

Third Annual

Best Times Showdown

Invitational



Sunday, February 18, 2018

Eligibility: Swimmers ages 12 and under who are registered with or unattached to the following South Texas Swimming teams: **TXLA and GOLD**

Sanction #: **STA-18-08cm** Held under the sanction of USA Swimming

Venue: *Walzel Natatorium, Southwestern University,
1001 Southwestern Blvd, Georgetown, Texas, (512) 863-1384*
To reach Southwestern University take I-35 to Georgetown and take exit #261/Route 29 (University Avenue). Go east on 29, approximately 2 miles. Turn left onto Southwestern Blvd. The Robertson Center is on the left side of Southwestern Blvd past the stop sign, up the hill across from the music building. Park anywhere on campus parking spaces or along roads near the swim center not designated for faculty/staff/disabled. To enter the pool, enter the main entrance to Robertson Center, which faces toward campus, or prior to the start of the meet, go through the patio doors (north of the main entrance), which leads directly to the pool. <http://www.stswim.org/maps.html>

Facility: The Southwestern University Walzel Natatorium is a 6-lane 25yd indoor pool with stadium seating. A fully automatic Colorado Timing System with a six-line readout display and Hy-Tek Meet Manager 6.0 software will be used with Meet Mobile Option. There are no lanes available for warm-up/cool down during the course of the meet, unless designated by the meet director. Locker rooms are available for athletes. Stadium seating is available to spectators. All hallways and stairwells must be kept clear at all times; therefore a limited amount of personal chairs will be permitted against the back wall behind the stadium seating. The campus grounds are open for teams to have tents and chairs.

Concession: Concession items will NOT be available. Please bring your own refreshments, coolers will be permitted.

Water Depth: The minimum water depth, measured in accordance with Article 103.2.3 is (4) feet, (0) inches at the start end and (12) feet (0) inches at the turn end, both ends measured at 1 and 5 meters.

Meet Format: All events are timed finals. Events will be swum slowest to fastest. 25's will start at the deep end of the pool, starting blocks will not be used for 25 yd events. This meet is open to swimmers who are currently registered with or unattached to TXLA and GOLD. All events will be timed finals, swum in one short course yards pool, seeded only by time. All events will be swum from slowest to fastest. We reserve the right to cap the number of swimmers entered in the meet or to combine events by distance and/or gender in order to limit the meet's timeline to four hours. Swimmers will be entered in the order entries are received. The Meet Director reserves the right to do flyover starts and to combine events..

Qualifying

Times: There are no qualifying times.

Age up Date: February 18th, 2018

Time Trials: There will be no time trials.

Entry

Restrictions: Swimmers may compete in a **maximum of 5 individual events per day**. You must submit all times that are verifiable in SWIMS, with the exception of 25s. Entries with "NT" (no times) will be accepted for this meet; DO NOT enter "best guess" times, as all times will be verified by SWIMS. Entry times not verified by SWIMS, with the exception of 25yd events, will be entered as "NT," no time. Entry times submitted without a proof of time report will be entered as "NT."

Entry Dates: Entries CLOSE at 8:00 PM, TUESDAY, February 6th.

Entry

Procedures: All teams must submit entries using Hy-Tek Team Manager or its equivalent to the Entries Chair. Email is the preferred method of delivery; if you need to submit entries in another format, please contact the Entries Chair to make other arrangements. Please rename the entry file to clearly identify the meet sanction number, your club code, and the file (such as ST-18-##_GOLD_Entries.zip). Include a **Meet Entry Report** of your entries, listing the swimmer, USA Swimming ID, and entries by swimmer. Rename the Meet Entry Report using the meet sanction number, your club code, and the report name (such as STA-18-##_GOLD_EntriesByAthlete.pdf).

Athletes included in improperly identified or with inaccurate or missing USA Swimming IDs will not be entered into the meet and any entry fees will not be refunded. Athletes will not be entered into Meet Manager if the Meet Entry Report is not received. Athletes will not be permitted to compete in the meet until satisfactory fee payment arrangements have been made with the Meet Director or designee.

When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive an email confirmation within 24 hours from the time it was sent, your entries were not received.

Entry Fees: **\$8.00 per individual event** (includes the STSI \$1.25 splash fee)
Entry fees must be received by Wednesday, November 15th, or your entries will be removed from the meet. Refunds will not be given for any reason.

