

December 2022

Practice Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				<p>@NAT / Southern Sr Champs Meet @FORESTGATE FG / FW 4-4:45pm FB 4:45-5:30pm SC 5:30-6:30pm AGF 6:30-7:30pm @SAWMILL PG 3:30-5pm CG 5-6pm CB 6-7pm</p>	<p>@NAT / Southern Sr Champs Meet Gulf Sr Champs Meet @ TEST Age Group Gulf Champs Meet @ A&M @FORESTGATE FG / FW 4-4:45pm FB 4:45-5:30pm @SAWMILL SC/AGF 5-6pm CG/CB 6-7pm</p>	<p>No TWST Practices! Southern Sr Champs Meet @ TWST Gulf Sr Champs Meet @ TEST Age Group Gulf Champs Meet @ A&M</p>
4	5	6	7	8	9	10
<p>Southern Sr Champs Meet @ TWST Gulf Sr Champs Meet @ TEST Age Group Gulf Champs Meet @ A&M</p>	<p>@NAT Nat 3:45-6pm PB 3:45-5:45pm PG 4-5:45pm CG 5:45-7pm CB *5:15-7:15pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL SC 5:30-7pm</p>	<p>@NAT/HS Meet 5:15 NAT / PB 3:45-5:15pm @FORESTGATE FG / FW 4-4:45pm FB 4:45-5:30pm CG 5:30-6:30pm CB *6-7:30pm @SAWMILL PG 3:30-5:15pm SC 5:15-6:15pm AGF 6:15-7:15pm Gators 7:15-8:15pm</p>	<p>@NAT Nat 3:45-6pm PB 3:45-5:45pm PG 4-5:45pm CG *5:15-7pm CB 5:45-7:15pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL SC 5:30-7pm</p>	<p>@NAT/HS Meet 5:15 NAT / PB 3:45-5:15pm @FORESTGATE FG / FW 4-4:45pm FB 4:45-5:30pm CG *5-6:30pm CB 6:30-7:30pm @SAWMILL PG 3:30-5:15pm SC 5:15-6:15pm AGF 6:15-7:15pm Gators 7:15-8:15pm</p>	<p>@NAT Nat 3:45-6pm PB 3:45-5:45pm PG 4-5:45pm CG / CB 5:45-7pm AGF 6-7pm SC *5:30-7pm @FORESTGATE FG/FW/FB practice times TBA Fall Champs Meet @</p>	<p>@NAT Closed/JV Diving @FORESTGATE PG 9-11am @CREEKWOOD Nat/PB 8-10am Combined AGF, SC, CB, CG 10-11:30am Fall Champs Meet @</p>
11	12	13	14	15	16	17

