

January 2023

TWST Practice Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Happy New Year!	2 @NAT Nat/B/PG 6-8am CB/SC 10am-noon CG/AGF 10-11:30am @FORESTGATE Nat 2-4pm FB 4-5:15pm FW 5-5:45pm FG 4:45-6pm	3 @NAT Nat 3:45-6pm PB 3:45-5:45pm PG 4-5:45pm CB *5:15-7:15pm CG 5:45-7pm AGF 6-7pm @FORESTGATE FB 4-5:15pm FW 5-5:45pm FG 4:45-6pm @SAWMILL SC 5:30-7pm	4 @NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CB 5:45-7:15pm CG *5:15-7pm SC/AGF 6-7pm @FORESTGATE FB 4-5:15pm FW 5-5:45pm FG 4:45-6pm	5 @NAT/HS Meet 5:15 Nat/PB 3:45-5:15pm @FORESTGATE FB 4-4:45pm FW/FG 4:45-5:30pm CG *5-6:30pm CB *6-7:30pm @SAWMILL PG 3:30-5:15pm SC 5:15-6:30pm AGF 6:30-7:30pm	6 @NAT Nat *3:20-6pm PB *3:20-5:45pm PG *3:20-5:45pm FB 4:30-5:30pm CG/CB 5:45-7pm AGF 6-7pm SC *5:30-7pm	7 @NAT Nat/PB/PG/SC 7-9am CB/CG/AGF 9-10:30am
8	9 @NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CB *5:15-7:15pm CG 5:45-7pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 5:45-6:30pm FG 4-5pm OR 5:45-6:45pm FB 4:45-6pm @SAWMILL SC 5:30-7pm	10 @NAT Nat 3:45-6pm PB 3:45-5:45pm PG *3:20-5:45pm CB 5:45-7 pm CG *5:15-7pm SC 6-7:15 pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL AGF 5:30-6:45pm	11 @NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CB *5:15-7:15pm CG 5:45-7pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 5:45-6:30pm FG 4-5pm OR 5:45-6:45pm FB 4:45-6pm @SAWMILL SC 5:30-7pm	12 @NAT Nat 3:45-6pm PB 3:45-5:45pm PG *3:20-5:45pm CB 5:45-7pm CG *5:15-7pm SC 6-7:15 pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL AGF 5:30-6:45pm	13 TWST/SPEEDO WINTER CLASSIC MEET @ NAT <i>No practice for any groups</i>	14 TWST/SPEEDO WINTER CLASSIC MEET @ NAT <i>No practice for any groups</i>
15	16	17	18	19	20	21

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TWST/SPEEDO WINTER CLASSIC MEET @ NAT	MLK DAY @NAT Nat/PB 10-12:45*pm PG 10am-noon @FORESTGATE FB 4-5:15pm FW 5-5:45pm FG 5-6pm <i>**All other groups OFF today</i>	@NAT Nat 3:45-6pm PB 3:45-5:45pm PG *3:20-5:45pm CB 5:45-7pm CG *5:15-7pm SC 6-7:15 pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL AGF 5:30-6:45pm	@NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CB *5:15-7:15pm CG 5:45-7pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 5:45-6:30pm FG 4-5pm OR 5:45-6:45pm FB 4:45-6pm @SAWMILL SC 5:30-7pm	@NAT Nat 3:45-6pm PB 3:45-5:45pm PG *3:20-5:45pm CB 5:45-7pm CG *5:15-7pm SC 6-7:15pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL AGF 5:30-6:45m	NAT Total Black Out @CREEKWOOD Nat 3:30-5:30pm @FORESTGATE PG 3:30-5:45*pm CG 5-6:15pm CB *5:45-7:30pm @SAWMILL PB 3:30-5pm SC 5-6:15pm AGF 6:15-7:30pm <i>**FW/FG/FB groups OFF today</i>	NAT Total Black Out @CREEKWOOD Nat/PB/PG 9-11am CG 11am-12:30pm @FORESTGATE CB 9-10:30am SC/AGF 10:30-noon
22	23	24	25	26	27	28
@NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CB *5:15-7:15pm CG 5:45-7pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 5:45-6:30pm FG 4-5pm OR 5:45-6:45pm FB 4:45-6pm @SAWMILL SC 5:30-7pm	@NAT Nat 3:45-6pm PB 3:45-5:45pm PG *3:20-5:45pm CB 5:45-7pm CG *5:15-7pm SC 6-7:15pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL AGF 5:30-6:45pm	@NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CB 5:45-7:15pm CG 5:45-7pm SC*5:30-7pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 5:45-6:30pm FG 4-5pm OR 5:45-6:45pm FB 4:45-6pm	@NAT Nat 3:45-6pm PB 3:45-5:45pm PG *3:20-5:45pm CB 5:45-7pm CG *5:15-7pm SC 6-7:15pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL AGF 5:30-6:45pm	@NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-6:30*pm FB 4:30-5:30pm CG/CB 5:45-7pm AGF 6-7pm SC *5:30-7pm GREATER SOUTHWEST MEET @ Dallas	NAT Total Black Out @CREEKWOOD Nat/PB 9-11am CB 11am-12:30pm @FORESTGATE PG/SC 9-10:30am CG/AGF 10:30-11:45am GREATER SOUTHWEST MEET @ Dallas	
29	30	31				

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GREATER SOUTHWEST MEET @ Dallas	@NAT Nat *3:20-6pm PB *3:20-5:45pm PG 4-5:45pm CB *5:15-7:15pm CG 5:45-7pm AGF 6-7pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 5:45-6:30pm FG 4-5pm OR 5:45-6:45pm FB 4:45-6pm @SAWMILL SC 5:30-7pm	@NAT Nat 3:45-6pm PB 3:45-5:45pm PG *3:20-5:45pm CB 5:45-7pm CG *5:15-7pm SC 6-7:15pm Gators 7:15-8:15pm @FORESTGATE FW 4-4:45pm OR 6-6:45pm FG 4-5pm OR 6-7pm FB 4:45-6pm @SAWMILL AGF 5:30-6:45pm				