

TWST Practice Schedule Summer 2021 June 1-July 23

****Changes may occur through the first couple weeks of the schedule as we get an idea of the flow of practice sessions**

TWST team break will be July 26 – August 11 (depending on end of season meets)

All practices at CISD NAT unless otherwise communicated

Senior 1

Monday– 1-3pm LCM
Tuesday – 7-9am LCM and 3-5pm SCY
Wednesday– 1-3pm LCM
Thursday – 7-9am LCM and 3-5pm SCY
Friday – 7-9am LCM and 3-5pm SCY
Saturday – TBA SCY

White 1

Monday – 7-9am LCM and 3-5pm SCY
Tuesday – 9-11am LCM
Wednesday – 7-9am LCM and 3-5pm SCY
Thursday – 9-11am LCM
Friday – 9-11am LCM
Saturday – TBA SCY

Green 1

Monday – 7-8:30am LCM and 3-4:30pm SCY
Tuesday – 9-11am
Wednesday – 7-8:30am LCM and 3-4:30pm SCY
Thursday – 9-11am
Friday – 1-3pm LCM
Saturday – TBA SCY

Black 1

Monday – 9-10:30am LCM
Tuesday – 5-6:30pm SCY
Wednesday - 9-10:30am LCM
Thursday – 5-6:30pm SCY
Friday - 9-10:30am LCM
Saturday TBA SCY

Blue

Monday – 5-6:30pm SCY
Tuesday – 1:30-3pm LCM
Wednesday – 5-6:30pm SCY
Thursday – 1:30-3pm LCM
Friday – 5-6:30pm SCY
Saturday OFF

Senior 2

Monday– 1-3pm LCM
Tuesday – 7-9am LCM and 3-5pm SCY
Wednesday– 1-3pm LCM
Thursday – 7-9am LCM
Friday – 7-9am LCM and 3-5pm SCY
Saturday – TBA SCY

White 2

Monday – 9-11:00am LCM
Tuesday – 1:00-3pm LCM
Wednesday – 9-11:00am LCM
Thursday – 1:00-3pm LCM
Friday - 1:00-3pm LCM
Saturday – TBA SCY

Green 2

Monday – 9-11:00am LCM
Tuesday – 1:30-3pm LCM
Wednesday – 9-11:00am LCM
Thursday – 1:30-3pm LCM
Friday - 1:30-3pm LCM
Saturday – TBA SCY

Black 2

Monday – 9-10:30am LCM
Tuesday – 5-6:30pm SCY
Wednesday - 9-10:30am LCM
Thursday – 5-6:30pm SCY
Friday - 9-10:30am LCM
Saturday TBA SCY

Shark – DolFin – Nemo

***specific group schedules to be communicated by coach Heather**

Monday – 5-6:30pm SCY
Tuesday – 1:45-3pm LCM
Wednesday – 5-6:30pm SCY
Thursday – 1:45-3pm LCM
Friday – 5-6:30pm SCY
Saturday OFF