- Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.
- Sanctions:**
- Held under the sanction of USA Swimming. This meet has been sanctioned by South Texas Swimming and current USA Swimming rules and any relevant sections of the South Texas Policies and Procedures Manual will apply
  - All swimmers must be registered as athletes for 2016 or 2017 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2016 or 2017 USA Swimming registration card –OR- a coach may present the club's official, watermarked roster from the USA Swimming club portal
  - South Texas Swimming does not allow on-deck USA Swimming registrations
  - Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

**USA Swimming**

- Registration:**
- All swimmers, coaches, and officials participating in this competition must be currently (2016 or 2017) registered with USA Swimming
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
  - All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the Meet Host; or **3)** are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card –OR- a coach may present the club's official, watermarked roster from the USA Swimming club portal).
  - Current National and LSC regulations do not allow for exceptions to these policies
  - South Texas Swimming does not allow on-deck USA Swimming registrations

**Age up Date:** ●The age of the swimmer will be his / her age on December 09, 2016.

**Qualifying Times:**

- There are no qualifying times, i.e. this meet is *unclassified*
- Athletes may enter the meet with NT, however, we would encourage you to estimate a SCY time
- You may convert a LCM time. A good estimated SCY time will ensure your athlete is seeded in the proper heat -- this provides the best competition for all athletes.

**Meet Format:**

- The Host reserves the right to cap the number of swimmers entered in each session in order to stay within the four hour rule
- Swimmers will be entered in the order entries are received.
- Events 200 yards and shorter will be pre-seeded*
- Events longer than 200 yards will require positive check-in. All events will swim fastest to slowest. Fly Over Starts will be used for Timed Finals on Friday and in Prelims on Saturday and Sunday*
- Saturday and Sunday Prelim Events will be circle seeded.
- If there are schedule changes, notification will be made as soon as possible after entry deadline.
- The 1000 and 1650 Freestyle will be offered as mixed timed final events
- Swimmers may choose to swim either the 1000 Freestyle or the 1650 Freestyle. Depending on the number of entries, the events may be swum together with lane assignments being made with like distances seeded together in a single heat.
- Saturday and Sunday relay events will be timed finals, swum in the morning session only.
- Saturday and Sunday individual events will be prelim-finals
  - In finals, events will be separated by gender and age, and seeded by time.
- Two heats (**to 16 swimmers**) in each age group, 10 and under, 11-12 and 13 and over will qualify to swim in finals for 50 and 100 yard events
- In 200 yard and longer events, only one heat (**top 8 swimmers**) will qualify to swim in finals.
  - 200 Free, 200 IM, 500 Free - 10 and under, 11-12, 13 and over
  - 200 Strokes, 400 IM – 10-12, 13 and over

**Check-in:**

- All distance events require a positive check-in
- The 1000 and 1650 Freestyle will require a positive check-in by 5:45 PM on Friday
  - The 500 Free will require positive check-in by 10:00 AM on Saturday
  - The 400 I-M will require positive check-in by 10:00 AM on Sunday.

**Time Trials:**

- No Time Trials will be offered.

**Schedule:**

- |                      |                   |                 |
|----------------------|-------------------|-----------------|
| ●Friday Timed Finals | Warm-up @ 4:15 PM | Start @ 6:00 PM |
| ●Saturday Prelims:   | Warm-up @ 7:15 AM | Start @ 9:00 AM |
| ●Saturday Finals:    | Warm-up @ 4:30 PM | Start @ 6:00 PM |
| ●Sunday Prelims:     | Warm-up @ 7:15 AM | Start @ 9:00 AM |
| ●Sunday Finals       | Warm-up @ 4:00 PM | Start @ 5:30 PM |

\*An e-mail will be sent to each team no later than Tuesday, December 6th, with specific warm up times should warm ups need to be split into two sessions.

**Scratch Rule:**

- Note - All scratches must be done by the coaches**
- The scratch table will be located in the Coaches Hospitality Area.**
- Prelims** -- There is no penalty for failing to scratch from a pre-seeded preliminary event
- Swimmers who check-in for the 1000 Free, 1650 Free, 500 Free and 400 IM and do not swim will be subject to a penalty of \$25.
- Finals** -- The top qualifiers in each preliminary event will be posted and announced after the final heat.
- All swimmers, including the top qualifiers, have 30 minutes to decide whether they will swim in finals.
- If they do not want to swim in finals, the coach must scratch, or declare intent to scratch, at the scratch table located in the Coaches Hospitality Area within 30 minutes following the announcement.
- As top qualifiers scratch, other swimmers become eligible for finals
- So if a swimmer **does NOT want to swim in finals**, the coach should scratch their name at the Scratch Table located in the Coaches Hospitality Area **no matter how far down the list their name appears**
- The athletes swimming in finals will be posted as soon as possible after the 30 minute scratch period.
- On **Saturday**, any swimmer included in finals who does not swim in finals will be **barred from further competition** in the meet.
- On **Sunday**, any swimmer included in finals who does not swim will be subject to a **penalty of \$25 per event**. Swimmers will be barred from competition at the UIW Natatorium until fines are paid