Make checks payable to: TEXAS GOLD SWIMMING

Mail *payment and Meet Entry Fee Report* to:

Texas Gold Swimming, 1005A South Mays, Round Rock, Texas 78664

Deck Entries: Deck entries will be accepted until 35 minutes before the start of each session. Deck entry fees must be paid at the time of entry (**\$16 per event**, which includes the \$1.25 splash fee). All deck entries will be entered as a "NT," no time, and will be placed in the first heat of the event, or where space is available. Deck entries are discouraged and *no new heats will be created*. Swimmers not previously entered in the meet must present their USA registration card at Clerk of Course or produce the club's watermarked roster from the USA Swimming club portal or proof of membership using the USA Swimming Deck Pass app.

Awards: **MEDALS** will be awarded to all swimmers achieving a best time in an event. All entry times (except 25s) must be in the SWIMS database in order to be recognized as a best time. Swimmers' most recent times must be submitted. *First time swims will* be eligible for an award, however, will not count toward the team's time improvement percentage, therefore, *first time swims are discouraged*.

The **BEST TIMES SHOWDOWN CHAMPION TROPHY** will be awarded to the team earning the highest *percentage* of best times, as reported in Meet Summary by Meet Manager. This trophy will remain with the winning team until the next dual meet.

Entry Chair/Admin:

Dale Huggins
1005A S. Mays
Round Rock
512-671-7296
dalehuggins@me.com

Meet Referee:

Roland Smits
512-415-7314
Roland@patriotdetection.com

Meet Director/Head Coach:

Aubrey Knapper
512-671-8035
a.knapper@att.net

Course

Certification: The competition course has not been certified in accordance with 104.2.2C(4).

Sanction:

Held under the sanction of USA Swimming. This meet has been sanctioned by South Texas Swimming and current USA Swimming rules and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2018 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2018 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability:

In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), Texas Gold Swimming, Southwestern University and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

USA Swimming

Registration:

All swimmers, coaches, and officials participating in this competition must be currently 2018 registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies. South Texas Swimming does not allow on-deck USA Swimming registrations.

Cell Phone

Restrictions:

The presence or use of cell phones, smart phones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Unaccompanied

Swimmers:

Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Swimmer
Photographs
and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Deck

Changing:

Deck changing is prohibited.

Drones:

Operation of a drone, or any other flying apparatus, is prohibited over the venue

(pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Special Needs:

Please notify the meet director, Dale Huggins 512-671-7296, in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The facility staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials:

All currently certified and in-training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming for 2018 and have a current Background Check and Athlete Protection Course acknowledged by USA Swimming. Deck officials are required by rule to prominently display both their USA Swimming ID card and LSC credentials while on deck as an official. Please email the Meet Referee prior to the meet with your availability and current certifications. Please report to the Meet Referee at least one hour prior to the scheduled start time of any session to receive your assignments. The wearing of name tags is strongly encouraged.

Timers:

The host team will attempt to provide backup timers for this meet but volunteers from visiting teams will be needed.

Daily Schedule:

Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement.

Warm-up sessions are currently scheduled to begin at 10:00 AM, and meet will start at 11:10 AM.

If time permits, some events may be swum using four competition lanes, allowing a single lane for warm-up and warm-down during that event(s). Fly-over starts likely will be done; a final decision will be made once the estimated timeline is produced.

Team warm-up lane and session schedules, meet start schedule, and any other changes and/or announcements will be emailed to entry chairperson or designee the week of the meet after the estimated timeline(s) has been established.

Heat Sheets:

Heat sheets will be available free of charge on Meet Mobile, and a copy of the heat sheet will be emailed to each team prior to the meet for distribution to those attending the meet if they wish to bring a printed copy. A limited number of heat sheets will be available for coaches, but we will not supply any for spectators.

Best Times Showdown



Sunday, February 18, 2018

Order of Events **Distances are in SC Yards**

Warm-ups begin at 10:00 AM. Meet starts 11:10 AM.

GIRLS EVENT #	Session I 12 & Under	BOYS EVENT #
1	9 & Over 200 Freestyle	2
3	8 & Under 25 Freestyle	4
5	100 I.M.	6
7	9 & Over 200 Backstroke	8
9	50 Freestyle	10
11	8 & Under 25 Backstroke	12
13	9 & Over 200 Butterfly	14
15	100 Backstroke	16
17	8 & Under 25 Butterfly	18
19	50 Breaststroke	20
21	100 Butterfly	22
23	9 & Over 200 Breaststroke	24
25	8 & Under 25 Breaststroke	26
27	50 Backstroke	28
29	100 Breaststroke	30
31	50 Butterfly	32
33	9 & Over 200 I.M.	34
35	100 Free	36

***Breaks may be inserted at the discretion of the Meet Director**

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
 - d. Dive sprints may only be done under the direct supervision of the coach.
 - e. There will be no diving in the general warm-up lanes—circle swimming only.
 - f. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 9/30/2013