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<p>Fall Champs Meet @ SNEAKY SNOWMAN WEEK STARTS 12/12 and ends 12/16. Bring a wrapped gender neutral gift (\$5 limit) Mon - Thurs and a wrapped gender neutral gift (\$10 limit) on Friday. Swimmers pay participate any or all days. See Group Emails for more info!</p>	<p>@NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CG 5:45-7pm CB *5:15-7:15pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL SC 5:30-7pm</p>	<p>@NAT Nat 3:45-6pm PB 3:45-5:45pm PG *3:20-5:45pm CG 5:45-7pm CB *5:15-7:15pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FG/FW/FB practice times TBA @SAWMILL SC 5:30-7pm</p>	<p>@NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CG *5:15-7pm CB 5:45-7:15pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL SC 5:30-7pm</p>	<p>@NAT Nat 4-6pm PB 4-5:45pm PG *3:20-5:45pm CG *5:15-7pm CB 5:45-7pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FG/FW/FB practice times TBA @SAWMILL SC 5:30-7pm</p>	<p>@NAT /Early Release Nat/PB/PG *2:30-5pm SC 3-5:15*pm CB 5-6:30pm CG 5-6:15pm AGF 5-6:15pm @FORESTGATE FW 5:30-6:15pm FG 5:30-6:30pm FB 4:30-5:30pm</p>	<p>@NAT Nat / PB / PG / SC 7-9am CB / CG / AGF 9-10:30am</p>
18	19	20	21	22	23	24
	<p>@NAT Nat/PB/PG 6-9*am CB/SC *9:30-noon CG/AFG 10-11:30am @FORESTGATE Nat 2-4pm FW/FG/FB 4-6pm</p>	<p>@NAT Nat/PB/PG 6-8am CB/SC 10am-noon CG 10-noon* AFG 10-11:30am FW/FG/FB 10am-noon @FORESTGATE Nat 2-4pm @CREEKWOOD PB 2-3:30pm PG 3:30-5pm</p>	<p>@NAT Nat/PB/PG 6-8am CB/SC 10am-noon CG/AFG 10-11:30am @FORESTGATE FW/FG/FB 4-6pm</p>	<p>@NAT Nat/PB/PG 6-8am CB/SC 10am-noon CG/AFG 10-11:30am FW/FG/FB 10am-noon @FORESTGATE Nat 2-4pm @CREEKWOOD PB 2-3:30pm PG 3:30-5pm</p>	<p>@NAT Nat/PB/PG 6-8am CB/SC 10am-noon CG/AFG 10-11:30am @FORESTGATE Nat 2-4pm FW/FG/FB 4-6pm</p>	<p>No TWST Practices! Morning Team Ice Skating Party 7:30-9:30am RSVP by 12/20</p>
25	26	27	28	29	30	31
<p>Christmas Day</p>	<p>No TWST Practices- All groups off!</p>	<p>@NAT Nat/PB/PG 6-8am CB/SC 10am-noon CG/AFG 10-11:30am FW/FG/FB 10am-noon @FORESTGATE Nat 2-4pm @SAWMILL PB 2-3:30pm PG 3:30-5pm</p>	<p>@NAT Nat/PB/PG 6-8am CB/SC 10am-noon CG 10am-noon* AFG 10-11:30am @FORESTGATE FW/FG/FB 4-6pm</p>	<p>@NAT Nat/PB/PG 6-9*am CB/SC 10am-noon CG/AFG 10-11:30am FW/FG/FB 10am-noon @FORESTGATE Nat 2-4pm @SAWMILL PB 2-3:30pm PG 3:30-5pm</p>	<p>@NAT Nat/PB/PG 6-8am CB/SC 10am-12:30pm* CG/AFG 10-11:30am @FORESTGATE Nat 2-4pm FW/FG/FB 4-6pm</p>	<p>New Year's Eve NAT Closed @CREEKWOOD Nat 8-10am CB 10-11:30am @SAWMILL PB 8-10am PG 10-noon @FORESTGATE SC / CG 8-9:30am</p>

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Jan 1	Jan 2	Jan 3	Jan 4	Jan 5	Jan 6	Jan 7
New Year's Day	@NAT Nat/PB/PG 6-9*am CB/SC 10am-noon CG/AFG 10-11:30am @FORESTGATE Nat 2-4pm FW/FG/FB 4-6pm	@NAT Nat/PB 2:45-5pm PG *2:30-5pm SC 3-4:30pm CB *4:30-7pm CG 5-6:30pm AGF 5-6:30pm @FORESTGATE FW/FG/FB 4-6pm	@NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CG *5:15-7pm CB 5:45-7:15pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL SC 5:30-7pm	@NAT/HS Meet 5:15 NAT / PB 3:45-5:15pm @FORESTGATE FG / FW 4-4:45pm FB 4:45-5:30pm CG *5-6:30pm CB *6-7:30pm @SAWMILL PG 3:30-5:15pm SC 5:15-6:15pm AGF 6:15-7:15pm Gators 7:15-8:15pm	@NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-6:30*pm CG / CB 5:45-7pm AGF 6-7pm SC *5:30-7pm @FORESTGATE FG/FW/FB practice times TBA	@NAT Nat / PB / PG / SC 7-9am CB / CG / AGF 9-10:30am