## Entry

### Deadline:

- Streamline reserves the right to cap entries in order to comply with the USA Swimming four hour rule.
- Entries **open at Noon, Thursday, November 17, 2016.**
- Entries **close Monday, November 28, 2016 at 6 PM.** Times from earlier entries may be updated by **the closing date.**
- Entry fees must be received by **Saturday, December 3, 2016.**

### Entries:

- Swimmers may enter a maximum of five **events on Friday** and a **maximum of three individual events and one relay on Saturday and three individual events and one relay on Sunday.** The age of the swimmer will be his/her age on December 9, 2016. Enter all events with short course yards times
- Swimmers may swim events offered on Friday a second time, if the same event is also offered on Saturday or Sunday.**
- When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries
- Entries must be emailed to Angella Woodard at [sasaentries@gmail.com](mailto:sasaentries@gmail.com)
  - Please do not use any other email address for submitting your entries!!! If you do not receive an email confirmation, your entries were not received
  - Please mail a hard copy of what you emailed
- Teams with *fewer than five* swimmers are not required to submit entries on Hy-Tek
  - They should email: swimmers name (as registered with USA Swimming), USA ID, club, club abbreviation, LSC, event number/name and entry times.
- Teams with five or more swimmers entered in the meet must submit their entries using Hy-Tek Team Manager software
- Include the Hy-Tek entry file and a PDF or Word document of the entries **by swimmer** with each entry file, including any subsequent revisions
- It is necessary to include a hard copy of your entries with your check.
  
- No paper, phone or fax entries will be accepted
- Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

### Entry Fees:

- \$8.25 per individual event. \$16.50 per relay event**
  - This includes the South Texas Swimming splash fee of \$1.25 per splash
- Entry fees must be received by **Saturday, December 3rd.**
- Please include an entry fee report with your check
- Once entries have been accepted, no refunds will be given for any reason.
- Make checks payable to **Streamline Aquatics** and mail to:
  - Meet Director- SASA 'Tis the Season
  - 14514 Majestic Prince Street
  - San Antonio, TX 78248-1133

### Deck Entries:

- Deck entries will be accepted only for open lanes - **No new heats will be created**
- You may deck enter for the current session beginning at the start of warm-up
- Deck entries will close 45 minutes before the start of each session
- You may deck enter the next sessions' events after deck entries close for the current session.
- The deck entry fee is **\$15.00** per individual event and **\$25.00** per relay event
- Swimmers not previously entered in the meet must present their USA swimming registration card or prove current registration using their Deck Pass account at Clerk of Course to be able to deck enter. No exceptions.**

### Awards:

- Ribbons, first through eighth place will be awarded for 10 and under, 11-12, and 13 and Over in individual events
- No relay ribbons will be awarded.*

### Officials:

- Help from visiting officials will be needed
- Visiting officials are asked to indicate their availability with the team's entry or email the meet referee, Ray Pearce, [poolsbysray@aol.com](mailto:poolsbysray@aol.com)
- All currently certified and in training USA Swimming officials are cordially invited to participate
- All deck officials must be registered with USA Swimming and their local LSC for 2016 or 2017 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming
- Please email the Meet Referee with your certification level and availability so he can plan accordingly.
- Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments
- The wearing of name tags is strongly encouraged.

## Meet

### Administration: ●Hy-Tek Meet Manager 6.0

●Meet Referee:	Ray Pearce	210-326-7332	<a href="mailto:poolscopy@aol.com">poolscopy@aol.com</a>
●Meet Director:	Angella Woodard	210-408-7946	<a href="mailto:sasaentries@gmail.com">sasaentries@gmail.com</a>
●Admin Official:	Angella Woodard	210-408-7946	<a href="mailto:sasaentries@gmail.com">sasaentries@gmail.com</a>
●Head Coach:	Phillip Davis	210-805-3078 office	<a href="mailto:padavis@uiwtx.edu">padavis@uiwtx.edu</a>

### Timers:

- Lane assignment will be made by team and lane, based proportionately by team entries
- Lane assignments will be e-mailed the week of the meet
- Please help us out by lining up timers from your team.
- Swimmers in the 400 IM and the 500, 1000, and 1650 Freestyle will be responsible for providing their own timers – *two timers per lane*
- Swimmers in the 500, 1000, and 1650 Freestyle will be responsible for providing their own lap counters.

### Unaccompanied

#### Swimmers:

- Any swimmer entered in this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water.
- When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### Cell phone

#### Restrictions:

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- There are no exceptions to this policy
- Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

### Swimmer

#### Photographs

#### And Videos:

- There may be one or more photographers and / or videographers on deck at this meet
- In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups.
- Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present, are specifically prohibited from making shots during the start phase of any race.

### Deck

#### Changing:

- Deck changes are prohibited.

#### Special Needs:

- Please notify the Barshop Natatorium (210-805-3078) in advance of this event with the name and age of any member on your team who needs assistance to enter the building
- The Natatorium staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.
- In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105
- A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities
- Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

#### Parking:

- There should be plenty of free parking in front and behind the Barshop Natatorium.

