San Antonio Wave
Wave into '18 *Unclassified*

Sunday January 7th, 2018
Palo Alto College Natatorium

Updated 11/16/17

Sanction #: **STA-18-05**
Held under the sanction of USA Swimming

Venue: 1400 W. Villaret Blvd**,** San Antonio**,** Texas 78224 (210) 486-3000.

Facility: All deep two, 8 lane, 25-yard competition pools with a separate warm-up/cool-down pool. A Daktronics timing system and a Hy-tek Meet Manager Software will be utilized. Seating is available for over 1000. Dressing and locker rooms are available on-site. The Natatorium is on Palo Alto College property. No tobacco or alcohol is allowed including the parking lot. A Concession Stand will be provided.

Water Depth: The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet at the start end and the turn end is 9 feet measured for a distance of 1.0 meter to 5.0 meters from both end walls.

Drones: In accordance with (IAW) USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Course Certification: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Sanction: This meet has been sanctioned by South Texas Swimming and current USA Swimming rules and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2018 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2018 USA Swimming registration card or deck pass (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the San Antonio Wave, Palo Alto College, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

USA Swimming Registration: All swimmers, coaches, and officials participating in this competition must be <u>currently</u> (2018) registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card as proof of their registration to the Meet Director or designee at any time. Swimmers who **1)** late enter when possible; **2)** need to be late-entered because of clerical errors by the entering team or the meet host; or **3)** are not entered in this meet and choose to enter time trials, if offered,

will be required to present their USA Swimming ID card or deck pass application (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies.

Meet Format: All events will be timed finals, swum in two short course yard pools (odd and even heats), pre-seeded only by time regardless of gender. All events shall be swum fastest to slowest. The meet may be run using Fly over starts. There will be no time trials. Check-in is required for the 400 IM and 500 free. There will be a maximum of 4 heats of 500 free in each session. The fastest 32 swimmers will be entered in these events. If more than 32 swimmers enter these events, the meet host will notify the coaches of the swimmers who will be removed from the events. These events are deck-seeded events, and positive check-in with the Clerk of Course is required. The check-in time period will be announced. Swimmers will be entered in the order entries are received. The Wave reserves the right to cap the number of swimmers entered in order to stay within the four hour rule for both morning and afternoon session.. Depending on the number of entries, the Meet Director and Referee reserve the right to modify meet operations as necessary to include running the meet in one, 8-lane pool and/or reducing the meet to one session.

Scratch Rules: There is no penalty for scratching a pre-seeded event. Once a swimmer has checked in for the 500 Free or the 400 Individual Medley, a failure to appear will result in the swimmers disqualification from the swimmers next event. Any exceptions may be made in the case of illness or injury at the Meet Referee's discretion.

Relays: No relays will be contested

Age up Date: The age of the swimmer will be his/her age on January 8th, 2018

Entry Restrictions: Swimmers may enter a maximum of 5 individual events. Enter all events with short course yards times. Team Manager should not be used to convert long and short course meter times to short course yard times for seeding purposes. All entries must include a seed time. Entries received without a seed time (NT) will not be accepted and no refunds will be given. Entries will be processed in the order they are received. Entries will be capped in order to not exceed the Four Hour Rule,

Deadline: Entries may be submitted beginning December 4, 2017 at noon. Entries will be taken in the order they are received. All entries must be in no later than December 22, 2017 at noon.

Entry Procedures: All teams with five or more swimmers must submit entries using Hy-Tek Team Manager or its equivalent to the Entries Chair. Email is the preferred method of delivery; if you need to submit entries in another format, please contact the Entries Chair to make other arrangements. Please rename the entry file to clearly identify the meet sanction number, your club code, and the file (such as ST-18-##_WAVE_Entries.zip). Include a Meet Entry Report of your entries, listing the swimmer, USA Swimming ID, and entries by swimmer. Rename the Meet Entry Report using the meet sanction number, your club code, and the report name (such as ST-18-##_WAVE_EntriesByAthlete.pdf).

Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) or with inaccurate or missing USA Swimming IDs will not be entered into the meet and any entry fees will not be refunded. Athletes will not be entered into Meet Manager if the Meet Entry Report is not

received. Athletes will not be permitted to compete in the meet until satisfactory fee payment arrangements have been made with the Meet Director or designee.

Teams will fewer than five swimmers may send an email to the Entries Chair with the team abbreviation, LSC, the swimmer's full name (as registered with USA Swimming), the swimmers' USA Swimming ID number, and the swimmer's events by number, description, and entry time.