#### Concessions:

- There will be concessions available. Please help us keep the facility clean.



**TO KEEP EVERYONE'S HOTEL COST REASONABLE - ALL TEAMS ARE ENCOURAGED TO BOOK ROOMS AT THE MEET HOTEL USING THE GROUP BLOCK INFORMATION BELOW. RATES QUOTED TO US EACH YEAR ARE DEPENDENT UPON THE NUMBER OF ROOMS WE USED THE PREVIOUS YEAR. THE MORE ROOMS WE USE THE BETTER WE CAN NEGOTIATE FOR NEXT YEAR.**

## Hotel Information



A **block of rooms** has been reserved at the **Drury Inn & Suites San Antonio Airport**, 95 NE Loop 410, San Antonio, TX 78216, 210-308-8100, for the evenings of December 9-11, 2016.

***Convenient to North Star Mall and only 4 miles from the pool!***

Free Hot Breakfast including Belgian waffles, scrambled eggs, biscuits and gravy, sausage, juice, coffee, and more. Free Evening Beverages and Snacks daily from 5:30-7:00 pm. Rotating hot food menu may include items such as hot dogs, chicken strips, egg rolls, charbroiled meatballs, baked potatoes, and more. Drinks are on the house. - Free Fountain Soda/Fresh Popcorn in the Lobby Daily 3 - 10 p.m. - Free Covered and Gated Parking. - Free Wireless High-Speed Internet Access in All Rooms and in Lobby. - One hour free long distance each day. - All rooms with Microwaves & Refrigerators.

The group rate is **\$82.00** a standard double/double room.

The group rate is **\$92.00** for a two room suite.

**RESERVATIONS MAY BE MADE TWO DIFFERENT WAYS**

**Preferred Method - RESERVING ONLINE AT THE DRURY SITE:**

<https://www.druryhotels.com/Reservations.aspx?groupno=2284886>

**Call 1-800-325-0720** and refer to the group number of **2284886**.

The Group Name is **SASA 'TIS THE SEASON MEET**.

**CUT-OFF DATE:** Reservations received after **Friday, November 18, 2016** will be provided on a space-available basis.

Individual reservations must be cancelled prior to 12:00pm on the confirmed date of arrival in order to avoid a fee equal to one night's room rate plus tax.

**Check In Time:** 3:00pm      **Check Out Time:** 11:00am

Arrangements may be made for baggage storage with the Hotel's front desk staff.





**Order of Events / Distances are in yards**  
**Friday, December 9, 2016**  
 (Note: All Friday Events are Timed Final Events)

Girl's Event #	Event	Boy's Event #
1	50 Back	2
3	50 Free	4
5	50 Fly	6
7	50 Breast	8
9*	Mixed 1000 Free*	9*
10*	Mixed 1650 Free*	10*

● Swimmers in the 1000 Free and 1650 Free must provide their own counters and two timers.

\*Positive Check-in for 1000 Free and 1650 Free by 5:45 PM

**Saturday, December 10, 2016**  
 (Note: All Saturday Individual Events are Prelim/Final Events)

11#	200 Medley Relay	12#
	<b>Optional five Minute Break</b>	
13	200 Free	14
15	50 Fly	16
17	100 Breast	18
19	50 Back	20
21	10 and Over 200 Fly	22
23	100 Free	24
25	100 IM	26
	<b>Optional five Minute Break</b>	
27*	Mixed 10-12 and Under 500 Free*	27*
29*	Mixed 13 & Over 500 Free-*	29-*

# Timed Final Event – swum in AM session only.

● Swimmers in the 500 Free must provide their own counters and two timers.

\*Positive Check-in for 500 Free by 10:00 AM

**Sunday, December 11, 2016**  
 (Note: All Sunday Individual Events are Prelim/Final Events)

31#	200 Free Relay	32#
	<b>Optional 5 Minute Break</b>	
33	200 IM	34
35	50 Free	36
37	10 and Over 200 Back	38
39	50 Breast	40
41	100 Back	42
43	10 and Over 200 Breast	44
45	100 Fly	46
	<b>Optional 5 Minute Break</b>	
47-*	Mixed 12 & Over 400 IM-*	47-*

# Timed Final Event – swum in AM session only.

\*Swimmers in the 400 IM must provide their two timers.

\*Positive Check-in for 500 Free by 10:00 AM

# SOUTH TEXAS SWIMMING, Inc.

## Safety Guidelines and Warm-up Procedures

### A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

### LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
  - b. Push/Pace lanes will push off one or two lengths from starting end.
  - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
  - d. Dive sprints may only be done under the direct supervision of the coach.
  - e. There will be no diving in the general warm-up lanes—circle swimming only.
  - f. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
    - a. Coaches are responsible for the following:
      1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
      2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
      3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
    - b. The host team will be responsible for the following:
      1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
      2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
      3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
      4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
      5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
      6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

### B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

**NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.**