When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. **Entries must be sent to Lorrie Swain at meetentries@outlook.com** If you do not receive an email confirmation within 24 hours, your entries were not received.

Entry Fees: $9.00 per individual event (includes the STSI splash fee of $1.25 per splash).
Please include a Meet Entry Fee report with your payment. Entry fees must be received by January 2, 2018 or your entries will be removed from the meet. Refunds will not be given for any reason.
Make checks payable to*:* San Antonio Wave
Send checks to: San Antonio Wave, PO Box 160566, San Antonio, TX 78280

Deck Entries: Late/deck entry fees are $18.00 per event. Deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter the current session beginning at the start of warm-up. Deck entries will closed 45 minutes before the start of each session. Swimmers not previously entered in the meet must present their USA Swimming registration card or deck pass application to the Clerk of Course to deck enter or a coach may present the club's official watermarked roster from the USA Swimming club portal. Current National and LSC regulations do not allow for exceptions to these policies.

Meet Staff:
Meet Director: Chris Troyer 210-749-6368 meetdirector@outlook.com
Meet Referee: Rudy Chapa 210-386-4070 rchapatx@gmail.com
Admin Referee: Mindy Dondofrio 210-391-2024 mindy311@sbcglobal.net
Entries Chair: Lorrie Swain 210-833-1997 meetentries@outlook.com
Head Coach: Jason Schmeltzer 815-494-8450 headcoach@sawave.org

Cell Phone Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Unaccompanied Swimmers: Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmer Photographs and Videos: There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged

to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Deck Changing: Deck changes are prohibited.

Special Needs: Please notify Chris Troyer (210) 749-6268 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The facility staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Coaches and/or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Officials: All currently certified and training USA Swimming officials are cordially invited to participate. If you plan to officiate contact the Meet Referee, Rudy Chapa. Uniform will be white over khaki.

Timers: Each team will be required to provide timers in proportion to the number of swimmers entered in the meet. Lane assignments will be made by the San Antonio Wave. Athletes in the 400 IM & 500 Free must provide their own timers and lane counters. The host team will ensure that the timers are well taken care of with food and drink.

Awards: No awards will be given.

Daily Schedule: Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement.
Warm-ups for the first session will begin at 7:00 AM, 2nd session warm-ups will begin at the conclusion of session 1. All Warm-ups will be assigned and lane assignments will be sent to attending teams with projected timeline the week of the meet. Session 1 will begin at 8:30 am.

Order of Events
Distances are in Short Course Yards

Sunday January 7th - Session 1 - 12 and under. Begins 8:30 am		
	Event	
1	11 & 12 200 Individual Medley	
2	12 & Under 50 Breast	
3	12 & Under 100 Back	
4	11 & 12 200 Butterfly	
5	12 & Under 100 Free	
6	12 & Under 50 Fly	
7	11 & 12 200 Breast	
8	12 & Under 200 Free	
9	12 & under 100 Individual Medley	
10	12 & Under 50 Back	
11	12 & Under 100 Butterfly	
12	12 & Under 50 Free	
13	12 & Under 100 Breast	
14	11 & 12 200 back	
15	12 & Under 500 Free	
Sunday January 7th- Session 2 - 13 and over- Session. Begins 1 hour after conclusion of session 1		
	Event	
16	13 & Over 500 Free	
17	13 & Over 200 Individual Medley	
18	13 & Over 100 Back	
19	13 & Over 200 Butterfly	
20	13 & Over 100 Free	
21	13 & over 200 Breast	
22	13 & Over 200 Free	
23	13 & Over 100 Butterfly	
24	13 & Over 50 Free	
25	13 & Over 200 Back	
26	13 & Over 100 Breast	
27	13 & Over 400 Individual Medley	

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned Warm-up Procedures

a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.

b. All warm-up activities will be coordinated by the coach(es) supervising that lane.

c. Dive sprints may be done only under the direct supervision of the coach.

II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

a. The first half of the assigned warm-up time shall be general warm-up for all lanes.

b. Push/Pace lanes will push off one or two lengths from starting end.

c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.

d. Dive sprints may only be done under the direct supervision of the coach.

e. There will be no diving in the general warm-up lanes—circle swimming only.

f. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

a. Coaches are responsible for the following:

1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.

b. The host team will be responsible for the following:

1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: “South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet.”
5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks.

Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.

V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 9/30/2013